



Your Biltmore Specialist—The Phil Tibi Group

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Biltmore Fairway Lodge

8 Biltmore Est Unit #212 Phoenix, AZ 85016 2Bd/2Ba Plus Den/Office Offered at \$1,450,000

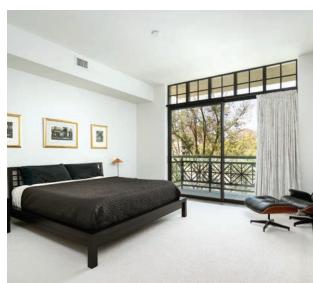
This exquisitely remodeled luxury residence at approx. 2,400SF is turn-key and move in ready. Attention to detail has not been spared on this condo boasting dramatic mountain views. All new appliances and HVAC system. Spacious kitchen with stainless-steel Wolf gas range, spa-like bathrooms, and designer lighting are just some of the features. Large windows frame dramatic mountain views and those infamous Arizona sunsets. Just steps away from the iconic AZ Biltmore Resort Hotel.

Maintenance free lifestyle with heated community pool & spa, grand Clubhouse, and fitness center. Minutes to freeways and Sky Harbor Int'l Airport.

For More Information Call 602.320.1000







Melanie McFarland **Associate Broker** Phone: 480-329-3893 melanie4053@gmail.com Facebook: MelanieMcFarland

6119 N 28TH SINGLE UPSTAIRS BILL

2 BD/2 BATH - UPDATED BATHS - MA VIEWS OF GOLF COURSE, WRIGLEY MANS.



6123 N 28TH PLACE 1,488 SQ FT \$645,000

6206 N 30TH PLACE 1,470 SQ FT \$590,000









Luxury Furnished Rentals ~Fairway Lodge~

Condos Available for Summer Rentals if You Are Remodeling Call for Information!

For Your Sales or Rental Needs Call Melanie McFarland • 480-329-3893

Dr. Alexandra Fox and Dr. Joseph Berardi Meet the Husband and Wife Team Behind Berardi Aesthetics and Plastic Surgery

Working with one's spouse might be a challenge for some, but for Dr. Alexandra Fox and Dr. Joseph Berardi it has been the secret tool to making patients comfortable and plastic surgery perfection at Berardi Aesthetics and Plastic Surgery.

The pair met nearly two decades ago when Dr. Fox, then a recent graduate was applying to medical school.

"A complete stranger introduced us; we talked and then ended up exchanging numbers. We then went out on our first date and the rest is history," said Dr. Berardi.

Fast forward 15 years, the pair has been married for five years and are also the proud parents of 2 ½-year-old Luca and 9-month-old Giuliana.

They have been practicing medicine together for past 5 years. Given their respected professions, the couple's roles complement each other. She is the anesthesiologist and he's one of Arizona's most recognized plastic surgeons. Several times a week the couple can be found in surgery, working alongside one another and making Valley patients feel beautiful.

"We always follow one basic rule and that is we keep home at home, and when we are working it's all about our patients and this practice," said Dr. Fox. "It's been pretty seamless and over the years I've become more and more involved in the practice, and I think we've turned into an incredible team."

Dr. Berardi says it's one of the most gratifying experiences to see his wife in action and to watch her in the operating room doing what she does best. "She takes the time to get to know our patients ahead of the surgery and then she takes incredible pride in making them feel comfortable and making sure they have a successful recovery," said Dr. Berardi. "She is a great part of why we are so successful and to have her alongside me ensures the absolute best patient experience."

Dr. Fox, who has worked in Level 1 trauma centers most of her career says she is equally as impressed with her husband's talents and the patient's outcomes.

"I have worked with a lot of plastic surgeons over the years and he is one of the most meticulous surgeons I have ever worked with," said Dr. Fox. "He's not afraid to stop and take the extra time to make everything just right. He is always focused on giving our patients the best possible outcome," said Dr. Fox.

In practice for 16-years, Dr. Berardi says he has never felt more confident, and he credits a lot of it to his partner in the operating room.

"She lights up a room and just has a connection with our patients that you don't normally see. I think at the end of the day this just makes

us better at what we do," said Berardi.

When the couple is not performing surgery, or enjoying the great outdoors, they spend all of their time enjoying their children and especially their family dinners.

"We sit down as a family and have dinner with our kids every single night," Dr. Fox said. "It's important that we keep the office at the office, and when we're at home our kids are the focus.'

For more information about Berardi Aesthetics and Plastic Surgery please visit https://www.theplasticsurgeon.org or to arrange a visit at Dr. Berardi's office please call (480) 397-0711.



From the Publisher...



Summer is here, and there are plenty of events around the Valley to keep you busy. The Arizona Biltmore has several special events going on right in your backyard. They have special rates for Arizona residents and several packages to choose from which include a \$100 resort credit and free self parking. The whole family can enjoy watery treasure dives, crafting and the Slime Station, or parents can simply lie back in a luxurious cabana to watch from afar as the

kids try face painting, glitter tattoos and Bubble Maniacs.

At nighttime, the pool glow balls come out for Twist Nights at Paradise Pool where the family DJ supplies the soundtrack, and supervised family movie nights in the Aztec Room are the perfect helping hand when all you need is a couple of hours' peace with nothing but an icy cocktail and a sky full of stars. So check out the website at www.arizonabiltmore.com and see which events you are interested in including in your summer plans.

Don't forget June 19th is Father's Day. Drop by Biltmore Fashion Park and pick up something for that special man in your life. Maybe even send a card to someone who has been like a father to you. It's always nice to show someone how much you care.

Thank you for reading this month; I look for ward to bringing you another exciting issue of *Biltmore Lifestyles* in July.

Until next month, Susan

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email: biltmorelifestyles@gmail.com • www.biltmorelifestyles.com Publisher Susan Aavang Editor Julie Nicholson

Local Outdoor Furniture Brand Announces New Products

Neighbor is rolling out new products just in time for summer. The local outdoor furniture brand has added new handwoven rugs and a teak version of its Low Chair to its award-winning outdoor collection.

Based in Phoenix, Neighbor was founded by three friends who recognized the need for better alfresco living experiences. Neighbor's collection of modular and transitional furnishings bring an indoor aesthetic to the great outdoors. When designing

their furniture, it was essential that they found durable, weather-resistant materials that didn't sacrifice beauty or feel. The furniture is crafted from FCS-certified teak and a curated collection of Sunbrella fabrics. Neighbor is continuing to evolve their offerings with sustainability in mind.

Here is more info on the new products:

Teak Low Chair - An everyday modern take on a classic Adirondack chair and ottoman. Crafted with sustainably sourced FSC-certified solid teak wood, it's sturdy and comfortable with a relaxed recline, curved back, and wide armrests. Left unfinished, teak will patina to a beautiful silvery grey. The Teak Low Chair is \$700. The Low Chair with the Ottoman is \$950.

New Handwoven Rugs – Handmade in India at a Fair Trade Certified factory and made with 100 percent PET (polyester) from recycled ocean-bound plastic. Rugs are available in multiple sizes – 2x3, 5x8, 6x9, 8x10, 9x12. Prices vary.

• Mesa Rug: Modern meets southwest. Each Mesa Rug is handwoven with polyester yarn from recycled ocean-bound plastic bottles. Soft-textured flat weave is reversible, easy to clean and perfect for high-traffic areas indoors and outdoors.

• Dune Rug: Coastal stripes made minimal. Each Dune Rug is handwoven with polyester yarn from recycled ocean-bound plastic bottles. Soft-textured flat weave is reversible, easy to clean, and perfect for high-traffic areas indoors and outdoors.

• Field Rug: Balanced and checkered. Each Field Rug is handwoven with polyester yarn from recycled ocean-bound plastic bottles. Soft-textured flat weave is reversible, easy to clean

and perfect for high-traffic areas indoors and outdoors.



Valley residents and visitors can also check out Neighbor products at their boutique showroom in Phoenix, located at 515 E. Grant Street, Suite 109. The showroom is open for walk-ins Tuesday through Friday from 1:00 p.m. to 4:00 p.m. or by appointment on Saturdays. It features Neighbor's entire collection of outdoor furniture and accessories. For more information or to schedule a tour, visit www.hineighbor.com.



