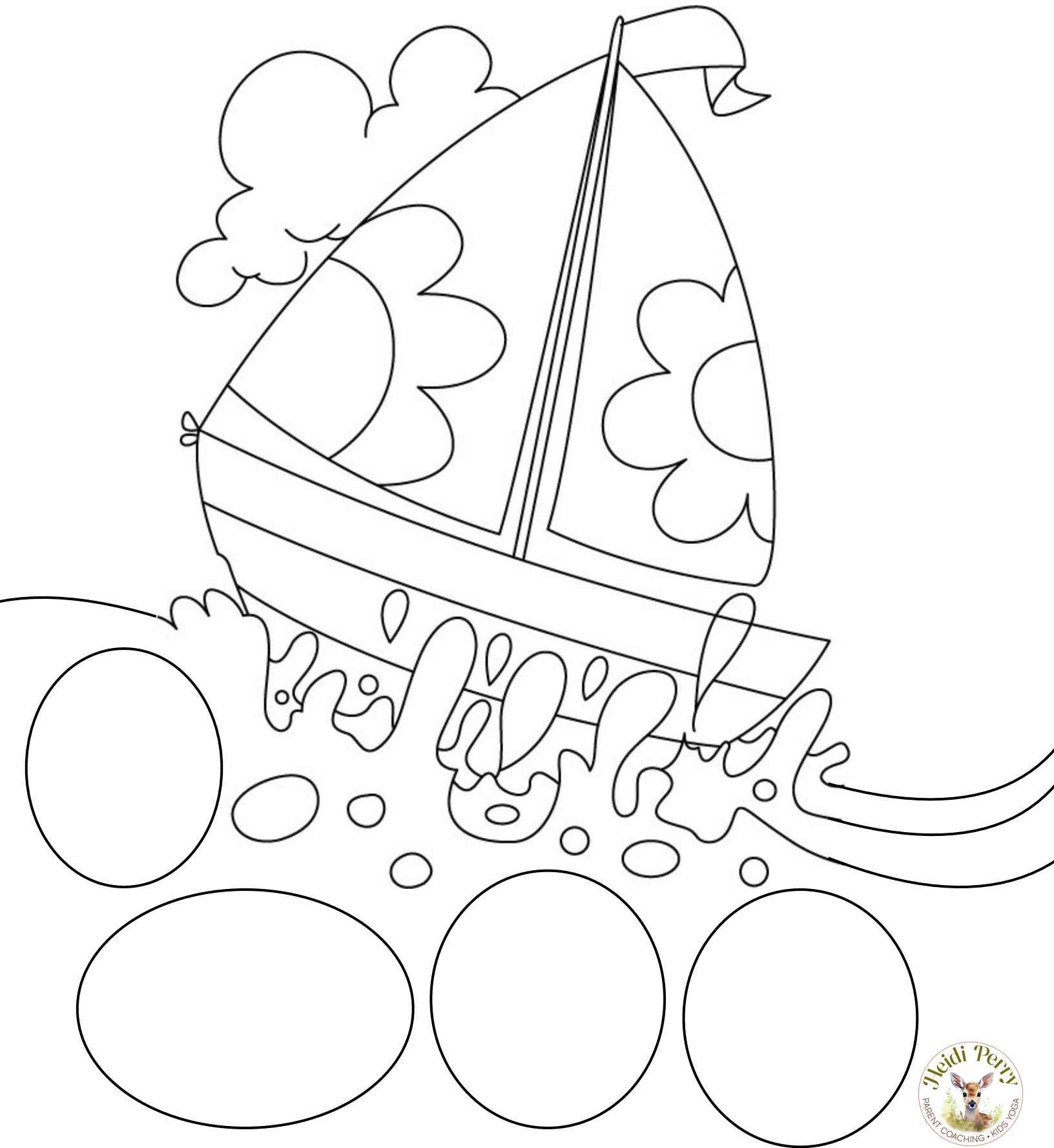


# What rocks my boat?



# What Rocks My Boat?

## parent tip sheet



### How to Use This Coloring Page:

- Print **two copies** – one for you and one for your child.  
(Yes, grown-ups get to color too! 😊)
- In each of the **four big bubbles**, draw or write something that tends to “rock your boat.”  
Think about those tricky moments like:
  - Being rushed 🕒
  - Feeling hungry 🍴
  - Getting told “no” ❌
  - People not doing what you really wanted them to do 😞
  - Even fun things – like too much excitement! 🎉
- Ask your child:  
**“What kinds of things rock your boat?”**  
Help them come up with **four ideas**, but let them take the lead. Every idea is welcome – there are no wrong answers here!
- 🗨️ Praise everything – their ideas, their effort, their scribbles. This is about connection, not perfection.
- Most importantly: **Have fun together!**  
**Grab markers, crayons, snacks... and enjoy a moment of creativity and conversation.** 💛

