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Special Feature Page 12



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Concert & Dinner Series, "A Night Under The Stars" Comes to Icehouse

Vivid Presents and Arizona-based company Cloth & Flame are transforming the way we think of dinner and a show. On Friday, May 6th, the two are putting a new spin on the Culinary Arts and Entertainment Community with 'A Night Under the Stars.' Renowned DJs, Oliver Smith & Pretty Pink are making their way to Arizona for a never-before-seen event at downtown Phoenix's very own Icehouse. Prior to the concert, Vivid and Cloth & Flame are co-hosting an open-air cocktail reception and multicourse sit-down dinner that starts at 6:00 p.m. and is handcrafted by C&F Culinary Director Nick Rusticus, highlighting ingredients by local makers and purveyors.

Cloth & Flame + Vivid Presents: A Night Under the Stars

Featuring:

Oliver Smith
Pretty Pink
Astony



Pretty Pink



Oliver Smith



The Icehouse Photo by Winona Grey

Show Set Times:

Astony – 8:30 p.m. to 9:30 p.m.
Pretty Pink – 9:30 p.m. to 11:00 p.m.
Oliver Smith – 11:00 p.m. to 1:00 a.m.

Tickets are available at www.clothandflame.com for \$215 for Dinner and a Show or \$20-\$25 for the concert only. The Icehouse is located at 429 W. Jackson Street in Phoenix.

Launched in 2016 in Washington state, Vivid Presents is a fast-growing music events company best known for its work with the London-based Anujabeats label. Famed for its vibrant, stylized House Music productions, often hosted in unique locations such as out of the water, this concert series will be Vivid's first foray into Arizona. This first show is just a teaser of the top-line House Music shows in the works here in the Valley and beyond. ❖

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From the Publisher...



Mother's Day is Sunday, May 8th. Make sure your mother or someone who has been like a mother to you feels special this day. Looking for a something new and different? A little treasure that I have recently discovered is called Ritzy Rags and Shoes located at The Shops Gainey Village. Just a short jaunt from the Biltmore, they have all kinds of unique gifts for that special lady in your life!

Are you planning on taking your mother to a lovely brunch or dinner? There are so many places to choose from that offer both brunch and dinner options. Some of my favorites, Camelback Inn, the Wrigley Mansion, The Arizona Biltmore, The Hilton Phoenix Resort at the Peak and The Capital Grille, are offering incredible Mother's Day brunches. Make your reservations early, because they book up quickly.

Also, May marks the start of summer. Don't forget the homeless people in the Valley. A little water can go a long way. There are several organizations that accept donations including Phoenix Rescue Mission who have issued a public plea for water, toiletries, cool snack packs, hats, light-colored T-shirts, sunglasses, sunscreen, chapstick, chilly neck coolers, monetary donations and more. For more information, call (602) 233-3000 or visit www.phoenixrescuemission.org.

Thank you for reading this month; I look forward to bringing you another exciting issue of *Biltmore Lifestyles* in June.

Until next month, *Susan*

Please feel free to write: P.O. Box 93244, Phoenix, AZ 85070

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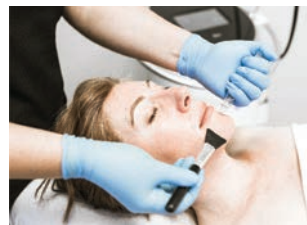
Editor

Susan Aavang

Julie Nicholson

Mother's Day Gift Ideas

Arizona Facial Plastics – Give mom the gift of beautiful skin with the Uplift Your Mom package at Arizona Facial Plastics in Phoenix. This special package includes a HydraFacial and a Vivace Microneedling treatment (\$399) that will have mom leaving with a healthy glow. The Phoenix med spa makes their own medical-grade skincare products which can be purchased online. Their best-selling Healthy Habits Bundle (\$199) includes a face wash, moisturizer, sunscreen and toner. Gift certificates for treatments, laser treatments, IV therapy and more are also available. More info www.arizonafacialplastics.com.



Olivespa – From one mother to another, this mother-daughter owned and operated business features all natural skincare and home products that use a base of antioxidant-rich extra virgin olive oil sourced from the Queen Creek Olive Mill. Olivespa products are all natural with simple ingredients and include lip balm, soap, body oil, body butter, hand salve, lotion sticks, foot balm, soy wax aromatherapy candles and more. Gift baskets are also available. In addition to being produced and sold at the Olive Mill, the Olivespa also sells their products at the Marketplace at Kierland Commons in Scottsdale and online. www.olivespa.com.



Bad Birdie – For the moms who like to spend their time out on the green, Bad Birdie is ready to upgrade their golf wardrobe with modern, standout apparel that is both bold and comfortable. From polos with vibrant patterns and colors to snapbacks and bucket hats, to even matching apparel for the whole family, Bad Birdie is ready to dress moms who prioritize a good game and a better time without compromising performance! Shop their women's line at Kierland Commons in Scottsdale or online. www.badbirdiegolf.com



Neighbor – Upgrade moms outdoor oasis with new furniture by Neighbor. Mom will be impressed with Neighbor's amazing products that are made to last with sustainably harvested solid teak wood furniture, interior cushions made from weather-resistant and fast-drying foam and exterior cushion covers from life-proof Sunbrella® upholstery made to not fade. You can take mom to Neighbor's local showroom in Phoenix or shop online. www.hineighbor.com.



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The Residences at 2211 Camelback 2211 E. Camelback Rd. #403 \$778,500

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- ~ 2,035sf.
- ~ Just refreshed with newly updated features!
- ~ Ready for fast move-in!

Out of This World Bedrooms Inspired by Childrens Books

We all remember the endless appeal and excitement which preluded story-time as a child. Pulling down your chosen classic from the shelf, pouring over the fantastical images and diving into the worlds which the authors offered. Begging your parents to read "just one more chapter" so you could reside in these magical lands for a moment longer.

Whether you dreamed of winning a Golden Ticket, or your mouth watered at the thought of a certain giant fruit – we all hoped that one day our dreams would become a reality. Well, what if we told you, that day has finally come?

Home Essentials has chosen five unforgettable children's books with beautiful settings and partnered with a 3D rendering company to turn these extraordinary worlds into children's bedrooms.

