

BILTMORE *Lifestyles*

A Community Service Publication

Biltmore Real Estate in 2025:

Is the Market Changing? Learn What the Biltmore's Leading Team in Real Estate is Seeing.

Special feature pages 12 - 13

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Celebrate 70 Years of Community at Uptown Plaza!

This September, step back in time and party like it's 1955 as Uptown Plaza celebrates its 70th Anniversary with a free, open-to-the-public celebration on Saturday, September 27th, from 5:00 p.m. to 8:30 p.m. Set in the heart of Phoenix at Central and Camelback, the historic shopping center is marking the milestone with a vibrant evening of music, nostalgia, and community fun, all with a 1950s twist!

During the celebration, the first 250 guests to check in at the 70th Anniversary Welcome Booth will receive a commemorative anniversary pin, unlocking one-night-only "1955 pricing" specials at participating restaurants and retailers.

As one of Phoenix's first shopping centers, Uptown Plaza holds a special place in the city's heart. Designed by legendary developer Del Webb, it debuted in 1955 with modern architecture, neon signage, and a groundbreaking mix of local and national tenants, from swanky fashion boutiques and fine dining to the beloved Piggly Wiggly grocery store. The Plaza's storied past and enduring charm have made it a true icon connecting generations of Phoenixians for seven decades.

Uptown Plaza continues to thrive as a hub of style, flavor, and community, blending its mid-century roots with a contemporary lineup of shops, restaurants, and experiences. Uptown Plaza's 70th Anniversary party is not only a



nod to its legacy, but a heartfelt celebration of the people who make it special.

Uptown Plaza is located at 100 E. Camelback Rd., Phoenix, AZ 85012. For full event details, visit uptownplazaphx.com.



UPTOWN
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From the Publisher...



As another vibrant desert summer radiates across Phoenix, our Biltmore community springs to life with electrifying energy and irresistible shopping opportunities. August ushers in not only soaring temperatures, but also hot summer sales, exclusive experiences, and an undeniable sense of celebration at the iconic Biltmore Fashion Park and Uptown Plaza.

Biltmore Fashion Park is in full swing with seasonal sales that entice fashionistas, families, and professionals alike. Whether you're looking to refresh your wardrobe, discover designer bargains, or revamp your home, you'll find the best of summer style across more than 60 high-end retailers and local boutiques.

Just down the street, Uptown Plaza is a vibrant and stylish shopping center that blends historic charm with a curated selection of modern amenities. The plaza regularly hosts engaging, family-friendly events such as festive celebrations and community activities, including free ice cream socials and family movie nights in the courtyard, where visitors can watch popular films together and enjoy complimentary treats from local shops. They have something for everyone!

From all of us at Biltmore Lifestyles, happy shopping, happy socializing, and happy summer savings! Visit the surrounding area for exclusive offers, vibrant events, and endless desert luxury. Shop local. Sip local. Live local, all summer long. Until next month, *Susan*

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Visit our website! www.biltmorelifestyles.com

Publisher
Editor

Susan Aavang
Julie Nicholson



What's New at Med 44 Arcadia

Just as beauty trends continue to evolve, so do the products, treatments and technologies that bring them to life. Since opening, Med 44 Arcadia, a concierge-style healthy skin clinic, has been at the forefront of innovation, bringing cutting-edge technology in lasers and treatments to the heart of Arcadia. Now, Med 44 is expanding its offerings with a new line-up of exciting services at its state-of-the-art facility, reflecting the latest in beauty and aesthetics.

Here's what's new:

- **Salmon Sperm Facial:** Also known as a PDRN (polydeoxyribonucleotide) facial. A regenerative skincare treatment designed to improve skin health and appearance. Derived from salmon DNA, specifically from salmon sperm cells, PDRN is known for its powerful skin-repairing properties. This treatment promotes skin regeneration, deep hydration, and anti-aging benefits. With consistent use, it can lead to improved skin texture and tone, boosted collagen production, and increased skin elasticity. It also helps reduce fine lines and scars, while delivering a noticeable enhancement in hydration and plumpness, making the skin look more youthful and refreshed.
- **Pure Impact EMS (Electric Muscle Stimulation) from Sofwave:** A non-invasive body sculpting treatment developed by Sofwave, utilizing PlyoPulse EMS (Electrical Muscle Stimulation) technology. It is designed to strengthen, tone, and firm various muscle groups without the need for surgery or downtime.
- **PDGF (Platelet Derived Growth Factors):** An advanced, non-invasive skin rejuvenation treatment that harnesses the power of pharmaceutical-grade Platelet-Derived Growth Factors (PDGF) to stimulate collagen and elastin production, enhancing skin texture, tone, and overall appearance. Unlike traditional Platelet-Rich Plasma (PRP) treatments, which require a blood draw, Ariessence Pure PDGF+ offers a more consistent and potent solution, delivering up to 300,000 times more growth factors per application. Can be infused through microneedling, applied topically after treatments or injected for the under eyes.



Med 44 is located at 4750 N. 44th Street in Phoenix. For more information, visit www.med44arcadia.com.



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Whodunit & Who's Hungry? A Lunchtime Mystery at Miracle Mile Deli with Christina Estes and Olivia Fierro

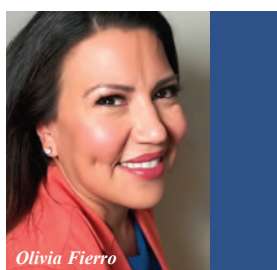
Get ready for a mystery you'll chew on long after lunch! Join Phoenix author Christina Estes, former longtime reporter turned novelist, and Olivia Fierro, host of Olivia's Book Club, for a delicious and thought-provoking event at one of Phoenix's most iconic dining spots, Miracle Mile Deli, a key location featured in Estes's new crime novel, *The Story That Wouldn't Die*.

This exclusive literary lunch event is on Sunday, August 24th from 11:30 a.m. to 1:30 p.m. at Miracle Mile Deli. The cost is \$35 and includes:

- ✦ A Miracle Mile Deli sandwich, side, drink, and dessert
- ✦ A signed hardcover copy of *The Story That Wouldn't Die* (retail \$28)
- ✦ A live Q&A with Estes and Fierro
- ✦ A chance to win literary and local prizes

