

**AKAMAI UNIVERSITY**

**Institute for CAM Studies**



**A Certificate Program in**  
**Integrative Health: Expanded Consciousness Studies (IHECS)**  
**Providing NDE, SDE & SME Support – Practice – Education**

**Offered through the Institute for CAM Studies**  
**Energy Medicine Partnerships Affiliated with Akamai University**  
**Division of Continuing Education and Degree Programs in CAM**

**Background:**

Near Death Experiencers (NDE), Shared Death Experiencers (SDE) and Spiritual Mystical Experiencers (SME) often have trouble integrating their experiences as described, documented and researched by the International Association for Near Death (IANDS), the J.B. Rhine Center, Forever Family Foundation, and the Association of Research and Enlightenment. Through on-going investigations, studies and research worldwide thousands of experiencers of all ages, backgrounds, and situations, including health professionals, and over many decades, the science is compelling that NDE, SDE and SME's are real phenomena.

This certificate program in Integrative Health Expanded Consciousness Studies is designed to train integrative health supporters, practitioners, and educators for this specialization. It includes working with experiencers knowledge gained from their NDE, SDE and SME as partners supporting each other. This partnership revolutionizes our understanding about consciousness, multi-dimensional reality and experiences, non-local health, and healing, including education and research in these topics.

**Goal:**

This training program prepares Supporters, Practitioners and Educators for Board Certification in Integrative Health with a specialty in Expanded Consciousness Studies such as NDE, SDE and STE. An integrative approach is used to serve individuals, their families, friends, the public and health professionals, nurses, doctors, psychologists, social workers, and other practitioners affected by NDE, SDE and SME's. We are ONE. We work as a team to grow, learn, become empowered and heal body, emotion, mind and soul in this and other lifetimes supporting individuals to redesign their life path.

*Includes invited guest speakers and instructors - master practitioners, educators, and experiencers, evidential mediums sharing their wisdom and expertise of experiences of near-death and other similar transformative events.*

## **Certificate in Integrative Health: Expanded Consciousness Studies serving NDE, SDE and SME Supporters – Practitioners – Educators**

### **Program Objectives:**

Participants become Board Certified in Integrative Health  
NDE, SDE & SME - Supporter (BC-IHS), Practitioner (BC-IHP)  
or Educator (BC-IHE).



Each learner will be able to:

1. Describe the literature including research in NDE, SDE & SME.
2. Explore the elements of Integrative Health applied to NDE, SDE and SME
3. Describe the ethical dimension for supporters, practitioners and educators
4. Investigate Integrative Health as a treatment of choice vs a symptom approach to service
5. Experience and practice Integrative Health Interventions.
6. Support and comfort for experiencers, families and friends.
7. Document outcomes.
8. Create marketing materials for your service.
9. Promote understanding and acceptance of experiencers.
10. Document ongoing training to maintain skills and expertise
11. Practice what you learn and experience giving and receiving Integrative Health
12. Explore innovations in the field.

Certificate Program in Integrative Health  
NDE, SDE & SME: Support – Practice – Education  
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**Program Developer & Coordinator:**

Dr. Mary Jo Bulbrook, RN, EdD, MEd, BSN, CEMP/S/I, HTCP, HTP/I, ICF  
[Dean, Institute of CAM Studies, Akamai University](#)

Founder and Director of [Energy Medicine Partnerships](#)

- ❖ Master Teacher / Practitioner Energy Therapies  
Family Therapist, Psychotherapist, Spiritual Intuitive
- ❖ Program Director of Complementary & Alternative Medicine  
Dean of the Institute for CAM Studies at Akamai University
- ❖ Dean of Division of Continuing Education at Akamai University
- ❖ Previously Director of Training Hospice of Salt Lake City in 1970's



