







# ARIZONA

## Arizona Mental Health, Recovery & Shelter Resource Directory

These services provide immediate help for mental health emergencies or emotional distress.

- 988 Suicide & Crisis Lifeline — Call or text 988  
Free 24/7 emotional crisis support across the U.S.
- Arizona Crisis Response Network — 844-534-4673
- Arizona Psychiatric Access Line (APAL) — 888-290-1336  
Helps connect people with mental-health resources and providers across the state.
-  Free Arizona Mental Health Resource: Support Lines for Providers and Commu...
- 211 Arizona — Dial 211  
Statewide directory for housing, food, mental health, and social services.
- Arizona Crisis Response Network  
 844-534-4673
- Maricopa County Crisis Line  
 602-222-9444 or 800-631-1314
- Arizona Psychiatric Access Line (APAL)  
 888-290-1336  
Connects individuals with mental-health resources across Arizona.
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## Community Mental Health Programs

Community-Based Behavioral Health

- Community Bridges Inc 🌐 CBI  
Offers crisis stabilization, substance-use treatment, supportive housing, and behavioral health services throughout Arizona.
- La Frontera Center [https://lafronteraaz.org/?utm\\_source=chatgpt.com](https://lafronteraaz.org/?utm_source=chatgpt.com)  
One of Arizona's largest nonprofit behavioral health providers offering therapy, addiction treatment, housing programs, and services for serious mental illness.
- EMPACT–Suicide Prevention Center 🌐 SERVICES  
Provides crisis hotlines, trauma-healing therapy, family counseling, and mobile crisis services across multiple Arizona counties.
- Stay Safe Homes 🌐 Stay Safe Homes (nonprofit)  
Helps individuals with mental health or substance-use challenges find stable housing and supportive services.
- El Rio Health Behavioral Health Services
- Purpose Healing Center
- 4.9•Addiction treatment center•Open
- Drug and alcohol detox, residential treatment, and relapse-prevention programs.
- Renaissance Recovery Center
- [3.5](#)•Rehabilitation Center
- Outpatient addiction treatment and recovery support.
- Desert Cove Recovery
- [4.0](#)•Rehabilitation Center
- Substance-use counseling, therapy, and relapse prevention.
- Arizona Addiction Recovery Center
- [5.0](#)•Addiction Medicine
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## Addiction Recovery & Rehabilitation Programs

These organizations provide substance-use treatment and rehabilitation services.

- Purpose Healing Center Drug and Alcohol Rehab-Scottsdale  
Detox, inpatient treatment, and recovery programs.
- Renaissance Recovery Center  
Outpatient addiction treatment, relapse prevention programs, and counseling.
- Desert Cove Recovery  
Drug and alcohol treatment with individualized therapy programs.
- Arizona Addiction Recovery Center  
Addiction recovery treatment and support services.

- Fountain Hills Recovery  
Residential addiction treatment programs focused on long-term sobriety.

# Homeless Shelters & Housing Assistance

## Emergency Shelter & Housing Programs

- Central Arizona Shelter Services  
One of the largest emergency shelters in Arizona providing housing and supportive services.
- UMOM New Day Centers  
Emergency shelter and housing programs for families experiencing homelessness.
- Phoenix Rescue Mission  
Shelter, addiction recovery programs, and meals.
- Human Services Campus  
Centralized campus offering shelter, medical care, employment services, and housing support.
- André House  
Meals, support services, and resources for individuals experiencing homelessness.

## Women-Focused Support

Programs focused on women and families.

- Sister José Women's Center  
Day shelter offering meals, showers, and social services for homeless women.
- Family Promise of Greater Phoenix  
Housing support and shelter programs for families.
- Chrysalis Shelter
- [20](#)•Counseling & Mental Health•Open
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## Statewide Resource Directories

These directories connect individuals with hundreds of Arizona programs.

- **Additional Arizona Resource Directories**
- These directories connect people to hundreds of free programs statewide.
- 211 Arizona – housing, food, and mental-health services
- Arizona Department of Health Services Behavioral Health

- [Arizona Department of Economic Security Homeless Programs](#)
- [SAMHSA Treatment Locator](#)