

Indiana

- 988 Suicide & Crisis Lifeline — Call or text 988
- Indiana 988 Crisis Line
 - Connects you to trained counselors across Indiana
- Indiana 211 — Dial 211
 - Housing, food, shelters, and mental health resources

Crisis & Suicide Intervention Hotline Indiana
317-251-7575 (central Indiana support line)



FSSA names new director for the Division of Mental Health and Addiction

INDIANA- The Indiana Family and Social Services Administration today announced that Sarah Sailors has...

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Mental Health Services & Counseling

Community Mental Health Centers (CMHCs)

Indiana's main system includes CMHCs offering:

- Therapy & counseling
- Psychiatric services
- Crisis stabilization
- Case management

Major Providers by Region

Indianapolis Area

- Eskenazi Health Midtown Community Mental Health
Crisis care, therapy, and psychiatric services
- Adult and Child Health
Mental health care, addiction treatment, family services

Northern Indiana (South Bend / Fort Wayne)

- Parkview Behavioral Health Institute

Inpatient and outpatient psychiatric care
- Bowen Center
Therapy, crisis care, and addiction treatment
- 24/7 Helpline: 260-471-9440 or 1-800-284-8439

Southern Indiana

- Centerstone Indiana
One of the largest providers offering therapy, addiction services, and crisis care

Addiction Recovery & Rehabilitation Programs

Statewide Treatment Access

- Indiana Division of Mental Health and Addiction Substance Use
Services Offers:
 - Detox programs
 - Residential rehab
 - Outpatient treatment
 - Medication-assisted treatment

Key Recovery Providers

- Fairbanks Treatment Center
Detox, inpatient, and outpatient recovery
- Centers of America at Indianapolis
Comprehensive addiction treatment programs

● Groups Recover Together

Medication-assisted treatment and support groups

Shelters & Housing Assistance

Emergency Shelters

- Wheeler Mission
Emergency shelter, meals, and recovery programs Fort
- Wayne Rescue Mission
Shelter, housing support, and services

Housing & Support Programs

- Indiana Housing and Community Development Authority
Rental assistance and housing support
- Coalition for Homelessness Intervention and Prevention
Connects individuals to housing resources statewide

Women, Youth & Domestic Violence Support

- Indiana Coalition Against Domestic Violence
Hotline, shelter connections, and advocacy
- Julian Center
Emergency shelter, counseling, and survivor support
- Covenant House
Services for homeless youth