

## **Annual Autism Milestone Assessments**

# Caregiver Checklist

(For parents, guardians, and caregivers preparing for their child's meeting)

#### Before the Meeting:

#### **✓** Review Your Child's Current Plan:

- Go through the current IEP, 504 Plan, or therapy reports.
- Note which accommodations are working and which need adjustments.

### **✓** Gather Important Documents & Observations:

- Progress reports, behavior logs, or doctor/therapist recommendations.
- Any personal notes about changes at home affecting learning/behavior.

### **✓** Write Down Your Questions & Concerns:

- Are current goals appropriate and realistic?
- Are therapies, accommodations, or supports meeting your child's needs?
- Are there any new concerns (sensory issues, behavior changes, new medical needs)?

### **✓** Discuss with Your Child (If Appropriate):

- Ask about school experiences, challenges, and what helps them succeed.
- Involve them in goal-setting (especially for older children).

#### **✓** Confirm Meeting Details:

- Double-check date, time, and location.
- Arrange for necessary support (e.g., an advocate, translator, or another caregiver to attend with you).



## **Annual Autism Milestone Assessments**

# Caregiver Checklist

(For parents, guardians, and caregivers preparing for their child's meeting)

### **During the Meeting:**

#### **✓** Advocate for Your Child:

- Express concerns openly and ask for clarification when needed.
- Speak up about any unmet needs or additional services your child requires.

### **✓** Ask Key Questions:

- How does my child's progress compare to their peers?
- What strategies have been most effective?
- What can we do at home to support these goals?

### **✓** Take Notes & Request a Copy of the Plan:

- Write down key decisions, changes, and next steps.
- Request a copy of updated plans before leaving.

### **✓** Confirm Follow-Ups & Next Steps:

- Schedule additional meetings if needed (e.g., further evaluations).
- Set a plan for regular communication with teachers and therapists.

