

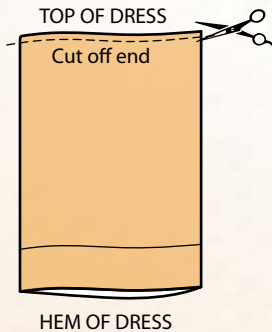


# Pillow Case Dress Instructions

*"We're not just sending dresses, we're sending hope!"*

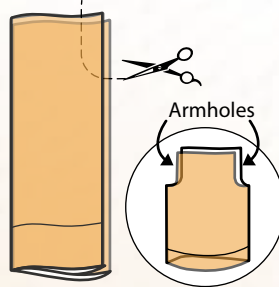
1

Cut off the sewn end of the pillowcase.



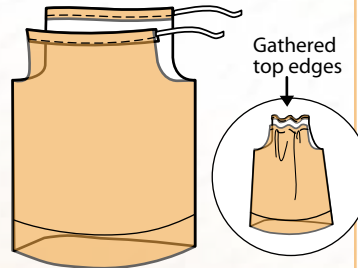
2

Fold pillowcase in half and cut armholes. Cut through all thicknesses, about 4 inches down and 2 inches in.



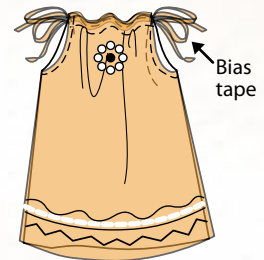
3

Fold down the top about 3/8" at the front and the back. Edgestitch to make a casing. Slide 6 inches of 1/4" elastic through to cause it to gather in the front and repeat for the back.



4

Cut two 38-inch lengths of double-fold bias tape for armholes. Fold each in half and stitch along armholes, leaving extra at the top to tie dress at the shoulders. Trim is optional.



## Simple patterns CHANGING LIVES

*Donations and finished dresses  
can be sent to:*

**Little Dresses for Africa**  
21805 Woodruff Road  
Rockwood, MI 48173  
734-637-9064

Thank you for your help with Little Dresses for Africa.  
Together, we can make a difference...  
one little dress at a time.

**Mulungu akudalitseni!**  
*God bless your good works!*

## Please size dresses before sending!

- **Small:** 2, 3, 4 (16-22 inches)
- **Medium:** 5, 6, 7 (24-28 inches)
- **Large:** 8, 9, 10 (30-34 inches)
- **XLarge:** Anything over 35 inches long or a simple skirt with elastic is also great!
- **Boys shorts** needed up to size 12

*Any simple dress or shorts pattern is fine to use.*

*Please avoid straight pins, buttons, and zippers!*

*Please bundle by size. Do not tag individually!  
If you would like a confirmation that your box  
was received please include a note with your e-  
mail address, or a self-addressed, stamped  
envelope. Allow 2 to 3 weeks for a response.*

For information on how to get involved, please contact Rachel O'Neill at 734-637-9064.

Illustrations By Martha Thierry/Detroit Free Press

[www.littledressesforafrica.org](http://www.littledressesforafrica.org)

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