

# ADVANCED ACCIDENT SCENE MANAGEMENT CLASS

by Mary K. Donnay

July 31, 2021 - I did it!!! I earned my "ADVANCED" patch for completing the Advanced Accident Scene Management Bystander Assistance Program, taught by ABATE of Arizona members Ben & Teresa "Trauma Mama" Martinez, RN. Held in the H.O.G. Room at Superstition Harley-Davidson, this 6-hour program teaches what to do the first 5-30 minutes after a crash, until professional help arrives. Scene safety, helmet removal for compromised airways, moving the injured, treatment of motorcycle and medical emergencies were all addressed, and more.

The class typically costs \$100. Many thanks to Mark & Alexis Breyer, The Husband & Wife Law Team at Breyer Law Offices, P.C. for a \$25 discount, and providing us breakfast and lunch.

I STRONGLY suggest you take the Basic Accident Scene Mgmt. Class and then the Advanced class. Alumni may attend future classes for a refresher, at no charge. They're open to the public, so family and friends may attend too.

Just a few suggestions anyone can use:

- ◆ Keep your first aid bag in your RIGHT

saddle bag for easy access.

- ◆ Brief all riders BEFORE you take off. (What's the route, who has a first aid kit, where is it, who has training?) It's helpful to have Benadryl for anaphylactic shock (2-25mg every 4-6 hours), honey sticks, sugar packets or peanutbutter filled crackers for low blood sugar (diabetics), aspirin for heart pain (4-81mg), saline or fresh water to rinse wounds & dampen gauze before applying to exposed organs, nitrile gloves (keep in your vest, jacket pocket or purse).

- ◆ Prevent further injury - Move vehicles completely off the road, make yourself and the site visible. Get trauma kit, glove up. Leave 100-150 ft. perimeter for EMS.

- ◆ Assess the situation - # of vehicles involved, # injured people/pets, suspected injuries, speed, safety equipment.

- ◆ Contact EMS - dial 911. If no signal, try text to 911. Give the following info: location, # injured, # vehicles, possible injuries. Stay on the line until dismissed by the dispatcher.

Treat injuries using ABCSS of Trauma (tm):

A - AIRWAY, open the airway using the jaw thrust maneuver and assess breathing. Look, listen and feel for breathing. Remove helmet *only* if it interferes with

breathing.

B - BREATHING, if no breathing detected, give 2 initial breaths and then one breath every 6 seconds.

C - CIRCULATION, control bleeding with direct pressure, elevation, dressing or tourniquet, if needed.

S - SHOCK, If possible, lay the person flat and bend uninjured legs. Cover to keep warm, Stay calm.

S - SPINAL MOTION RESTRICTION, Head and neck injuries should be suspected in all crashes. Assist the person by telling them what you are doing and then support the head and neck.

There is SO MUCH MORE that was taught. You can find out where classes are at <https://roadguardians.org>.

Make it home alive, ride safe, and be prepared for the unexpected. The life you save may be your own!

*From the Editors:*

*For those of you who have never attended one of these classes and might be curious about how one begins, you can read about our experience of going through the Beginners Level class. That archived article is presented on page 14. B&B*



There is an Advanced Accident Scene Management class scheduled for October 16th at Desert Wind HD in Mesa. You can look up dates for future classes at [www.accidentscene.org](http://www.accidentscene.org)

