

BILTMORE *Lifestyles*

A Community Service Publication

A photograph of three men standing on a red carpet. The man on the left is Tarek El Moussa, wearing a dark suit and white shirt. The man in the center is Brian Culhane, wearing a blue short-sleeved button-down shirt and dark pants. The man on the right is Michael Banovac, wearing a dark suit and white shirt with a tie. The background is a dark blue wall with various logos including HomeSoc, TEM Investm, CULHANE COMPANIES, and GENTCY. The text 'Real Estate Titans Tarek El Moussa, Brian Culhane, & Michael Banovac Join Forces At EXP Realty' is overlaid in white serif font.

*Real Estate Titans Tarek El Moussa,
Brian Culhane, & Michael Banovac
Join Forces At EXP Realty*

Special Feature pages 8 and 9



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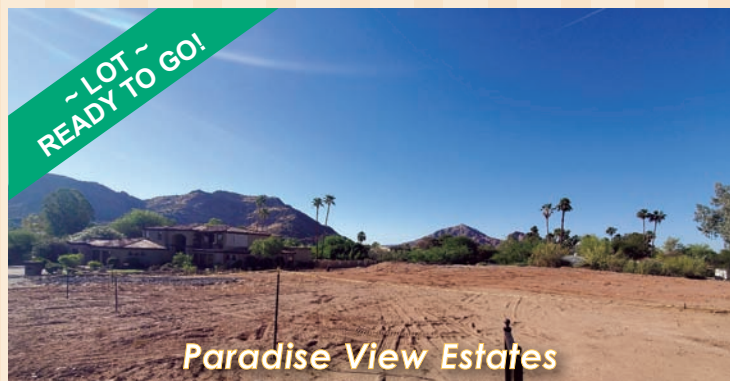
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Provision Opens Second Location

Phoenix Local Coffee Shop To Open New Location In 7th Street Corridor

PROVISION, specialty coffee roaster, cocktail bar, and eatery located in the Arcadia neighborhood, just leased its second location. The popular local coffee concept will be the newest addition to the 7th Street corridor, already home to Phoenix restaurant mainstays like The Yard, Mora Italian, Stock and Stable and more.

At its current location on the northeast corner of 32nd Street and Campbell Avenue, PROVISION specializes in a variety of coffee beverages, including nitro cold brew, unique coffee-based cocktails, signature espressos and teas. The new location will expand this offering with a new food menu of breakfast, lunch and tapas options.

The new location will be a feature in the LINK, a dynamic 3-story glass-enclosed structure joining the two office buildings on the southeast corner of 7th Street and Missouri Avenue. Along with Provision, the new space will serve as a common amenity area for tenants in the newly renovated office project.

"We are so excited to join a vibrant community and serve our heartfelt vision for the space," Lawrence Jarvey, Co-Founder of PROVISION, said. "It's an incredible space and we hope people will be inspired and enjoy the new full food menu we are launching in the new location."

The two office buildings, originally constructed in the late 1970s, were purchased in 2019 by the ownership group comprised of WHI Real Estate Partners and Mainstreet Capital Partners. The group recognized the offices no longer reflected the dynamic restaurant and retail activity in the area and had the vision of a complete transformational rehabilitation and reconfiguration of the project.

"As the 7th Street corridor has matured, the 7th Street and Missouri Avenue intersection has become a focal point for office tenants that value numerous walkable amenities and restaurants nearby," David A. Warren, Partner at Mainstreet Capital Partners said. "The LINK project is a result of that demand and will not only cater to our tenants, but the surrounding residential neighborhoods as well."

Teale Bloom and Cameron Warren at Phoenix Commercial Advisors provided leasing representation to the ownership group.

Office suites, ranging from 1,500 square feet to 14,000 square feet, as well as 3,000- to 6,000-square-foot ground-floor retail spaces are available in the 711 East Missouri Avenue building, fronting 7th Street.

Founded by Dan Suh and Lawrence Jarvey, the concept of PROVISION is built on a passion and belief in building community and connecting people through high quality coffee, food and drinks. Suh and Jarvey are committed to responsibly sourcing coffee while also helping the lives of the farmers that grow and harvest coffee around the world. For more information, visit www.provisioncoffee.com.



Rendering the LINK, Home to PROVISION's Second Location

ANOTHER HOME COOKED MEAL FROM KEEGAN'S!



DINE IN - TAKE OUT - CURBSIDE
3114 EAST CAMELBACK ROAD
602-955-6616
keegansgrill.com/phoenix

From the Publisher...



Summer has finally arrived and it's time to celebrate the reopening of our country! Things seem to be getting back to normal, as places have opened back up and people are getting vaccinated. I'm thankful that we can finally get back to a more active lifestyle and venture out with friends and family just in time for the wonderful weather. With such a traumatic event over the past year and a half now in our rearview mirror, I feel like we are more appreciative

of many things that in the past we may have taken for granted, especially our health. So get out and enjoy...there are plenty of events and new stores to check out!

With the month of June comes Father's Day. Let's get out and treat dad to something special for all that he has done in our lives. The Arizona Biltmore resort is finally open to the public. This would be the perfect place to take dad, or someone that's been like a father to you, for breakfast, lunch, brunch or dinner. Head on over and check out the updated newly renovated Arizona Biltmore.

It's spectacular with their new bar, all adult pool, newly renovated spa, and who could miss the new, adventuresome three-story waterslide. Pop by and check out all that the Arizona Biltmore has to offer, or give them a call at (602) 955-6600.

Until next month, **Susan**

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Publisher

Editor

Susan Aavang
Julie Nicholson

SEVEN VALLEY YOUTH TAKE A STAND AGAINST CANCER ON TEAM BEEPOSITIVE

Seven Valley kids have joined team BeePositive to stand up to cancer. They know this year has been tough for patients. They have missed treatments, had limited access to medications and even had a shortage of needed blood. While many things were canceled last year, cancer was not one of them. The youth have banded together to raise funds for a cure and to bring awareness to blood cancer.

Ava (15) and Chole (13) started making luxurious custom cloth masks made from upcycled designer fabric, covers, gift wrap and ribbon during Covid and launched a company, maskup4bloodcancer. Since they started, they have raised more than \$65,000 for blood cancer. The founders had this to say "We took what we learned from STEM class, art and yearbook to build the website, establish social media and build the brand....even our mascot Billy the Blood Drop! We combined our family's love of sustainable fashion with a public health need to raise money for a cure for blood cancer."



Bella Hicks (14) a blood cancer survivor is hosting an interview series where she is asking all the tough questions about the journey from diagnosis to remission. She is not afraid to share her journey and setbacks. Her interviews are inspiring, raw and uplifting all at the same time. You can find her interviews on our IGTV channel on Instagram. Bella says "I love interviewing people because I get to hear stories just like mine. We all come together to fight cancer."

Savoya (12) and Milan (9) Guimarin have their own lemonade stand in Paradise Valley on April 25th. Savoya says she likes doing the stand because "I admire the people who are fighting this everyday" and Milan says "I don't want any more kids to suffer."



Frank Elser (10) hosted his third lemonade stand to raise money for cancer patients. Frank started this annual tradition in 2019 and he has raised over \$1,800 over the years. This year Frank set a big goal to raise \$2,000! Each year he squeezes fresh lemons, helps bake cookies and mans the table as droves of people show up to support his work. Frank says "I like to have a lemonade stand to raise money to find cures for cancer. It's fun too and I like helping people." Frank is a true leader and has demonstrated his commitment to making a difference, in fact when you ask him about leadership, he knows it's all about hard work!



Sophie Lee (11) hosted her 6th annual Sophie's Day Golf Tournament (with some help from her parents), including golf, a silent auction and ball drop for prizes. At a young age, Sophie Lee began having intermittent leg pain, with no other acute issues. Then at the age of five, since Sophie was still experiencing these odd pains, her family was referred to hematology for more tests which led to the unexpected diagnosis of Myelodysplastic Syndrome (MDS), a precursor for Acute Myeloid Leukemia. Among the four types of leukemia, this has the lowest survival rate, and the estimated incidence of pediatric MDS varies from 1 to 4 cases per million per year, so literally one in a million. And the only treatment option would be a bone marrow transplant, as soon as possible.



Tony and Judy Lee started this tournament in 2015 as a grassroots effort to give back and raise awareness for bone marrow testing and blood cancers like Sophie's. Since the first tournament in 2015, they have raised over \$175,000 with 100% of proceeds going to the Leukemia and Lymphoma Society, in conjunction with its Annual Man & Woman of the Year Campaign.

