

Michigan



988 Suicide & Crisis Lifeline — Call or text
988 Michigan Crisis and Access Line
Call or text 988
24/7 crisis support
Mental health and substance-use help
Referrals to local services
Michigan 211 — Dial 211
Housing, food, shelter, and mental health resources

Mental Health Services & Counseling

Michigan Department of Health and Human Services Behavioral Health and
Developmental Disabilities Administration
Provides:

Mental health treatment
Crisis services Substance-
use programs
Community-based care

Major Providers by Region

Detroit Area

Detroit Wayne Integrated Health Network
Access point for mental health and addiction services
Henry Ford Behavioral Health Services
Inpatient and outpatient psychiatric care

Grand Rapids / Michigan

Network180
Community mental health and crisis services
Pine Rest Christian Mental Health Services
Counseling, psychiatric care, and addiction services

Lansing / Central Michigan

- Community Mental Health Authority of Clinton Eaton and Ingham Counties
Crisis care, therapy, and support programs

Addiction Recovery & Rehabilitation Programs

- Michigan Substance Use Disorder Services
Offers:
 - Detox programs
 - Residential rehab
 - Outpatient treatment
 - Medication-assisted treatment

Key Recovery Providers

- Detroit Recovery Project
Peer recovery support and programs
- Sacred Heart Rehabilitation Center
Detox, residential, and outpatient programs
- Brighton Center for Recovery
Comprehensive addiction treatment

Shelters & Housing Assistance

Emergency Shelters

- Detroit Rescue Mission Ministries
Emergency shelter, meals, and recovery programs
- Mel Trotter Ministries
Shelter and housing support services

Housing & Support Programs

- Michigan State Housing Development Authority
Rental assistance and housing programs
- Michigan Coalition Against Homelessness
Housing coordination and support

Women, Youth & Domestic Violence Support

- Michigan Coalition to End Domestic and Sexual Violence
Shelter connections and advocacy

- HAVEN
Emergency shelter, counseling, and
- support Covenant House Michigan
Shelter and services for homeless youth

How to Get Help in Michigan

- Call MiCAL (fastest support)
- Dial 211 for local resources
- Contact your Community Mental Health Services Program
- (CMHSP)
Use Michigan Medicaid for free/low-cost care