Charlie and The Chocolate Factory

They are starting strong with Roald Dahl's 1964 creation Charlie and the Chocolate Factory. No matter what age you are, we've all dreamed of exploring Willy Wonka's factory. The colorful concoctions and confectionary recreations, this bedroom promises the kind of sugar high that will never fade. From lickable wallpaper to swirly lollipops sprouting from the floor, it's a struggle for your stomach not to growl in envy!



The Gruffalo

Next on the list is 1999 classic rhyming tale The Gruffalo which is a fitting choice as the story showcases the sheer power of imagination.

This tale begins with a little mouse walking through a dangerous forest, and to scare off his predators he invents a creature called The Gruffalo. Imagine his surprise when he bumps into a real-life Gruffalo!

Whilst we can promise that they are no monsters lurking in the recreation, there are certainly a few surprises in store!

We would not judge you if you said you were running out to buy new paint immediately to change your bedroom! You can view the other renderings and see the wonderful world of The Lion, the Witch and the Wardrobe, James and the Giant Peach, and The Hungry Caterpillar. For more information, visit www.homeessentials.co.uk.





Add Some Splash to Your Summer With a We-Ko-Pa Casino Resort Staycation

Step out of the hot weather and into the cool new We-Ko-Pa Casino Resort, where you can try your luck with state-of-the-art gaming; bask in luxurious accommodations and lavish amenities; savor a delectable array of casual and fine dining outlets; unwind in turquoise pools and spas; or tee off at the award-winning We-Ko-Pa Golf Club.

The spectacular, smoke-free, We-Ko-Pa Casino Resort debuted in October 2020. Nestled in the spectacular Sonoran Desert with breathtaking sunsets and starry night skies, you truly feel like you're getting away from it all, while still being close enough to enjoy everything that Scottsdale and Phoenix have to offer.

With more than 166,000 square feet of pure excitement, Arizona's greatest gaming floor features more than 800 slot machines, bingo in a 750-seat Bingo Hall, and a variety of table games including craps, roulette, blackjack and poker. Thanks to its partnership with Betfred Sports, the casino offers live sports betting at their WKP Sportsbook as well as at eight user-friendly kiosks located in WKP Sports & Entertainment and throughout the casino.

Accessible from the casino via a stunning lobby, the beautiful AAA Four Diamond resorts boast 246 contemporary and luxuriously appointed guestrooms and suites. On the ground level is the Amethyst Spa, where you can indulge in relaxing massages and revitalizing facials.

Foodies will delight in We-Ko-Pa's tastebud-tempting selection of dining outlets. Their upscale Ember restaurant (a recipient of *Wine Spectator's* "Best of Award of Excellence" and OpenTable's Diner's Choice Award) features the highest quality steaks and seafood prepared over wood-fired grills along with nightly piano lounge entertainment. WKP Sports and Entertainment, a fun sports-themed bar, offers creative pub fare and craft beer along with live entertainment and gaming activities. The Dining Studio showcases scratch-made Asian and Mexican cuisine in distinctive food stations, while the Ahnala Mesquite Room features American-style comfort food. For those looking for a quick bite, The Market quick-serve restaurant provides 24/7 on-the-go options.

The We-Ko-Pa Casino Resort's Summer Staycation package includes:

- Deluxe guest room with one king or two queen beds
- \$25 food & beverage credit, per night
- One (1) \$20 Casino Free Play voucher, per stay (for new Fortune Club members)
- Waived \$29 resort fee, per night
- 10% discount on gift shop purchases
- 20% discount on spa treatments
- Poolside bands, games and drink specials (Fridays and Saturdays)
- Ping pong, cornhole, horseshoes and a putting green

Rates start at \$129 per night (Sunday-Thursday) and \$159 per night (Friday and Saturday), and are available from 5/15/22-9/5/22.

Additional benefits include free in-room coffee, water and Wi-Fi, as well as complimentary valet and/or self-parking.

For more details or to book your summer staycation, please call (480) 789-4957 or visit www.wekopacasinoresort.com. ❖



The One and Only Larry Fitzgerald and Fitz's Supper Club Returns To Raise Valuable Dollars for The Larry Fitzgerald Foundation

After a two-year hiatus, Larry Fitzgerald and his biggest fundraising night of the year, Fitz's Supper Club, returns to Dominick's Steakhouse in the Scottsdale Quarter on Tuesday, May 10th. The sell-out event started 14 years ago and 2022 will mark the 12th year of the event taking place due to the two-year hiatus.

Make plans now to join Fitzgerald and his friends for a night of entertainment, fine dining and the best service in town as the Valley raises hundreds of thousands of dollars to support those less fortunate.

The Larry Fitzgerald Foundation has been supporting kids and their families with significant donations of time, money and special resources through numerous associations across the country and beyond for more than a decade. The Foundation promotes reading proficiency and technology access for K-12 youth as cornerstones to success at school and in life, and supports efforts to prevent and cure breast cancer and support breast cancer survivors.

"I am very grateful for my partners at Dominick's Steakhouse who have graciously hosted this event with me for the last nine years, and for our sponsors and supporters who are helping our foundation give back to our communities in support of youth education and the fight against breast cancer," said Larry Fitzgerald. "I couldn't be prouder of the work that we do, and the impact that we have through the Larry Fitzgerald Foundation, which is all made possible through the generous donations of many individuals and corporations who share in our mission."

Fitz's Supper Club is one of the premier social, philanthropic and entertainment evenings every year for Arizona's event calendar. Attendees to Fitz's Supper Club will enjoy an array of Fitzgerald's favorite food prepared by Chef Marc Lupino, while also enjoying game changing cocktails, spending time with old and new friends, and bidding for a cause on dazzling items in the highly-anticipated silent and live auction with items that you can't get anywhere else. The always friendly Larry loves to roam the room and visit with every guest at their table, telling stories and taking pictures before and after the short program.

"We are grateful for the opportunity to partner with Larry Fitzgerald in support of his foundation and the 12th Fitz's Supper Club Evening at Dominick's Steakhouse," said Jeff Mastro, CEO and Co-Founder of Dominick's Steakhouse. "Larry's commitment and contribution to elevating our communities both personally and with his foundation are spectacular, we are proud to be a part of his amazing work."

