

- What to Pack in a Hope Box -

We ask that each box contain:

A Toothbrush Toothpaste A pair of socks Pencils 2 or more fun items



PRE K - 2nd GRADE: (Ages 4-8)

Toothbrush Toothpaste Socks Pencils Comb/brush Chapstick Pencil Sharpeners Erasers Crayons Markers Glue Sticks Character Body Wash* 2+ Small Toys

Girl Ideas:

Hair Bows Hair Ties Dolls/Stuffed Animals Coloring Books Play Dough Blunt Scissors Stickers Bubbles* Legos Beach Ball Puzzles Flashlight w/ batteries Glow Sticks Boy Ideas: Matchbox Cars/Trucks Play Dough Blunt Scissors Reading Books Slinky Legos Baseball Yo-yo Bubbles* Beach Ball Puzzles Flashlight w/ batteries Glow Sticks

Please do NOT include:

Bar Soap Feminine hygiene items Water guns or toys that look like weapons Happy Meal toys Chocolate or candy that will melt Snacks with peanuts Money or gift cards Washcloths (*shower puffs are OK!*) Liquids such as body wash or bubbles UNLESS the lid is taped and placed in a Ziploc bag.

GRADES 3rd - 5th: (Ages 8-11)

Toothbrush Toothpaste Socks Pencils Comb/Hair Brush Chapstick Pencil Sharpeners Erasers Crayons Markers Elmer's Glue Body Wash* 2+ Small Toys

Girl Ideas: Hair Bows/Hair Ties Notebook Pens Calculator Colored Pencils Sharpies/Markers Craft Items Slinky Puzzles Card Games Jump Rope Flashlight w/ batteries

Glow Sticks

Boy Ideas: Notebook Pens Calculator Puzzle Colored Pencils Sharpies/Markers Baseball Card Game Slinky Card Game Yo-yo Flashlight w/ batteries Glow Sticks

*If packing liquids such as bubbles or body wash, please make sure the lid is taped and the item is placed in a Ziploc bag.

GRADES 6th - 8th: (Ages 11-14)

Toothbrush Toothpaste Socks Pencils Comb/Brush Chapstick Pencil Sharpeners Erasers Pens Colored Pencils Highlighters Deodorant Body Wash* Small Notebook 2+ Fun Items

Girl Ideas:

Sharpies/Markers Craft Items Hair Accessories Shower Puff Lip Gloss Nail Polish** Jewelry Manicure Sets (no scissors) Playing Cards Journal Boy Ideas: Sharpies/Markers Baseball Carabineer (D-Rings) Flashlight w/batteries Playing Cards Rubik's Cube Yo-yo Nail clippers

GRADES 9th - 12th: (Ages 14-18)

Toothbrush Toothpaste Socks Pencils Comb/Brush Chapstick Pencil Sharpeners Erasers Pens Colored Pencils Highlighters Deodorant Body Wash* Small Notebook 2+ Fun Items

Girl Ideas: Compact Mirrors Hair Accessories Sharpies/Markers Hair Supplies Shower Puff Lip Gloss Nail Polish** Manicure Sets (no scissors) Jewelry Journal Scarf

Boy Ideas:

Sharpies/Markers Playing Cards Carabineer (D-Rings) Flashlight w/ batteries Nail Clippers Yo-yo Rubik's Cube

*If packing liquids such as bubbles or body wash, please make sure the lid is taped and the item is placed in a Ziploc bag. **Please place nail polish in a Ziploc bag.

Helpful Tips:

- The preferred shoe box is a 6 quart plastic Sterilite box. These can be found at most big box stores and are cheaper than the Dollar Store version. They seem to hold up better in transport too!
- Placing a big rubber band around your Hope Box will ensure the lid does not come off during transport, and is super helpful to the HFA teams!
- Make sure your box is full!
- Feel free to include a personal letter in your box or decorate the inside lid! Personalization is a great way to spread God's Love.

Hope for Appalachia Virginia Team

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