**Program Content:**

- ✓ Capturing the Story of the experiencer, historical background & present-day functioning
- ✓ Learning “Helpful Talk” & “Compassionate Listening”
- ✓ Practice interventions using a variety of integrative (whole person) treatment modalities building on the previous training the student brings to the program.
- ✓ Provide unconditional love, acceptance of experience, expert support, care, and / or educational opportunities based on qualifying credentials of your service
- ✓ Evaluate effectiveness of the service given
- ✓ Design your marketing materials
- ✓ Create a personal self-care program to maintain health & model wellness
- ✓ Commit to up-date training and refinement of your knowledge & skill
- ✓ Describe the role of ethics in providing service
- ✓ Explore NDE, SDE and SME literature, research & practice
- ✓ Integrate current knowledge from experiencers, experts, clinicians, and educators including presenting and attending professional related conferences both in person and on-line
- ✓ Promote public and professional education about NDE, SDE & SME

**Continuing Education Units:** This integrative health studies certificate program consists of 12 Continuing Education Units (CEU's) or a minimum of 120 contact hours for NDE, SDE, SME Supporters, 18 CEU's =180 contact hours for NDE, SDE, SME Practitioners and 30 CEU's = 300 contact hours of Educator. The stages of development includes training, mentoring and supervision in the student's chosen role. Additional time may be needed depending on previous background, experience and personal situation. 1 CEU = 10 contact hours

**Admission Application Non-Refundable Fees Apply:** \$25 application fee to enroll through the Institute of CAM Studies in the program. For evaluation qualifying acceptable training to transfer into this certificate training and documentation, an additional \$25 fee is required. This fee is required to process the credential with supporting evidence for transfer in data and conduct review the candidate an in-depth credential processing and review with supporting evidence from an online interview. The

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processing credential fee for practitioner is \$50 for practitioner; for educators, the fee is \$75. From this enrollment process an individualized study plan will be created by the program coordinator based on the applicants' interest, background, intended professional goals and transcript / certificate or portfolio review for determination of accepted equivalents for training modules thus qualifying a reduction in program costs and time needed to take all required modules.

**Curriculum for Board Certification in Integrative Health as an NDE, NDE & SME Supporter, Practitioner & Educator.** Each role requires evaluation of acceptable previous qualifying training and experience that could be counted towards meeting the requirements for the certificate documenting the certification process. **1 CEU = 10 contact hours**

<b>Role Category</b>	<b>Part I: Role Preparation</b>	<b>Part II: Practicum, Documentation &amp; Evaluation</b>	<b>Part III: Certification Requirements</b>
<b>Supporter</b> = 12 CEU's or 120 contact hours	6 CEU's	5 CEU's	1 CEU's
<b>Practitioner</b> = 18 CEU Or 180 contact hours	9 CEU's	7 CEU's	2 CEU's
<b>Educator</b> = 30 CEU's or 300 contact hours	12 CEU's	15 CEU's	3 CEU's

- Part I – Role Preparation Supporter 6 CEU = 60 contact hours: Practitioner Role 9 CEU – 90 contact hours; Educator Role
  - Introduction seminar 1 CEU = 10 contact hours
  - Initial training with service provided 1 CEU = 10 contact hours
  - Ethics 1 CEU = 10 contact hours
  - Modules – 3 CEU's = 30 contact hours
    - Working with individual experiencer, families, children stories
    - Finding and living your spiritual path and meaning of your experience
    - Working with health, wellness / education team
  
- Part II - Practicum, Documentation & Evaluation with a Mentor & Supervisor 5 CEU's = 50 contact hours
  - 2.5 CEU's = 25 contact hours completed over time with clients & families (more hours may be required depending on the ability of the individual in training to be successful in providing their service with the experiencer, their families, friends & health care professionals

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- 1.3 CEU = 13 contact hours minimum studying the literature
- 1.2 CEU's = 12 contact hours minimum supervision of your service
  
- Part III – Certification through the Institute for CAM Studies 1 CEU = 10 contact hours Includes documentation of studies through a scholarly paper, clinical application and or educational application of your service. Completes training as a **Board Certified - Integrative Health Supporter (BC-IHS), Practitioner (BC-IHP) or Educator (BC-IHEP)**. Includes documentation of your service as verified by an outside review body the ensures safe, ethical practice operating under Code of Professional Conduct

