

Kansas



- 988 Suicide & Crisis Lifeline — Call or text 988
- Kansas Suicide Prevention HQ
 - Connects individuals to crisis resources and support services
- Kansas 211 — Dial 211
 - Housing, food, shelters, and mental health services
- COMCARE Crisis Services
 - 316-660-7500**

Mental Health Services & Counseling

- Kansas Department for Aging and Disability Services
 - Provides:
 - Mental health services
 - Substance-use treatment Crisis care
 - Community-based programs

Community Mental Health Centers (CMHCs)

Kansas uses CMHCs statewide, offering:

- Therapy & counseling
- Psychiatric services
- Crisis stabilization
- Case management

Major Providers by Region

Wichita Area

- COMCARE of Sedgwick County
 - Community mental health services and crisis care

Kansas City Area

- Wyandot Behavioral Health Network
 - Therapy, crisis services, and addiction treatment

Topeka Area

- Valeo Behavioral Health Care
Mental health counseling and psychiatric care

Addiction Recovery & Rehabilitation Programs

- Kansas Substance Use Disorder Services
Offers:
 - Detox programs
 - Residential rehab
 - Outpatient treatment
 - Medication-assisted treatment

Key Recovery Providers

- Mirror Inc
Residential and outpatient recovery programs DCCCA
- Substance-use treatment and prevention services
Valley Hope
- Detox and residential rehab programs

Shelters & Housing Assistance

Emergency Shelters

- Wichita Family Crisis Center Emergency
shelter and crisis support Kansas City
- Rescue Mission
Shelter, meals, and recovery programs

Housing & Support Programs

- Kansas Housing Resources Corporation Rental
assistance and housing support United Way of
the Plains
- Community support and housing resources

Women, Youth & Domestic Violence Support

- Kansas Coalition Against Sexual and Domestic Violence
Advocacy, hotline, and shelter connections
- Safehome
Emergency shelter and survivor support
- Covenant House
Services for homeless youth

How to Get Help in Kansas

- Dial 211 (fastest way to find local services)
- Contact a Community Mental Health Center (CMHC)
- Reach out to KDADS for behavioral health services
- Use Kansas Medicaid (KanCare) for free/low-cost care