The VIP reception on May 10th will start at 5:30 p.m., with the dinner starting at 7:00 p.m. Tickets start at \$850 per person. Sponsorship packages are available which include tickets to the VIP reception, a table at the event and much more.

For more information on the event, sponsorship or table and ticket purchases, please contact Jennifer Moser at (602) 524-8557 or JMoser@JMoserandCo.com. ❖



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Sandfish Sushi and Whiskey Brings Fresh Fish and Sumptuous Sips to Phoenix

Sandfish Sushi and Whiskey is set to open its doors this summer in the Melrose District at 4232 N. 7th Ave. Already a popular destination in Palm Springs, Sandfish offers a creative fine-dining experience paired with a highly-curated selection of Japanese whiskey as the foundation of its cocktail program. At the helm of the restaurant is Owner Chef Engin Onural, a master sushi chef recognized by the Sushi Proficiency Institute and certified by the AJSA Sushi Skills Institute. Placed on the Best Chefs



America Index in 2015, he was the recipient of the World Sushi Cup and Kuro-Obi Pin in 2017.

“We put an incredible amount of care and attention to detail into everything we do from start to finish at Sandfish to ensure an impeccable experience when guests dine with us,” says Chef Onural. “We look forward to creating an environment where the residents of

Phoenix can enjoy an intimate date night or a special celebration.”

The expertly curated menu is judiciously crafted to take diners on an epicurean adventure that appeals to all senses. Guests are invited to begin their journey with appetizers like Spicy Tuna Tostadas, Stuffed Zucchini Blossoms or more traditional Gyoza. Moving down the menu, the selection of signature rolls is really where Chef Onural’s creativity shines. Favorites include The Experiment Roll (snow crab with mango, avocado and cucumber topped with tuna, jalapeno, cilantro and yuzu aioli) and the Baby Langoustine Roll (crab meat and avocado topped with tempura-style baby langoustine, spicy aioli, teriyaki sauce and micro greens).

Off the sushi menu, Chef Onural’s signature dishes include Hamachi Kama, a yellowtail collar cooked to perfection and served with ponzu, scallions and micro greens, Spanish Octopus that is both braised and grilled then served with edamame hummus, bubu arare, tsukudani nori and micro greens and the Albacore Tataki, a dish featuring seared albacore served on a bed of fennel and shallot topped with house made lime kosho, taro chips and seaweed salt from Norway.

The menu also features a variety of salads, hand rolls, maki rolls, nigiri sushi, sashimi and carpaccio. And if you save room for dessert, you’re in for a treat with the specialty matcha cheesecake. For adventurous diners who prefer to let the chef lead their dining journey, the Omakase Chef’s Tasting Menu encompasses the very essence of Sandfish with a taste of the restaurant’s most popular dishes alongside some surprises from the chef.

To complement each course, the restaurant boasts a full bar with innovative cocktail creations, classic concoctions, mocktails, beer, sake and wine. And to its namesake, there is an impressive whiskey list sourced from around the world.

Sandfish Sushi and Whiskey in Phoenix is actively recruiting potential hires for all positions. For more information, visit sandfishphx.com. ♦



Can You Recognize a Stroke?

Think FAST if you suspect a stroke: May is Stroke Awareness Month

Did you know that stroke has no age limits, and younger adults are increasingly affected by stroke and its risk factors? Strokes happen when blood supply to part of the brain is blocked or when a blood vessel in the brain bursts. In either case, parts of the brain become damaged or die.

Every minute counts when a stroke is suspected. May is National Stroke Awareness Month, when health care professionals remind the public that understanding the signs of stroke are key to getting care.

Stroke affects about 800,000 people in the U.S. each year. Thankfully, area residents have a Comprehensive Stroke Center nearby at Abrazo Central Campus in North Central Phoenix.

Risk factors commonly associated in older adults, such as hypertension, diabetes, tobacco use and obesity are now being seen in younger stroke patients, according to Lisa Ziomek, Stroke Care Coordinator at Abrazo Central Campus.

More than 87 percent of strokes in the U.S. are ischemic strokes, caused by a clot that cuts off blood flow to a part of the brain. These types of strokes are largely treatable if a patient gets to a hospital that can provide the right treatment in time.

The U.S. Centers for Disease Control and Prevention (CDC) offers a simple test to act FAST if you think someone may be having a stroke:

Face – ask the person to smile, does one side of the face droop?

Arms – can the person raise both arms? Does one arm drift downward?

Speech – ask the person to repeat a simple phrase, is the speech slurred or strange?

