

2026

Hope for Appalachia Virginia Inc

Hope Boxes



How to Make a Hope Box

We are excited to announce that we are collecting Hope Boxes and supplies for our 2026 Mission Trip to the Appalachian Mountains. Our prayer is that we will be able to present a Hope Box and share the love and hope of Jesus Christ with at least 15,000 children at over 47 public schools.

STEP 1: Start with a Sterilite 6 quart plastic shoe box.

STEP 2: Decide if you want to pack for a boy or girl.

STEP 3: Choose an age group

Pre k - 2nd (ages 4 - 8) 3rd - 5th (ages 8 - 11) 6th - 12th (ages 11 - 18)

STEP 4: Fill the plastic shoe box

Fill the plastic shoe box with school supplies, hygiene items, and toys that are appropriate for the age group. **We ask that each box contain: A toothbrush, full-size toothpaste, 2 pairs of socks, pencils, 2 or more fun items.** The Hope Box should be full, but not stuffed.

For a full list of items that can NOT be included and for a list of ideas and suggestions, please visit our website.

STEP 5: Place a label on your Hope Box

STEP 6: Pray over your Hope Box

Pray for the child receiving the Hope Box as well as the missionary that will be delivering it!

STEP 7: Drop off your Hope Box

You can drop off your Hope Box at: New Salem Baptist Church, 8233 Sperryville Pike, Culpeper, Virginia. For a complete list of drop off locations, please visit our website!



What to Pack in a Hope Box

**PRE K – 2nd GRADE
(Ages 4-8)**

Required:
Toothbrush
Full-Sized Toothpaste
2 Pairs of Socks
Pencils



Suggestions:
Comb/Hair Brush
Chapstick
Pencil Sharpener
Flashlight w/ batteries
Erasers
Crayons
Markers
Glue Sticks
Blunt Scissors



Girl Fun Item Ideas:
Hair Bows/Hair Ties
Doll/Stuffed Animal
Play-Doh
Stickers
Puzzle
Glow Sticks



Boy Fun Item Ideas:
Matchbox Cars/Trucks
Play-Doh
Slinky
Legos
Baseball/Tennis Ball
Yo-yo
Bubbles
Beach Ball
Puzzle
Glow Sticks

**GRADES 3rd – 5th
(Ages 8-11)**

Required:
Toothbrush
Full-Sized Toothpaste
2 Pairs of Socks
Pencils



Suggestions:
Comb/Hair Brush
Chapstick
Pencil Sharpener
Erasers
Crayons
Markers
Pens
Colored Pencils
Sharpies/Markers
Flashlight w/ batteries

Girl Fun Item Ideas:
Hair Bows/Hair Ties
Craft Items
Slinky
Puzzle
Card Game
Jump Rope
Glow Sticks



Boy Fun Item Ideas:
Puzzle
Baseball/Tennis Ball
Card Game
Slinky
Fidget Spinner
Card Game
Yo-yo
Glow Sticks

**GRADES 6th – 12th
(Ages 11-18)**

Required:
Toothbrush
Full-Sized Toothpaste
2 Pairs of Socks
Pencils



Suggestions:
Comb/Hair Brush
Chapstick
Pencil Sharpener
Erasers
Pens
Colored Pencils
Highlighters
Deodorant
Sharpies/Markers
Flashlight w/ batteries

Girl Fun Item Ideas:
Craft Items
Hair Accessories
Shower Puff
Lip Gloss
Nail Polish*
Jewelry
Manicure Set
Playing Cards
Small Journal



Boy Fun Item Ideas:
Baseball/Tennis Ball
Flashlight w/ batteries
Playing Cards
Fidget Spinner
Rubik's Cube
Yo-yo

Please do NOT include any of the following in a Hope Box

- Candy, Gum, Food or Snacks
- Anything liquid (to include bubbles)
- Body Wash, Shampoo, Conditioner
- Washcloths (shower puffs are OK!)
- Water Guns (or toys that look like weapons)
- Feminine Hygiene Items
- Shaving Cream and Razors
- Underwear or Bras
- Happy Meal Toys
- Personal Contact Information
- Money or Gift Cards
- Used Items
- Liquid Glue
- Bar Soap

____ PK – 2nd

____ 3rd – 5th

____ 6th – 12th



BOY

____ PK – 2nd

____ 3rd – 5th

____ 6th – 12th



GIRL