Frank, Savoya, Milan, Sophie, Ava and Chole are raising funds and awareness as a part of team BeePositive, the largest team in the country organized to fund a cure for blood cancer this year!

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Featured Properties



2402 E. Esplanade LN. #802 \$2,200,000

Updated throughout, this stunning 3,550sf residence offers the most desirable designer finishes with walnut wood floors. 2BR/3BA plus office/den. Enjoy the Esplanade Place award-winning services & amenities in the iconic Biltmore Area.



2402 E. Esplanade LN. #901 \$1,750,000

Immaculate 3,000sf residence on the 9th floor with numerous upgraded features throughout. Open floor plan with 2BR/3BA, office/den, media room, travertine stone floors and gourmet kitchen. Valet parking, rooftop pool, full fitness center and numerous services & amenities to welcome you home.

Hacienda Del Sol Guest Ranch Resort Hosts Pop-up Sculpture Show

Hacienda del Sol Guest Ranch Resort, located at 5501 North Hacienda del Sol Road in Tucson, presents its second annual Pop-up Drive Through Sculpture Show, a socially distanced event that allows art enthusiasts to "cruise" through the gorgeous property set amid the natural desert landscape to view incredible large-scale masterpieces by local artists.

The show, sponsored by Great Western Bank and Hacienda Del Sol, for the benefit of SculptureTucson, SAACA (Southern Arizona Arts and Cultural Alliance), and the Jewish Community Center Sculpture Garden, runs through Wednesday, June 16th.

"We're thrilled to present our second annual large-scale art show on our property," says Jeff Timan, Owner of Hacienda del Sol. "The drive-through format allows guests to conveniently enjoy these masterpieces from the comfort of their vehicles, but we invite them to stay awhile for a refreshing sip and a meal as well."

The following artists are scheduled to showcase their large-scale sculptures set throughout the drive through path, some exhibiting multiple pieces:

- + Pamela Ambrosio
- + John Benedict
- + Curt Brill
- + Greg Corman
- + Oliver Dubois-Cherrier
- + Emily Mann
- + Pat Fredrick
- + Al Glann
- + Joy Fox McGrew
- + Judith Stewart
- + Daniel Lehman
- + Lyle London
- + Hector Ortega
- + Ralph Prata
- + Ray Parish



Hacienda del Sol Guest Ranch Resort

During the event, guests can enjoy a "secret" cocktail created just for the Sculpture Show. Hidden Oasis, a refreshing libation featuring vodka, sake, watermelon puree, lemon juice, cucumber, rosemary and mint, is designed to serve as a "spa day in a glass." The beverage is \$13 and available exclusively through the duration of the show. In addition, guests that mention the Sculpture Show at Hacienda Del Sol's Terraza Garden Patio and Lounge will also receive a 10 percent discount on food orders throughout the show.

The show is open seven days a week from 8:00 a.m. to 8:00 p.m. For more details, visit www.haciendadelsol.com.



Pamela Ambrosio's
Snowy Egret

The Iconic Royal Palms Resort and Spa Offers 50% Off Peak Season Rates And New Events for Locals & Guests All Summer Long

Known as one of Arizona's most luxurious resorts, Royal Palms Resort and Spa is gearing up for the warm summer months with a brand-new live music series and staycation packages with room rates priced at 50% off peak season rates for those looking to relax and unwind in a slice of paradise.

Positioned at the foot of Camelback Mountain on nine perfectly manicured acres, Royal Palms is known for its romantic grounds, impeccable service and coveted amenities throughout the property. Reveled in calming desert hues and furnished patios overlooking the Montavista Courtyard, the private casitas and villas provide a personal oasis that feels worlds away. This summer, guests can experience all that this opulent resort has to offer at the lowest rates of the year with two special staycation packages.

The Fee Free Summer Package (rates from \$259 per night) is back by popular demand, encouraging guests to treat themselves to a summer escape with no fees attached. Relax in the Mediterranean beauty of the resort, explore the backyard desert and create exciting new memories this summer. Escape the kids, escape the routine and escape the fees with resort, parking and pet fees waived.

Or take things slow and indulge in a well-deserved couple's getaway with the Royal Romantic Package (rates from \$334 per night). Valued at more than \$185 add-ons, relax and stay awhile with late check-out, a rose petal turndown, breakfast for two and a food and beverage credit for partners to use at the award-winning T. Cook's restaurant.

Debuting this summer, Royal Palms is also bringing lively entertainment with a summer music series for resort guests and locals alike. Once the sun sets in the desert, the nighttime energy comes alive. On the last Friday of every month of summer, experience themed evenings including Latin, Blues, Jazz and Reggae nights filled with specialized menu creations and outdoor, live music from local musicians to complete the vibes.



Summer Offerings:

Fee Free Summer Package

- Rates from \$259++ per night.
- Two-night minimum stay.
- Complimentary parking, resort and pet fees.
- Valid through September 6th.

Royal Romance Package

- Rates from \$334++ per night.
- Breakfast for Two.
- One time \$100 F&B credit to T. Cook's.
- Rose Petal Turndown
- Late Check-out at 2:00 p.m.

Sunset Summer Series

Live music on the Vernadero Lawn from local musicians.

Friday, June 25th – Reggae, Hourglass Cats doors open at 6:30 p.m., music starts 7:30 p.m.

Friday, July 30th – Blues Brews BBQ, Sugar Thieves, doors open at 6:30 p.m., live music starts 7:30 p.m.

Friday, August 27th – Jazz, House of Stairs doors open at 6:00 p.m., live music starts at 7:00 p.m.

- Tickets are \$40 per person and are sold at the door on the night of each event.
- Tickets include the live music and tapas for the evening.
- Specialty beverages will be available for purchase.

For more information on summer packages or the Sunset Summer Series, please e-mail concierge@royalpalmsresort.com or you may call (602) 283-1234. ♦



“Summer Made Simple” At Hyatt Regency Scottsdale Resort & Spa

Kids Eat Free Dinner and Play Free Golf with a Paying Adult

It's the summer we've all been waiting for! For a summer that needs no planning, Hyatt Regency Scottsdale features “Summer Made Simple.” Guests enjoy carefree days, blue skies, sunshine and fun-filled activities. With so much to do, there is something for all ages. The resort's 2.5 acre water playground provides everything one needs for daytime fun: ten pools, including an adult only pool, a sand beach, three-story, 30' high-speed waterslide, water volleyball, basketball and poolside cabanas. When the night sets in, relax under the stars in Fountain Court, listening to local live music at Center Stage Bar. Summer memories start now!

Activities for the kids include the Fun Zone, home to the 28' “Summit” rock climbing wall, giant chess, giant jenga, ping pong, beachside putting green, beachside relays, cookie decorating, and laser tag, to name a few. For the kids at heart, adults can enjoy mixology classes, wine challenges and of course relaxing treatments at Spa Avania. There's world-class tennis and championship golf where kids 15 and under can enjoy 18 holes of golf at Gainey Ranch Golf Club with each paying adult. As nightfall comes to the desert, guests can unwind sipping their favorite cocktail in Center Stage Bar with spectacular views of the McDowell Mountains, cascading fountains and live entertainment.

There is no need to leave the resort as guests have a variety of restaurants from which to choose with everything from Canyon Market, featuring Starbucks coffee, homemade ice cream, sandwiches and salads, Noh offering sushi and sashimi, SWB, a southwest bistro and eclectic Italian in Alto ristorante e bar. The best part is that kids 12 and under receive one free dinner from the Kids Menu in SWB with each paying adult.

Summer Resort rates are available through August 31st, 2021. (Offer not applicable to groups, conventions, tours or other discounts.) Rates do not include taxes, gratuities or resort fees and are subject to change and availability.

It's that simple! The only plan they need to make is to book their stay at Hyatt Regency Scottsdale Resort & Spa by calling 800-55-480-HYATT, 490-444-1234 or visit hyattregencyscottsdale.com.