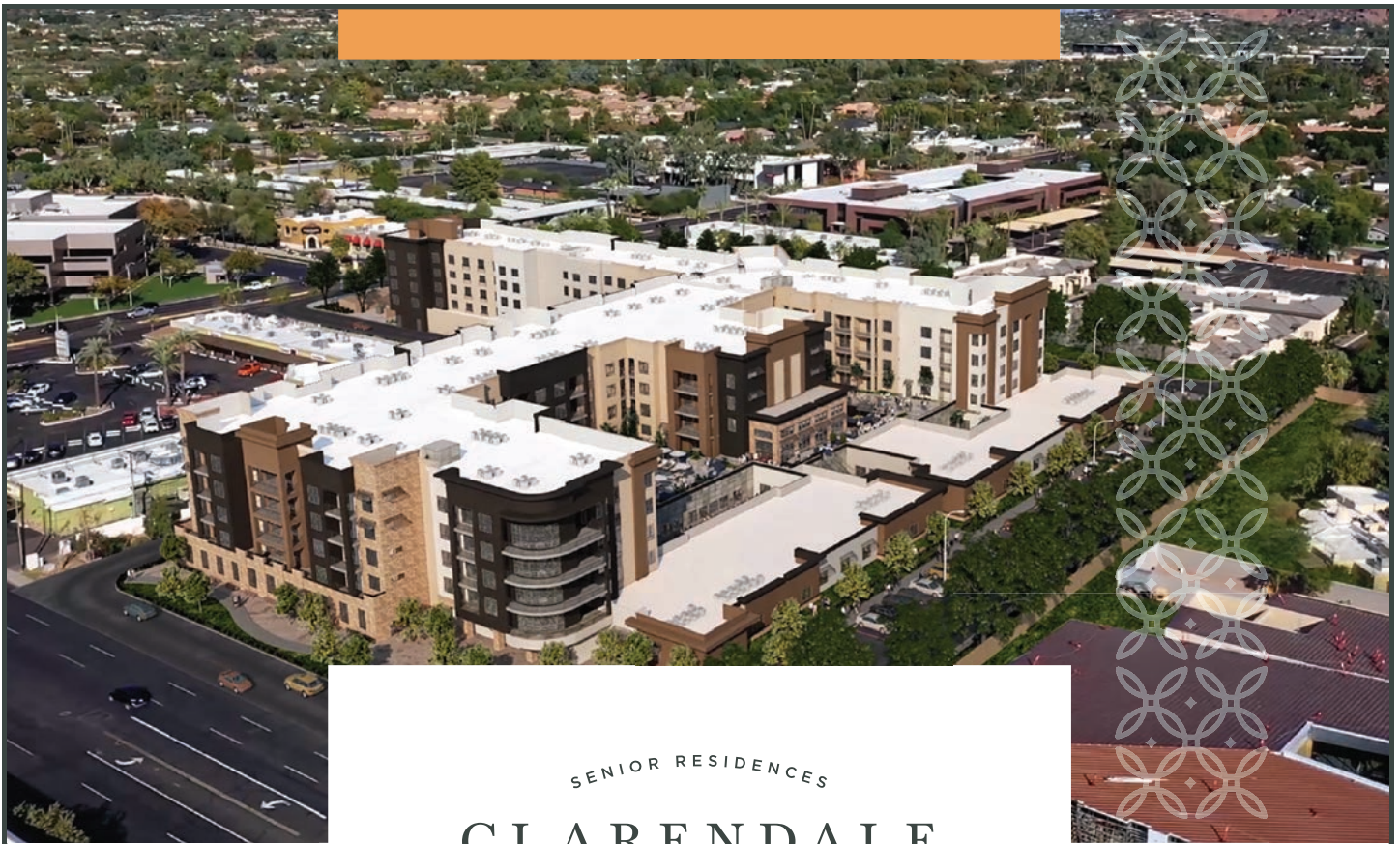
Time – if you see any of these signs, call 911 right away.

Also, note the time when the symptoms first appear, this helps health care providers determine the type of treatment needed.

For more information on the Comprehensive Stroke Center at Abrazo Central Campus, visit AbrazoHealth.com.

About Abrazo Health

Abrazo Health is one of the largest health systems in Arizona, serving the greater Phoenix area with advanced programs in cardiovascular, neurosciences, orthopedics, spine and sports medicine, trauma and emergency services, surgical robotics, general surgery and maternity care. The Abrazo system includes Abrazo Arizona Heart Hospital, Abrazo Arrowhead Campus, Abrazo Central Campus, Abrazo Cave Creek Hospital, Abrazo Scottsdale Campus, Abrazo Surprise Hospital and Abrazo West Campus – along with freestanding emergency centers, primary care and specialty physician practices and graduate medical education programs. For more information, visit AbrazoHealth.com. ♦



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PRESS Coffee Selects Two Pups Wellness Fund for Spring

Enjoy Your Morning Coffee While Caring for Neglected Animals in Need

PRESS Coffee has teamed up with Two Pups Wellness Fund this spring season to name Two Pups their "Press On" Charity for the 2022 Spring Season. Every quarter, Press selects a new local non-profit to partner with and benefit from the Press On Charities Blend. Coffee enthusiasts can feel good about their morning cup of joe, knowing that it supports animals in need around the Valley.

"We are so excited that Press Coffee has chosen to partner with Two Pups and be named their Press On Charity for the quarter," states Two Pups Co-Founder, Bip Haley. "We love our coffee almost as much as we love our pups and now we can love both at the same time by buying this delicious coffee blend to brew at home on the couch with our pups. We hope others will enjoy doing the same!" she adds.

Two Pups Wellness Fund is a local nonprofit that provides financial assistance for animals who are critically ill, injured, neglected or abandoned. The nonprofit works directly with rescues and shelters throughout Maricopa County to identify and medically treat animals in need. Since its inception in 2017, Two Pups has helped nearly 10,000 animals receive emergency medical care, treatments and microchips.

For more information on Two Pups Wellness Fund visit twopups.org or follow on Facebook and Instagram.



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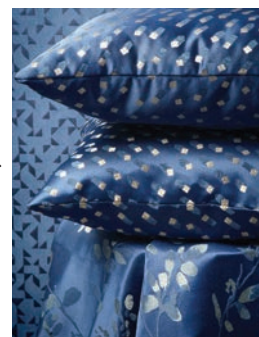
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Pindler Launches Transitional Twist Fabric Collection

New Designs Offer a Modern Take on Timeless Classics

In design, and in life, it's easy to feel torn between the nostalgia of tradition and the desire for something new and exciting. When it comes to fabrics, classic patterns are comforting and familiar, while modern styles add a fresh, cutting-edge feel to any space. But what if it were possible to have the best of both worlds? Pindler is now offering designers exactly that with its Transitional Twist collection.

This new collection marries timeless elegance with contemporary, transitional appeal, offering a sophisticated take on traditional design, translated into a dramatic and bold approach. Woven in gorgeous tone-on-tone colorations, Transitional Twist includes a beautiful, refined assortment of designs in jewel tones, ranging from vibrant ruby and emerald, to rich sapphire and amethyst, to luxurious champagne and platinum.



Silas

Silas is a small-scale geometric design with excellent transitional and contemporary appeal. It is woven in polyester, viscose rayon and cotton, and meets 16,000 double rubs.

Jasper

Jasper is a contemporary, midscale geometric design that incorporates plenty of visual interest. It is woven in cotton, polyester and viscose rayon, and meets 14,000 double rubs.

Theodore

Theodore is a large-scale leaf and vine design with a sleek sateen ground. It is woven in viscose rayon, linen and polyester, and meets 10,000 double rubs.

