Battle Ground

10k. 6k. 5k. Rated 1A

Start Point: Safeway OSB

904 W Main St

Description: Walk consists of two loops: a 5K and a 6K. Rotary Park and duck ponds are highlights. Restrooms in Safeway and parks. Okay for pets, strollers, wheelchairs.

Challenges: AVA - Ato Z, Veterans, Step to the Beat,

ESVA - Clark County, FLH

B-D-W . Entertainment. Rivers

Point of contact: Cheryl Snodgrass

cmsnodgrass54@gmail.com

360-607-3838

Camas **OSB**

Start Point: Private Residence

829 NW 44th Ave., Camas WA

Start Box at front door; short drive to trail.

Lacamas Heritage Trail -5, 6, 10, 11, 20k, Rated 1B

Description: Lovely wooded trail along Lacamas Lake. 10k includes upscale neighborhood and is rated 2B. Restrooms and water at trailhead and start point (if they are home). Difficult for strollers, wheelchairs on the trail. Pets okay.

AVA - A to Z, Par-for-the-Course Challenges:

ESVA - Clark County

Point of Contact: Tom Baltes

tlbaltes@gmail.com 505-298-1256

Cathlamet

10k. 6k. Rated 1B

Start Point: **OSB Only**

Description: Charming historic fishing town on the banks of the Columbia River. Walk Includes a pioneer cemetery, wetlands, and open countryside on Puget Island. Pets okay. Not appropriate for wheelchairs and difficult for strollers. Restroom in market.

Challenges: AVA - A to Z.

ESVA - FLH. Wahkiakum Co

Point of contact: Karen and Gary Hinderman

gkmhind@comcast.net

360-920-7221

Note: FLH stands for Frontline Heroes, which includes Delivery Services (DE). Essential Services (ES), Medical Facilities (ME), and Sustenance (SÚ). Almost every town will have at least one of these.

Vancouver USA Walking Club Vancouver, Washington



Twenty Year-Round Walks In Southwest Washington One Bike Event

Battle Ground

Camas

Cathlamet

Kalama

Kelso

LaCenter

Long Beach

Longview

North Bonneville

Washougal

Washougal Dike Cruise

Vancouver—Columbia Views

Vancouver—Felida Neighborhood

Vancouver—Fort Vancouver

Vancouver—Hazel Dell Burnt Bridge Trail

Vancouver—Heights Neighborhood

Vancouver—Maplecrest Neighborhood

Vancouver—Princess IIchee

Vancouver—Tech Center Park

Vancouver—WSU Salmon Creek Campus Vancouver—Whipple Creek

More Info: www.vusav.club

Kalama - Waterfront Park

10k, 5k, Rated 1A

OSB

Start Point: Red Lion Hotel (drive to start)

510 South Kelso Drive, Kelso

Description: Walk goes through Waterfront Park on the Columbia River, passing by McMenamin's "Riverboat Restaurant." Go shopping for antiques in the old-fashioned downtown, climbing stairs to cross the railroad tracks, which will not work for strollers and wheelchairs. Pets okav. Restroom in park and restaurant.

Challenges: AVA - A to Z

ESVA - FLH. Cowlitz County

Breweries, Wineries, Distilleries

Point of contact: Jan Veeder

janveeder@comcast.net

Kelso - City and Dike

17k, 10k, 5k Rated 1A

Start Point: Red Lion Hotel

OSB

510 South Kelso Drive, Kelso

Description: Walk through the downtown of this "Smelt Capital of the World." as well as two dike trails and a 9K extension on one of the dikes. Restrooms available. Pets okay. Hard for strollers and wheelchairs

Challenges: AVA - A to Z, Veterans,

ESVA - FLH, Cowlitz County

Point of Contact: Jan Veeder

janveeder@comcast.net

360-703-4702

La Center - Town and Wetlands

10k, 5k, Rated 2B

OSB

Start Point: LaCenter Marketplace

419 E. Cedar Avenue

Market open from 6 a.m. to 10 p.m.

Description: Walk in the quaint town center, as well as forested trails, through pleasant neighborhoods, and along the Lewis River. Restrooms available; pets okay. Hard for strollers and not appropriate for wheelchairs. There are three casinos here.

Challenges: AVA - A to Z, Clocktowers, Town Halls

ESVA - FLH, Clark County

Point of contact: Earl Bowen

> earld@tds.net 360-263-1228

Long Beach

40, 23,11,10, 5k, Rated 1A to 3C

Start Point:

Directions to the Start Point are in the route instructions.