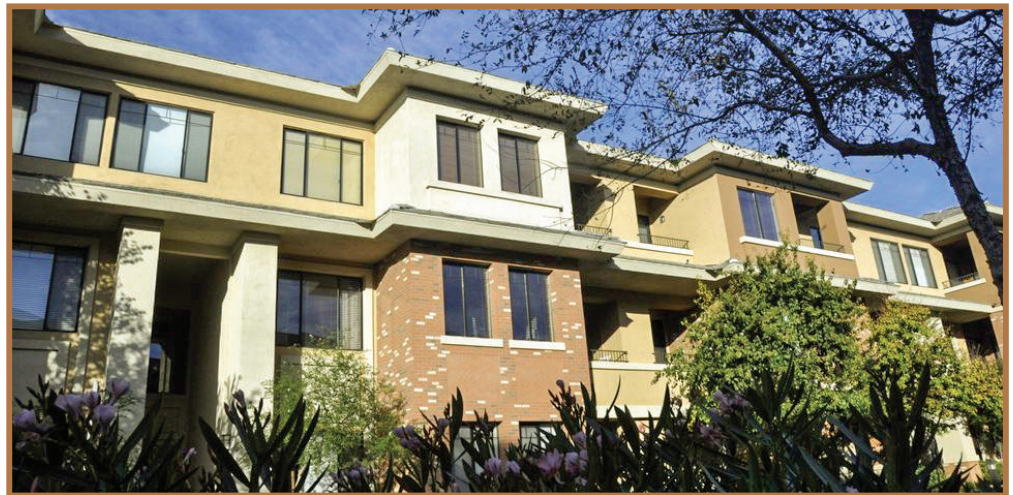
About Hyatt Regency Scottsdale Resort & Spa at Gainey Ranch

The beauty of the majestic McDowell Mountains, palm trees, cacti, wild flowers, Frank Lloyd Wright inspired architecture, and the spirit of Native peoples combine to create the Southwestern elegance of the Hyatt Regency Scottsdale Resort & Spa at Gainey Ranch. Guests enjoy the many recreational amenities this desert oasis has to offer including the 2.5 acre water playground complete with 10 pools, a 30', 3-story, high-speed waterslide and its signature sand beach. Additional amenities include 27 holes of championship golf, world-class tennis, miles of jogging and bicycle trails and the award-winning Spa Avania, the first spa experience choreographed to the science of time. Other highlights feature the Native American Learning Center, Camp Hyatt for young resort guests, five distinctly different restaurants, three bars, and live entertainment in Center Stage Bar. In addition, this premier meeting venue offers 70,000 square feet of indoor and outdoor function space, providing both quality and flexibility of space. For more information, visit www.hyattregencyscottsdale.com. ❖



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Real Estate Titans Tarek El Moussa, Brian Culhane, & Michael Banovac Join Forces At EXP Realty

Anyone who watches HGTV's hit shows *Flip or Flop* and/or *Flipping 101* knows of Tarek El Moussa. Attracting more than 24 million viewers this season to date, Tarek has blown up into an international real estate juggernaut over the past decade. What's even more interesting though is the way his personal brand can now be of huge benefit to Arizonans looking to buy or sell their homes and/or real estate agents looking to partner with his ever-expanding empire.

Enter stage left the first President of EXP Realty, Brian Culhane. A little over 10 years ago, EXP Realty was little more than a whisper amongst the first real estate agents who initially worked with Glenn Sanford. When the financial crisis hit in September 2008, Glenn made the monumental decision to shift all of his brick-and-mortar locations to an online based platform launching EXP Realty in 2009.

Brian Culhane was one of the first agents to work with Glenn all of those years ago and when the company started trading on the Nasdaq stock exchange in May of 2018,

EXP's growth continued to take flight. As of May 2021, EXP Realty has grown to over 50,000 agents in over 16 countries, making Sanford the 1,750th wealthiest person in the world according to *Forbes* and Culhane a decamillionaire many times over. Brian Culhane was also instrumental in bringing on Hoss Pratt from Dallas, Texas who along with Culhane's real estate agent downline attracted the likes of Tarek El Moussa and Grant Cardone to EXP in the last two years alone.

Now you're probably asking yourself, where does local real estate developer and luxury agent Michael Banovac fit into this equation? Over the past 10 years, Michael Banovac has established a sterling reputation as one of the most dynamic young real estate agent entrepreneurs in the state. Not only does he manage his own multimillion dollar real estate portfolio, but he is also the Managing Partner of RMB Luxury (a preeminent luxury home builder that focuses on Paradise Valley, North Scottsdale, and Phoenix new home builds and luxury remodels).



Over two years ago, Culhane approached Banovac with the idea of building he and his wife (Kristi) a state-of-the-art home in Troon and their relationship blossomed. During Brian and Michael's friendship, Banovac was named one of SAAR's 40 Under 40 Top Agents in 2018 and 2019. In 2020 and 2021, Banovac was the Co-Chair and now Chair of Paradise Valley Luxury Home Tour (the largest private real estate agent member tour in the state.) Michael said, "The moment I met Brian and Tarek I loved their energy and entrepreneurial spirit! As we started talking over many months on how a partnership could form, we found it to be a perfect blend of personalities and talents."

With all of that being said, the dynamic real estate partnership between Tarek El Moussa, Brian Culhane, and Michael Banovac can add more to your bottom-line. If you're looking to sell your home in today's market not only can Banovac and El Moussa get you the most international exposure but also the most localized exposure as well. Everything from new-home construction, lot acquisition, design, staging, remodeling, buying or selling is at your fingertips. And if you're looking to join Michael Banovac and Tarek El Moussa's ever growing real estate team at EXP Realty, please feel free to reach out and book a call with Michael today.

Michael Banovac's value proposition to agents wanting

to join he and Tarek is ultra-unique... He and his team offer wardrobe consultation, personal branding, tax planning, marketing, listing lead gen, celebrity access, financial coaching, lifestyle coaching, interpersonal development and so much more... Banovac states, "We believe for someone to be a top-ranking agent, they need to be a top-ranking human being in their personal, financial, and professional lives... Our slogan has always been... We do the coolest S#*T and you can too! Join our team today at EXP Realty."

You can follow these gentlemen on Instagram: @therealtarekelmoussa @brianculhane @michaelbanovac or feel free to reach out to Michael Banovac directly at (602) 571-4888.



Photography by Gary Helland ~ hellandphoto.com



Subaru Presents Scottsdale 4th of July Celebration at WestWorld

Subaru Presents Scottsdale 4th of July Celebration at WestWorld returns for an 8th spectacular year on Sunday, July 4th, 5:00 p.m. to 10:00 p.m., delivering fresh, family entertainment with the largest fireworks show in Scottsdale's history, in fact, twice the size of last year's exciting display.

Fireworks, Food and Entertainment...Even 'Snow'! The patriotic celebration of family fun, including live entertainment, happens in the cool, air-conditioned comfort of the North Hall at WestWorld, giving rise to the slogan "Be Red, White & COOL." Scottsdale 4th features a delicious backyard barbecue buffet-style menu; entertainment that includes the musical quartet

Brock Pro Patriots presenting a lively, patriotic book of songs; live "yacht rock" music by none other than the band Some Like it Yacht; a "snow day in July" for youngsters highlighting a "giant" snow slide to keep 'em cool in Arizona's summer; face painters, balloon artists, and more! In addition, every ticket to Subaru Presents Scottsdale 4th of July Celebration at WestWorld benefits Feeding America, affiliated with St. Mary's Food Bank, and Subaru is matching that donation!

Guests have 3 ways to enjoy the patriotic Subaru Presents Scottsdale 4th of July Celebration

VIP Backyard Barbecue

\$41 in advance; children (12 & under) \$21 in advance. FREE parking. Be Red, White & COOL! in the North Hall of WestWorld, and enjoy a fresh 4th of July celebration including great food by Chef Michael DeMaria of M Culinary (Hamburgers, Hot Dogs, BBQ Chicken, Fresh Salads, Watermelon, Ice Cream, Sweet Treats and Lemonade), table seating to dine and gather. This ticket includes endless access to fun and games and festivities for the whole family. At 8:00 p.m., the huge garage doors of WestWorld open guests to the great outdoors for seating to view fireworks in comfort, with an accompanying patriotic music! Doors open at 5:00 p.m.

Polo Field Parking

\$41 in advance per carload. West of the North Hall at the WestWorld complex is an area for BYOP, as in bring your own party! This outdoor fireworks view set against the panoramas of the McDowell Mountains includes a larger space surrounding your vehicle to enjoy BYO food & beverage, and patrons' own blankets and chairs to enjoy the show. Fireworks occur with accompanying patriotic music on FM radio broadcast. Gates 6:30 p.m.

GA Parking

\$26 in advance per carload. This is an area of reserved lots north of the North Hall for prime fireworks views. Fireworks occur with accompanying patriotic music on FM radio broadcast. Gates open at 6:30 p.m. Subaru Presents Scottsdale 4th of July Celebration is produced by R Entertainment and M Culinary Concepts.

Tickets are on sale at Scottsdale4th.com. A recap of tickets options for the event's largest fireworks show in history (tickets purchased in advance only), fees included, are: VIP Backyard Barbecue, \$41 adults/\$21 children; Polo Field Parking, \$41 per carload; and GA Parking, \$26 per carload. Ticket prices increase at gate.