Hugo

Hugo is a large-scale damask frame design with great detail in the figure. It is woven in viscose rayon and polyester, and meets 8,000 double rubs.

The Transitional Twist collection is available online, as well as at Pindler's 16 corporate showrooms and nine agent showrooms across the U.S., and two agent showrooms in Canada. For more information about Pindler, visit www.pindler.com.

About Pindler

Pindler has spent 75 years in business perfecting the art of fabric design and development. By sourcing fabrics from all over the world, Pindler provides a unique and ever-expanding product assortment to the professional interior designer. Pindler is focused on the valued customer. The leading fabric company is committed to creating an extraordinary customer experience. Pindler offers the industry's best outside sales force with hand placement of sampling as well as personal service and attention. The focus of its international network of showrooms is providing excellent customer service while offering an efficient, easy self-service memo program, which is ideal for the busy designer. To learn more about Pindler, please visit <https://www.pindler.com>.





Ease into Spring with “Reality Versus Imagination” at Royse Contemporary

Royse Contemporary has just debuted “Reality Versus Imagination!” This is truly a dynamic group exhibition examining the ideas of reality versus imagination while reflecting upon the artists perspective and creative process. The exhibition showcases seven noteworthy male artists: James Angel, Cam DeCausin, Gennaro Garcia, Peter Brian Klein, James Anthony Peters, Joe Ray and Daniel Shepherd.

Typically, one would define “Reality” as the state of things as they actually exist, as opposed to an idealistic or notional idea of them,” while “Imagination” emphasizes the artist’s ability to produce images and ideas without any immediate input of the senses. Owner/Curator, Nicole Royse has selected artists who both typify and transcend these categories, creating powerful work that offers a mastery of medium, and unique perspectives. This exhibition offers an eclectic selection of work that is both captivating and authentic. The artists are working in an array of mediums including collage, drawing, painting, photography and mixed media.

“Reality Versus Imagination” aims to create a dialog and connection with these artists while highlighting their use of imagery, diverse styles and strong voice. Although each artist’s work may appear aesthetically different Royse has created an exciting dialog for the artists through the power of their imagery, their originality and the overall vitality that the works possesses. “Reality Versus Imagination” Closing Reception will be held on Saturday, June 11th, 2022 from 5:00 p.m. to 7:00 p.m. This exhibition will be on display through June 12th, 2022.

Royse Contemporary located at 7077 E. Main Street, Suite 6, Scottsdale, AZ 85251 in the Scottsdale Arts District. For hours and more about Royse Contemporary visit www.roysecontemporary.com.



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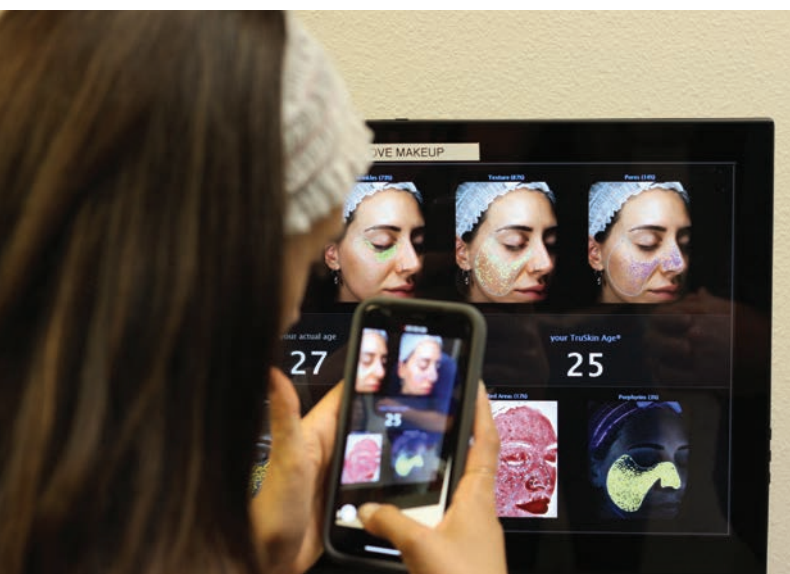
Making the Valley More Beautiful One Client at a Time

Living an active outdoor lifestyle – on the golf course, pickleball court, or hiking our beautiful mountains – is rejuvenating for your mind and soul. But it can have a less-than-desirable impact on your skin if you don't take appropriate care. Fortunately, double-board certified Facial Plastic Surgeon Dr. Farhan Taghizadeh can help you stay as youthful looking as you feel. His office offers Hydrafacials to Botox to facelifts, everything you need to look your best.

"There have been so many advances in aesthetic technology in the past 20 years," says Dr. Farhan Taghizadeh. "As a physician, I have always pursued ways to offer patients the best aesthetic results with as little down time as possible. I know my patients want to get back to normal and don't want to spend weeks recovering. That's why my practice offers so many treatments with no downtime, and why I've created my rapid recovery surgical programs. Most of my clients are back to their normal routine in less than a week, looking fabulous."

Dr. Taghizadeh completed a prestigious facial plastic fellowship in Bern, Switzerland, before coming to the Southwest. He has performed thousands of facial procedures and innovated the use of fractional CO2 laser technology to improve surgical results almost 15 years ago.

"I truly believe in finding the best solution for each client, as every face has its own unique way of aging," says Taghizadeh. "Most people either need to address sun-damage, lost volume or loose skin. We have innovative ways to address each of these challenges."



Arizona Facial Plastics has cultivated a diverse team with over 50 combined years in aesthetics to help transform your skin inside and out. "We take a science-based integrated approach to aging. I love the IV therapies that we offer our patients before surgery," says Taghizadeh. "It really helps patients feel their best going into their procedures and improves their vitamin levels and hydration which helps them heal faster. We also have advanced technology to address every issue. Whether you have dark spots or redness or loose skin, I have a device that can make it better."

