

2019 NFHS RULES CLINIC

VOLLEYBALL

MAVO High School Clinician

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2019 NFHS Rules Clinic

WHO'S WHO & WHAT THEY DO

NFHS – Sets National High School Volleyball Rules

www.nfhs.org/volleyball

MPA – Governs High School Volleyball in Maine

www.mpa.cc

MAVO – Certifies & Trains NFHS Officials for MPA

Runs Coaches' NFHS Rules Clinics for MPA

Helps Educate Assistant Officials

www.mavomaine.com

DVOA – Organizes MAVO Officials Downeast

MVCA – Organizes Volleyball Coaches

2019 NFHS Rules Clinics

- **THE OFFICIAL'S ROLE:**
 - *KNOW THE RULES*
 - NFHS Rulebook/Casebook/Scorekeeping Videos
 - www.nfhs.org/activities-sports/volleyball
 - www.nfhs-volleyball.arbitersports.com
 - MPA Volleyball Bulletin www.mpa.cc
 - MAVO Clinics/Interpretations/Protocols
www.mavomaine.com
 - *APPLY THE RULES FAIRLY*
 - Focus on Safety / Fair Competition
 - Demonstrate Professionalism
 - Use Preventative Officiating
 - Rely on Common Sense & Teamwork

2019 NFHS RULES CLINIC

- **THE COACH'S ROLE (Official's View)**
 - **KNOW THE RULES**
 - NFHS Rulebook & Casebook
 - MPA Volleyball Bulletin
 - MAVO Clinics / Protocols
 - **TEACH RULES/SKILLS/SPORTSMANSHIP**
 - Focus on Safety / Fair Competition
 - Player & Team Development
 - Demonstrate Professionalism / Provide Role Model

2019 NFHS RULES CLINIC

- 2019 Rules Changes

- *2-3(j) & 2-4-1(e) & 2-4 Penalties*: a ball contacting cables or poles of a ceiling-suspended net is out, referee shall stop play upon such contact, and a replay may be granted if referee determines the ball would have remained in play if not for such cables or poles.

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- 2019 Rules Changes (cont.)
 - **4-2-1(a): All uniform tops (other than the libero) shall be like-colored and uniform bottoms shall be like colored.**
 - **4-2-1(e): School name/nickname/logo/mascot or players' name are permitted on uniform top or bottom. A single school mascot and/or name may be on sleeve(s), not to exceed 4"x 4" or 3"x5".**

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- 2019 Rules Changes (cont.)
 - **4-2-2: Libero uniform must be clearly contrasting from predominant color(s) of regular team uniform top, excluding trim. Libero uniform top cannot be made solely of same predominant color(s) of regular team uniform top, even if placed differently.**
 - **4-2-4(b)&(c): Legal player numbers are 0-99 (*00 no longer legal*). Beginning July 1, 2023, the body of the uniform number must clearly contract with the body of the uniform top (regardless of any number trim).**

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- 2019 Rules Changes (cont.)
 - **5-5-1(b): R2 collects team roster from head coach during prematch conference.**
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 - **5-6-1(b): Scorer receives team roster from R2 at end of prematch conference.**

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- 2019 Rules Changes (cont.)
 - *5-9-2(a)*: If a server serves from the left third of the end line, LJ shall move to the side along an extension of the end line until the ball is contacted, then return to position.
 - *7-1-1(a) & PENALTY*: **Coach must submit accurate roster to R2 at prematch conference. Changes permitted until 10:00 on clock. Penalty is loss of rally/point to start set.**
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- 2019 Rules Changes (cont.)
 - **7-2 & 7-4 & PENALTY:** Coach must submit accurate lineup to R2 no later than 2 minutes before end of warmup (5:00 on clock) and to R2 no later than 1 minute before end of interval (or intermission) between sets. Penalty is loss of rally/point to start set.
 - **9-8-(i):** Replay if R1 judges ball contacting ceiling-supported net cables or poles would have been playable.

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- 2019 Major Editorial Changes
- **2-1-5:** attack line is measured at 10' from furthest edge of attack line to axis of center line.
- **4-2-7: Removing any part of uniform top or bottom in the playing area is unsporting conduct yellow card (warning) for 1st offense and red card (loss of rally/point) for 2nd offense, assessed to coach. (*Coach also confined to bench for match after any conduct card.*)**

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- 2019 Major Editorial Changes (cont.)
 - 5-5-3(b)(26): R2 indicates to R1 after deciding set coin toss which team serves, then indicates whether teams switch benches or stay.
 - 8-1-6&8-2-5(g): Tossed service ball hitting vertical backboard or support over the serving area is an illegal serve, not eligible for a re-serve. R1 signal is “out.”
 - Officials’ Signals: Legal back-row attack signal removed and remaining signals renumbered on chart. Now becomes only an informal signal.