About the Book

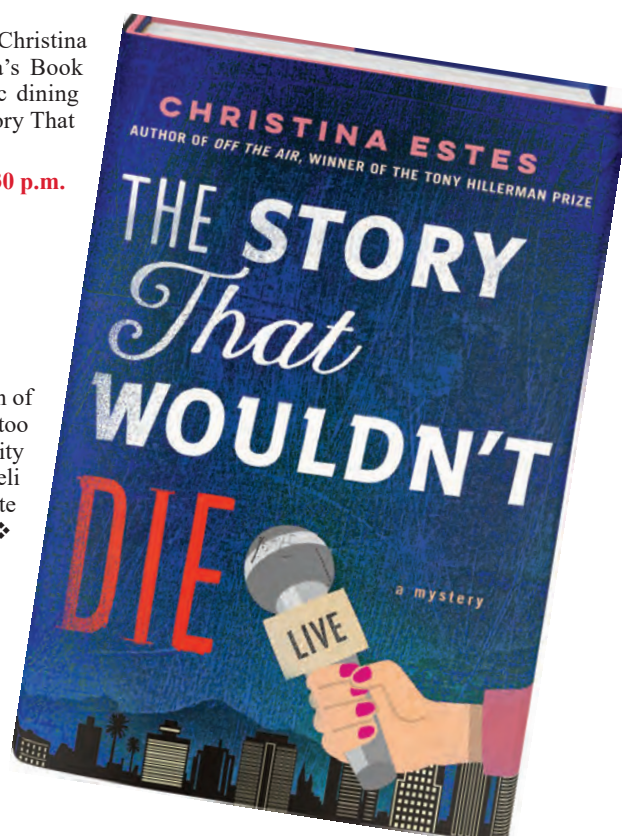
In *The Story That Wouldn't Die*, a Phoenix reporter investigates the suspicious death of a small business owner and uncovers a trail of political corruption and danger that hits too close to home, especially now that Estes herself has left journalism to work inside City Hall. Don't miss this one-of-a-kind mashup of mystery, media, and Miracle Mile deli meats! Tickets must be purchased by August 10th and are available at eventbrite.com/e/whodunit-whos-hungry-tickets-1416056606429



Olivia Fierro



Christina Estes





Aftermath's New Menu Has Arrived

Aftermath Bar & Kitchen, a modern American restaurant in the heart of Phoenix and home to one of the city's most buzzed-about, award-winning burgers, has unveiled its NEW menu, bringing fresh energy to the table with a bold lineup of inventive dishes and elevated comfort food favorites. From vibrant small plates to indulgent mains and creative desserts, here's a look at what's new and crave-worthy on the menu.

New Dishes:

- **Bone Marrow** – Fresno Chile Jam, Grilled Bread, Fine Herb Salad
- **Market Oysters** – Weekly Selected Oysters, Ponzu Mignonette, Horseradish, Cocktail Sauce

- **Baby Gem Salad** – Citrus-Tahini Dressing, Sunflower Hummus, Blistered Tomato, Cucumber Relish (GF, V)
- **Crispy Fried Chicken** – Aftermath Banchan, Brussel Sprout Slaw, Pho Gravy
- **Scottish Salmon** – Butter Beans, Grilled Zucchini, Spring Onion, Cucumber, Sauce Vierge (GF)
- **Libby's Meatloaf** – Brioche, Gravy, Muenster, Giardiniera
- **Mushroom Pasta** – Wild Mushroom Ragu, Pappardelle, Whipped Ricotta, Grana Padano (VG)
- **Steak Frites** – Chermoula, Black Pepper Aioli, Beef Fat Fries (GF)

- **The Patty Melt** – Noble Brioche, Gribiche, Mushroom Gravy, Pickled Red Onion, Comté, Choice: Fries or Tater Tots

Dessert:

- **Chocolate Flan** – Creamy Dark Chocolate, Blood Orange Sorbet, Chocolate Crumbles
- **Affogato** – Salted Caramel Gelato, Single Shot of Espresso

Aftermath Bar & Kitchen is a high-energy, modern American restaurant in the heart of Phoenix. Specializing in crafting inventive cocktails, bold, flavor-packed dishes, and providing a vibrant atmosphere, Aftermath is where creativity meets quality to delight your senses and celebrate the joy of great food and company. For more info, visit aftermathphoenix.com. ❖



Mushroom Pasta



The Patty Melt and Crispy Fried Chicken



Bone Marrow

Chill at the Mill

Summer Specials at Queen Creek Olive Mill

Summer is the perfect time to “Chill at the Mill” in Queen Creek, and the Queen Creek Olive Mill’s happy hour specials are here to treat your tastebuds and your wallet! Happy hour specials are available Sunday through Wednesday from 3 p.m.–5 p.m. and Thursday through Saturday from 3 p.m.–6 p.m.

Chill at the Mill specials include:

- **Pizza & Pint** - Any artisan pizza, paired with your choice of draft beer – \$25
- **Tapas Five** - Five of our favorite brochettes, featuring QCOM Meyer Lemon Olive Oil – \$8.75
 - Caprese*: Tomato, mozzarella, basil
 - Sonoran*: Spicy green beans, Calabrese salami
 - Genoa*: Genoa salami, garlic stuffed olives, provolone
 - Milano*: Herb-roasted chicken, artichoke, provolone
 - Stuffed date*: Yuma dates, Chardonnay herb mascarpone, crushed pistachio
- **Mill Meatballs** - 3 mill-made meatballs, simply sugo, parmesan, Noble baguette – \$10
- **Garlic Parmesan Frites** - Fries, roasted garlic olive oil, minced garlic, parmesan, garlic aioli – \$8.50
- **Olive Harvest Hummus** - Mill-made hummus, sweet red pepper & olive tapenade, carrots, celery, cucumbers, balanced EVOO, Noble baguette – \$13



Sips:

- **Draft Beer** – \$6 (rotating, always local)
- **Glass of Sangria** – Red, white or seasonal - \$6
- **Carafes & Pitchers** – Sangria carafe - \$29.90 or draft beer pitcher - \$25

The Queen Creek Olive Mill is an Agritourism destination where award-winning extra virgin olive oil meets farm-to-table dining in the American Southwest. For more information, please visit www.queenckoliveoilmill.com. ❖



A Timeless Treasure ~ Crystal Point

Discover the difference at Crystal Point in Midtown Phoenix. Truly a one of a kind Highrise of unparalleled, unobstructed views of Downtown Phoenix, Camelback Mountain, and The Phoenix Mountain Preserve. Amazing amenities with a ground level Olympic sized lap pool, gym, gas outlets on the balconies and guest suites for family and friends. Several units are for sale ranging from 1,980 sq ft to 3,000+ sq ft on the second floor all the way up to the 18th floor. Call, text, message or email for a private showing!

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‘Summer of Local Love’ Campaign Celebrates Unique Character of Downtown Tempe Businesses

As summer temperatures soar, Downtown Tempe Authority (DTA) is accelerating its own kind of energy with a new initiative that celebrates local businesses. The Summer of Local Love campaign shines a spotlight on Downtown Tempe businesses, while highlighting tools to make exploring the district easier. As part of the campaign, the REEL Love social media contest offers visitors a chance to win \$250 gift cards to their favorite downtown destinations.

Heat and travel patterns create shifting dynamics for businesses every summer, but this season’s construction adds another layer of complexity for many Downtown Tempe businesses. Under the direction of the City of Tempe, Mill Avenue is undergoing a much-needed Streetscape Improvement Project that is being expedited to minimize disruption during the busy fall season.