**Division of Continuing Education Program Fees: Supporter \$1200 = 12 CEU's, Practitioner \$1800 = 18 CEU's, Educator \$3000 = 30 CEU's**

**Costs:** Part I Introduction Special – 3 contact hours \$55, 7 hours training is \$155.

**Total program Cost: Special Introductory Rate – Limited time 20% off price if paid quarter or 30% off if paid in full**

Includes university continuing education with international accreditation, core specialist training, modules, practicum, certification, and mentorship. Total of minimum of 120 contact hours for supporter training. Additional fees may be charged for mentorship and supervision as needed beyond core program content. This is a negotiated item that needs to be justified and approved by all concerned parties. That fee is \$25 for 15 minutes.

**All fees are payable to Institute for CAM Studies. Includes University credit through Akamai University Division of Continuing Education.** After each part, a certificate will be awarded documenting the completion and number of contact hours. Payment options are available. Limited number of partial scholarships available for qualified individuals. Exchange for service required for scholarship awards.

Part I training also available as stand-alone costs without registration for the whole program. Stand-alone modules are \$125 each for 3 contact hours' stand-alone courses. Repeater fee for courses and modules is one/half the cost of each segment.

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**Eligible Participants for the Training:** The training is open to anyone desiring to become a supporter, practitioner and / or educator in this field. The training includes being willing to undertake in-depth study; commit to high standards of service, practice and education; operating under a Code of Ethics and Standards of Practice; participate in on-going mentorship and supervision as needed both in the training; maintain competency and update as needed.

This is an on-going growing field. Health care professionals are encouraged to apply as well as energy practitioners and experiencers of all persuasions. A portfolio assessment is acceptable to waive training requirement and for accepting transfer in credit from expertise gained elsewhere. This will reduce the cost of the program.

**Guiding Principles:**

- ✓ Let go and let god (replace the word that fits your beliefs regarding a Higher Power)
- ✓ Spiritual healing heals, comforts and uplifts
- ✓ Be present and quiet, to hear inner wisdom teaching you regarding your call to serve

**Become Board-Certified in Integrative Health: Expanded Consciousness Studies  
Providing Near Death, Shared Death and Spiritual Mystical Experience  
Support – Education - Practice**

The Healing Journey for experiencers is not a linear path but a dynamic lived experience unique to the individuals involved. This is also true for serving this population as supporters, practitioners and educators. Therefore, the interventions for body, emotion, mind, and spirit as well as their education need to be individualized to those involved using a template that is outlined below to guide the team of experiencers, supporter, practitioners and educators. Training is offered by the Internationally Accredited Akamai University, Institute for CAM Studies through a team approach where experiencers, supporters, practitioners, and educators all study together. The training protocols are done in phases or steps and includes working with NDErs, SDErs and SMERs:

- ✓ Telling the Story
- ✓ Living with the After Effects / Finding Your Path
- ✓ Evaluation of the Journey

Individuals can take as much time as needed for each phase as the process occurs in steps as each phase is completed.

**Treatment Affirmations:**

- I call on Source, God, Creator, a Higher Power to fill me with Divine Light and Love.
- I choose to be present in life with my family, friends, work, recreation, animals and nature.
- I am a Divine Child of Source and a Being of Light for the world.

**Phase I – Telling My Story**

- My Event Story  
Date of Event \_\_\_\_\_
  - What happened to me was...my body...
  - My feelings about this experience at the time were...
  - My thoughts became...
  - My heart was...
  - I wanted to say...
  - My visions for myself at the time were...
  - Spiritually I was...
  
- Historical Experiences  
Time Span of Historical Report (such as 6 months or 6 years) \_\_\_\_\_
  - Describe what has been your experience over time since your experience...
  - Include what your feeling and thoughts were...
  - How have your relationships been affected...
  - What have others said about you and how has that affected you...
  - Describe your ideas of your future...
  - Spiritually you are ...
  
