

Nebraska

988 Suicide & Crisis Lifeline — Call or text 988

Nebraska Family Helpline

888-866-8660

24/7 support for families and youth

Crisis counseling and referrals

Nebraska 211 — Dial 211

Housing, food, shelters, and mental health resources



Statewide Access

Nebraska Department of Health and Human Services Behavioral Health Division
Provides:

Mental health treatment

Crisis services Substance-
use programs

Community-based care

Regional Behavioral Health Authorities (RBHAs)

Nebraska uses regional systems offering:

Therapy & counseling

Psychiatric services

Crisis stabilization Case
management

Major Providers by Region

Omaha Area

CHI Health Behavioral Services

Inpatient and outpatient psychiatric care

Heartland Family Service

Counseling, housing support, and family services

Lincoln Area

CenterPointe

Mental health, crisis care, and addiction treatment

Statewide / Multiple Locations

- Region 6 Behavioral Healthcare
Access to mental health and addiction services Blue
- Valley Behavioral Health
Therapy, psychiatric care, and recovery programs

Addiction Recovery & Rehabilitation Programs

Statewide Treatment Access

- Nebraska Substance Use Disorder Services
Offers:
 - Detox programs
 - Residential rehab
 - Outpatient treatment
 - Medication-assisted treatment

Key Recovery Providers

- Stephen Center
Residential addiction treatment and
- support Valley Hope of O'Neill
Detox and residential programs
- Bridge Behavioral Health
Detox and crisis stabilization

Shelters & Housing Assistance

Emergency Shelters

- Open Door Mission
Emergency shelter, meals, and recovery programs
- People's City Mission
Shelter and housing support

Housing & Support Programs

- Nebraska Investment Finance Authority
Rental assistance and housing resources
- Nebraska Coalition to End Sexual and Domestic Violence
Support services and shelter connections

Women, Youth & Domestic Violence Support

- Nebraska Coalition to End Sexual and Domestic Violence
Advocacy, shelters, and crisis support
- Women Against Violence Everywhere
Emergency shelter and survivor support
- Youth Emergency Services
Shelter and support for homeless youth