“Even in the heat and through the construction, our local businesses are showing up every day with heart, hustle and resiliency,” said Lori Foster, President and CEO of DTA. “As Downtown Tempe evolves and consumer habits shift, one thing remains constant, the power of community support. Choosing to shop local keeps our district vibrant, resilient and ready for what’s next.”

With those sentiments in mind, DTA is bringing well-deserved recognition to the community’s 166 street-level businesses. The Summer of Local Love campaign highlights new and long-standing favorites, promotes limited-edition products and specials available at downtown businesses, and shares summer-friendly itineraries and insider tips to help visitors beat the heat.

“Our goal is to make everyone an expert on exploring Downtown Tempe,” says Bethany Kennedy, Director of Marketing and Communications. “From finding the best burger to checking out a new spot, or even where to find the best parking using the new Tempe TRiP tool, we’re here to help. This summer, we’re spreading the word that it’s easy to visit and support our amazing local businesses.”

Downtown Tempe offers a wide range of rooftop bars and restaurants, fine dining, a new dive bar, some of the best authentic Indian Grub, and expanded retail options with unique, locally made goods. Since 2024, 23 businesses have opened in Downtown Tempe, eight of those since January 2025, and more than 65% are locally owned.

“There’s always something happening downtown, and this summer is no exception,” Kennedy said. “If it’s been a while since your last visit, chances are you haven’t seen everything that is new.”

As part of the summer campaign, DTA is hosting the REEL Love social media contest that invites the community to create videos showing what they love most about Downtown Tempe, celebrating local businesses while inspiring others to explore and enjoy. Videos may depict a personal selection such as a favorite bar, a hidden gem like Lotions & Potions, a mouthwatering burger at Sexy Burger, or a game night at Snakes & Lattes. Videos must be taken in Downtown Tempe and focus on events, businesses, or things to do specifically in the downtown district. Posts, reels and/or stories tagged @downtowntempe on Facebook, Instagram or Tik Tok will be entered to win one of four \$250 gift cards to Downtown Tempe businesses. Multiple winners, one every two weeks, will be selected by DTA from through August 31st. Each tagged video counts as an entry; there’s no limit to the number of entries per person. Learn more at downtowntempe.com/post/reel-love.



Images by Downtown Tempe Authority

Want to Beat the Valley Heat?



~ Premiere Lot in Elk Run ~ 2405 E Elk Run Court, Chaparral Pines ~

Take in breathtaking golf course views from this pristine 2-bedroom, 2-bathroom home, ideally located on a premium lot along the 9th hole in the prestigious, gated community of Chaparral Pines. Tucked away in a quiet cul-de-sac, this lightly lived-in residence has been lovingly maintained by its original owner and offers standout features including a stunning floor-to-ceiling stone fireplace, soaring cedar vaulted ceilings, and security lock windows for added peace of mind. The home also boasts updated appliances and an unbeatable location within walking distance to both the clubhouse and the Trailhead. Priced below appraised value, this is a rare opportunity to own a peaceful golf course retreat, perfect for escaping the Arizona summer heat! \$665,000.



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New Seasonal Dishes Have Arrived at Over Easy

Over Easy is serving up summer sunshine with new seasonal specials! Available now at all 17 Arizona locations, the latest limited-time menu features bright, bold flavors perfect for the season. Whether you're craving something sweet, savory, or sippable, there's something for every kind of brunch lover. Seasonal items are available for dine-in, takeout, and delivery (alcohol excluded from takeout/delivery).

The new seasonal dishes include:

- **Pork Belly Hash** - Sweet potato, crispy pork belly, caramelized onion, poblano, cherry tomato, bell pepper, cotija cheese, baja sauce, cilantro, and two eggs any style
- **Brown Butter Beignets** - Fresh berries, powdered sugar, house jam, and orange blossom honey



Brown Butter Beignets



Pork Belly Hash

- **Sunny Side Spritz** - A summer-perfect blend of Aperol, peach, lemon, sparkling wine, and a splash of soda. Light, citrusy, and just sweet enough, it's brunch sunshine in a glass

Founded in 2008, Over Easy quickly became recognized as the best breakfast in Phoenix. Over Easy's menu of made-from-scratch dishes, aesthetic décor and great customer service have led to features on the Food Network, in *Bon Appétit Magazine* as well as recognition as one of America's best breakfast and brunch restaurants by *Travel + Leisure*. For more information, visit www.eatatovereasy.com. ❖



Born & Bred

Hot Lunch Spots with Cool Prices Around the Valley

They say breakfast is the most important meal of the day, but these local restaurants are serving up lunch deals that may have you reevaluating your midday priorities. Below is a list of lunch specials that get keep both you and your wallet full!

Diego Pops – The modern Mexican hotspot in Old Town Scottsdale is bringing Taco Tuesday vibes all week long! Monday through Friday from 11 a.m. – 2 p.m., Diego Pops offers your choice of a burrito or two tacos (no mix and match), served with rice, beans, and a drink for just \$12. Diego Pops is known for their unique twists on Mexican favorites with tacos like the Grilled Plantain, Brussels Sprout and Braised Pineapple Pork. www.diegopops.com

Born & Bred Scottsdale – Located in the heart of Old Town, Born & Bred is a laid-back spot known for artisan pizzas and casual bites. Their weekday lunch special runs Monday through Friday from 11 a.m. – 4 p.m. and includes a personal pizza, side Caesar salad, and a soft drink for just \$14. Born & Bred takes pride in the produce they source and the dishes they serve with inspired scratch cook-

ing and the finest, locally sourced ingredients. www.scottsdale.bornandbredarizona.com

Streets of New York – Looking to elevate your lunch game while saving a few dollars? Streets of New York has you covered with their award-winning lunch menu full of savings that will have you leaving with a full stomach without breaking the bank. Available Monday through Friday 11 a.m. – 4 p.m., the lunch menu is available at all 15 Arizona locations. www.streetsofnewyork.com

Lunch Menu Includes:

- ~ Four wings + a slice - \$8.75
- ~ Slice + soft drink - \$5.75
- ~ 2 slices of cheese pizza - \$6.00
- ~ Half sandwich + salad OR soup - \$9.50
- ~ Slice + salad OR soup - \$7.50
- ~ Any sub a la carte - \$12.75
- ~ Salad & soup - \$8.25

The Sicilian Butcher – Transport to Sicily and dig into 'Tre Portate,' a full three-course Italian lunch for just \$27, available Monday through Thursday from 11 a.m. – 3 p.m. Bonus: all sandwiches are buy-one-get-one-free during lunch hours. www.thesicilianbutcher.com

~ PRIMO (choose one salad):

- Heirloom Tomato Panzanella – ciabatta, heirloom tomato, sweet 100's, basil, shaved red onion, cucumber, stracciatella, red wine vinaigrette, chives, Aleppo
- Chopped Salad – iceberg, treviso, garbanzo beans, shaved red onion, olives, salami, caciocavallo provolone, tomato, pepperoncini, oregano vinaigrette

~ SECONDI (choose one muffaletta sandwich, served with regular or garlic fries):

- Meatball – Tomaso's famous meatballs, San Marzano tomato herb sauce, mozzarella, basil
- Chicken Parmigiana – herb-breaded chicken, San Marzano tomato, mozzarella
- Italian Cured Meat – pistachio mortadella, salami, prosciutto, mozzarella, wild arugula, shaved red onion, tomato, red wine vinegar, oregano

~ DOLCE (choose one):

- Mini Traditional Cannoli – sweet cream, chocolate chips
- Seasonal Gelato





Celebrate National Sandwich Month at Miracle Mile Deli

In honor of National Sandwich Month, Miracle Mile Deli is serving up a classic deli deal all month long. From August 5th through August 31st, enjoy one of their award-winning signature sandwiches, plus a side, kosher dill pickle, and a slice of pie for just \$19.49, a nod to the year the beloved Phoenix institution was founded.