- Today's Level of Functioning  
Date: \_\_\_\_\_  
Take time to reflect and comment how you are now doing:
  - Physically
  - Emotionally
  - Mentally
  - Spiritually
  - What is your biggest concern today...
  - What would you like to have happen in your life now...
  - Is there any specific request you have needing assistance...

### **Phase II – The After Effects**

- Journeying with your experiences & establishing the relationship
- Empowerment with Integrative Healing
  - Physical
  - Emotional
  - Mental
  - Spiritual
    - Central Power Current Clearing & Alignment
    - Energy Field Drain & Replenishment
    - Energy Centers Clearing & Balancing
    - Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family and friends in this dimension

### **Phase III – Evaluating the Journey**

- Conduct post treatment assessment of the effect of treatment
- Maintain contact with clients to support them as need may arise for additional care that may be referred to another specialist or appropriate persons
- Check in with clients to ascertain how they are doing at least weekly in the beginning and then determine an appropriate schedule for individual clients
- Maintain contact with colleagues, mentors and supervisors as needed
- Promote findings using single-subject design strategies or professional attendance at events and conferences related to NDE, SDE, & SME practice, education and research





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**For More Information about the  
Institute for CAM Studies  
University Training  
Contact Dr. MJ Bulbrook:**

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[www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com) / [akamaiuniversity.us](http://akamaiuniversity.us) / [cam.institute/](http://cam.institute/)

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Dr. Bulbrook has studied and worked extensively with other organizations such as the newly formed ISGO (IANDS Sharing Groups Online) under the leadership of Chuck Swedrock, ISGO administrator; education committee member of the International Association of Near-Death Studies, (IANDS) Diana Cochoran chair IANDS Education Committee, JB Rhine Center with John G. Kruth and previously with Sally Feathers, daughter of JB Rhine; and the Academy of Spiritual and Consciousness Studies, Inc..

The Near-Death Experiencer's I have studied and connected with include: Dr. Effie Chow, RN, Yvonne Sneed, Sabine van den Bulk, Joseph Lang, Jeff Olson, Peter Anthony, Marcy Neumann, Tamara Richardson, Pat Cunningham, Robin Curtis, Brenda McFie, Karen Thomas and countless others from multiple countries.

These connections have influenced the training is available to study in multiple educational levels in addition to the certificate program in Integrative Health such as University bachelor, master, doctoral education as well.

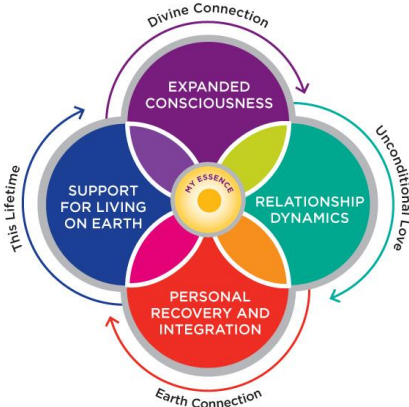
Contact Dr. M J Bulbrook for more information 1.919.923.2409

eMail [mj.bulbrook.au@gmail.com](mailto:mj.bulbrook.au@gmail.com) or visit:

[Akamai University CAM Program](#) / [AU Division of Continuing Education](#)

[Energy Medicine Partnerships](#) / [Global Healing Alliance](#)

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**AFTER EFFECTS**  
 NDE – RAH Team Members



*From left to right (Photo taken July 2015)*

- Brian Keith Murray- NDE
- Pat Cunningham – nurse, & NDE
- Debra Alguire - therapist
- Carlos Regalado - healer from Peru
- Sharon Souza – energy healer
- Yvonne Sneedeen – Co-Founder & NDE
- Mary Jo Bulbrook – Co-founder
- Bob Brame – energy healer
- Carolyn Heuser – pharmacist



This work builds on previous training offered through joint planning with Yvonne Sneedeen and Roy Hill focusing on after- effects of NDE.

Yvonne Sneedeen, NDE'er

Executive Co-Producer of Back From the Light

IANDS Raleigh Group Leader

Advanced Reiki

Author [Back From the Light](#) web page

