

2026

Hope for Appalachia Virginia Inc

# Hope Boxes



## How to Make a Hope Box

We are excited to announce that we are collecting Hope Boxes and supplies for our 2026 Mission Trip to the Appalachian Mountains. Our prayer is that we will be able to present a Hope Box and share the love and hope of Jesus Christ with at least 15,000 children at over 47 public schools.

**STEP 1: Start with a Sterilite 6 quart plastic shoe box.**

**STEP 2: Decide if you want to pack for a boy or girl.**



### STEP 3: Choose an age group

Pre k - 2nd (ages 4 - 8)   3rd - 5th (ages 8 - 11)   6th - 12th (ages 11 - 18)

### STEP 4: Fill the plastic shoe box

Fill the plastic shoe box with school supplies, hygiene items, and toys that are appropriate for the age group. **We ask that each box contain: A toothbrush, full-size toothpaste, 2 pairs of socks, pencils, 2 or more fun items.** The Hope Box should be full, but not stuffed.

For a full list of items that can NOT be included and for a list of ideas and suggestions, please visit our website.

### STEP 5: Place a label on your Hope Box

### STEP 6: Pray over your Hope Box

Pray for the child receiving the Hope Box as well as the missionary that will be delivering it!



### STEP 7: Drop off your Hope Box

You can drop off your Hope Box at: New Salem Baptist Church, 8233 Sperryville Pike, Culpeper, Virginia. For a complete list of drop off locations, please visit our website!

# What to Pack in a Hope Box

PRE K - 2nd GRADE

(Ages 4-8)

**Required:**  
Toothbrush  
Full-Sized Toothpaste  
2 Pairs of Socks  
Pencils



**Suggestions:**  
Comb/Hair Brush  
Chapstick  
Pencil Sharpener  
Flashlight w/ batteries  
Erasers  
Crayons  
Markers  
Glue Sticks  
Blunt Scissors



**Girl Fun Item Ideas:**  
Hair Bows/Hair Ties  
Doll/Stuffed Animal  
Play-Doh  
Stickers  
Puzzle  
Glow Sticks



**Boy Fun Item Ideas:**  
Matchbox Cars/Trucks  
Play-Doh  
Slinky  
Legos  
Baseball/Tennis Ball  
Yo-yo  
Bubbles  
Beach Ball  
Puzzle  
Glow Sticks

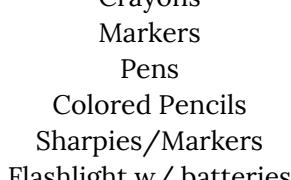
GRADES 3rd - 5th

(Ages 8-11)

**Required:**  
Toothbrush  
Full-Sized Toothpaste  
2 Pairs of Socks  
Pencils



**Suggestions:**  
Comb/Hair Brush  
Chapstick  
Pencil Sharpener  
Erasers  
Crayons  
Markers  
Pens  
Colored Pencils  
Sharpies/Markers  
Flashlight w/ batteries



**Girl Fun Item Ideas:**  
Hair Bows/Hair Ties  
Craft Items  
Slinky  
Puzzle  
Card Game  
Jump Rope  
Glow Sticks



**Boy Fun Item Ideas:**  
Puzzle  
Baseball/Tennis Ball  
Card Game  
Slinky  
Fidget Spinner  
Card Game  
Yo-yo  
Glow Sticks

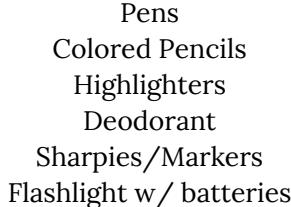
GRADES 6th - 12th

(Ages 11-18)

**Required:**  
Toothbrush  
Full-Sized Toothpaste  
2 Pairs of Socks  
Pencils



**Suggestions:**  
Comb/Hair Brush  
Chapstick  
Pencil Sharpener  
Erasers  
Pens  
Colored Pencils  
Highlighters  
Deodorant  
Sharpies/Markers  
Flashlight w/ batteries



**Girl Fun Item Ideas:**  
Craft Items  
Hair Accessories  
Shower Puff  
Lip Gloss  
Nail Polish\*  
Jewelry  
Manicure Set  
Playing Cards  
Small Journal



**Boy Fun Item Ideas:**  
Baseball/Tennis Ball  
Flashlight w/batteries  
Playing Cards  
Fidget Spinner  
Rubik's Cube  
Yo-yo

## Please do NOT include any of the following in a Hope Box

- Candy, Gum, Food or Snacks
- Anything liquid (to include bubbles)
- Body Wash, Shampoo, Conditioner
- Washcloths (shower puffs are OK!)
- Water Guns (or toys that look like weapons)
- Feminine Hygiene Items
- Shaving Cream and Razors
- Underwear or Bras
- Happy Meal Toys
- Personal Contact Information
- Money or Gift Cards
- Used Items
- Liquid Glue
- Bar Soap

PK - 2<sup>nd</sup>



3<sup>rd</sup> - 5<sup>th</sup>

6<sup>th</sup> - 12<sup>th</sup>



**BOY**

PK - 2<sup>nd</sup>

3<sup>rd</sup> - 5<sup>th</sup>

6<sup>th</sup> - 12<sup>th</sup>



**GIRL**