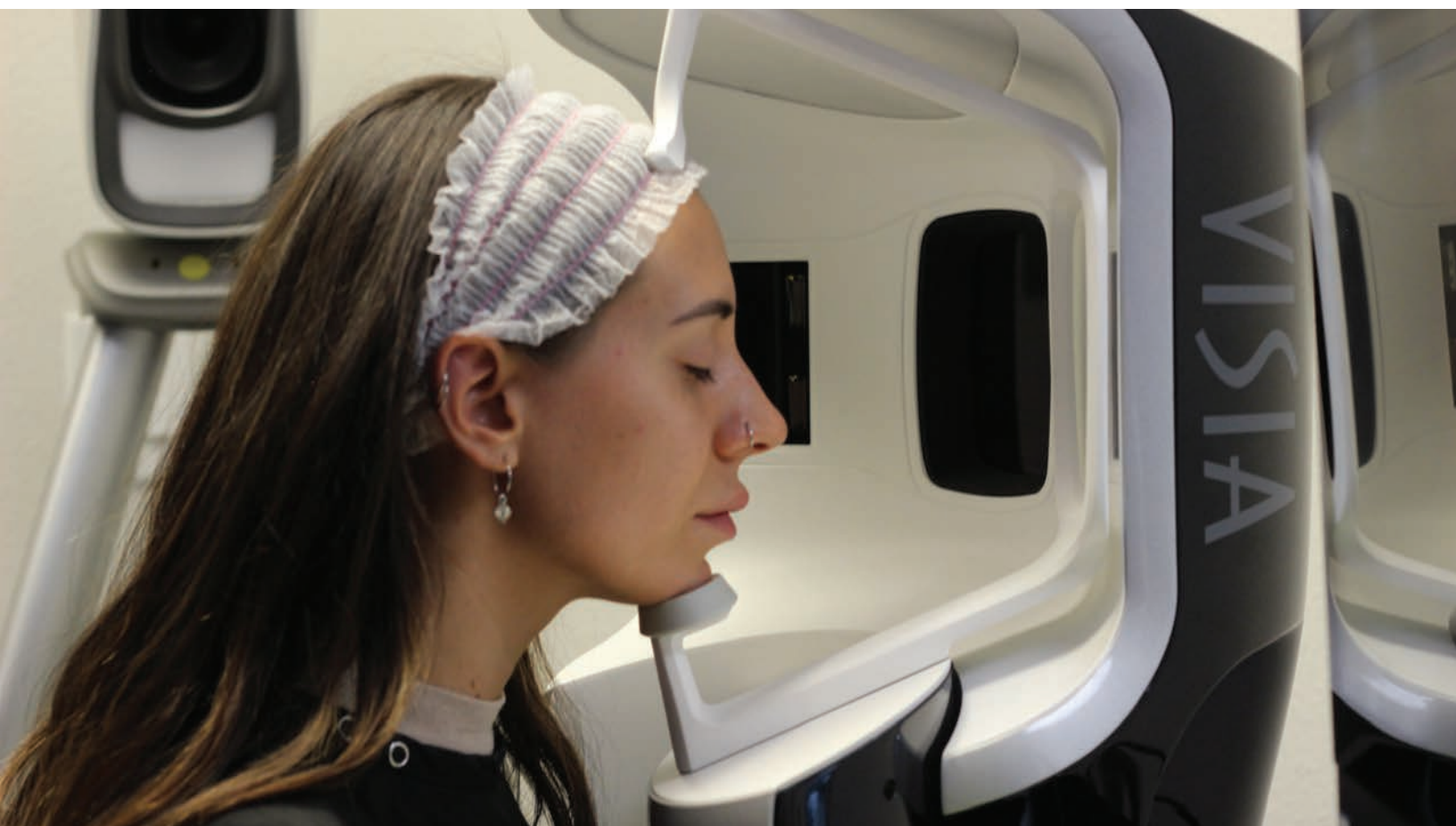
Located just south of the Biltmore, Arizona Facial Plastics offers complimentary consultations with state-of-the-art photography to track your progress.

"My goal is that you leave my office with a greater understanding of why and how you age, and with a few different options on how to look your best," says Taghizadeh. "There are so many choices today that it is easy to get confused. But when you understand that there are three basic components to aging, then it is easier to pick the solution that is going to have the biggest impact."

**For More Information and to Schedule a
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Spring 2022 Arizona Restaurant Week Reaches Nearly 100 Participants 10 Days of Delicious Culinary Deals Begins May 20th

With Spring 2022 Arizona Restaurant Week just a few weeks away, the Arizona Restaurant Association (ARA), which hosts the 10-day dining extravaganza, has announced that its list of participating restaurants around the state is creeping up towards 100. The ARA is also pleased to announce multiple restaurants have joined the event for the first time ever!

"It's very important to us to be able to offer the culinary community a wide range of dining options during Arizona Restaurant Week," says Steve Chucuri, President and CEO of the Arizona Restaurant Association. "From high-end estab-

lishments to independently-owned best-kept secrets highlighting an array of cuisines and cultural taste exploration, we want to highlight our entire industry and encourage diners to explore all the delicious choices this season's Restaurant Week has to offer."

Taking place at participating dining establishments from Friday, May 20th through Sunday, May 29th, Arizona Restaurant Week serves as a time to showcase the state's culinary breadth and highlight the talent of chef-driven establishments while giving diners an opportunity to try new menus for a great deal. During this 10-day

culinary event, participating restaurants offer three-course prix fixe menus for either \$33, \$44 or \$55 per person. Restaurants may offer wine pairing selections to accompany the menu for an additional cost, and takeout is available at some restaurants.

This season, the Arizona Restaurant Association welcomes some first time participants to Spring Arizona Restaurant Week — CIELCO Scottsdale, La Locanda Italian Bistro, Neighborly Public House, The Genuine, Lookout Tavern and Dolce Vita. Some popular returning participants include:





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- Ajo Al's Mexican Café (multiple locations)
- Alexi's Grill
- Barrio Queen (multiple locations)
- Buck & Rider
- Charleston's Restaurant
- Chelsea's Kitchen
- Firebirds Wood Fired Grill (multiple loc.)
- Hearth '61
- Liberty Market
- Match Market & Bar
- Phoenix City Grille
- Rusconi's American Kitchen
- The Italian Daughter
- Urban Margarita... and many more!

As new restaurants are added, the Arizona Restaurant Week website, arizonarestaurantweek.com, will be updated to reflect the most comprehensive and up-to-date list of participants and their menus.