Description: Enjoy ocean views while walking along the Discovery Trail and boardwalk. Follow in the footsteps of Lewis & Clark to where they arrived. Hike into Cape Disappointment State Park to capture the views at two lighthouses, enjoy coastal forest trails, and visit the Lewis & Clark Interpretative Center. Restrooms in parks. Pets okay. No strollers/wheelchairs on longer trails.

Challenges: AVA - A to Z, Veterans

ESVA - FLH, Pacific County Point of contact: Burt Paynter

walkeriii@comcast.net

360-798-8485

Longview - Lake Sacajawea

10k, 6k - Rated 1A

Start Point: Red Lion Hotel

OSB

OSB

OSB

510 South Kelso Drive, Kelso

Description: Walk around Lake Sacaiawea, plus parts of downtown, Old Historic West Side, and a Japanese Garden. Restrooms. Pets okav. except in garden. Medium for strollers, hard for wheelchairs.

Challenges: AVA - A to Z

ESVA - FLH. Cowlitz County

Point of contact: Jan Veeder

ianveeder@comcast.net

360-703-4702

North Bonneville OSB only

10k, 5k, Rated 1B

POC:

Description: Parks, trails and neighborhoods in this small town famous for housing the Bonneville Dam builders and a campsite of the Lewis and Clark Expedition.

Challenges: AVA - A-Z, Town/City Halls

ESVA - Skamania County

Janet Traweek, iltraweek@yahoo.com

360-601-9534:

Washougal - Dike Bike Cruise

Pendelton Mill Factory Outlet Store Start Point:

Pendelton Way, Washougal

Description: Route is along the Columbia River on the dike. Eagles and ospreys fly overhead, and other waterfowl greet you along the trail.

Challenges: AVA - A to Z, ESVA - Clark County,

Point of Conact: Tom Baltes

tlbaltes@gmail.com

Washougal Views

3 5Ks, 1 6K, 1 10K

Start Point: Pendelton Mill Factory Outlet Store OSB Pendelton Way, Washougal

Description: 5K loop in downtown Washougal, passing community artworks and a riverside park; 5K loop on a flat dike trail along the Columbia River; a 6K and a 10K in the Steigerwald Wildlife Refuge, just a short drive to the start.

Challenges: AVA: A-Z. Par/Course. Town Halls. Veterans. ESVA: FLH, Clark Co.(town only) Rivers (all routes)

> POC: Janet Traweek, iltraweek@vahoo.com 360-601-9534:

Vancouver - Columbia Views

10k, 5k, Rated 3A

Start Point: QFC Grocery Store

OSB

3505 SE 192nd Ave. Vancouver

Description: Walk goes through several beautiful, well appointed neighborhoods and has views overlooking the city, Portland airport, and the lovely Columbia River. Okay for pets; hard for strollers; not recommended for wheelchairs.

Challenges: AVA - A to Z

ESVA - FLH. Clark County

Point of contact: Tom Baltes

tlbaltes@gmail.com 505-298-1256

Vancouver - Felida Parks and Neighborhoods

10k, 5k, Rated 1A

Start Point: Private Residence (drive to Felida) OSB 2216 NE 110th St., Vancouver

Description: The route, consisting of two 5k loops, is on paved streets and sidewalks, going through attractive residential areas and local parks, including Felida's main street. Pets, strollers, wheelchairs okay. Restrooms in park.

Challenges: AVA - A to Z

ESVA - FLH, Clark County

Point of contact: Dick Baker

dickbkr@a.com

Vancouver - Fort Vancouver National Historic Site

10k. 5k - Rated 1A

Start Point: Fort Vancouver Visitors Center OSB 1501 E. Evergreen Blvd., Vancouver

Open Tue-Sat 9a.m. to 4 p.m.

Description: Route goes through city parks. Clark College. Pearson Airfield and Fort Vancouver, passing monuments and historic buildings. Old Fort Vancouver was originally established by the Hudson's Bay Company in 1824 as the trade center for the Northwest and Pacific region. The route culminates by crossing the beautiful Land Bridge, designed to connect Vancouver to the Columbia River. There are restrooms at Visitors Center and Fort. Pets. strollers and wheelchairs okay.