For the latest, visit Scottsdale4th.com and follow on social at Instagram @Scottsdale4th; Facebook @Scottsdale4thofJuly; & Twitter @ScottsdaleInDay. ❖



FOUND:RE Takes Guests to Thailand for Passport Series Event

On Saturday, June 12th from 6:00 p.m. to 10:00 p.m., FOUND:RE Phoenix Hotel's monthly Passport Series takes off to Thailand! During this event, guests can enjoy a virtual vacation with the sights, scents, sounds and tastes of "The Land of Smiles."

During the evening, guests can enjoy entertainment as well as specially themed food and beverage inspired by Thailand, including the country's popular Gai Tod. This dish features breaded then fried chicken wings with fish sauce, Thai chili paste dipping sauce served with white rice for \$10.

This is the seventh event in the FOUND:RE Passport Series, which transports guests and locals to destinations around the globe — without leaving the property! Attendees receive a FOUND:RE Passport and have the opportunity to collect stamps from each destination; those that collect the most stamps during the series have the opportunity to win prizes and giveaways.

Cost is \$15 and includes a specialty themed cocktail. Tickets can be purchased via www.eventbrite.com.

For more information, please call (602) 875-8080 or you may email info@matchphx.com. ❖



Phoenix City Grill Treats Dad On Father's Day

Dad deserves a great meal on Father's Day, so why not treat him to an exclusive dish at Phoenix City Grille in celebration of all he does? On Sunday, June 20th, Phoenix City Grille is offering the following specials designed just for Dad (but available for everyone!):

Argentine New York Strip Loin — wood-grilled all-natural grass-fed beef served with pinto bean chili, avocado relish and smoked tomato salsa for \$21 (add a fried egg for an additional \$2)

Smoked Prime Rib — featuring a 12-ounce cut of Prime beef, guajillo chile jus, crispy onion strings and horseradish whipped Yukon potatoes for \$38


Above specials available after 2:00 p.m.; beginning after 4:00 p.m., the following dinner special is offered:

Seafood Pasta — fresh pappardelle topped with sauteed wild Gulf shrimp, Chula Seafood salmon, crab meat, artichoke hearts, sun dried tomatoes, lemon caper butter sauce and Romano cheese, \$27

All day long, Phoenix City Grille toasts to Dads with their choice of a complimentary beverage, either a glass of house wine or a domestic beer, to sip with their meal.

Specials are offered in addition to Phoenix City Grille's full brunch menu, served from 10:00 a.m. to 3:00 p.m., and regular all day dining menu. Phoenix City Grille is located at 5816 N. 16th Street in Phoenix; for reservations call (602) 266-3001. For more information, visit www.phoenixcitygrille.com. ❖






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It's All About the Curves High-Point Market Style Spotters Report

By Tina Mellino, Interior and Lifestyle Designer,
ZIA Interiors, Allied ASID



The 2021 Style Spotters have proven to be extremely innovative and adaptable in navigating the current situation of pre and post pandemic challenges. Their expert selections reveal an explosion in products designed to meet the current surge in home renovations and interior projects, including a continued growing focus on home offices and family lounging areas.

A focus on comfort and organic materials has emerged, as home becomes both a sanctuary and workplace.

Home has truly become the sanctuary for all Americans, and this trend is reflected in an abundance of gracious comforting forms emphasizing curvaceous upholstery and cozy sectionals. A new fascination with the natural world also extends to seating, art and rugs that celebrate nature motifs including several examples of the ginkgo leaf.



Dana Chaise Interlude

The use of Organic materials, ranging from stones and wood to weaves in natural fibers and caning, as well as materials such as shells, husks and grasses, are used in unexpected fresh new ways. Several Style Spotters remarked that sustainability and social responsibility were of high importance when sourcing manufacturers. The maker culture and artisan furnishings were amongst the trends that stood out as well.

The Style Spotters agreed that mixed media was an important trend, and noted many pieces that incorporate multiple materials. This trend dovetails with the rise of Art Deco inspired designs that were prevalent in all the major showrooms and design markets. Mid-century, which has dominated recent markets, was less influential.

The color story of Blue is still the most prevalent and enduring color family, but black and white schemes were also very strong. Warmer Autumn colors such as cognac, cinnamon, amber, and burnt orange were featured in most showrooms.



Levi Chair

Patterns revealed a growing interest in diverse cultures ranging from Native American and South American in textiles, lamps and rugs.

There was also a refreshing abundance of traditional patterns and pretty rooms with creamy finishes and classic detailing.

The Art Deco collections were, not surprisingly, bold and vibrant, offering consumers a tremendous range of options.

I am honored to report on this talented group and share their fabulous finds with you once again!
You may contact Tina for Interior and Lifestyle Design Services at tmellino@cox.net, www.houzz.com/pro/tmellino or you may visit www.ziainteriors.com.

Valley Restaurant Celebrates Our Nation's Independence with Dinner on Us Deal Exclusively on July 4th

On Sunday, July 4th, guests are invited to Roaring Fork in Scottsdale to celebrate Independence Day with a special "Dinner On Us" (buy one entree, get one free) treat beginning at 4:00 p.m. Roaring Fork will be serving signature "wood fired" favorites including:

- Cedar Planked Salmon Wood Oven Roasted with Teriyaki Apricot Glaze and Seasonal Vegetables
- Rainbow Trout served with Seasonal Vegetables, Roasted Almonds, Capers and Brown Butter
- Rotisserie Spit-Roasted Half Chicken with Mashed Potato, Seasonal Vegetables and Roasted Garlic Jus
- Bacon-Wrapped Pork Tenderloin served with Poblano Cheese Grits and Mexican Street Corn
- The "Big Ass" Burger with Cheddar Cheese, Smoked Peppered Bacon, Lettuce, Tomato, Onion, Pickles and French Fries

About Roaring Fork

Roaring Fork's Wood Fired Cooking captures the spirit of bold American cuisine, creating flavors that crackle with a rugged edge. In the Old West, the best food was prepared on a simple wood fire. This same spirit, freshness and flavor are at the heart of every dish served at Roaring Fork. Select from lamb, chicken, beef, pork and fresh fish entrees all perfectly prepared by wood fire rotisserie, open flame grill or wood oven roasting. Roaring Fork is located at 4800 North Scottsdale Road in Scottsdale Arizona. For more information call (480) 947-0795 or visit the website at www.roaringfork.com.



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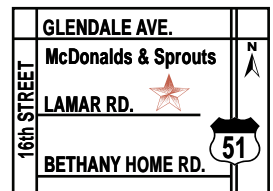
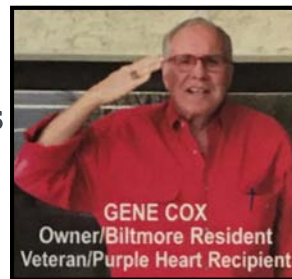


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Ease into Summer with Daniel Shepherd's "Everything Belongs to the Sun" At Royse Contemporary

Royse Contemporary is excited to present "Everything Belongs to the Sun," showcasing the last painting collection of Daniel Shepherd. Inspiration for this new work was "a new beginning, our world is different than it was and I wanted to create a vibrant colorful promise of hope and tranquility. "Shepherd has created a beautiful collection of minimal abstract paintings with an evocative use of color that engages the viewers senses," stated Curator, Nicole Royse.

Shepherd is a self-taught artist based in Phoenix who is creating vibrant abstract paintings and fantastic vintage collages. His work is included in private collections around the world and he has exhibited his work extensively throughout Arizona and California. Shepherd is currently represented by Royse Contemporary in Scottsdale Arizona. His work has been featured in numerous publications both online and in print including: OutVoicePhoenix, *Phoenix Magazine*, Visual Art Source, *Arizona Foothills Magazine*, *Java Magazine* and *Phoenix New Times*.



Curator Nicole Royse

"Everything Belongs to the Sun" will be on display at Royse Contemporary through July 4th, 2021. The new limited summer hours are Thursday from 6:00 p.m. to 9:00 p.m. and Saturday from 12:00 p.m. to 4:00 p.m.; private appointments are always available. Royse Contemporary is located in the Scottsdale Arts District at 7077 E. Main Street, Suite 6, in Scottsdale. For more information about Royse Contemporary, visit roysecontemporary.com. Please direct all media inquiries to owner/curator, Nicole Royse at Nicole@nicoleroyse.com. ❖



11TH ANNUAL ARIZONA TACO FESTIVAL RETURNS TO SALT RIVER FIELDS

The 11th Annual Arizona Taco Festival – el original – is making a comeback to Salt River Fields.

