

Massachusetts



988 Suicide & Crisis Lifeline — Call or text 988
Massachusetts Behavioral Health Help Line
833-773-2445
Call, text, or chat available

Mass 211 — Dial 211

Mental Health Services & Counseling

Massachusetts Department of Mental
Health Provides:

Mental health treatment Crisis services
Case management
Community-based care

Major Providers by Region

Boston Area

Massachusetts General Hospital Psychiatry
Inpatient and outpatient psychiatric care Boston
Medical Center Behavioral Health
Mental health and addiction services

Statewide / Multiple Locations

Riverside Community Care
Crisis services, counseling, and recovery programs
Vinfen
Community-based mental health and housing
support

Addiction Recovery & Rehabilitation Programs

Statewide Treatment Access

- Massachusetts Bureau of Substance Addiction
Services Offers:
 - Detox programs
 - Residential rehab
 - Outpatient treatment Medication-
 - assisted treatment

Key Recovery Providers

- Gavin Foundation
Residential and outpatient recovery programs Dimock
- Center
Addiction treatment and mental health services
- Spectrum Health Systems

Shelters & Housing Assistance

Emergency Shelters

- Pine Street Inn
Emergency shelter, meals, and outreach
- services Heading Home
Shelter and housing support

Housing & Support Programs

- Massachusetts Executive Office of Housing and Livable
Communities Rental assistance and housing resources
- HomeSt art
Homelessness prevention and housing support

Women, Youth & Domestic Violence Support

- JaneDoe Inc
Statewide domestic violence support
- network Rosie's Place
Shelter and support services for women

- Bridge Over Troubled Waters
Support for homeless and at-risk youth

How to Get Help in Massachusetts

- Call BHHL (fastest support & referrals)
- Dial 211 for local resources
- Contact DMH Massachusetts
- Use MassHealth (Medicaid) for free/low-cost care