Each week will feature a sandwich of the week from the Deli's most iconic offerings: the Pastrami, Straw, New Yorker, or Combo. These hearty, handcrafted sandwiches have earned Miracle Mile its reputation as one of the Valley's most cherished eateries for over 75 years.

Founded in 1949 by Brooklyn native Jack Grodzinsky, Miracle Mile Deli remains a family-owned and operated business now in its third generation, managed by Jack's grandson, Josh Garcia.

Come for the sandwiches, stay for the pie... and experience a taste of New York right in the heart of Phoenix. For more information, visit www.miraclemiledeli.com ❖





BILTMORE SUMMER SNAPSHOT

with Tucker Blalock and Oleg Bortman, The Biltmore's Top-Producing Real Estate Team

WHO SAID THE MARKET IS SLOW?

If there is one consistent theme in the Biltmore over the past decade, it is that you can always count on Tucker Blalock and Oleg Bortman to give you the inside scoop on the neighborhood real estate market.

With over \$200,000,000 in Biltmore homes sold, Tucker Blalock and Oleg Bortman continue to lead the way, marking 11 consecutive years at the top of the Biltmore market. We sat down with Tucker and Oleg to talk about what's really happening in the neighborhood.

Q&A WITH TUCKER BLALOCK AND OLEG BORTMAN

Q: *What's happening in the Biltmore real estate market right now?*

Tucker: There's no doubt the national headlines paint a dramatic picture of higher rates, buyer hesitation,

and price drops. But that couldn't be further from the truth here. In Biltmore, we're still seeing steady demand and strong deals. Buyers are more deliberate, but they're not backing off.

Oleg: This year alone in the first half of the year, we've closed over \$20 million in Biltmore homes. There may not be bidding wars on every home, but well-positioned listings are still commanding top-tier interest. It's a different pace, but not a weaker market.

Q: *Who's buying in Biltmore right now?*

Oleg: A lot of our buyers are destination-driven. They're relocating from California, Chicago, or the Northwest. Others are Phoenix locals looking to downsize into something with walkability and long-term value.

Tucker: These are lifestyle buyers. Most of them are cash heavy and aren't reliant on interest rates.



They want to live in one of the only guard-gated and ammenized neighborhoods around the Phoenix area.

Q: Is it a good time to sell?

Tucker: Inventory is still low and serious buyers are out there. We don't try to time the market, but we are here to provide our clients with up to date information to make sure they make the most informed decisions possible.

Oleg: Right now it's about precision. Pricing, staging, and storytelling. That's where we come in and we know how to position a Biltmore home to move, even in a slower-paced environment.

Q: What's kept you at the top of this market for 11 years?

Tucker: It's consistency and a love of the neighborhood. We absolutely love what we do and are fortunate to have hundreds of clients that live here and trust us with their real estate.

Oleg: Relationships and reputation. People here know we're not just here for the deal. We're part of this community, and we plan to be here for the long run.

THE BROKERY

LOCAL REAL ESTATE BROKERS

The Brokery co-founders **Tucker Blalock** and **Oleg Bortman** can be reached at
(602) 888-6375 or Tucker@TheBrokery.com
and Oleg@TheBrokery.com





Monsoon Season is Here: Tips on How to Keep Your Roof Safe

Meteorologists are reporting that 2025 is going to be one of the most active monsoon seasons the greater Phoenix area has seen in some time, but the big question is: how can one prepare?

Each year the team at Diversified Roofing, a family-owned company based in Phoenix, gets at least 100 calls following a monsoon storm. Most of which include leaks and damage from high winds, along with the occasional toppled tree. Having been in business for 37 years, they are experts when it comes to prepping for rainy seasons in the desert and are sharing a few tips for local residents.

“Given that we know the storms will be more frequent this year, now is the ideal time to have your roof checked for any existing damage or threats,” said Brad Nally, Vice President of Diversified Roofing. “Small issues can quickly turn into costly repairs after a heavy rainstorm so it’s important to be proactive.”

Nally suggests that homeowners keep the following roof-related tips in mind:

Visually Inspect Your Roof

Homeowners should do a from-the-ground visual inspection of their roof from time to time. Look for missing tiles or shingles – these are often the starting points for future leaks.

Check the Soffits and Fascia for Damage

Homeowners should also look underneath the eaves of their roof at the soffits, as well as at the fascia (the strip of wood underneath the roof line). If there are chunks missing that is a tell-tale sign of deterioration.

Look Up at the Ceilings

Review all ceilings in the home – and in particular in the spaces homeowners use most infrequently (such as guest rooms, closets, etc.) – to look for any discoloration or bubbling in the paint, as that is often a sign of a leak.

Keep the Roof and Gutters Clean

At least once a year, homeowners should clean off their roofs. This does require using a ladder, and people should be as careful as possible – or consider hiring a roofing contractor to do this task. Remove items like tree branches, leaves or other debris that could potentially pool water or stop it from flowing freely off the roof.

Keep Trees Well-Trimmed

High winds can easily uproot trees during a monsoon storm so it’s important to inspect any trees nearby the home for signs of deterioration, or branches that could be a potential threat. Also look out for overhanging branches that may need to be removed in order to prevent future damage.

Repair Damage Quickly

If homeowners spot any damage, rotten areas, signs of leaks or other troubling issues on their roofs at any time, they should contact a reputable and licensed roofing contractor as soon as possible.

For more information about Diversified Roofing or for a FREE inspection, you may visit www.diversifiedroofinggroup.com, www.diversifiedroofing.com or call (602) 858-9221. ❖



Landmark Title Hires Vice President, National Commercial Services

Stephanie Fogelson joins Landmark Title Assurance Agency as the company’s vice president, national commercial services. In her new role, Fogelson will continue to foster Landmark Title’s local client relationships and focus on developing the company’s national client base while spearheading strategic growth for the commercial real estate team.

“Stephanie’s dynamic leadership, strategic approach to business development and knowledge of the commercial real estate industry make her a great addition to our team as we look to expand our national business,” states Vicki Etherton, president of Landmark Title.