This two-day event will deliver another year of taco madness with more than 50 taco makers over two days – restaurants, food trucks and chefs, along with a non-stop schedule of entertainment, contests and instagrammable moments.

Tickets are on sale now for The Taco Festival which will be held Saturday and Sunday, October 23rd and 24th, 2021 at Salt River Fields, located at 7555 N. Pima Road in Scottsdale. It is sure to be a sellout. So if you love tacos, buy your tickets now!

- **Tequila Passport.** 10 tequila tastings from over 100 different ultra-premium brands.
- **Super Food Stations.** Highlights 6 different Chefs from the Valley's top Mexican restaurants.
- **People's Choice Taco Competition.** Fans can vote for their favorite tacomaker.
- **Decked-out Tents.** Multiple shaded party tents, each containing its own DJ, lineup of Taco Vendors and of course bars, that create a party-in-a-party!

Tickets are now on sale at www.ticketweb.com/event. General admission is \$14, \$20 day of show.

Tequila Passport is \$25 for 10 tequila samplings. VIP tickets are \$100 and includes Tequila Passport. \$120 day of show.

El Presidente tickets are \$200 and includes Tequila Passport. \$220 day of show. Parking is free!

For the latest event details, you may visit <https://aztacofestival.com/>. Follow on Instagram @tacofestival, Facebook www.facebook.com.



Brand New Omakase Experience At Across the Pond

Across the Pond, the popular sushi and cocktail spot across the breezeway from Clever Koi in Central Phoenix, has completely reenergized their already popular Omakase experience. Omakase is the traditional Japanese word meaning "entrust." When you make a reservation for this dinner, you are trusting the sushi chef to pick their best dishes for you in that particular moment.

"We wanted to offer an experience that is specifically tailored to the guest. This Omakase Experience is the best way to showcase what our chefs are able to do, while also providing a unique and unforgettable dining experience." Co-owner Nick Campisano.

The Omakase at Across the Pond is \$120 per person, and consists of 12 courses prepared by your own personal sushi chef. Service will last around one and a half to two hours. Across the Pond will keep a file of each guest's visit to ensure that each Omakase experience is completely unique. To start out, the Omakase at Across the Pond is by reservation only, with seating's at 6:00 p.m. and 8:00 p.m. on Friday and Saturday nights. To book your reservation, use www.exploretock.com/acrossthepond. Reservations require 48 hours' notice as well as a deposit that is paid through the Tock website.

Across the Pond is open from 5:00 p.m. to 12:00 a.m. Tuesday through Sunday. Across the Pond is located at 4236 N. Central Avenue, Ste 101. For more information, call (602)-296-5629 or visit www.acrossthepondphx.com.



Bell Bank Opens Biltmore Location

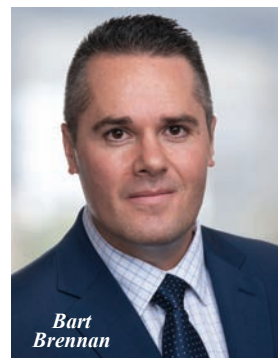
Bell Bank held a grand opening event in May to celebrate the company's growing presence in the Phoenix metro with Bell's Phoenix – Biltmore location at 2710 E. Camelback Road, in north Phoenix's Biltmore neighborhood.

Bart Brennan, Senior Vice President of Bell Bank's South Region retail banks, said Bell is looking to have a strong start in its new location, despite the challenges posed by the past year.

"Our team is full of experienced bankers who anticipate getting to know even more people and businesses in the Biltmore area," he commented. "We're pleased that so many customers and friends are already contacting us. We're excited to be able to host grand opening events and share our new space. It's beautiful, and we're proud of it!"

Bell Bank in Phoenix currently employs 134 banking and mortgage professionals, with 34 offices at the new Biltmore branch. They provide personal and commercial banking and lending, private banking, mortgage, and other financial services.

Founded in 1966 in Fargo, N.D., Bell Bank (Member FDIC) is one of the nation's largest independently owned banks, with full-service banking locations in Arizona, North Dakota and Minnesota and more than \$9 billion in assets. Since 2008, Bell has empowered more than \$18 million in charitable giving through its unique Pay It Forward program, in which every employee receives funds annually to give as they choose to individuals, families or organizations in need.



Bart Brennan



Time To Chill

By Pam Vincent, General Manager, Adobe At the Arizona Biltmore Golf Club



It's June in the Valley of the Sun, which means one thing – it's getting hot outside and we all start thinking about cooler options than Phoenix.

When I think of “cooler options,” I think about the cold, refreshing beverage options in our Grab n Go Fridge. The Adobe Restaurant's Craft Beer Program is REALLY COOL as we're always bringing in new beers for the Grab n Go Fridge. Whether you're playing golf at the Arizona Biltmore Golf Club or enjoying a cold beverage on the patio, The Adobe Restaurant offers a “Six Pack Deal” all year round – buy five cans from the Grab n Go Fridge and get the sixth can free.

If you are still seeking something colder, checkout the large ice cream freezer near our hostess stand. It is loaded with an awesome selection of novelty ice cream. Choices vary but usually includes traditional ice cream sandwiches, Good Humor Strawberry Shortcake Bars, Good Humor King Cones (drumsticks), various Klondike Bars, Oreo Cookie Ice Cream Sandwiches, an array of Magnum Bars, Mrs. Fields Ice Cream Cookie Sandwiches, Choco Tacos, a selection of Ben & Jerry's mini cups and the ever-popular SpongeBob SquarePants Popsicles.

For my hardcore golfers out there, the 2021 Arizona Biltmore Golf Club Summer Pass is now on sale. Play six rounds at the Arizona Biltmore Golf Club – any day of the week, at any time – for just \$199 now through September 10th. Summer Pass holders also get 2-for-1 drink coupons, merchandise discounts, plus you can play up to six times at The Wigwam at their Summer Six Golf Pass rate. Pick up your 2021 Summer Pass today in the golf shop.

Finally, don't forget about dad as Father's Day is on Sunday, June 20th. Treat dad to golf, breakfast or lunch, and a cold beverage at The Adobe Restaurant. Cheers and I hope to see you soon at The Adobe Restaurant. ❖



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“Warm-Up” With 15-foot Putts Before Every Round

By Tina Tombs, The Arizona Biltmore Golf Club



The most important part of golf is from 100 yards and in. I believe if we warm up and start there, we get our minds and our body in a great place to play as good as we can that day. Sometimes, when I have not hit a ball before a round, I have played my best using this putting drill and then hitting a few chips before heading to the first tee.

We want to be in the best mindset before each shot, so let's prepare for that success! You may have noticed during the recent PGA Championship Phil Mickelson preparing himself before each shot, clearing outside thoughts and committing to every shot. When you make that decision before you play each shot and have the courage to commit to that shot, follow through with it, great things can happen! The first thing I like to do before I play is to putt while everyone else is rushing to the range. I believe we before we go play, we can get our mind in a positive and clear mindset. We also want to get the body ready to play the best that we can that day.

This 15-foot putting warm up drill does a few things for you.

- ↳ gives you feel in your hands
- ↳ stabilizes your body
- ↳ quiets your mind for other parts of the game: chipping, pitching, and for your long game

To start, I recommend getting a baseline at your home course. Put a marker down from 15 feet to the edge of the green, on a straight, flat putt. Use three balls and putt to the edge of the green until you start sensing the correct pace, just as I am doing here in the photo. Do this as often as you can to dial-in your feel and pace for your home course greens. This will aid in training you to tune-in to the changes of the pace of your own greens.

- ↳ Putt 15-20 putts every time you go out to practice or before your play to get the feel of the greens from 15 feet.
- ↳ Then when you go to another course, set up the same drill.
- ↳ You will notice other greens having different speeds. You will also be able to adapt accordingly to your putts faster.

After this putting drill, putt some 20, 30, 40, 50 footers for tempo and pace of the greens and finish off with short putts. Add a few chips and you will find your short game is ready for a great round of golf.

If you have time, finish off on the range when everyone else is trying to find a hole on the green!

Tina Tombs is a 2020 Arizona Golf Hall of Fame Inductee, a *GOLF Magazine* TOP 100 Teacher in America, and two-time LPGA National Teacher of the Year. To schedule your next golf lesson, clinic session you can contact Tina or her staff at www.tinatombsgolf.com and sign on to book your next coaching session. ❖



Vibrant Skin Bar Offers New FDA-Approved QWO Treatment Among Few Medical Spas to Offer Treatment in Metro Phoenix

Looking for a special way to honor the special lady in your life? Vibrant Skin Bar may have the solution. It's called QWO, and Vibrant Skin Bar is one of the few in metro Phoenix to offer the new FDA-approved treatment for pesky cellulite, which affects 9 out of 10 women.

