

Turkey Pinwheels and Healthy Lunch Box Hacks

Making kids' lunches doesn't have to be a chore. These Turkey Pinwheels are healthy, fun to make, and fun to eat!



Course	Main Course
Cuisine	American
Prep Time	10 minutes
Total Time	10 minutes

Servings	1 pinwheel sandwich
Calories	286 kcal

Ingredients

- 1 almond flour cream cheese crepe (leave out sweetener)
- 1 tbsp pesto OR Dijon mustard
- 2 slices deli turkey or any other lunch meat your child prefers
- 1 slice O Organics provolone cheese

Instructions

1. Spread crepe with pesto or mustard. Lay turkey over to cover about 3/4 of the crepe. Place provolone on top and roll up tightly. Cut into 4 or 5 slices.

Recipe Notes

Serves 1.

Food energy: 286kcal Total fat: 21.89g Carbohydrate: 6g Total dietary fiber: 2.8g Protein: 14.74g

Nutrition Facts	
Turkey Pinwheels and Healthy Lunch Box Hacks	
Amount Per Serving	
Calories 286	Calories from Fat 197
% Daily Value*	
Total Fat 21.89g	34%
Total Carbohydrates 6g	2%
Dietary Fiber 2.8g	11%
Protein 14.74g	29%
* Percent Daily Values are based on a 2000 calorie diet.	