Luxury Residential Specialist

Featured Properties

Offering a property marketing program consisting of a combination of online, print and television advertising to powerfully showcase your home and help more buyers see it. The results simply speak for themselves. To discuss how you can leverage Coldwell Banker's exceptional marketing and exposure to help sell your home for the highest possible price, contact me today.



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- ~ Price Upon Request.

Esplanade Place 2402 E. Esplanade Ln. #901 \$1,698,500

- ~ 2 Bedrooms, 3 Bathrooms + den.
- ~ 3,000sf.
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- ~ Newly installed features.
- ~ Delightful high-floor residence.

Papago Golf Club Begins Renovation and Enhancement Project Popular Municipal Course to Remain Open During Construction

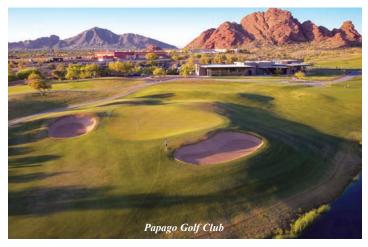
Papago Golf Club in Phoenix will soon undergo a four-month golf course renovation and enhancement project. The project is set to begin in June and is expected to be completed by October. The golf course will remain open for play while renovation work takes place. Owned by the City of Phoenix and managed by Troon, Papago Golf Club's \$4 million renovation is being funded by the Arizona Community Golf Foundation (ACGF) and a private donor. ACGF President Gregg Tryhus is overseeing the project and Troon's Senior Vice President of Golf Course Development Ron Despain is overseeing project management and design enhancements. Heritage Links and Casa Verde Golf will be executing the construction work.

With construction of the new Arizona Golf House scheduled to begin in 2023 adjacent to 9th green, 18th green and Evie's Pavilion, renovations will include moving the 9th and 18th green complexes as well as the 1st and 10th tees. The 9th green will be relocated to the edge of the existing pond, creating a risk/reward par 5, while the 18th green will be repositioned creating a new angle for golfers' approach shots. The current 442-yard, par-4 6th hole will be lengthened as the green complex will be relocated and moved back 20 yards. In addition, all golf course bunkers will be rebuilt and renovated, many tee complexes will be leveled, and new cart paths will be added around tees and greens. More than 10 acres of turf will be removed throughout the course, further reducing water usage.

Papago Golf Club will close for overseeding on October 3rd and reopen, with renovations complete, on October 24th.

"The revitalization of Papago Golf Club continues with this series of upgrades and improvements," said Papago Golf Club General Manager Daryl Crawford. "The bunker renovations and tee leveling will be welcome improvements, while the enhancements to 9th and 18th holes will help us prepare for the new and exciting Arizona Golf House. With the course remaining open during renovations, many of our regular golfers will be able to track the progress of the enhancements."

Named one of the "30 Best Municipal Golf Courses in America" by



GOLF Magazine in 2021, Papago Golf Club is located in the heart of Papago Park, surrounded by native desert landscape, the picturesque Papago Buttes and conveniently located less than two miles from Phoenix Sky Harbor International Airport. Originally designed by William Francis (Billy) Bell in 1963, the challenging golf course has hosted numerous events including the U.S. Amateur Public Links Championship, Phoenix Open qualifying and an LPGA tournament. Papago is now home to Arizona State University's men's and women's golf teams, and the teams' state-of-the-art, indoor/outdoor practice facility, the Thunderbirds Golf Complex. The 2018 additions of the mid-century modern inspired Lou Grubb Clubhouse and Evie's Pavilion for group events have further accentuated Papago's revitalization.

For more information on Papago Golf Club, visit www.papagogolf-club.com or call (602) 275-8428.



Frank Lloyd Wright Foundation Debuts Revamped Camp Taliesin West Program Now Enrolling for Summer

The Frank Lloyd Wright Foundation announced its Camp Taliesin West program will return this summer with an expanded lineup of architecture, science, engineering, art and photography camps, available for K-12 students both in-person at Taliesin West, the World Heritage Site in Scottsdale, as well as virtually.

Combining academic relevance with Frank Lloyd Wright's famed principles of organic architecture and solutions-based design, each summer camp features its own unique variation of hands-on projects and activities designed to encourage participants to think critically, creatively and sustainably, just as Wright himself once did. Strongly geared toward students with an interest in architecture and STEAM disciplines, camp curriculums include a range of collaborative design experiments and model-building activities, tours of the site customized to each camp's focus, exclusive access to subject-matter experts and more.

Nestled in the desert foothills of the McDowell Mountains, the iconic location of Taliesin West, that once served as Wright's winter home and desert laboratory, doubles as both an intimate, camp-like setting and a real-world demonstration of the prolific architect's principles.

Beginning in early June with sessions extending through July, Camp Taliesin West will feature the following full- and half-day camps:

Shaping a City | Ages 11 to 15 | June 20th – 24th

Using Wright's Broadacre City plan, which was created in hopes of establishing what parameters were necessary to guarantee healthy, safe and beautiful communities, campers will learn more about the history of urban planning and design. As they look at the numerous concerns facing cities today, campers will design 3D models of their very own cities to further explore the many ways that architecture can be used to improve a community.

Dream in Color: Interior Design | Ages 11 to 15 | July 11th - 15th

Through Dream in Color, campers will learn the basic principles of interior design such as color, texture, pattern, balance, proportion and symmetry, and will deepen their engagement with color theory.

Two-Week Virtual Architecture and Design Camp | Ages 7 to 12 | July 11th - 22nd

Featuring a myriad of specially designed architecture, engineering and history-focused activities that utilize only basic household items, students now have the option to attend camp from home. Through virtual experiments, guided 3D tours of Taliesin West, community lessons via Google Classroom and daily, live Zoom calls with an onsite educator, campers will dive deep into the realm of architecture as they work to create digital models of their own dream spaces.

Design Your Dream Space: Advanced | Ages 12 to 15 | June 13th – 17th, July 25th – 29th

This camp offers students a chance to design their dream space and become junior architects through the discovery and mastery of incorporating the many needs and desires of clients, environmental concerns and sustainable practices into their designs. This session will also feature an expert architect guest speaker.

Photographing Wright | Ages 12 to 16 | June 6th – 10th, June 27th – July 1st

The landmark architecture of Taliesin West is the backdrop for this week-long photographic journey. Local Arizona photographer Andrew Pielage will guide students in capturing the surrounding Sonoran Desert and other aspects of the site as they learn about the tools needed to best utilize a DSLR camera, including aperture, shutter speed, ISO, creative composition, image framing and the challenges of working with light and shadow.

Summer camps are now open for registrations, with enrollment fees ranging from \$50 to \$350 per session and spots expected to fill quickly. Scholarships are available for qualifying individuals through the Foundation's Community Access Program; to apply or learn more about financial assistance and for more camp information, campers and parents can visit FrankLloydWright.org. Frank Lloyd Wright Foundation members also receive a 10% discount.







Financial Advisor Christine Gustafson and Her Team Join Ameriprise With More Than \$450 Million in Client Assets



Private Wealth Advisor Christine Gustafson, Founder and Managing Director of Phoenix Wealth Management, recently joined Ameriprise Financial, Inc. (NYSE: AMP) from UBS with more than \$450 million in client assets. Gustafson and her team operate out of their office in Phoenix. They selected Ameriprise because of the firm's longstanding commitment to financial planning, industry-leading technology, and sophisticated investment research.

With more than 30 years specializing in wealth management for high-net-worth individuals, family offices and charitable foundations, Gustafson has grown her practice into a five-person team that serves a diverse client base across Arizona and the United States. In evaluating Ameriprise, she was pleased to learn that the company shares her passion for exceptional client service and empowering investors to give back to the causes they care most about.