Challenges: AVA - A to Z. Airports. Veterans. Clocktowers

Town Halls

ESVA - FLH, Clark County

Point of contact: Burt Paynter

walkeriii@comcast.net

Vancouver - Hazel Dell Burnt Bridge Trail

10k. 5k. Rated 2A

Start Point: Private Residence OSB

2216 NE 110th St., Vancouver

Drive to Black Rock Coffee, 7719 NE 5th Ave., Vancouver

Description: Trail goes through attractive Hazel Dell neighborhoods and on a paved path on the Burnt Bridge Trail. 5k does not enter the BBT. Pets, strollers, wheelchairs okay.

Challenges: AVA - A to Z

ESVA - FLH, Clark County

Point of Contact: Barbara Baker

barbarabkr@q.com 360-573-6048

Vancouver - Heights Neighborhood

10k, 5k, Rated 1A

Start Point: Parkrose Hardware

OSB

8000 E Mill Plain Blvd.. Vancouver

Description: The route is through the beautiful and wellestablished Vancouver Heights neighborhoods and parks on residential streets without sidewalks. Magnificent views of the Columbia River are available below many of the grand estates. The four pretty neighborhood parks and private lawns are especially beautiful in the spring, summer and fall flower seasons. Okay for pets, strollers and wheelchairs.

Challenges: AVA - A to Z, Great Lakes

ESVA - FLH. Clark County

Point of contact: Heidi Schurr

hschurr@hotmail.com 360-909-7917

Vancouver - Maplecrest Neighborhood Plus

10k. 5k - Rated 1A

Start Point: Parkrose Hardware OSB

16905 SE First St., Vancouver

Drive to start.

Description: Route goes through several neighborhoods, including Stoney Meadows, with views of lovely houses and distant vistas. Maplecrest's park and trail, and Pacific Community Park, where there is a neighborhood pea patch and a large dog park. A Buddhist Center and Retreat is on the 10K trail. Pets, strollers, wheelchairs okay.

Challenges: AVA - A To Z

ESVA - FLH. Clark County

Point of contact: Dorothy Steedle

> dsteedle@aol.com 517-879-7602

Vancouver - Princess IIchee

10k, 6k, Rated 1A

Start Point: Same as Fort Vancouver

OSB

Description: Route goes along the Columbia River, following the Renaissance Trail, passing the Statue of Princess Ilchee, the daughter of a Chinook Tribe chief. She was married to a factor of the Pacific Fur Company in an alliance with the tribe to keep the natives friendly. The trail also passes an artistic display honoring women who worked in the shipyards during WW II. The route features the new waterfront development which includes a spectacular water playground and a unique overwater pier, as well as several restaurants. Pets. strollers, wheelchairs okav.

Challenges: Same as Fort Vancouver Point of Contact: Same as Fort Vancouver

Vancouver - Tech Center Park

10k. 5k. Rated 2A

Start Point: Fisher's Landing Fred Mever OSB

16600 McGillivray Blvd., Vancouver

Description: A lovely trail through pleasant neighborhoods and the featured Tech Center Park. The park includes a unique playground, a boardwalk across a wetland, as well as several trails io nearby shops and restaurants. Pets, strollers, wheelchairs okay.

AVA - A to Z, ESVA - Clark County Challenges:

Point of Contact: Joe Titone

titone@usc.edu 360-944-8190

Vancouver - Washington State University Campus

10k. 5k. Rated 2B

Start Point: Same as Hazel Dell Burnt Bridge OSB

and Felida (Drive to Legacy Hospital)

Description: Route traverses the beautiful and rural campus of WSU-Vancouver, with views of Mt. Hood, Mt. St. Helens and Mt. Adams. Restrooms available when school is in session. Okay for pets; strollers and wheelchairs may have difficulty on some portions of the trail.

Challenges: AVA - A to Z, ESVA - FLH, Clark Co.

Point of Contact:: Barbara Baker

barbarabkr@q.com 360-573-6048

Legacy Salmon Creek Medical Ctr., 2211NE 139th St.

Vancouver - Whipple Creek Walk

10k, 5k, plus 2k extension. Rated 1A and 2B

Start Point: Fred Mever Store OSB 800 NE Tenney Rd., Vancouver

Description: Route is in new neighborhoods and through several parks, including Whipple Creek Park. a deeply forested and challenging trail. 10k route is mainly on city sidewalks and a gravel country road. The 5k route does not go into Whipple Creek Park. Restrooms available at the Start/Finish only. Pets. strollers and wheelchairs not recommended in the park. Instructions not provided for the 2k extension.

Challenges: AVA - A to Z, Walk Like an Olympian

ESVA - Clark County. FLH

Point of contact: Carolyn Affolter

caffolt@aol.com 503-891-4930





Hotel Cathlamet



Architectural Design on Land