A vanity project? With pent-up demand for skin care and other medical spa services in a post-pandemic world, QWO is anticipated to quickly land on the top five most requested services for years to come. Considered a breakthrough treatment in the medical spa community, it is also the first of its kind, an injectable that generates noticeable results. It's a condition past due for an effective fix for those who seek to be healthy and have their skin appear healthy as well.

At Vibrant Skin Bar, the top five requested services are Botox, fillers, HydraFacials, CoolSculpting, and Vivace; and QWO is expected to be on that list in short order.

Kristina Cadwell, M.S., PA-C, Founder and CEO of Vibrant Skin Bar in Arcadia, explains the buzz surrounding QWO this way: "Cellulite is a condition that predominantly affects women, less so men, and appears in all body shapes and sizes. In simple terms, it occurs over time when skin thins out and fat cells enlarge and push against the skin, at the same time the skin's fibrous tissue thickens and appears as dimpling. It has nothing to do with weight, exercise routine or lifestyle.

"Our team is really pleased to offer QWO. It's the first FDA-approved injectable for the treatment of mild to moderate cellulite in the buttocks of adult women. And when you see and treat as many clients as we do and understand the frustration for many, this is a fantastic

step forward in skin care for the whole body," says Cadwell. QWO is a 10-minute, three-time treatment performed over 10 weeks; Vibrant Skin Bar patients have been pleased with the results.

As a medical spa, adds Cadwell, "we are experts at making patients look and feel their best at every age and weight. Our clinical team encourages patients to glow from the inside out to have the confidence they need to live their best life."

Vibrant Skin Bar and Vibrant Vitality Clinic are led by a team of hands-on medical professionals, delivering state-of-the-art care, with advanced safety practices including a state-of-the-art UV filtration system, temperature checks and immediate hand sanitizing for all patrons now the norm. The team specializes in a broad spectrum of medical grade skin care services, as well as general health protocols such as allergy testing, thyroid management, medical weight loss, vitamin regimens and IV hydration with lab services available onsite.

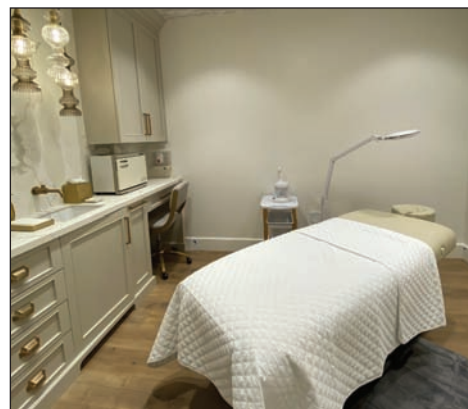
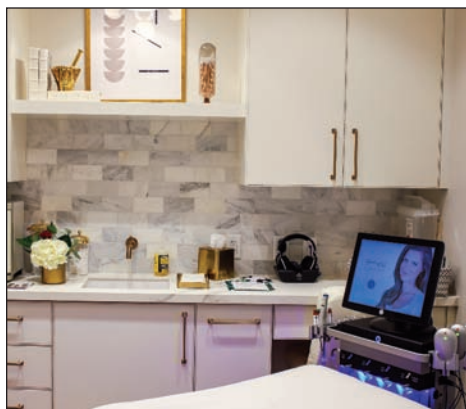
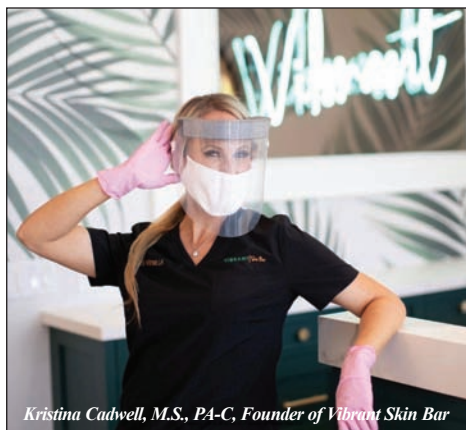
Vibrant Skin Bar is led by Cadwell, with medical advisor Dr. Thomas C. Fiel, former team physician for the Phoenix Suns, and they relish digging into the challenges that perhaps

other medical spas don't.

"We strive to create an environment where our clients can relax and reduce the stress that leads to heightened levels of cortisol, which leads to accelerated signs of aging. Relieve the stress! We take the time to understand what's happening on the inside, an important part of how you age. And we do it with that human touch," said Cadwell.

About Vibrant Skin Bar.

Vibrant Skin Bar is a luxury medical spa located in Phoenix, Arizona, focusing on a holistic approach to skincare, offering customized skincare treatments as well as aesthetic injectables, along with a complete wellness bar and detox experience to achieve a healthy, vibrant glow from the inside out. The Vibrant Skin bar team is comprised of experienced medical professionals and specialists in their fields with a mission to enhance the natural beauty of each individual. Vibrant Skin Bar is dedicated to exceeding patron expectations by delivering advanced expertise with industry leading products, knowledge and service. Become your most healthy and most beautiful self with vibrant skin. Vibrant Skin Bar is located at 4325 East Indian School Road in Phoenix. For more information, please call (480) 422-2058 or you may visit www.VibrantSkinBar.com. ❖





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Plumbing Advice for First-Time Homeowners

According to the National Association of Realtors, one in three homebuyers are first-time homeowners. Moving into your home can be exciting and overwhelming-especially when plumbing emergencies erupt.

The experts at Donley AC & Plumbing share the following information to help reduce stress for first-time (and all) homeowners.

Ring Fell Down the Drain

- Turn off the water. Place a bucket under the p-trap, which is the curved section of pipe under the sink. Place towels around the bucket. Pull out the access plug on the p-trap. Water will pour into the bucket. Let it drain and check the water for your jewelry. Replace the plug and run water to make sure there are no leaks.

- If you have older pipes, you may not have an access plug, and you'll want to call a professional.

Clogged Sinks

- Wait for the sink to clear and slowly pour boiling water down the drain. If water alone didn't help then pour a ¼ cup of baking soda and a cup of vinegar down the drain. Let sit for 20-30 minutes and slowly pour boiling water down the drain.

- If the clog remains, try using a plunger. Remove the stopper, add enough water to cover the drain by about an inch, center the plunger over the drain and create a strong seal. Pump the plunger up and down for about 20 seconds. Test the drain. Repeat if needed.

- If the plunger didn't help you may want to try a handheld snake or call a professional.

- To prevent clogged drains in sinks and showers, use strainers to catch soap, hair and debris.

Leaky Faucet

Twist the valve under the sink to turn off the water. If there is no valve, turn off the main water supply to the house. Turn on the faucet to let the water line clear. Remove the handle. Remove the cartridge by following

the manufacturer's instructions. Clean the handle area, inspect O-rings and replace if worn or damaged. Insert a new cartridge-based on the manufacturer's instructions. Reattach the handle and turn hot and cold water back on. If the leak continues, consult a professional.

Clogged Dishwasher

- The drain at the bottom of your dishwasher can collect food debris and buildup and lead to a clog. You can clean the area around the drain by hand but may have to remove the screws and drain cover to access the smaller pieces. This will ensure dirty water is exiting and your dishes are properly cleaned.

Garbage Disposal Back-ups

To avoid back-ups and service calls never treat your disposal like a trash can. Do not place starchy, stringy and fibrous waste into the disposal because they don't sufficiently break down. Before you toss in scraps, turn on the disposal and gradually add scraps. Keep water running while the disposal is on and for a full minute after it's turned off. To safely clean the disposal, pour a half-cup of baking soda then slowly add a half-cup of vinegar. When the mixture stops fizzing flush the disposal with hot water.

Good to Know

- Baby wipes are not flushable- no matter what the package says.

- Keep a wastebasket visible in the bathroom so guests don't toss cotton swabs and tissues in the toilet.

- Know where your main water valve is located and how to turn it off.