"We take a holistic, custom-tailored approach to wealth management. Our strategic partnership with Ameriprise provides us with the best technology and leadership to thrive, offering clients the insight and perspective to create financial peace of mind," said Gustafson. "We customize every client's portfolio for their

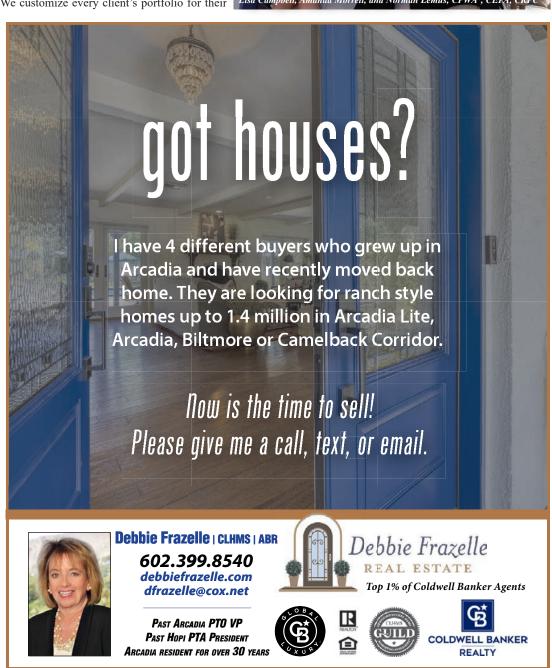
unique needs – we don't try to fit clients into the typical five-risk category model. In our search for a new firm, it was clear that Ameriprise's values aligned with ours, and they shared our goal of managing money for wonderful clients - many of whom are philanthropically oriented."

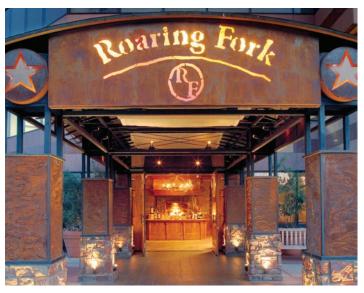
"We're delighted to have Christine and her team join Ameriprise," said Ryan Lurie, who supports Gustafson as Ameriprise Branch Manager. "We look forward to partnering with her to build her practice according to her values and vision, which is to ultimately help more people through comprehensive financial planning."

Gustafson's team also includes Financial Advisor and Managing Director Norman Lemus, CPWA®, CEPA, CRPC®. Lemus has more than a decade of experience serving clients and is a portfolio manager on the team's Tobacco-Free Portfolio, which was specifically designed for The American Heart Association. He moved into the industry after serving in the United States Marine Corps Reserve as a sergeant. The advisors are supported By Senior Registered Practice Associate Amanda Morrell and Senior Registered Client Service Associate Lisa Campbell.

Ameriprise has continued to attract experienced, productive financial advisors, with approximately 1,600 joining the firm in the last five years. Nine out of ten advisors who joined Ameriprise say the firm's technology, financial planning capabilities and ability to acquire clients is better than their previous firm. To find out why experienced financial advisors are joining Ameriprise, please visit ameriprise.com/why.







Father's Day Specials at Roaring Fork

This Father's Day, treat Dad to a delicious meal at Roaring Fork on Sunday, June 19th beginning at 4:00 p.m. Available in the saloon and patio only, choose from an assortment of tempting menu options at a discounted prices including:

- Chicken Tinga Tacos made with Chipotle Chicken, Pickled Onion, Cotija Cheese and Flour Tortilla for \$8.50
- Signature Queso Con Puerco served with Pepper Jack Cheese, Green Chili Pork and Crispy Tortilla Chips \$9.00
- Green Chili Pork Stew served with warm Flour Tortillas \$9.00
- Smoked Chicken Wings with Celery and Ranch \$11.00 or Pork Wings served with Spicy Slaw and Chef Medina's Select Sauce \$14.00
- RF Nachos made with Chicken Tinga, Queso, Red Bell Pepper, Tomato, Cilantro, Cotija and Jalapeño \$14.00

Pair these with one of Roaring Fork's \$7.00 Signature Sips including the Huckleberry Frozen Margarita, Raging Rita, Spicy Jalapeño Margarita, Adult Arnold Palmer and more!

About Roaring Fork

Roaring Fork's Wood Fired Cooking captures the spirit of bold American cuisine, creating flavors that crackle with a rugged edge. In the Old West, the best food was prepared on a simple wood fire. This same spirit, freshness and flavor are at the heart of every dish served at Roaring Fork. Select from lamb, chicken, beef, pork and fresh fish entrees all perfectly prepared by wood fire rotisserie, open flame grill or wood oven roasting. Roaring Fork is located at 4800 North Scottsdale Road in Scottsdale. For more information, please call (480) 947-0795 or visit the website at www.roaringfork.com.





FOUND:RE Phoenix Hotel and Match Market & Bar Host Monthly Guide to Wine Class

On Wednesday, June 15th from 7:00 p.m. to 8:30 p.m., FOUND:RE Phoenix Hotel and Match Market & Bar raise a glass to summer sippers and poolside wines in their monthly Guide to Wine class. A guest speaker from Stem Wine Company will suggest delicious seasonal wines ideal for enjoying in the warm weather and sunshine.

During the event, guests will enjoy samples of the wines discussed as well as light bites. Bottles of the wine sampled will be available for purchase with a 15 percent off discount during the class.

Tickets are \$25 and include wine sampling and accompanying fare. Tickets can be purchased at eventbrite.com/e/match-guide-to-wine-tickets-325222799147.

Match Market & Bar is located at 1100 N. Central Avenue in Phoenix 85004. For more information, visit matchphx.com or contact Match Market & Bar at info@matchphx.com or (602) 875-8080.



Work Hard. Play Hard. Recover Hard.

Is your back feeling tight after a long road trip? Have post-festival soreness all over? Can't walk after leg day?

Summer is the perfect time of year to enjoy outdoor activities, such as attending festivals, hiking, gardening, camping and more. Many people don't realize that these fun times can also be not so fun for your physical health. Introducing DNA Jazz Band.

Jazz Band Vibe Highlights:

- ~ Made in the USA!
- \sim Improves blood flow and oxygen
- ~ Reduces inflammation
- ~ Enhances cellular energy
- ~ Can be used on ankles, knees, elbows, wrists, shoulders, necks, backs, and more!
- ~ Four proprietary modes: red light, near-infrared, magnetic, and micro-vibration
- ~ Equipped with a battery pack, car charging outlet, and plug

The Jazz Band is trusted by hundreds of elite and professional athletes along with thousands of clinical therapists, allowing you to work hard, play hard, and recover hard all summer long.

The price is \$129. You may learn more at www.dnavibe.com. Available on ShareaSale at http://www.shareasale.com/join/DNAVibe. ❖

City of Scottsdale Announces Second Annual June Days

The city of Scottsdale is pleased to announce the return of its June Days celebration, which takes place at various locations throughout Old Town all month long. Due to its popularity last year, June Days is back, with more than 80 engaging and entertaining events for all interests.

Throughout the month of June, locals and visitors can enjoy a variety of June Days events such as immersive art exhibits, unique tours, family-friendly scavenger hunts, bingo nights, live music, health and wellness activities and much more, including special June Days staycation deals.

"June Days allows us an opportunity to showcase all that Old Town has to offer year-round. Even in the summer, there are so many cool ways to experience our city," says Karen Churchard, Director of Tourism and Events for the city of Scottsdale. "We welcome all our residents and visitors and encourage them to check out the fun things we have planned this year during June Days."

Just a few of this year's signature events include:

Breakfast at the Market

Saturdays throughout June \mid 7:00 a.m.-10:00 a.m.

3806 N. Brown Ave.

Guests are invited to enjoy Breakfast at the Market all month long. The city's popular Old Town Scottsdale Farmers Market offers extended dates through June, and will feature over 30 vendors selling baked goods, produce and delicious treats. Guests can enjoy the easy listening tunes of a guitar duo performing live as they nibble and shop their way through the market.

Scottsdale Stories & Sweets

Thursdays, June 9th, 16th, 23rd, 30th | 6:30 p.m.-7:30 p.m.