A complete list of Spring Arizona Restaurant Week participants and their menus are posted via www.arizonarestaurantweek.com.

About Arizona Restaurant Week

The most edible time of the year, Arizona Restaurant Week sends diners on a 10-day tasting tour of the state. Participating restaurants are not only known for their exceptional cuisine, they also spare no expense to give diners an extraordinary culinary experience at a great value. One of Arizona Restaurant Week's goals is to position Arizona as one of the top culinary destinations in the nation by increasing awareness of the more than 8,500 dining opportunities available as well as stimulate business and revenue for restaurants throughout the state. Arizona Restaurant Week is produced by the Arizona Restaurant Association. ❖



Mirror Mirror on the Wall, What is Going to Happen with the Real Estate Market After All

By Debbie Frazelle, Coldwell Banker Realty



I get asked this question everywhere I go. The Greater Phoenix Housing market is still going crazy. March Median Sales price for Phoenix was \$462,000. The Average sales price in the Biltmore, Arcadia areas is \$814,000.

March Appreciation based on \$/SQ was 25.8%

Here are the basics - the ARMLS numbers for April 1st, 2022 compared with April 1st, 2021 for all areas and types:

- **Active Listings:** 5,051 versus 4,088 last year - up 23.6% - and up 10.1% from 4,588 last month
- **Active Listings:** 8,663 versus 8,699 last year - up 0.9% - and up 4.3% compared with 8,305 last month
- **Pending Listings:** 8,008 versus 7,964 last year - up 0.6% - but down 3.9% from 8,333 last month
- **Under Contract Listings:** 11,620 versus 12,575 last year - down 7.6% - and down 3.6% from 12,050 last month
- **Monthly Sales:** 10,123 versus 10,398 last year - down 2.6% - but up 26.6% from 7,998 last month
- **Monthly Average Sales Price per Sq. Ft.:** \$290.87 versus \$231.72 last year - up 25.5% - and up 2.3% from \$284.71 last month

The downward trend in supply that started in late October has reversed during March and we are now seeing what appears to be a significant rising trend. However, this is not due to more incoming new listings. It is due to fewer active listings going under contract. Ordinary owner-occupier home buyers are hitting real trouble.

Closed listings remained healthy during March but were down 2.6% from last year. However, the massive rise in prices since March 2021 means that March 2022 holds the record for the highest monthly dollar volume ever seen - \$5.816 billion.

This might lead you to think that demand remains very strong, but you would be wrong. The falling number of listings under contract show a negative story - down almost 8% from this time last year and even down 3.6% compared to the beginning of March. Fewer active listings are going under contract.

The very significant rise in mortgage interest rates over the past few months is keeping many sellers out of the market - they do not want to let go of their cheap fixed rate loans. However, it is also slowing down normal owner occupiers, especially the first-time home buyer. Not only are they suffering sticker-shock from the asking prices of the homes they would like to buy, and crazy competition from cash buyers, the higher interest rates mean their monthly mortgage payment has increased. In some cases it has increased so much it is no longer deemed to be affordable by their lender and their loan application is denied.

In this way, an expensive market reduces demand and prices start to climb less steeply. At least they would do if it were not for the investor demand. Many investors are flush with cash and to them residential real-estate looks like a safe haven. A hedge against inflation, revenue producing (unlike many stocks, cryptocurrency, commodities, and gold) and very tangible - it looks extremely attractive when coupled with rapidly rising rents.

Meanwhile, home prices are still rising at amazing speed. The average \$/SF has risen 8.9% in the first 3 months of the year and is likely to continue rising until June at least. The median sales price is up from \$425,000 to \$456,000 in 3 months and looks likely to break \$470,000 by the end of the second quarter. The third quarter is always a slower period and it is likely we will get some respite from the rising prices between June and September. What happens in the fourth quarter will largely depend on how long investors retain their current excitement in the face of increasing risks.

Sadly, none of us have crystal balls. If you are thinking of selling your home, now is the time. If you are thinking of buying now is also the time. It is predicted that interest rates will be at 6% by the end of the year. This is still low compared to the 11%-18% in the 1980's-1990's. Give me a call, and I can give you a free-market analysis. Debbie Frazelle, Coldwell Banker Realty, (602) 399-8540.

Information and statistics provided by Cromford Associates LLC. ❖

Statistics from March 15th to April 14th, 2022

Homes for Sale	9	Homes Sold/Closed	18
Homes Sale Pending	6	Rentals Furnished	32
Rentals Unfurnished	4		

For Sale

Estates	1	\$5,495,000
Biltmore Mountain Villas	1	\$1,950,000
Fairway Lodge	2	\$1,425,000-\$1,500,000
Court	1	\$568,000
Meridian	2	\$350,000-\$395,000
Terraces	2	\$350,000-\$388,000

Pending Sales

Courts	1	Meridian	1
Taliverde	1	Terraces	3
Biltmore Mountain Estates	1		

Closed Sales

Cloisters	2	Courts	1
Fairway Lodge	1	Gates	1
Heights of Biltmore	1	Meridian	9
Biltmore Hotel Villas	1	Terraces	2

It's Going Around Pure Synergy Saves the Day

Spring colds are the worst and it seems like everyone has one right now. Whether it is just an annual cycle or related to far fewer masking requirements we may never know, but there are natural solutions from companies like B-Corp Pure Synergy to help you feel better fast.

Here are just a few of them:

Super Pure Olive Extract supports immune system, heart, cognitive and healthy aging. The first olive extract to unite the extraordinary antioxidant and immune-supportive benefits from olive oil, fruit and leaf.

Rapid Rescue - This ideal combination of organic ingredients gives your immune system a needed boost to avoid a long-term cold or flu right when it hits (think EmergenC but 100% vegan and organic). TO BOOT: Rapid Rescue also aids in a shorter, healthier recovery from a cold or flu.

Immune Health™ is designed for daily, year-long support. Experience a powerful shield of year-round health defense with an exclusive blend of 7 organic mushrooms, extracts of beta 1,3-glucan, astragalus IV & fucoidan.

Beta Glucan is a gluten-free way to keep your healthy immune response strong, made exclusively from nutrient-rich algae.

Zinc is key to ward off illness in this powerful immune system support formula that's also easy on your stomach.