Fogelson is a Phoenix native with a 20-year career in business development, helping companies and organizations achieve strategic growth. Prior to joining Landmark Title, Fogelson spent nearly three years as VP of account management at First American Title and seven years as VP of project development for Venn Companies, where she oversaw \$70 million in general contracting projects. Fogelson currently serves on the City of Phoenix Village Planning committee and the Fighter Country Foundation, where she will chair the 2026 golf tournament. She is a graduate and active member of Leadership West, where she’s served on the board. She is also a previous board member of WESTMARC, a Blue Blazer with Luke Air Force Base and a member of AZCREW. Fogelson also hosts an annual economic update for the business community and a weekly podcast – Wisdom in Wealth that highlights inspiring entrepreneur stories and business lessons.

“She is a relationship builder who understands what our clients need. That’s a winning combination,” adds Etherton.

Landmark Title is headquartered in Phoenix where it currently operates seven offices in the Greater Phoenix area, one in Prescott and four in Nevada. To learn more about Landmark Title and its services, visit ltaag.com or contact the company at (602) 748-2800.

About Landmark Title Assurance Agency

Landmark Title Assurance Agency specializes in commercial and residential real estate transactions and works with customers throughout the U.S. As a privately held firm that is part of Shaddock Companies, Landmark Title works with the top underwriters in the industry and is well versed at navigating complex and multifaceted transactions. To learn more about the company, visit ltaag.com. ❖



Marcellino Ristorante Launches Summer Supper, Dinner and a Movie and More for the Summer

As the weather heats up in the Valley, the warmer months are the ideal time to get out of the kitchen and take advantage of sizzling summer offers and cool entertainment. Through September, Marcellino Ristorante brings back its popular Summer Supper Special and Dinner and a Movie. New this year for the summer, the restaurant is also serving up a Lite Bites and Sips offering at the bar, as well as select half price bottles of wine. Additionally, live music will continue every Saturday evening.

Allowing guests to enjoy an Italian culinary adventure, the Summer Supper Special is a three-course, prix fixe dinner for only \$55++ per

person, limited to four per party. The menu is available for dine-in service Tuesday through Thursday through September 4th and features a wide variety of sought-after decadent creations, including several starters, numerous entrees, and a homemade dessert to finish.

Antipasto selections include the Caprese featuring imported fresh mozzarella, sliced tomatoes, garden basil and extra virgin olive oil. The Insalata Organiche is a simple but refreshing salad of organic mixed field greens with aged balsamic dressing. The Cozze appetizer showcases mussels sautéed with white wine, olive oil and garlic or spicy marinara.

For the secondo course, choose from one of Chef Marcellino's award-winning, handcrafted pastas. Gnocchi Sorrentina are light and sumptuous, potato-pasta-parmigiano orbs topped with a fresh tomato sauce and dotted with melted mozzarella. Paccatelli is a short pasta in a hearty ragu of tomatoes, house-made sausage, and herbs. The Pollo Saporito features tender pieces of chicken breast sautéed with fresh mushrooms, sun-dried tomatoes and pine nuts, in a light tomato sauce, served with oven roasted potatoes and seasonal vegetables. End the dinner on a sweet note with house made Tiramisu.

New this year, all summer long every Tuesday through Thursday from 4 p.m. to 6 p.m., Marcellino Ristorante will have an offer-

ing at the bar, Lite Bites and Sips, featuring specially priced small bites and glasses of wine ranging from \$8 to \$10. Enjoy Caprese, Crostini with mozzarella and prosciutto or mozzarella and mushrooms, or Salumi and Cheese. Pair with a glass of wine from a selection of six different white, red or bubbly varieties.

Through September 9th, on Tuesday and Wednesday evenings at 5:30 p.m., enjoy a unique evening out with Dinner and a Movie in Marcellino Ristorante's private dining room. A great date night, girls' night or a special occasion celebration, up to 10 guests can dine on authentic Italian cuisine, while watching one of six award-winning films that are known for their beautiful settings in Italy. The use of the room is complimentary, but dinner service is required. Choose from the regular menu, Chef Marcellino's nightly specials or Marcellino Ristorante's three-course Summer Supper Special.

Reservations are required for Dinner and a Movie and are suggested for Summer Supper. To place a reservation, call (480) 990-9500. Marcellino Ristorante is open for dinner service Tuesday through Saturday beginning at 4 p.m. The restaurant will be closed for a brief summer break now through August 7th. Marcellino Ristorante is located at 7114 E. Stetson Drive, Scottsdale. For more information, visit www.marcellinoristorante.com. ❖



Marcellino Ristorante - Caprese



Marcellino Ristorante - Gnocchi Sorrentina



Marcellino Ristorante - Pollo Saporito



Marcellino Ristorante - Tiramisu



LaPour and Holualoa Announce Groundbreaking of Dual-Branded Marriott Hotel at City North

A \$92 Million Hospitality Project Anchoring the Future of North Phoenix

LaPour Partners (“LaPour”) and Holualoa Companies (“Holualoa”) are pleased to announce the groundbreaking of AC/Element City North, a new dual-branded hotel located in the City North, a premier mixed-use development adjacent to Desert Ridge Marketplace in North Phoenix. LaPour and Holualoa purchased the site from Crown, the master developer.

Adjacent to the new Sprouts Headquarters, this eight-story hotel will bring together two distinctive Marriott brands under one roof, AC Hotel by Marriott and Element by Westin, 142 AC rooms and 98 Element suites, totaling 240 guest rooms offering a wide array of wellness, business, and lifestyle amenities. Designed to serve the growing demand from both corporate and leisure travelers, the property will play a pivotal role in supporting the hospitality needs of the rapidly evolving Loop 101 corridor, home to key projects like new corporate headquarters for Republic Services, Sprouts Farmers Market, Discount Tire, the expanding Mayo Clinic, and the ASU Biomedical Campus.

Amenities will include 5,700 square feet of flexible indoor-outdoor meeting space, a saline pool, AC Lounge, Element Rise breakfast experience, outdoor fireplaces, suites with balconies, a sundry market, guest laundry, and EV charging stations. Sustainable design features will align with GreenKey Certification standards, underscoring the development’s commitment to envi-

ronmentally responsible operations.

“This groundbreaking marks a major milestone, not just for our team and our partners, but for the evolution of Desert Ridge and City North,” said Jeff LaPour, Founder and CEO of LaPour. “We are creating a truly mixed-use, hospitality experience that reflects the vibrancy, growth, and innovation happening in this part of Phoenix. With its unique brand pairing, proximity to major employers and institutions, and walkable to the High Street restaurants and entertainment, this hotel is designed to meet the city’s next-generation travel demand.”

“This property will meet the current and future demands of the rapidly growing Loop 101 business corridor,” LaPour added. “The area is experiencing unprecedented growth.”

The project represents the second partnership between LaPour and Holualoa, following their successful development of the award-winning AC Marriott Biltmore in 2018, which was later named Marriott Hotel of the Year in 2022. “We are thrilled to partner with LaPour on another exceptional project that reflects our shared commitment to creating distinctive hospitality properties,” said Aroon Chinai, Chief Investment Officer at Holualoa Companies. “The dual-branded hotel will elevate Desert Ridge’s walkability and provide a destination experience.

