

CRISIS MANAGEMENT FOR CAREGIVERS



Caring for a loved one can be overwhelming.
You are not alone in your frustration.

Call **610-724-8950** to get the help you need.

FAMILY TRANSITIONS

Are you exhausted by your parents' refusal to see they can no longer live alone? Let us develop a plan to safely transition their current lifestyle to a place where everyone has peace of mind.



DEMENTIA-RELATED RESTLESSNESS AND AGGRESSION

Has your loved one with dementia become more restless and aggressive? Let us work with a physician to secure the medications needed to manage these symptoms.

SIBLING DYNAMICS

Are you providing care for your parents without meaningful help from your siblings? Let us schedule a professionally mediated Family Conference to create a collaborative roadmap and maintain accountability.



FREQUENT FALLS AND HALLUCINATIONS

Is your loved one keeping you awake at night with frequent falls or hallucinations? Let us medically evaluate this condition and develop a plan so everyone can rest easy.



Aimee J. Gustitis, BSN, RN, JD

**WHEN A CAREGIVER SUFFERS, THE
WHOLE SYSTEM BREAKS DOWN.
CONTACT US ANYTIME FOR GUIDANCE
AND SOLUTIONS.**

AIMEE@GOODCAREGIVER.NET

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