During this free, four-part storytelling series presented by the city of Scottsdale, guests can nibble on sweet treats as they are regaled with true stories about Scottsdale's rich, interesting –and sometimes mysterious—history. Each taletelling will focus on a different part of Scottsdale's past. Come to all four or enjoy a single session.

June Days ArtWalk

Thursday, June 9th | 6:30 p.m.-9:00 p.m.

Scottsdale Arts District

The Scottsdale Gallery Association and its participating member galleries host a summer-themed June Days ArtWalk featuring the live music of a steel drum band and refreshing sips and bites to evoke a vacation-style vibe right in the heart of Old Town. As the sun sets on Scottsdale, art lovers can enjoy a variety of themed artwork inspired by an Arizona summer while strolling the streets of Old Town.

Community Juneteenth Celebration

Sunday, June 19th | 2:00 p.m.-7:00 p.m.

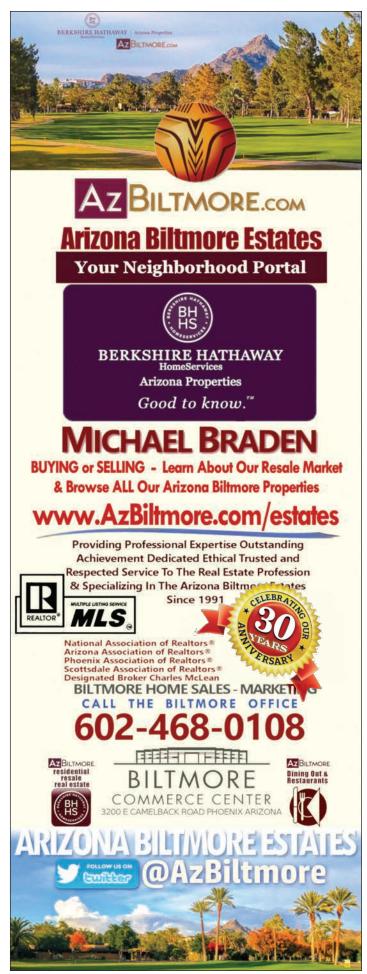
Scottsdale Stadium

This fun event serves as an educational and entertaining experience featuring cultural exhibits, health and wellness presentations and screenings, educational information, live performances, activities for kids, vendor booths, food, and family photo ops. Admission and parking are free.

In addition to these signature events, there is a plethora of activities such as Scottsdale's popular Puzzle Rides (with various themes); floral

arrangement workshops by the Flower Bar; paint and wine nights by Brush Bar; wine-centric events Carlson Creek Kazimierz Wine & Whiskey Bar, LDV Winery; crafting sessions at The Merchantile of Scottsdale, and so much more. For a list of events and registration details, please visit oldtownscottsdaleaz.com/junedays. ❖





Rosé all Day with Wine Nook!

Hosting a large wedding reception or celebrating National Rosé Day (June 11th) with your friends? Upgrade your serving station by hiding any boxed wine or cocktail out of sight with the Little Nook! This entertaining must-have will make beverage serving both stylish and effortless.

Starting at \$79, Wine Nook is available on Amazon, ShareASale, Skimlinks Grommet, QVC, Belk, Bed Bath and Beyond and Verishop.

Learn more at www.winenook.com/pages/top-little-nooks.

Little Nook Highlights:

- Fits any 3-liter box of wine
- Simply pull the bag out of the cardboard box and insert it into the Wine Nook for a chic look that pairs with any decor
- Elevates beverages for easy, self pouring
- Includes a 3-liter fillable bag and chalk
- Fits up to 4 bottles of wine and cocktails up to 80-proof
- Fill the bag with your favorite beverage (sangria, cold brew, lemonade and more)
- Chalkboard label to clearly label your dispenser
- Grab-and-go with a convenient carry handle
- Available in 5 cute colors to suit your taste
 - ~ Black
- ~ White
- ~ Turquoise
- ~ Red

~ Pink









The perfect gift for house warmings, anniversaries and everything in between. Partnered with the National Forest Foundation to plant a tree with every Nook purchased.





Father's Day Experience **At Uptown Plaza**

Forget tacky ties and silly socks and treat Dad to a gift he truly deserves. The Ultimate Father's Day Experience at Uptown Plaza is offered now through June 16th. Brimming with craft beers and guy-friendly pampering such as a Face FORM and a rocking T-Shirt, this premium package is only \$120 (total value is \$174).



Ultimate Father's Day Experiences includes:

- Mix and Match two cocktails and coffee from Dapper & Stout
- 15-Minute Face FORM from Hi, Skin
- Product bag from Lather including Bamboo Silk Face Scrub, Bamboo Lemongrass Body Moisturizer and Organic Lemongrass Olive Oil Bar Soap
- "Beer for Dad" with the option to take home a case of 24 beers or enjoy 5 pints at the Huss Brewing Co. taproom
- Manor Suns inspired T-Shirt

The Ultimate Father's Day Experience is offered now through June 16th. Guests can visit www.uptownplazaphx.com/events to purchase tickets. The punch cards will be available for pick up at Huss Brewing Co. at Uptown Plaza on Friday, June 17th. Receipt of purchase will be required.

Uptown Plaza is located on the northeast corner of Central Avenue and Camelback road, in the heart of Phoenix's historic north-central neighborhood. The newly restored mid-century modern shopping center is a lively urban hotspot, boasting a wide variety of retailers and restaurants such as Elly's Brunch & Cafe, Huss Brewing Co., Shake Shack, Local Nomad, Francesca's, Boardroom Salon for Men, CLOVR Day Spa and West Elm. To stay up-to-date on the latest events happening, please visit www.uptownplazaphx.com/events.

We-Ko-Pa Casino Resort Receives Tripadvisor 2022 Travelers' Choice Award

The We-Ko-Pa Casino Resort is proud to announce that it has been awarded a Tripadvisor 2022 Travelers' Choice Award in recognition of its commitment to hospitality excellence.

"This award is especially meaningful because it comes from the travelers themselves – the people who play in our state-of-the-art casino, enjoy our luxurious accommodations, and dine at our variety of fast and casual restaurants," explained Craig Benell, Director of Marketing for the We-Ko-Pa Casino Resort. "Their positive reviews validate our team members' hard work and dedication, and motivate us to continue providing exceptional guest experiences."

The world's largest travel guidance platform, Tripadvisor features more than one billion reviews of nearly eight million businesses to help people make better informed decisions about where to stay, what to do and where to eat.

The Travelers' Choice Awards recognize travelers' favorite destinations, hotels, restaurants and things to do based on feedback collected on Tripadvisor over a 12-month period. Winners are determined by the quantity and quality of ratings as well as an additional editorial process. To be eligible, a property must have been listed on Tripadvisor for at least a year, receive a threshold number of reviews within the evaluation period, and maintain or exceed a minimum bubble rating.

Owned and operated by the Fort McDowell Yavapai Nation, the spec-

tacular 166,341-square-foot We-Ko-Pa Casino Resort boasts state-of-the-art gaming, a variety of specialty fine and casual dining restaurants, and live entertainment. The attached AAA Four Diamond hotel offers 246 luxurious guestrooms and suites; 25,000 square feet of meeting space; and two resort-style outdoor pools.





At the Center of It All

Set amid a backdrop of panoramic mountain views, urban excitement awaits. Clarendale Arcadia Senior Residences offer a lifestyle rich in hospitality services and amenities along the Camelback Corridor, near Arcadia and Paradise Valley.

Where you want to be.

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Community Under Construction 3233 E. Camelback Road Phoenix, AZ 85018

Information Center

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The Genuine Brings an Elevated Dining Experience To North Central Phoenix

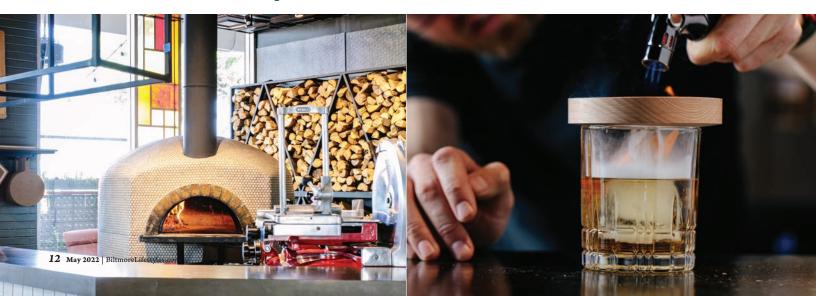
The Genuine, the first-ever flagship restaurant for Phoenix-based hospitality group, Genuine Concepts, is now open inside a artfully reimagined mid-century modern space in Uptown Phoenix. Open daily for happy hour and dinner during the week, plus weekend brunch, The Genuine delivers an elevated dining experience built around Chef Jeremy Pacheco's menu of shareable, wood-fired cuisine.