For more information, visit www.donleyservice.com. ❖



Mike Donley





The Saguaro Pool (Adults-Only Pool)

Arizona Biltmore, A Waldorf Astoria Resort Reopens Following Landmark Transformation

Arizona Biltmore, A Waldorf Astoria Resort is pleased to announce its highly anticipated reopening following a property-wide transformation, revealing a new chapter in the history of this uniquely chic resort. Born a century ago (1929) as the grandest hotel of Hollywood's Golden Age, this 39-acre Arizona landmark remains one of the most beloved resorts in the world for its Frank Lloyd Wright and Albert Chase McArthur architectural pedigree, intuitive facilities and storied history. Virserius Studio, PHX Architecture and Jim Smith of Serving the Nation, Inc. – all of whom have deep knowledge of Frank Lloyd Wright's mindset – were purposefully commissioned for this 15-month project to meticulously restore, repair and celebrate the Arizona Biltmore's iconic legacy while reimagining the luxurious guest experience for a new era.

"Our team is delighted to welcome guests back as we reopen the iconic Arizona Biltmore, A Waldorf Astoria Resort that represents grace,

style and luxury," said Danny Hughes, Executive Vice President and President, Americas, Hilton. "The transformation provides a seamless connection between design and innovation that will undoubtedly inspire travelers to rediscover this incredible resort, located in one of the most sought after destinations in Arizona, all while experiencing Waldorf's signature hospitality."

Arizona Biltmore's breathtaking setting near the base of the Phoenix Mountain Preserve creates a magical backdrop for Waldorf Astoria's unmatched True Waldorf Service and unforgettable experiences. 701 contemporary guestrooms (36 suites, 28 upgraded standalone luxury cottages and 54 villas) are available. The lavish one-and two-bedroom Villa Suites are truly a home-away-from-home, while the guestrooms and suites offer an ideal space for couples, pairs and solo travelers alike. Beautifully restored by Virserius Studio and PHX Architecture to their iconic reputation as

"Hollywood splendor with a splash of cool desert chic," the cottages represent the refined new era of Biltmore glamour in every detail. The high-touch design celebrates the timeless style and influence of Frank Lloyd Wright, with a palette of earthy hues, wood, stucco walls and adorned with bespoke furniture pieces offering a warm welcome, manicured grounds, patio firepits, miles of unobstructed views, living spaces and more.

Bringing to life Waldorf Astoria's culinary excellence and innovation, each onsite dining concept at the Arizona Biltmore underscores seasonality through partnerships with local farms to usher in the best of the past with an unexpected modern twist. Effortlessly fabulous meets notoriously cool at the transformed Wright Bar, where the famous Tequila Sunrise was originally invented onsite by Gene Sulit. Its refreshed design combines beautiful contrasts; the rich colors of the furniture are set against the signature concrete Biltmore Blocks and the tiered elevation layout adds varying moods and spaces. At the new, evening-only Renata's Hearth restaurant, modern Latin cuisine takes center stage with an exciting menu and philosophy based around "the essence of smoke" accompanied by a thoughtful selection of craft tequila and mezcals. Named after the property's architectural inspiration, Frank & Albert's contemporary American aesthetic skillfully blends upscale, contemporary cuisine amidst a magnificent desert backdrop. For those drawn to the social hub of the resort, the new Spire Bar serves as a lush alfresco lounge space with fire and water features, inventive cocktails and delicious small bites complemented by live entertainment – all anchored by a 30' spire that pays homage to Frank Lloyd Wright's bold design aesthetic. For more casual options, guests may opt for in-room dining or The Café.

"We are thrilled to be welcoming back guests to the reimagined Arizona Biltmore," says Abby Murtagh, General Manager at the Arizona Biltmore, A Waldorf Astoria Resort. "While we preserved the resort's iconic legacy with our transformation, we look forward to our guests experiencing a fresh, glamorous sense of magic that is found only at the Biltmore. It is a new era for this legendary property."

The Arizona Biltmore is beaming with best-in-class amenities that cater to all leisure styles, whether it be for relaxed, active or wellness



The Wright Bar

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pursuits. Seven sparkling pools are available, including the new sophisticated adults-only pool, the Saguaro Pool, that provides a chic oasis, anchored by the pool's namesake, a 140-year-old Saguaro cactus. Dappled around the elegant pool are stylish alcoves and cabanas; plush amenities include mini fridges and TVs while refreshing cocktails and bites are steps away at the new Saguaro Bar. A reimagined Paradise Pool is a respite for the young and young at heart with the new 65-foot triple "The Twist" water slide and fun children's splash pad, as well as 15 luxury, air-conditioned private cabanas.

Two 18-hole championship golf courses at the nearby Arizona Biltmore Golf Club; six tennis courts; two new pickleball courts and eight retail concepts are also available within a moment's notice. A dedicated concierge service offers truly unforgettable experiences including hot air balloon rides, star gazing, desert biking and hiking, and more to round out the very best of the desert luxury lifestyle. Guests can expect unique guest programs and offerings to debut throughout the year.

With a name that honors both the earth below and the moon above, the new Tierra Luna Spa features 12 soothing treatment rooms and a range of curated therapies inspired by the surrounding Sonoran Desert. Unique experiences include the mud and crystal bar and an onsite astrologist blending birth-charts and cosmic forces into personal revelations.

Capturing Waldorf Astoria's ethos of offering iconic environments, Arizona Biltmore offers 200,000 square feet of majestic indoor and out-

door space, including the 24,576 square-foot Frank Lloyd Wright Ballroom and the new Spire Event Lawn, set against the picturesque Piestewa Peak backdrop. The famed Gold Room has also been restored with the return of the gold leaf on the magnificent ceiling.

Another noteworthy design aspect of the transformation includes the restoration of the signature "Biltmore Block." Developed by Wright and McArthur as a variation on a textile block first used by Wright to construct private homes, the iconic blocks were made from desert sand onsite and created in 34 different geometric patterns inspired by the trunk of palm trees. The restoration team has retained as many of the orig-

inal blocks as possible, and the 6,000 that needed replacing or repair were built onsite using the very same earth and techniques as the originals.

To emphasize Hilton's commitment to the health and safety of guests, Arizona Biltmore, A Waldorf Astoria Resort participates in the Hilton CleanStay Program with Lysol Protection to deliver an industry-defining standard of cleanliness and disinfection. Hilton's elevated processes and Team Member training have been developed with RB, maker of Lysol and Dettol, to help guests enjoy an even cleaner and safer stay from check-in to check-out.

To learn more about the reinvented Arizona Biltmore, visit www.arizonabiltmore.com. ❖

The Arizona Biltmore Paradise Pool



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New Luxury Condominium Residences at Ascent at The Phoenician® to Begin Sales Following Early Success

Ascent at The Phoenician® is now releasing its luxury mountainside condominium residences for sale following the early sales success of its Golf Villa homes. Situated at the base of Camelback Mountain, overlooking the Phoenician® Golf Course and located adjacent to The Phoenician®, a Luxury Collection Resort in Scottsdale, Arizona, the private, gated community of Ascent has become one of Arizona's most coveted new luxury real estate offerings.

Following the community's early sales success of the Golf Villas, Ascent at The Phoenician® is now introducing their next release: an intimate residential building of 40 luxury condominium residences on Camelback Mountain consisting of one-bedroom plus den, two-bedroom, two-bedroom plus den, and three-bedroom plus den plans. Prices are estimated to range from \$1.5 million up to \$5 million.

These exclusive condominium residences will enjoy a prime location adjacent to the Mountain Club, a private club for owners at Ascent. Programs, amenities and private events at the Club will celebrate the iconic Camelback Mountain and includes a private pool, fitness and movement rooms, social spaces and demonstration kitchen for cooking classes and private chef experiences. Architecturally designed as a modern interpretation of the historic Jokake Inn, the Mountain Club will be an intimate gathering place for connection, wellness, celebration and relaxation.

"These modern residences offer buyers the chance to live in a private, gated community that provides the freedom and benefits of luxury living in one of the most revered locations in Scottsdale," said Todd Patrick, Replay Destinations' Vice President of Sales and Marketing. "With the dramatic views of the Valley, city lights of Scottsdale and Camelback Mountain, these exquisitely designed, single-family sized residences will be the best of luxury condominium living in the Phoenix area. The Golf Villas captured the attention of the market and we expect to continue to build on that momentum with our next launch."

The Ascent mountainside residences will feature seamless indoor-outdoor living, floor-to-ceiling glass to optimize views and natural light, Sub Zero and Wolf appliances and spa-inspired bathrooms. Residents will enjoy a spacious private rooftop terrace that provides 360-degree views of both the Valley and Camelback Mountain with social areas, fire tables and an activity lawn. Residents will also have a connection through the cactus garden to all of The Phoenician® hotel's restaurants. Also, residents will have the opportunity to join the Phoenician® Amenity Access Program that provides Ascent real estate owners with access to resort amenities, including the pools and fitness facility and preferred pricing for golf, spa, food and beverage, and other services.

