

# Maryland



- 988 Suicide & Crisis Lifeline — Call or text 988
- Maryland Crisis Hotline
  - ☎ 800-422-0009
  - 24/7 emotional support and crisis intervention
- 211 Maryland — Dial 211
  - Housing, food, shelters, and mental health resources
- Baltimore Crisis Response Inc
  - ☎ 410-433-5175
  - Mobile crisis teams and urgent mental health response

## Major Providers by Region

### Baltimore Area

- Sheppard Pratt
  - One of the largest providers offering inpatient and outpatient care
- University of Maryland Medical Center Behavioral Health
  - Psychiatric care and crisis services

### Prince George's County

- Prince George's County Behavioral Health Services Division
  - Mental health and substance-use programs

### Montgomery County

- Montgomery County Department of Health and Human Services Behavioral Health
  - Counseling, crisis care, and support services

## Addiction Recovery & Rehabilitation Programs

### Statewide Treatment Access

- Maryland Behavioral Health Administration Substance Use Services
  - Offers:
    - Detox programs
    - Residential rehab
    - Outpatient treatment
    - Medication-assisted treatment

## Key Recovery Providers

- Gaudenzia Maryland  
Residential and outpatient recovery programs
- Tuerk House  
Detox and inpatient addiction treatment
- Ashley Addiction Treatment  
Comprehensive recovery services

## Shelters & Housing Assistance

### Emergency Shelters

- Helping Up Mission  
Emergency shelter, meals, and recovery programs
- Sarah's House  
Emergency housing and support services

### Housing & Support Programs

- Maryland Department of Housing and Community Development  
Rental assistance and housing support
- Baltimore Homeless Services Inc  
Housing coordination and outreach

## Women, Youth & Domestic Violence Support

- Maryland Network Against Domestic Violence  
Shelter connections and advocacy
- House of Ruth Maryland  
Emergency shelter, counseling, and legal support
- Covenant House  
Services for homeless youth