Located on 16th Street, just north of Bethany Home Road, The Genuine has transformed this former home to The VIG Uptown, restoring the light, airy mid-century modern design of this historic former bank by famed local architect, Ralph Haver. Gather with friends on the vibrant, plant-filled patio featuring cozy firepits and low-slung lounge-style furnishings, dine in the sun-filled, indoor-outdoor atrium, or sidle up to the soaring bartop backed by the dramatic bank vault.

"We were focused on the interior, taking it back to the clean-

lined, simple roots. We wanted to lighten up the space, make it fresh, and textured, like the menu," says Genuine Concepts Head Designer, Trina Boyd. Aside from opening up the space and clearing away the former dark steel window panels, the Genuine team spent eight months collecting and curating the collection of vintage furnishing, swag lamps and artwork, including local abstract paintings and ceramics.

And Pacheco has elevated the menu to include a little bit of everything. Think House-Made Garlic Knot Pull-Apart Bread, Wood Oven Roasted Mussels with orange blossom ale and Schreiner's sausage, or Charred Spanish Octopus, cooked to order inside the open kitchen's custom Forno Bravo oven. Plus, roasted chicken, pizzas, pastas and an ever-changing selection of sharable charcuteries and artisan cheeses, all paired with Genuine's signature selection local craft beers, wines and cocktails.



"The Genuine will proudly showcase local, regional, sustainable, natural, and organic foods from Arizona producers like Huss Brewing, Noble Bread, Four Peaks, ROCC coffee, White Lion Iced Tea, McClendon's Select, Queen Creek Olive Mill, Hayden Flour Mills, Crow's Dairy, Rovey Dairy, Sonoran Pasta Co. and more," says Pacheco.

The weekend brunch menu includes savory dishes such as House-made Cinnamon Roll, Bananas Foster Dutch Baby Pancakes, Peaches & Cream French Toast, Wood Oven Meat & Potato Skillet, and Quiche. These can be paired with special brunch-only cocktail offerings, such as the Poppin Peachellini, Breakfast of Champs, and Blood Orange Mule.

"The Genuine is the culmination of everything we've learned since we started in 1991," says Co-Founder Tucker Woodbury, "starting with the foundation of our kitchen and the world-class menu by Chef Jeremy that's still very approachable and fresh and fun. And the space speaks for itself, with a variety of spaces and environments, from casual community tables to romantic booths, it's the perfect neighborhood go-to with something for everyone."

Another unique feature of The Genuine is that the menu includes chef-inspired weekly changes, that will serve as the springboard for new dishes to make their way to other Genuine Concept menus.

Most important, despite the elevated menu, The Genuine features Genuine Concepts' warm and welcoming service. Enjoy cozy seating inside one of the deep booths, step out back to enjoy the open-air garden room, or dine out on the streetside patio, to enjoy the upbeat vibe, paired with great food and a wide selection of beverages hand-picked by the passionate and knowledgeable staff.

The Genuine is open for happy hour and dinner during the week, and brunch and dinner service on the weekends. The Genuine is located at 6015 N 16th Street in Phoenix. For complete hours and menus, please visit www.thegenuineaz.com.













Childhelp Wings Fashion Show: A Day in Wonderland Raises Record-Breaking \$325,000 for the Prevention and Treatment of Child Abuse

Fashion, fundraising and star-studded appearances converged at the JW Marriott Scottsdale Camelback Inn Resort and Spa on Sunday, April 24th, for a festive fashion show fundraiser that netted nearly \$325,000 to support Childhelp's programs and services, a record-breaking amount for this annual event.

The Alice in Wonderland themed event, titled "A Day in Wonderland," treated guests to special performances, live and silent auctions, jewelry raffles and meet and greets with storybook characters and therapy ponies Mazy and Buddy from Tender Little Hearts Equine Therapy. The fashion show highlighted spring trends from Saks

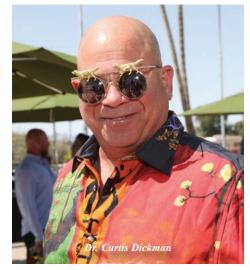
Fifth Avenue Phoenix and local retailer Cheeky Chic Baby and Kids Boutique. Hair and makeup for the show was generously donated by Beauty by Veronica.

The family-friendly fashion show and luncheon welcomed children of all ages, from the tiniest tots up to teens. Celebrity model participants included actress Lilimar Hernandez, Maricopa County Sheriff Paul Penzone, and retired NFL players Adam Archuleta, Paul Kruger and Brian Jennings. FOX10 Phoenix anchor Syleste Rodriquez emceed the event alongside TV personality and two-time *New York Times* bestselling author, Chris Powell.

Childhelp honored three Valley philanthropists making a difference for Arizona children and families. Longtime Childhelp Wings member Carey Pauley received the 2022 Childhelp Helping Hand Award while Laurie and Bill Eckholm were honored with the 2022 Childhelp Wings of an Angel Award. Presenting sponsors for the event were Earnhardt Lexus, NFP The Hebets Company, The Maggiore Group, Grimaldi's Pizzeria and Steve LeVine Entertainment.

Event chairs Jennifer Archuleta and Jamie LeVine, in partnership with the "Founding Mother" of Childhelp Wings, Carol Hebets,



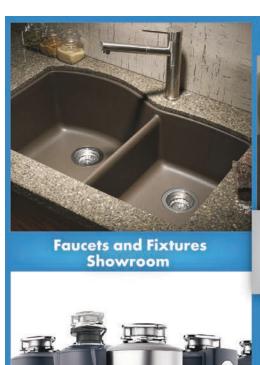














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chose this year's theme to highlight the child-like wonderment that features heavily in the classic tale Alice in Wonderland. Proceeds from the fundraiser directly benefit children receiving services at the Childhelp Children's Advocacy Center of Arizona dedicated to Linda Pope.

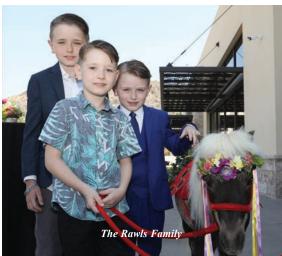
"This year's event perfectly encapsulated the giving spirit of so many men, women and children who volunteer their time, talent and treasure to help vulnerable children, especially at a time when we are still seeing an increase of devastating cases of child abuse due to the COVID-19 pandemic," Childhelp National Board Member and Wings Founding Mother Carol Hebets said. "By uniting fashion and fundraising, we are able to take huge leaps (down the runway) to end child abuse and help heal hearts."

Headquartered in Scottsdale, Arizona, Childhelp is the nation's oldest and largest non-profit dedicated to helping abused, neglected and at-risk youth. In 2020, Childhelp served over 30,000 Arizona children and families through prevention, intervention and treatment programs such as Childhelp Speak Up Be Safe and the Childhelp National Child Abuse Hotline.

The Childhelp Arizona Wings Chapter is made up of volunteers who help educate youth about issues surrounding child abuse and neglect through service projects and fundraisers. Originally established to celebrate the relationship between mothers and daughters while instilling the value of serving others, it has now expanded to include mothers, fathers, grandparents, aunts, uncles and children under the ages of 18.









Walter Art Gallery to Showcase "Subway Rush"

From Charles Gigila aka SAR!