The hotel will sit at the heart of the City North master plan, a \$2 billion vision that

includes over 2 million square feet of office space, 3,400 multifamily units, 1,000 hotel rooms, and abundant retail and dining options. Located within walking distance of High Street and Desert Ridge Marketplace, with direct access to Loop 101, City North is quickly becoming one of the most transformative destinations in the Valley.

The project team includes Whiting-Turner as General Contractor, Studio 11 for Interior Design, and RSP Architects leading architectural design.

About LaPour

Over the past 25 years LaPour Partners has established a legacy of delivering best in class real estate developments including hospitality, industrial and office space across Arizona, Colorado, and Nevada.

About Holualoa Companies

Holualoa Companies is a real estate investment firm focused on the successful development, acquisition, repositioning and disposition of real estate assets. Holualoa actively seeks opportunities that improve neighborhoods, create jobs, and enhance communities. The company is a driving force behind a number of award-winning projects. Headquartered in Tucson, Arizona, with offices in Phoenix, Los Angeles, Hawaii and Paris, France, its investments span the United States and Europe and include office, retail, industrial, multifamily, self-storage and hotel properties. ❖

Boyce Thompson Arboretum Offers Exclusive Traveling Art Exhibits Opening This August

Boyce Thompson Arboretum adds a new Immersive Outdoor Art Show, featuring 17 life sized sculptures of butterflies, dragonflies, birds, bees, and beetles made out of Dalle de Verre glass and powder coated steel and hand-crafted by Alex Heveri.

Beginning August 15th, the traveling exhibition will be open for viewing during normal operating hours and select evenings August through January. Starting in September, Glass in Flight at Night can be seen on Friday, Saturday, and Sunday from 3:00 p.m. to 10:00 p.m. Night hours are 5:00 p.m. to 10:00 p.m. October through January.

"We are honored to host Alex Heveri's artwork at the Arboretum from August to January," said Kim Gray, Executive Director of the Arboretum. "Her artistic vision is both educational and eye opening, and we are lucky to be able to showcase her interpretation of pressing issues facing the natural world."

The Glass in Flight exhibit is unique to the Boyce Thompson Arboretum, offering family friendly interaction, artistic intellect, photo opportunities, and educational value for all to experience. In partnership with Elemental Exhibitions, the exhibit also promotes conservation awareness and sustainability, combining art and science together to create life-like sculptures.

Alex Heveri is a defense attorney and artist based in Tucson, Arizona. With 25 years of experience in glass sculpting, Glass in Flight was developed over four years ago. She uses her ability to create hyper-realistic sculptures that show the importance of pollinators in our ecosystem, hoping to foster positive interactions and outlooks about our helpful creatures and promote conservation efforts that are important to our environment.

Special Members & Donors Event

August 16th, 6:00 a.m. to 9:00 a.m.

Located at Smith Greenhouse Lobby and Lecture Room

Includes educational programs and exclusive preview

Glass in Flight at Night

September: Friday, Saturday, Sunday 3:00 p.m. to 10:00 p.m.

October-January: Friday, Saturday, Sunday 5:00 p.m. to 10:00 p.m.

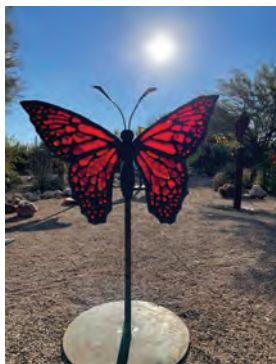
No exhibit on November 8th (closed for Green Gala event)

Admission to Glass in Flight is included with Boyce Thompson Arboretum admission. Tickets are available at www.btarboretum.org. Don't miss these incredible sculptures designed to radiate and glow within the trails and landscape.

For more information, visit www.btarboretum.org, call (520) 689-2723, or connect with the Arboretum on Facebook, Instagram, or X (formerly Twitter).

About Boyce Thompson Arboretum

Boyce Thompson Arboretum is Arizona's oldest and largest botanical garden, and one of the state's top tourism destinations. Founded in 1924 by mining magnate Colonel William Boyce Thompson, the Arboretum spans 372 acres, featuring nearly five miles of trails, 135 acres of cultivated gardens, and more than 20,000 desert plants from regions around the world, including North and South America, Africa, the Middle East, Asia, and Australia. For more information, visit www.btarboretum.org.



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A Sweet Taste of Summer Returns to Mastro's

Lemon Blueberry Butter Cake is back for the season! Each bite is a harmonious blend of flavor, where zesty lemon meets vibrant blueberries, all wrapped together in Mastro's signature buttery goodness. This seasonal Butter Cake will be available at all three Mastro's Valley locations (Mastro's City Hall, Mastro's Steakhouse and Mastro's Ocean Club). Celebrate the season with this irresistible summertime treat!

Mastro's collection of sophisticated steakhouses and Ocean Club Seafood location are premier dining destinations, recognized for their combination of world-class service, highly acclaimed cuisine and live entertainment in an elegant yet energetic atmosphere. For more information or to make a reservation, visit www.mastrosrestaurants.com.





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RACE DAY SAT. DEC 13, 2025

Register to run at phxmarathon.com/register

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Encore Landscape Management Named One of the Best Places to Work in the Nation

The owners of Encore Landscape Management, a full-service commercial landscape maintenance company based in Phoenix, Arizona and Las Vegas, Nevada, were recently named as one of the 2025 Lawn & Landscape Best Places to Work in the nation.

The survey and awards program, which was created in 2022 by *Lawn & Landscape Magazine* and Best Companies Group, identifies, recognizes and honors the best places of employment, which in turn will benefit the industry's economy, its workforce and businesses.

"We are thrilled to receive this prestigious recognition for another year," said Encore Landscape Management Partners Juan Hernandez, Mike DiFabbio and John Garigen. "Being named one of the best places to work by *Lawn & Landscape* is a reflection of our team-first culture and the incredible people who show up every day with pride, purpose, and passion. We believe that when you invest in your people, everything else grows, from careers to client relationships."

Encore Landscape Management, who offers a number of services, including landscape maintenance, design, installation, tree care, water management and plant health care services, is one of just 26 companies to have made the prestigious list for 2025. The company was also named one of the best places to work in 2022 and 2024.



"It's no surprise that we once again received such quality and professional entries for this contest," said Brian Horn, editor of *Lawn & Landscape Magazine*. "It's a testament to the amount of excellent companies in the green industry. These are companies that focus on creating positive work environments and providing great customer service."

To be considered for the list, Encore Landscape Management took part in a two-part process to be named as one of the 2025 *Lawn & Landscape* Best Places to Work. The first part involved an assessment of their policies, practices and demographics. This portion was worth about 25% of the total evaluation.

Companies also had to meet a number of eligibility requirements, including having 50% or more of revenue coming from landscaping services, having a minimum of 15 full-time or part-time employees working in the U.S. or Canada and being in business for a minimum of one year.