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2019 Points of Emphasis

- Informal Signals. R1/R2 to address informal signals prematch. Informal signals can be used between officials and coaches, to show R1/R2 awareness or judgment (e.g., backrow attacker behind attack line or ball not entirely above the net).
- Retractable Backboard: “Vertical backboard” means “not retracted” for purposes of whether ball is dead when contacting backboard or supports. If backboard is retracted sideways towards the ceiling, it is a part of the ceiling (though technically vertical).

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- 2019 NFHS Points of Emphasis (Cont.)
- Ball Handling – Consistency of ball-handling judgment is goal. Only contact of ball should be judged, not technique, spin, expectations or reactions.
- On second ball contacts directed at teammates, continuation of play is emphasized, subject to the following points: A player in good position must play without discernable double contacts. Less severe judgment is applied to a challenging or spectacular play. Blatant faults must be called regardless of challenging or spectacular nature of play.

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MAVO-Specific Points of Emphasis

MPA VB Changes (*per MPA Bulletin 07/29/19*)

- *Class A:* Thornton, Bonny Eagle, Deering, Scarborough, Windham, Massabesic, Brunswick/Mt. Ararat, Portland, South Portland, Gorham, Biddeford, Marshwood, Messalonskee, Falmouth, Cheverus, Kennebunk
- *Class B:* Cony, Brewer, Greely, Gardiner, York, Yarmouth, Cape Elizabeth, Mt. Desert, Lake Region, Ellsworth, Wells, Nokomis, Westbrook, Washington
- *Class C:* George Stevens, Bucksport, Sumner, Calais, Narraguagus, Lee/Mattanawacook, North Yarmouth, Woodland, Machias, Jonesport-Beals
- **Electronic VB Scoring Minimum Standards**
 - Commercially available VB scorekeeping software
 - Duplicate hard drive or continuous data backup, immediately available backup batteries
 - Immediately available paper scoresheet/libero tracking sheet & trained scorer/libero tracker
 - (NOT YET ADOPTED: separate R2 monitor (with traditional scoresheet format as a minimum viewing option))
- **Prematch Protocol at Table with NFHS Rulebook**
- **Officials' Uniforms – New Style Uniforms This Year**

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MAVO-Specific Points of Emphasis (cont.)

PROFESSIONALISM

- Do your job: know the rules and apply them fairly
- Work as a team, support your fellow officials
- Recognize that every interaction of every official with players, coaches, administration, spectators or general public reflects on all officials
- Present yourself as a professional: wear business casual to site, bring a clean uniform, introduce yourself to administration and both coaches but do not socialize; be positive and responsive to questions from coaches and players; respect coaches' roles and do not offer unsolicited advice to players or interrupt their warm-ups; engage your partner and work crew to perform as a team of neutrals
- Use pre-match meeting, post-match debrief and peer evaluation to address issues with other officials, not conversations with third parties or social media postings
- Use every match as an opportunity to improve yourself and your crew

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MAVO-Specific Points of Emphasis (cont.)

Centerline Violations

- Both teams “own” the centerline
- Players can touch opponent’s court with feet or hands, but only if some part of the foot or hand contacting the opponent’s court is touching or directly above the centerline while the contact occurs
- If a player touches opponent’s court with a foot or hand and the entire foot or hand is beyond the centerline during the contact, or if a player touches opponent’s court with any other body part, it is a centerline violation
- Players can contact the floor across the centerline outside of opponent’s court, so long as player does not interfere with any opponent while the player is in the opponent’s free area

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MAVO-Specific Points of Emphasis (cont.)

– Ball Handling (*see 2019 NFHS Casebook pp. 98 -103*)

Legal contact is a touch which does not (i) allow the ball to visibly come to rest, or (ii) involve prolonged contact. *See 9-4-5 “Caught or thrown” is also used in Casebook.)*

Multiple contacts are more than one contact by a player during one attempt to play the ball. Permitted only during (i) attempted block, or (ii) first team hit. *See 9-4-8*

- Set a standard – avoiding the first call makes next one harder
- Useful concepts may be “overcontrolled vs. undercontrolled” or “did the ball play the player or the player play the ball?”
- No automatic calls – R1 calls only if violation seen
- Make calls consistent with player skill level
- Strive for consistency point-to-point, set-to-set, match-to-match, and official-to-official

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MAVO-Specific Points of Emphasis (cont.)

– Illegal alignment (*see 2019 NFHS Casebook pp. 104 -114*)

At the moment of serve, each right (or left) side player in a row must have part of one foot touching the floor closer to the corresponding sideline than both feet of the center player. Each front-row player must have part of one foot touching the floor closer to the centerline than both feet of the corresponding back-row player. See 6-4-3b

- Find an effective tracking technique for you - setter & opposite, next server on defense, # sequence, etc.
- Understand alignment strategy / advantage of overlap
- Caution coaches & players on close calls, when appropriate
- Use Partner and Scorer assistance

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MAVO-Specific Points of Emphasis (cont.)