The Ascent Golf Villas have sold over \$40M just two months after opening for sales. The initial offering of 30 Ascent Golf Villas began selling in mid-February. The Golf Villas include homes ranging from two-bedroom to three-bedroom plus den/office plans, extensive indoor-outdoor living, private two-car garages, and views of both the golf course and Camelback Mountain. Current prices range from \$1,975,000 to \$2,895,000. Construction of the Golf Villas is now underway.

"The ability to live in a private community adjacent to The Phoenician®, overlooking the first fairway of The Phoenician® Golf Course, next to Camelback Mountain and in a home that offers the rare combination of both luxury and low maintenance living is a once in a lifetime opportunity," said Jeremy Pfile, Director of Development for Replay Destinations. "We are thrilled the Ascent Golf Villas have been so well received and we are excited to now launch our first con-

dominium residences located on Camelback Mountain."

The Ascent Golf Villas have attracted buyers from the local Phoenix and Scottsdale area and from various states such as California, Illinois, Wyoming and Washington.

With more than \$2 billion of real estate projects in planning and development, Replay has properties in some of the world's most sought-after settings. The team for Replay's condominium residences and Golf Villas includes design partners from the Valley's best internationally recognized talent: Nelsen Partners, an architecture and planning firm founded in 1990; Vallone Design, a leading, full-service interior design firm specializing in exquisite residential and commercial interior design; Floor Associates, a landscape architecture and planning firm; and bulthaup Scottsdale, a globally recognized company producing premium kitchens custom-made in Germany.

Joe Bushong and Leslie Jenkins of Russ Lyon Sotheby's International Realty are the listing agents; for more information on the remaining Golf Villa homes or to register for updates including registration for the first release of mountainside condominium residences visit ascentatthephoenician.com or call (480) 534-4086. ❖



An Aquatic Workout That's Literally No Sweat!

**The On-Demand Workout System That's Like A Peloton For The Pool
It's Not Your Grandma's Water Aerobics**

You have likely seen grandmothers doing water aerobics in a Florida gated community and laughed silently as they attempted to exercise "elder style." This is probably what you picture if someone says, "water workout." Fluid Running is a serious aquatic high-tech workout developed by certified trainer Jennifer Conroyd after she was injured and needed to rehab to run a marathon. The Fluid Running workout uses a flotation belt and Bluetooth, waterproof headphones that connect with the Fluid Running app in order to hear music-backed workouts, from beginner to extremely advanced, that are led by Jennifer. Your phone stays safe and dry wrapped in a towel or gym bag. These workouts are performed in deep water such as a pool, lake, or bay. You do not travel during the workouts, the Fluid Running form keeps you in one place.

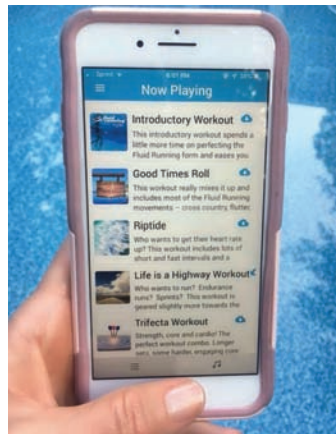


Who is a candidate for Fluid Running?

There are many reasons why and categories of people who choose to do an aquatic workout. Running in the pool is great for people who have injuries or are rehabilitating. Pregnant women love it because it doesn't jar or overheat the fetus. People who don't like to sweat have no worries in the water! If you have extra weight, there is no danger of putting additional pressure on joints since everyone is weightless in the water. Athletes do it because they can get a full-body workout and reduce the risk of injury. For those who want to lose weight, running in deep water burns 30-40% more calories than running on land because water is 800 times denser than air. For those looking to jumpstart an exercise program, they can go at their own pace in a beginner-level workout without the intimidation factor of a class situation. People of all ages and fitness levels can use this program as long as they are comfortable in deep water, and you don't need to be a runner or a swimmer. Unlike other forms of at-home gym equipment, Fluid Running takes up virtually no space. Its components can fit in a gym bag.

How does it work?

Using a special flotation belt, you get into the deep end of the pool (or bay or lake), hit "play" on your headphones and begin one of the Fluid Running workouts. The workouts are interval-based and combine deep water running with several other movements that keep the Fluid Runner engaged and challenged. While serious runners have known the benefits of "water running," many complained about a lack of mental stimulation. Fluid Running has evolved the concept with Bluetooth, waterproof headphones, an app, and specific workouts led by Founder and Certified Trainer Jennifer Conroyd that are geared for all fitness levels. The water needs to be deep enough so that your feet do not touch the bottom when you are running in the upright position. Once you receive the equipment, install the Fluid Running app, download the included workouts, and pair your new Bluetooth, waterproof headphones. All workouts are audio so there is no need to be watching a screen. You can see the program in action here: <https://www.youtube.com/watch?v=zarlxUJkDfc>.



How does Fluid Running compare to running on land?

In terms of form, Fluid Running and land running form and mechanics are the same. What's different is the impact and calorie burn. With Fluid Running, there is NO impact. There's no such thing as low impact running on land. Many of Fluid Running's participants are avid runners, but running on land can cause joint stress and injuries. Fluid Running lets people enjoy the benefits of running with none of the harmful impact. Movement in cool, circulating water helps improve flexibility while cushioning the joints and reducing inflammation. Water also creates resistance, and uses core and upper body muscles, which is why deep water running burns about 40% more calories than land running.

What is the science behind aquatic running?

Running in deep water, combined with hydrostatic pressure enables the stimulation of metabolic and neuromuscular systems, followed by their corresponding physiological adaptations allowing both to maintain and improve athletic performance. Aquatic exercise can also play a beneficial role in an athlete's recovery, helping to prevent as well as treat muscle damage and soreness following exercise. Exercising in the water can help bone density: The resistance of the water just from physical movement places a demand on the skeletal system, causing a load on the bones. Once the bones are subjected to this stress they are forced to respond and increase muscle tension. This entire process results in stronger and denser bones. Overweight people: Aquatic exercise would seem to offer the safest and most protective environment for these individuals because of the buoyancy effects of immersion, which minimizes the risk of joint injury.

The cost is \$199.00 for the complete system and is available for purchase on the website at www.fluidrunning.com.

Celebrate Father's Day at Common Ground Culinary

Make Dad's week by taking him out for Father's Day this year at one of the Common Ground Culinary concepts. Chef Christopher Collins is offering his famous Prime Rib and BBQ beef rib dishes all day long for the occasion.

The Macintosh in Phoenix, and **Grassroots Kitchen & Tap** in Scottsdale will be serving BBQ beef ribs. Both restaurants will be offering their BBQ beef ribs with a side of shoestring potatoes, plus a side of brother's tangy slaw.

The Collins Small Batch Kitchen on 32nd St. and Camelback in Phoenix, and **Twisted Grove Parlor + Bar** in Scottsdale will both be offering their famous prime rib. Typically reserved for Friday and Saturday nights in limited quantity, The Collins and Twisted Grove could not leave Dad hanging. Both of the Prime Rib dishes are made with Harris Ranch beef, magic rub, creamy horseradish and au jus.

Reservations are not required, but are highly recommended!

The Collins Small Batch Kitchen

3160 E Camelback Rd, Phoenix,
AZ 85016 (602) 730-3533
www.thecollinsaz.com.

The Macintosh

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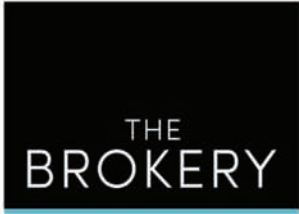


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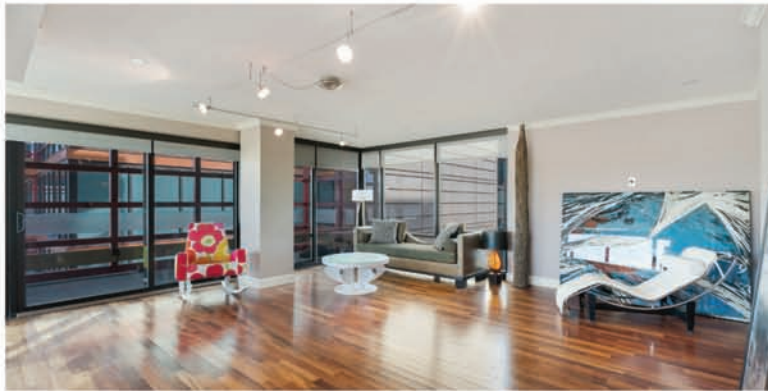
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