The second part of the process consisted of an employee survey that measured the employees' experience; this part of the process was worth approximately 75% of the total evaluation.

Best Companies Group managed the overall registration and survey process and also analyzed the data and used their expertise to determine the final rankings.

Encore Landscape Management will be recognized in the June edition of *Lawn & Landscape* where the rankings will be revealed for the first time, along with profiles of each winning company.

For more information on Encore Landscape Management, visit www.encorelm.com or call (602) 568-2582. ❖



Saddle Up for SDB's 17th Annual Golf Classic Tournament

SDB, Inc. is proud to announce its 17th Annual Golf Classic, set to take place on October 17th at the Legacy Golf Club!

This event brings together industry partners, employees, and community members for a day of golf, camaraderie, and giving back, all in support of the Disabled American Veterans (DAV) of Arizona.

Proceeds from the tournament will help DAV Arizona continue its mission of ensuring that veterans and their families receive the benefits, services, and support they've earned through military service.

Event Details:

What: SDB's 17th Annual Golf Classic

When: Friday, October 17th, 2025, 7am Breakfast | 8am Shotgun

Where: The Legacy Golf Club, 6808 S. 32nd Street, Phoenix

Want to Get Involved?

As part of the Golf Classic, SDB hosts a luncheon featuring both a silent and live auction with donated items. They are currently looking for generous supporters to contribute either auction prizes or monetary donations to help us make a meaningful impact.

To donate, visit sdbgolffclassic.com and select "Donation Only."

Interested in Sponsoring the Event?

Sponsorship opportunities are still available! Visit www.sdbgolffclassic.com to explore the sponsor packages or reach out to Brad at brad.thompson@sdb.com for more details.

About SDB, Inc.

SDB Contracting Services is a woman-owned commercial construction company and general contractor with a variety of self-perform capabilities. From tenant improvements, project re-use and renovation projects, to new build facilities, SDB provides diverse capabilities, proactive solutions and multiple delivery methods including Job Order Contracting, Design-Build, and CMAR.

About DAV Arizona

The Disabled American Veterans Department of Arizona is a non-profit organization that provides vital support to veterans and their families, including help with claims, benefits counseling, and access to critical services. Learn more at www.az-dav.org. ❖



Tell Your Friends & The Americano Shake Things Up with New Happy Hour

Tell Your Friends, one of Scottsdale's most seductive lounges and recently named Bar of the Year, just dropped its first-ever happy hour, bringing legendary Chef Beau MacMillan's signature flair to a playful lineup of elevated bites, luxe seafood specials, expertly crafted cocktails and more.

Available Wednesday through Sunday from 5:00 p.m. to 6:00 p.m., the new happy hour features:

- \$15 specialty cocktails, \$12 well highballs, \$9 sommelier's choice wines and \$5 beers
- Decadent bites like TYF Chicken Tenders (\$12) with the option to add a caviar bump (\$15), Meatballs Al Forno (\$12), Pork Belly Truffle Mac (\$12), Salumi & Cheeses (\$12) and House-Made Chips & Dip (\$5)
- Island Creek Oysters (\$2 each), Shrimp Cocktail (\$3 each) and the Chef's Daily Catch (\$12)
- Bumps & Bubbles featuring 1-ounce oscietra caviar with demi (\$75) or full (\$125) Veuve Clicquot

Upstairs at The Americano, Chef MacMillan's sleek, Italian-inspired steakhouse and one of the city's most coveted dinner hotspots, a new daily happy hour is now offered at the bar, high-tops and patio Monday through Saturday from 4:00 p.m. to 6:00 p.m. and all day on Sundays. Guests can enjoy the same indulgent bites featured at Tell Your Friends, including Crispy Chicken Tenders (\$12), Meatballs al Forno (\$12), Pork Belly Truffle Mac (\$12), and more, along with Bumps & Bubbles - a pairing of 1-ounce oscietra caviar with a demi (\$75) or full (\$125) pour of Veuve Clicquot. The menu includes \$13 specialty cocktails and \$10 Get Your Spritz On selections, including Aperol, Hugo and Campari. Wine connoisseurs can



explore The Americano's extensive collection, with bottles priced at \$300 and under available at half-off every Tuesday and Wednesday, offering the perfect opportunity to experience rare and notable labels at exceptional value. ♦



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Velvet Spa at Ambiente Strikes New Chord in High-Desert Wellness With Restorative Sound Journeys for Red Rock Respite

Ambiente, Arizona's only Two Key MICHELIN hotel and Sedona's sole adults-only retreat, is expanding its signature approach to high-desert wellness with new offerings at Velvet Spa, including Sound Journeys designed to foster deep relaxation and grounding by drawing on the natural energy, vibrations and rhythms of the surrounding red rock landscape.

Purposefully intimate in scale, Velvet Spa is a refined boutique retreat nestled within the hotel's biophilic two-story lobby building. The spa features three serene treatment rooms showcasing contemporary, minimalist design with earthy fixtures and nature-inspired accents nodding to Arizona's otherworldly vistas. A secluded outdoor infrared sauna overlooking ancient waterways furthers the connection to the land for an immersive wellness experience inspired by Sedona's mystical energy.

For those seeking soul-soothing serenity, the new Sound Journey offerings harness the vibrational power of Himalayan singing bowls to promote energetic equilibrium:

Harmonic Alignment: A 60-minute individual session that immerses the body in full-spectrum vibrational healing. Hand-hammered singing bowls are placed directly on the body and within the energy field, working at a cellular level to restore balance and guide the mind into a meditative state. The result is profound relaxation, clarity and renewed harmony.

Vibrational Journey: A rejuvenating 90-minute experience that blends full-body massage with personalized sound healing. The treatment begins with a 60-minute massage to release physical tension, followed by 30 minutes of vibrational therapy using hand-hammered singing bowls. The gentle resonance soothes the mind and cultivates a lasting sense of well-being.

Sound & Body Synergy: Elevate any massage or body treatment with a 30-minute sound

journey that envelops the body in gentle resonance from three hand-hammered singing bowls. Available as an individual or couples experience, the restorative addition invites stillness and energetic alignment.

Also new is an enhanced Celestial Chakra experience, a transformative treatment that realigns the body's seven chakras through a blend of vibrational sound, energy work and intentional ritual. The 60- or 90-minute session incorporates healing oils, Tibetan singing bowls, crystal bowls, tuning forks and moon-shaped crystals. Guests are guided through intention setting at the start of the journey and receive a chakra-balancing bracelet as a take-home keepsake. The 90-minute treatment begins with an added 30-minute massage for a powerful reset.

Elevating the restorative journey, Velvet features a collection of distinctive private spaces. In the Dark Sky Lounge, guests recline on a custom bed equipped with In Harmony Interactive Vibroacoustic Sound Lounge Technology, which uses vibrational sound and music to deliver a full-body auditory and physiological experience that induces deep meditative relaxation. Adjacent to the lounge, private O2 Soaking Baths, designed for solo guests or couples, feature Japanese-style tubs filled with oxygen-infused water to nourish the skin and amplify the therapeutic benefits of hydrotherapy.

