# Backing Safety

One of the most preventable accidents is backing into a parked car or fixed object. As a professional driver, this should never happen to you.

### **LOOK AROUND BEFORE ENTERING YOUR VEHICLE**

### Look all around your vehicle for possible hazards which can’t be seen from the driver’s seat, such as improperly parked vehicles next to yours, children and toys in driveways, and low objects such as hydrants, posts, abutments and fences. It’s a valuable use of a second or two of your time.

### IN THE DRIVER’S SEAT

### Keep your foot on the brake as you shift into reverse. Then, before starting to back, check traffic on both sides as well as the rear. Make sure nothing is hidden by “blind spots.” Don’t rely on your mirrors!

### **WHEN AND WHERE TO BACK UP**

### Driving in reverse should only be for short distances – from inches to feet, not half a block. Never back down a street looking for a missed address. And, never back uphill or across lanes of traffic. It’s smarter to drive around the block than to risk a conflict with oncoming traffic.

### BE SURE YOU’RE SEEN

### When backing out, move slowly. Sound your horn if there’s any doubt traffic can see you.

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| Discuss recent incidents (if any): |
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| Seek employee feedback: |
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| Meeting Attended By: |
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| Date: |  | Supervisor’s Signature: |