The Walter Art Gallery is pleased to present "Subway Rush," the solo show of Charles Giglia aka SAR. Charles Giglia was born in Brooklyn, New York and raised in south Queens. He adopted the graffiti name SAR in 1977 and began writing in true graffiti form on the inside and outside of New York City trains. His raw subway style is currently transformed onto canvas, paper and metal in works capturing the color, energy, and style of art that roared through the subway system of New York City from the late 70s to the 1990s.

As a writer (the preferred term for graffiti artists), SAR was in the famous crews "The Master Blasters" and "Rolling Thunder Writers." Many consider him a historian of Brooklyn Mass Transit graffiti from his Queens neighborhood. His work has been published in numerous magazines and books including: Under the Bridge, From the Platform, NYC Subway Graffiti, Freight Train Graffiti, Taking the Train, Fuzz One a Bronx Childhood, and magazines, Elemental, Move Back, and Hip Hop Connection, to name a few.

In 1991, SAR was featured in a Rap video by The Lords of Brooklyn titled Bombing the System. In the 1990s, SAR was also featured in the graffiti documentaries, Video Graff 2 and Video Graff 3. He also worked on set graffiti for the movie Sleepers.

SAR's most recent works have been sold at the prestigious Art Curial and Tajan Auctions in Paris. His work was also featured in New York City this year at the Queens Graffiti Legends show at the Village Works Gallery. His artwork can be found in the private collection of the Groninger Museum in Holland and Galerie Salvador in France. The Galerie Salvador collection was presented at the Halle Saint Pierre Museum in Paris, France, February 2022.

"Subway Rush" will run through June 17th, 2022, with receptions on the closing date from 6:30 p.m. to 9:00 p.m. Join us to see this vibrant, dynamic art and meet the artist! The show can also be viewed by appointment by emailing gallery@thewalterhive.org. For more information about The Walter Art Gallery visit www.walter-art.com



Entrepreneur, Business Owner David Delorenzo Named Among Top 100 CEOs Anytime Phoenix

David DeLorenzo, Founder, Owner and Operator of Bar and Restaurant Insurance, a niche insurance company that serves to protect its clients and help them navigate the everchanging litigation in the hospitality industry, has been named a 2022 Phoenix Titan 100.

"It's extremely rewarding to do the job I do every day and to work with my incredible clients and staff, most of whom end up becoming great friends," says DeLorenzo. "To be honored as a Titan 100 is exciting and truly humbling."



The Titan 100 program recognizes Phoenixs' Top 100 CEOs and Clevel executives as the area's most accomplished business leaders in their respective industries using criteria including demonstration of exceptional leadership, vision and passion.

"The Titan 100 are shaping the future of the Phoenix business community by building a distinguished reputation that is unrivaled and preeminent in their field, says Jaime Zawmon, President of Titan CEO. "We proudly recognize the Titan 100 for their successes and contributions. We know that they will have a profound impact that makes an extraordinary difference for their customers and clients across the nation.'

The honorees are set to be included in a limited-edition Titan 100 book and profiled exclusively online. They will also be honored at an awards ceremony on September 29th and given the opportunity to interact and connect with their fellow Titans multiple times throughout the year.

For more about DeLorenzo and his company, Bar and Restaurant Insurance, visit barandrestaurantinsurance.com.

Summer Home Maintenance Checklist for Arizonans

Summer is here, which means it's time for Arizona homeowners to start crafting spring home maintenance checklists! Here are some tips from the home safety experts at First Alert.

• Prep the grill - Warmer weather means its finally time to fire up the grill! But after months of sitting dormant, it's important to inspect and clean your grill before using it again. According to the National Fire Protection Association (NFPA), grilling causes an average of 8,900 home fires per year – and in more than one-quarter of those fires (29%), the grill had



not been cleaned. When your grill is ready to be used again, make sure to store a fire extinguisher nearby in case of an emergency.

- Test smoke & carbon monoxide alarms Smoke and carbon monoxide (CO) alarms don't last forever, and the batteries need replaced at least every 6 months. Spring cleaning is the perfect time to check in on your home's safety features. Test your alarms and make sure they're working properly. Typically, smoke alarms last 10 years and CO alarms 5-7 years, but if you don't know how old your alarms are, you should replace them with new ones immediately.
- Inspect the roof Summer storms can take a toll on the roof, so a visual inspection at the start of summer is a must. Look for missing shingles or simply anything that doesn't look right. If you notice something that's out of place, you know it's time to call in a professional.
- Clean the gutters Once cooler temperatures have passed, have your gutters and downspouts cleaned and repaired. Clear any debris and ensure gutters are sturdy. Loose or leaky gutters can cause water to drain improperly, leading to unwanted water in the basement or crawl space.

"Chaos Putting Drill"

By Tina Tombs, The Arizona Biltmore Golf Club



The Chaos Putting Drill is a great practice exercise to get you ready for your on-course play and summer golf tournaments. You see all kinds of practice tools on an LPGA or PGA TOUR practice green: training aids, interesting new practice regimens, coaches coaching, players grinding or playing games.

You see a lot of tees too, pegged in a systematic array both around the holes and at discrete distances from the cups. Each tee seems to have a specific pur-

pose. Many players choose to surround holes with eight tees, like spokes on a wheel, then begin working their way around the hole.

It all looks so methodical and organized, like hands ticking around a giant clock. Which is why it was so surprising when, as I was doing my ordinary canvass of the putting green at a recent TOUR event, I came across one scenario that looked like an utter mess amid all the other pristine putting drills.



The tees are scattered around the hole with no apparent rhyme or reason. The

distances are varied, and the angles are inconsistent. Some are closer together, others farther apart. It looked as though the tees had simply fallen out of someone's pocket, then left wherever they happened to land. Just what we want when we practice for variability.

Turns out, that's exactly what happened. These tees are purposely set out as though they've been strewn by the wind (illustration, above).

When you're on the course, you rarely face the same putt twice, especially back-to-back. If you miss one putt, there's no chance for a redo. If you get on a hot streak, it's because you are reading the putts well and executing, not because you are going through the motions. With this randomized drill, it will force your mind to adapt every time you step over a putt. There's no comfort zone.

Practice how you play, right? Give it a try yourself.

Tina Tombs is a 2020 Arizona Golf Hall of Fame Inductee, a *GOLF Magazine* TOP 100 Teacher in America, and two-time LPGA National Teacher of the Year. To schedule your next golf lesson, clinic session you can contact Tina or her staff at www.tinatombsgolf.com and sign on to book your next coaching session.

Be the Hostess with the Mostess

From family get-togethers to intimate meals with friends, Cribsi has you covered when it comes to summer entertaining in style!

TRUE Chill Modern Ice Bucket

Whether you need ice to whip up cocktails or want to cool a bottle of wine, the **TRUE Chill Modern Ice Bucket** is the best ice bucket for all of your chilling endeavors. Price is \$39.95.



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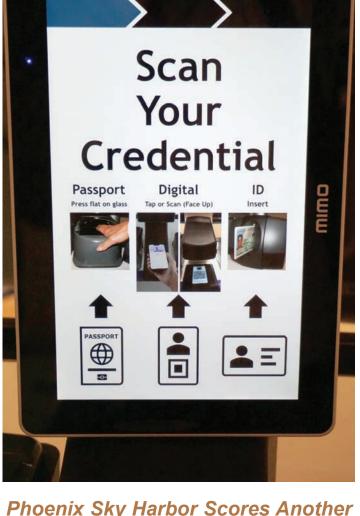
Charcuterie/Cheeseboard with Knife The Charcuterie/Cheeseboard with

Knife will ensure your spread is on point for any occasion. Price is \$39.95.



- This beautifully designed charcuterie/cheese board features gorgeous end grain wood and an acacia wood spreader/knife
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- Cleans up easily by wiping with a damp cloth

For more information and to order, visit www.cribsi.com.



Phoenix Sky Harbor Scores Another First with New Technology

Phoenix Sky Harbor International Airport is the first airport in the country to provide travelers with the opportunity to show their state-issued driver's license on their phone at the security checkpoint via the Apple Wallet.

In collaboration with the Transportation Security Administration, Apple and the state of Arizona, this new technology makes it easier for travelers to verify their identity at the security checkpoint.