"Our new wellness offerings are carefully crafted to envelop visitors in the healing vibrations of Sedona's natural energy," said Deborah Waldvogel, spa director. "From the resonance of the Sound Journeys to the layered sensory elements of our Celestial Chakra treatment, each experience draws on the restorative power of sound and stillness, guiding guests into a profound state of clarity and calm. It's an immersive offering that reflects the spirit of Velvet and the landscape that surrounds us."

Velvet also provides a comprehensive menu of treatments tailored to individual wellness goals. Guests can select from traditional massages elevated with custom scent blends, detoxifying body therapies and targeted facials blending advanced technology with clean, natural ingredients. ANTARA Organics full-spectrum CBD treatments help reduce inflammation, alleviate stress and promote restful sleep. Energy-balancing rituals offer transformative benefits, while specialized prenatal services nurture well-being throughout pregnancy.

Ambiente, Sedona's most luxurious stay and North America's first landscape hotel, is an enchanting escape featuring 40 cube-shaped atriums perched on stilts above the terrain. Each atrium is encased in floor-to-ceiling bronze-tinted glass, offering 180-degree views of the surrounding sandstone formations and creating a cinematic connection to the outdoors with IMAX-style panoramas from every atrium.

Open daily from 10:00 a.m. to 6:00 p.m., Velvet welcomes both Ambiente guests and off-property visitors. For more information or to book an appointment, please visit the website at www.AmbienteSedona.com. ❖



Feed The American Spirit With Labor Day Dining Done Right!

Roaring Fork is making Labor Day a whole lot tastier on Monday, September 1st with the return of its “Dinner on Us” promotion (buy one entrée, get the second one free). Starting at 4:00 p.m., enjoy the end of the summer season with a juicy Big Ass Burger, wood-fired, Black Angus Steak; savory Roasted Duck, delicious Ahi Tuna and some other wood-fired favorites including:

- **BACON WRAPPED PORK TENDERLOIN** with Poblano Grits, Charred Corn, Cotija, and a Chipotle Balsamic Reduction
- **CEDAR PLANK SALMON** served with green beans, teriyaki glaze, and soy butter
- **ROTISSERIE CHICKEN** with Cornbread stuffing, green beans and lemon garlic jus
- **BONELESS BUTTERMILK FRIED CHICKEN** served with Mashed Potato, and Peppercorn Gravy
- **RAINBOW TROUT** with green beans, fried capers, toasted almonds, brown butter and grilled lemon
- **DUROC PORK CHOP** served with maple mustard glaze, sweet potato mash and apple chutney
- **SHRIMP AND GRITS** with cheddar grits, sweet corn butter, chorizo and fried egg

Dinner on us will be offered on Monday, September 1st from 4:00 p.m. to 9:00 p.m. Reservations are encouraged.

About Roaring Fork

Roaring Fork’s wood fired cooking captures the spirit of bold American cuisine, creating flavors that crackle with a rugged edge. In the Old West, the best food was prepared on a simple wood fire. This same spirit, freshness and flavor are at the heart of every dish served at Roaring Fork. Select from lamb, chicken, beef, pork and fresh fish entrees all perfectly prepared by wood fire rotisserie, open flame grill or wood oven roasting. Roaring Fork is located at 4800 North Scottsdale Road in Scottsdale. For more information call (480) 947-0795 or visit the website at www.roaringfork.com. ❖



Doctors at Abrazo West Use World’s Smallest Heart Pump to Save Buckeye Woman’s Life

Deanna Morehead, 61 years old, had just gone to bed on March 25th, when she suddenly sat up, flipped over and unbeknownst to her (at the time) suffered what would later be identified as a massive heart attack, the kind that only about 10-12% of people survive if suffered outside of a hospital setting, according to the American Heart Association.

“Deanna had an acute heart attack, when a dominant coronary artery is 100 percent suddenly blocked, resulting in a biventricular heart failure, when the main two chambers of the heart fail to provide adequate blood flow to the vital organs,” says Dr. Saif Al-Qaisi, interventional cardiologist, Abrazo West Campus.

Her 49-year-old boyfriend witnessed the whole thing, and immediately began CPR, without a doubt beginning the process of saving her life.

“I have no recollection of my heart attack. I had felt fine all day; in fact, I had just driven us home after going out to dinner, so I had no idea my heart was about to fail,” says Morehead of the event that has now drastically changed her life.

Deanna was rushed to Abrazo West Campus where Dr. Al-Qaisi fixed the right coronary artery with a stent with excellent results. But due to both the right and left ventricular failures, more needed to be done if DeAnna was to survive.

Dr. Al-Qaisi called for and received immediate approval for an Impella RP flex mechanical circulatory support device – the world’s smallest heart pump designed to support the right ventricle – to be rushed to the hospital to support her failing heart.

Dr. Al-Qaisi positioned the tiny pump in her right ventricle (for the first time at Abrazo West), and then positioned a traditional Impella CP in her left ventricle for support. These two pumps were positioned in her left and right ventricles going from an artery and a vein respectively in her leg, all the way to the heart, where they literally took over the job of her own heart, allowing hers to rest and recover.

Morehead was then airlifted to Abrazo Arizona Heart Hospital where she continued her recovery for three weeks. “At first, I could not roll over in my hospital bed, shower or feed myself. Now, I am home, doing all those things plus more on my own and going through cardiac rehabilitation, but I’m a go getter and I feel lucky and happy to be alive,” she says with a big smile on her face and surrounded by her big, happy family!

“Her case illustrates the extraordinary capabilities of our heart team and the life-saving technology now available at Abrazo West Campus,” said Dr. Al-Qaisi. “The availability of Impella RP flex and Impella CP technology expands our ability to treat patients experiencing severe cardiac events right here in our community,” he says. ❖



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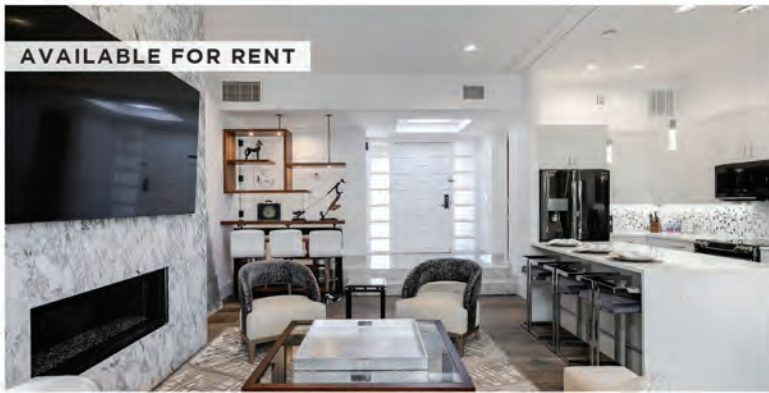


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