– Substitutions / Replacements

- Distinguish Substitution Zone vs. Libero Replacement Zone
- Substitution requests only by coach's request or player in zone
- If both teams substitute, hold up one side and complete other
- If multiple subs, only one enters zone, others wait just outside
- Substitute enters court only after R2 authorization signal
- Authorize entry promptly, then confirm with Scorer
- Deny late substitution requests - unnecessary delay possible
- Libero replacement to be complete before whistle and beckon
- Educate teams early in the season – make them do it right!

– Timeouts

- Anticipate timeout request by team losing a run of points
- R2's warning whistle at 15 seconds / Teams to be in position on court at 60 seconds - unnecessary delay possible
- Always end timeouts with Timer's horn, even if ending early

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MAVO-Specific Points of Emphasis (cont.)

– MAVO Pre-game Protocol Review:

- Host to provide officials' room(s), trained assistant officials
- R1/R2 on court 30 minutes pre-match, check equipment
- R1 confers with / instructs LJs
- R2 confers with /instructs Timer/Scorer/Libero Tracker
- Conference with coaches and captains (25:00 on clock)
- Coaches submit rosters to R2 at prematch conference (can be changed by coaches up until 10:00 on clock)
- Submit lineups (5:00 on clock / 2 min. before warm-ups end)
- Shared warm-ups (each team on own side, no hitting) until 15:00 on clock. Serving team has entire court 15:00 to 9:00 on clock, receiving team from 9:00 to 3:00 on clock. Horn sounds at 15:00, 9:00 and 3:00, R2 warning whistle 15 seconds before.
- LJ1/R1 & R2/LJ2 flank R1 stand during anthem/introductions
- No delay between introductions and taking positions on court

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MAVO-Specific Points of Emphasis (cont.)

– Team Uniforms

- Leniency at JV level – inform coaches but allow play if safe
- Clearly contrasting uniform required if libero plays

– Officiate Without the Whistle

- Preparation and knowledge is key - protocols avoid trouble
- Display positive, confident tone & professional appearance
- R1 – engage your officiating team, get respect by giving it
- R2 – subzone/table is your space, extend awareness to benches
- Work as a team - pre-match, during play, post-match
- Strive to facilitate successful match, not to be police officer

– MAVO Official Evaluation & Rating System

- Mandatory post-match debriefing helps everyone improve
- Arbiter-based peer rating is more useful with typed comments
- MPA Volleyball Committee post-season selection process

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MAVO-Specific Points of Emphasis (cont.)

– R1 Tips for High School

- Let your officiating team do their jobs and help you get it right
- Set expectations for LJs during pre-game, use them throughout match
- Thorough pre-beckon scan of entire court / entire officiating team
- Eye contact with R2 (centering) at every whistle
- Quick whistle to kill ball, slow down to scan R2 & LJs before signal
- Hesitate slightly to process unusual ballhandling calls & get R2 input
- Hesitate slightly on R2 net/centerline/antenna calls to let R2 do job

– R2 Tips for High School

- Narrow focus as ball approaches net: Focus high for attack/block, **DO NOT FOLLOW THE BALL**, follow players to floor until release, then broaden focus to find the ball
- Step to fault side before mirroring R1 award of point
- Quick whistle for all R2-called faults, **STEP OUT ON FAULT SIDE**, only then signal fault with outside hand (and give ##), mirror R1 point
- Scan both benches before handing back court after sub or timeout
- Support R1 calls and protect your working space (sub zones)
- Pregame with table crew and let them help you

2019 NFHS Rules Clinic

- 2019 NFHS OFFICIAL'S EXAM
 - NFHS Part 1 Exam – ONLINE (<https://exams.nfhs.org/>)
 - NFHS Part 2 Exam – ONLINE (if Part 1 Fail)
 - Complete ASAP (August 30 is absolute deadline)
 - 75% Minimum Score for New Officials
 - 85% Minimum Score for Experienced Officials
 - Open Book
 - Use www.nfhs.org Practice Materials
 - Use www.nfhs-volleyball.arbitersports.com

2018 NFHS Rules Clinic

- All Assignments via The Arbiter (www.arbitersports.com)
- Assigners: Dave Carson & Linda McFarland
- Preseason Practical Clinics
 - August 24, Greely High School, Cumberland (*Alt.*)
 - August 31, Deering High School, Portland or Falmouth High School, Falmouth (*Mandatory*)
 - August 24, UMaine Machias (*Mandatory - DVOA*)
- MAVO website: www.mavomaine.com

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WORK HARD,
IMPROVE YOURSELF EACH DAY,
AND HAVE FUN THIS SEASON!