Individuals with driver's licenses or state IDs issued by the state of Arizona can add a digital version of their license or ID to their Apple Wallet for TSA identity verification purposes.

Then, they simply present their ID in Apple Wallet at the security checkpoint.

Currently, this program is available only to TSA PreCheck customers. TSA PreCheck enrollees with Apple Wallet uploaded on their iPhones can use this new system at Terminal 3, as well as at the Terminal 4 B and D security checkpoints.

Who is not eligible to access and use Mobile ID at PHX?

Passengers with cell phones that are not Apple products, and those not enrolled in TSA PreCheck are not eligible for this option.

The TSA recommends that eligible travelers complete the process of adding a Mobile ID to their Apple Wallet before arriving at the TSA checkpoint.

Currently, America's Friendliest Airport® is the first and only airport with this new technology.



Introducing All-Natural Chicken Restaurant Birdcall

Fast-casual, all-natural chicken sandwich restaurant Birdcall expanded out of Colorado and entered the Arizona market to open its first location in Scottsdale. The Scottsdale restaurant, located at 7204 E. Shea Boulevard, is Birdcall's eighth location for the Denver-based company, founded in 2016.

"Our team is beyond thrilled to bring Birdcall to the Valley of the Sun, and we can't wait to welcome guests to our amazing space in the heart of Scottsdale," said Peter Newlin, Birdcall Co-Founder and CEO. "We truly believe Birdcall offers a differentiated dining experience, because we are so focused on every little detail - from our premium, all-natural foods, to the level of elevated hospitality our team members provide to each and every guest who engages with the Birdcall brand."

An Elevated Dining Experience

Newlin said Birdcall stands out from its competition because of its commitment to making natural foods accessible. Birdcall at Scottsdale and Shea is open for lunch and dinner, serving delicious chicken sandwiches, crispy tenders and healthy salads with vegetarian and plantbased options available. Birdcall also offers

specialty sauces made in-house from scratch, like their signature Bird-B-Q Ranch, Birdcall Sauce, and Buffalo Blue Cheese, made with 100% natural ingredients.

Birdcall's bar program features a selection of house-made craft cocktails, including margaritas and frozen beverages, as well as beers on draft from local breweries. Additionally, the Scottsdale location serves several fan-favorite specialty milkshakes.

Convenient and Welcoming

Every Birdcall restaurant showcases unique, contemporary designs that provide spacious, comfortable seating with a warm and welcoming ambiance. For example, the Scottsdale restaurant features a large, colorful mural painted along the exterior wall inspired by the Arizona landscape. The dog-friendly outdoor patio includes tables with umbrellas for ample shade. In addition, guests can experience a streamlined, one-of-a-kind ordering process using technology-driven kiosks for dine-in or take-out orders or opt to use their convenient double-lane drive-thru for diners on the go.

Supporting Local Communities

The community-based brand prides itself on

serving 100% all-natural foods and giving back at least 1% of sales to the local community. To support local businesses, Birdcall has collaborated with State Forty Eight on co-branded shirts that are available for purchase in-store for \$15, where \$1 from each t-shirt sold benefits the State Forty Eight Foundation.

The restaurant has formed a relationship with the neighboring school, Chaparral High School, to show support for the Firebirds and its students by sponsoring a number of school events, including prom and senior sunset.

To bring a taste of the Valley to the restaurant, Birdcall has also partnered with Phoenix-based Noble Bakery to locally source fresh buns for each sandwich, as well as breweries like SanTan Brewing Co. and Greenwood Brewing.

Birdcall plans to open ten restaurants in the next three years in the Phoenix metro area. A second Arizona Birdcall restaurant is slated to open in San Tan Village in the fall of 2022, with a third location slated to open in Phoenix in late 2022.

Birdcall Scottsdale is open daily from 11:00 a.m. to 10:00 p.m. For details, please visit eat-birdcall.com.













Introducing . . . OOFOS OO-LA-LA . . . Feel the OO! Recovery Shoes That Feel Good and Look Better!

OOFOS was founded in 2011 by four veterans of the footwear industry who saw an unmet need for footwear that could help fitness enthusiasts and athletes recover from repeated workouts on hard, man-made surfaces. They worked with a foam chemist to develop a breakthrough foam material called OOfoam™ technology. The revolutionary OOfoam™ technology combined with a biomechanically engineered footbed to create OOFOS: footwear that can truly make your hard-working feet and body feel better. OOFOS is scientifically proven to help you recover

The biggest differentiator with OOFOS is the OOfoam[™] technology found in each and every pair of these shoes.

After two extensive research studies, they have learned that the OOfoamTM technology paired with their patented footbed design lessens the demand on your ankles and knees while walking, which results in less work for your other leg muscles. By making walking easier on the body, it reduces stress to allow your body to feel better. OOFOS are now scientifically proven to make people feel better.

OOfoamTM offers 37% more impact absorption than EVA (traditional foam found in athletic shoes). This means that with each step, the impact that travels from your feet up through your body is reduced by more than a third! When you're not exercising, OOFOS footwear with OOfoamTM technology gives your whole body the opportunity to relax, rebuild and recover.

Research and testing over 2.5 years showed that the impact-absorbing benefits of OOfoam™ technology are a tremendous asset for athletes and fitness enthusiasts in helping them recover post-workout. They also learned that OOFOS and OOfoam™ technology have made a significant impact in helping people who experience foot, ankle, knee and hip pain.

Their mission is to "make yOO feel better," because that is what their products do for other people, and that is what they try to do as a company in their interactions with people, too.

OOFOS launched Project Pink in 2015. For each pair of OOFOS sold on oofos.com, they donate 3% directly to breast cancer research to support new medical breakthroughs. "It's a cause that is near and dear to our hearts, as our first employee was diagnosed in 2014 with Stage 4 Metastatic Breast Cancer (MBC), a non-curable and terminal condition," stated an executive with OOFOA. "This is why OOFOS chose to put our philanthropic efforts towards having as much of an impact as possible to finding a cure and having MBC no longer be a terminal disease. Staying true to our brand mission, 'make yOO feel better,' we envision Project Pink making breast cancer patients all over the world feel better." To date, they have proudly donated over \$130,000 to the breast cancer research team at Dana-Farber Cancer 6Institute in Boston and will not stop until collective efforts find a cure.

Over the past 11 years, OOFOS has grown to over 30 employees and counting, and their footwear is sold in 33 countries world-wide. In the USA alone, OOFOS footwear is sold in over 1,800 specialty retailers in the running, fitness, outdoor and comfort shoe store spaces. As well, OOFOS has an online store offering a full selection of all styles, which has been a great service for consumers looking to shop online.

For more information and to shop for OOFOS, visit www.OOFOS.com.











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New Summer Facials at Arizona Facial Plastics

Arizona Facial Plastics in Phoenix is offering summer-inspired facial treatments customized for hydrating and cooling our skin as we transition into the hottest months of the year!

Cryo Skin Smoothing Facial – Using this year's most popular skincare trend, cryotherapy, the Cyro Skin Smoothing Facial delivers both hydrating and cooling benefits to nourish your summer skin. Easily customizable for each patient making it great for all skin types, this tightening treatment requires little to no downtime so you can get back to focusing on summer traveling.

HydroJelly Mask Facial – This "jelly" like mask with a deeply exfoliating enzyme provides several benefits including hydration, smoothing and inflammation reduction. Starting with a deep pore cleanse and followed by a custom enzyme massage to brighten your skin, the hydrating jelly mask then seals in a custom serum to infuse the treatment in your skin.

These limited-edition summer facials are \$129 per treatment and will be offered throughout the summer. Arizona Facial Plastics also offers several other facials including the popular Hydrafacial. Appointments can be booked online at www.arizonafacialplastics.com or by calling (480) 296-0488.



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Splash into Summer at Arizona Biltmore, A Waldorf Astoria Resort With New "Golden Summer" Programming

With summer travel shaping up to be more popular than ever, the iconic Arizona Biltmore, A Waldorf Astoria Resort invites travelers to make the most of the sunny season with a full slate of summer programming with familyfriendly activities, Phoenix's desert gem will be the ultimate place to stay golden this summer.

FAMILY-FRIENDLY DJ | PARADISE POOL

4th of July Weekend, Labor Day Weekend Saturday and Sunday

11:00 a.m. - 5:00 p.m.

Open to overnight resort guests and day guests who have reserved a cabana

Three-day weekends are worth celebrating and Arizona Biltmore is doing just that with a family-friendly DJ at Paradise Pool on holiday weekends. Offered on Saturdays and Sundays over Memorial Day Weekend, 4th of July Weekend and Labor Day Weekend, parents and children alike can groove to the music while cooling off at Paradise Pool or racing down The Twist, the resort's 65-foot triple waterslide.

ICONIC LOVE, IN COLOR

June 1 - 30, 2022

Hours vary by outlet

Rainbow Show at Spire Bar at 9:00 p.m.

In honor of PRIDE month, Arizona Biltmore is celebrating "Iconic Love, In Color" throughout June, with a tiered rainbow cake and a rainbow-themed cocktail at any of Arizona Biltmore's spectacular dining outlets. After a full day of love, guests can light up their eyes with a rainbow light show nightly at 9:00 p.m. at the Spire Bar. A portion of proceeds from all cakes and cocktails sold will be donated to ONE Community, a local coalition of socially





responsible businesses, organizations and indi- Every weekend afternoon through the summer, viduals who are moving diversity, inclusion, equity and equality forward for all Arizonans.

STARGAZING

June 24 and July 8, 2022 8:30 a.m. – 10:00 p.m. Paradise Lawn

AZ Star Tours is bringing the delights of Sonoran stargazing to Arizona Biltmore. Using state-of-the-art astrophotography equipment, guests are invited to a rare and exclusive glimpse into the sparkling, hidden world that stretches out above, and an experience of celestial magnificence they will never forget.

CARICATURE ARTIST

Select dates throughout the summer

Smile! Guests are brought to life through a digital caricature found at Arizona Biltmore. Caricatures are drawn on a tablet and printed or emailed immediately for guests to take home as a keepsake.

LIVE MUSIC AT WRIGHT BAR

Fridays and Saturdays

5:00 p.m. – 9:00 p.m.

The iconic Wright Bar - where the original Tequila Sunrise was famously invented - will be the place for guests to continue the night they'll never want to end. Modern craft cocktails and live music await.

TIPSY SCOOP ICE CREAM | PARADISE POOL

Through Labor Day

Fridays and Saturdays

2:00 p.m. - 4:00 p.m.

Adults can add a little summertime spirit to their time at Paradise Pool with boozy ice cream.

Tipsy Scoop will be serving spiked options such as Raspberry Limoncello Sorbet and Cake Batter Vodka Martini. Non-alcoholic options

will be available for the littles as well. DJ SERIES AT SAGUARO POOL

Through Labor Day Weekend Fridays, 12:00 p.m. – 5:00 p.m. Saturdays, 11:00 a.m. – 5:00 p.m.

Shifts to Saturdays and Sundays on three-day weekends (4th of July, Labor Day)

There is never a bad time to celebrate the weekend, and Arizona Biltmore is turning up the heat on Friday and Saturday afternoons with live DJ music at the Saguaro Pool. Adults can sip on refreshing cocktails, nosh on hand-crafted culinary creations and lounge in a private cabana while taking in the lively and social energy around them.

GOLDEN SUMMER FAMILY ACTIVITIES

Monday - Saturday at 3:00 p.m.; location and activities vary by day.

Even the youngest of travelers can enjoy a golden summer to remember. Family-friendly activities for summer include face painting, crafting, slime making, glitter tattoos, pool games, indoor games and more.

For additional information and reservations, visit www.ArizonaBiltmoreSummer.com. Guests can also take advantage of the resort's special offers, including the Summer to Remember package, offering a \$100 daily resort credit and free parking and the Summer Staycation Package for Arizona residents, offering a 25% discount and free parking.









June is Men's Health Month Top Health Screenings for Men

Summer is here and many men make it a priority to maintain their car, their house and their lawn, but they often don't do the same for their health.

Men often ignore signs of health issues. June is Men's Health Month, a reminder that it's important to pay attention to your body and be proactive about maintaining your health.

Regular checkups can help find potentially serious issues early, improving the odds for treatment of disease.



"Many men are reluctant to see the doctor because they are concerned about finding problems. Being proactive about your health can actually reduce the amount of treatments you may need to stay healthy," said Abrazo Health urologist Dr. Sanjay Ramakumar.

In general, some of the top health exams men should be getting are listed below:

- Cholesterol High cholesterol increases risk for heart disease and stroke.
- High Blood Pressure It often has no warning signs or symptoms. Be sure to get it checked regularly.
- Diabetes Heart disease, stroke and even the need to remove a limb can be caused by diabetes.
- Colorectal Cancer If you're 45 or older, schedule a screening every 10 years or more often if you are at higher risk of have a family history of colon cancer.
- Prostate Cancer At age 45, or age 40 if you have high risk factors, men should talk to their doctor about prostate cancer screening. Newer techniques for biopsy are available and if minimally invasive surgery is recommended, outpatient procedures may be an option for qualified prostatectomy
- Skin Cancer Skin cancer is prevalent in Arizona. Report any unusual moles or changes in your skin to your doctor, especially if you are at an increased risk.
- Lung Cancer More than 80 percent of the people who develop lung cancer get it from smoking. If you smoke, the best way to lower your risk is to quit.

Other screenings not listed here may be considered due to personal and family history.

"Keep up with your preventative screenings and appointments," said Dr. Ramakumar. "It is important to listen to your body. Symptoms such as chest pain or severe headache could be a sign of a serious health condition."

For more information about men's health or to find a physician, visit AbrazoHealth.com.

About Abrazo Health

Abrazo Health is one of the largest health systems in Arizona, serving the greater Phoenix area with advanced programs in cardiovascular, neurosciences, orthopedics, spine and sports medicine, trauma and emergency services, surgical robotics, general surgery and maternity care. The Abrazo system includes Abrazo Arizona Heart Hospital, Abrazo Arrowhead Campus, Abrazo Central Campus, Abrazo Cave Creek Hospital, Abrazo Scottsdale Campus, Abrazo Surprise Hospital and Abrazo West Campus along with freestanding emergency centers, primary care and specialty physician practices and graduate medical education programs. For more information, visit AbrazoHealth.com.



"Fried Chicken & Bubbles" At Mora Italian

While celebrity Chef Scott Conant may be revered for his Italian cooking - one new dish at his popular Phoenix restaurant, Mora Italian, is lighting up Monday nights.

Every Monday from 5:00 p.m. to 9:00 p.m., Chef Conant is rolling out "Fried Chicken & Bubbles" (\$26). Prepared gluten-free and dairy-free, the moist chicken is dredged in garbanzo flour, fried crisp and then drizzled with a Calabrian chili hot honey. It's served with a charred lemon, a small salad and a glass of Le Contese Sparkling Rose. Brace yourself - it's so good, it's been selling out every week.



Also new at Mora:

Every Tuesday: "Shcotty Burger & Half Bottle," a fork-and-knife burger with two 4 oz. patties topped with Fontina cheese, caramelized onions and pickled mustard seed sauce on a Japanese milk bread bun. It's

served with fries and a 375 ml carafe of Frico draft wine of choice (red, white or rose) for \$25.

Every Wednesday: "Wine Wednesday" where bottles on the wine list are offered at 50% off (excludes some allocated bottles) and available from 4:00 p.m. to 9:00 p.m.

Every Sunday: "All Day Happy Hour" with happy hour menu drinks and bites offered all day. Mora's happy hour includes a mix of discounted signature items such as the Drunken Wifey cockatail and wood-fired pizzas, plus exclu-

sive items such as the Blood Orange Spritz, fried mini meatballs stuffed with smoked mozzarella and house-made Tigelle, an Emilia-Romagna classic street food served sandwiched with a choice of prosciutto cotto, porchetta or fried eggplant. Drinks: \$5 - \$12, Bites: \$6 - \$14.



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