For more information, you may visit www.thesynergycompany.com. ❖





First-Ever Downtown Phoenix StoryWalk Opens at Arizona Center

Families in Downtown Phoenix will be able to let their imaginations run wild at Arizona Center with a new outdoor literacy installation called StoryWalk. In partnership with Downtown Phoenix Inc. (DPI), Parallel Capital Partners, which owns and manages Arizona Center, has unveiled the first-ever Downtown StoryWalk.

Located in Arizona Center's grotto area, a meandering, shaded path will take children and adults on a self-guided reading adventure amongst native plants, palm trees and flowering shrubs. Along the pathway, each page of a children's storybook will be installed at a kid-friendly height on 18 sequenced signs.

DPI will manage and maintain the StoryWalk, selecting popular children's books on a rotating basis. Each book will be offered in both English and Spanish, with educational prompts and questions on each page to enhance the shared reading experience.

Paola Cicuttini, Vice President of Marketing and Corporate Communications for Parallel Capital Partners, said the project was a "perfect fit" for Arizona Center, where the grotto is already a popular destination for both residents and visitors alike.

"Families are an integral part of our community, so it's important to ensure that we have plenty of experiences where children can learn and thrive," she said. "Activities like the StoryWalk add to the appeal of Downtown

Phoenix, and provide more opportunities for families to come and enjoy all that it has to offer."

The StoryWalk is one of many new DPI events and projects geared toward families, including Winter Wonderland, DTPHX Loteria, Dia de los Niños Movie in the Park, and a new music installation across from the Phoenix Symphony, which is coming soon.

"Downtown Phoenix is a wonderful place for children and families to live and visit, with multiple parks, cultural amenities and wonderful schools," said Sara Scoville Weaver, business development director for DPI. "Creating interactive, engaging streetscape installations has been a cornerstone of DPI's work. This StoryWalk project is an exciting addition to that."

The StoryWalk movement started in Montpelier, Vt. in 2007 when Anne Ferguson, a specialist in chronic disease prevention for the Vermont Department of Health, partnered with her local library. The goal was to encourage families to get outside and become active, while also engaging in literacy.

Since then, it's spread to hundreds of cities across the country. The Phoenix Public Library created its first StoryWalk at Cesar Chavez Park in March 2021, and provided resources and guidance for this project.

About Downtown Phoenix Inc.

Downtown Phoenix Inc. (DPI) is a community

development group created in 2013 to advance the continued revitalization of Downtown Phoenix. A collaboration of business leaders, City of Phoenix staff and community leaders, DPI coordinates activities between the Downtown Phoenix Partnership, Phoenix Community Alliance and Downtown Phoenix Community Development Corporation.

About Arizona Center

Arizona Center, located in the heart of downtown Phoenix at 3rd St. and Van Buren, is a one million-square-foot mixed-use center. It's a unique, centralized hub where entertainment, shopping, events, dining and office space come together. Amidst many Phoenix points of pride including the Phoenix Convention Center, many hotels, Phoenix Suns Arena, Chase Field and AMC Movie Theater, the newly renovated Arizona Center is truly a downtown Phoenix urban oasis.

About Parallel Capital Partners, Inc.

Owner of Arizona Center, Parallel Capital Partners, Inc. is a private, fully integrated real estate investment and operating company focused on acquiring value-added and core-plus opportunities for its own account in primary and secondary markets in the Pacific Southwest, including Hawaii. Parallel's current property holdings include over five million square feet and a valuation of more than \$1 billion with over two million square feet in the greater Phoenix metro area. ❖





Spring Has Sprung and the Days of Eating Lighter Fare Have Begun Thirsty Lion Gastropub Introduces New Spring/Summer Selections

Thirsty Lion Gastropub, with four Valley locations in Chandler, Phoenix, Tempe and Gilbert, has introduced a new spring/summer menu complimenting warm sunny days and lighter options. A perfect time to dine al fresco on the outdoor patio, guests can enjoy new selections starting including:

- **Spicy Moroccan Meatballs** Seasoned with Moroccan harissa and spices, seared, served with hummus, feta and cucumber tomato salad and garlic mint yogurt sauce
- **Grilled Salmon Cakes** Fresh salmon, celery and onions coated with panko breadcrumbs and at top grilled. Topped with Sriracha aioli, balsamic marinated tomatoes, and arugula
- **Blackened Salmon Caesar Salad** Coated with Cajun seasonings and seared, with

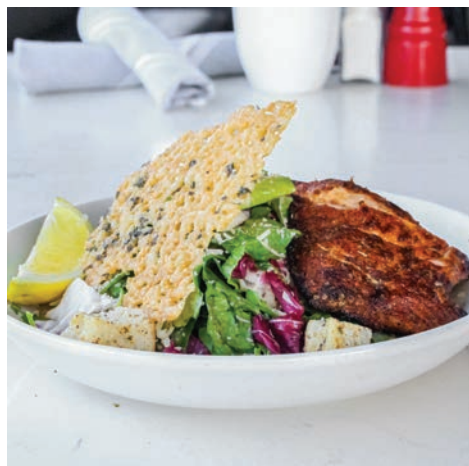
fresh romaine, arugula, radicchio, pecorino Romano cheese, lemon-garlic Caesar dressing and parmesan crisp

- **Wagyu Beef Burger** made with Snake River Farms American Wagyu ground beef, crispy prosciutto, Malbec caramelized onions, sharp white cheddar, arugula and pimento rémoulade on toasted ciabatta. Served with your choice of fresh hand-cut fries, Napa slaw or a small house salad
- **Korean Sweet Spicy Baby Back Ribs & Kimchi Fried Rice** smoked baby back ribs with Gochujang rib sauce and Bulgogi marinade. Served with kimchi fried rice, Thai peanut slaw, pickled radish, jalapeño and sesame seeds
- **Seared Lemon Pepper Shrimp** flash seared with cilantro jasmine rice, sautéed

asparagus, roasted baby peppers, grape tomatoes, spinach, and Meyer lemon beurre blanc

For dessert, guests can indulge in the Whiskey Apple Crumble made with whiskey glazed granny smith apples baked with a cinnamon-pecan streusel topping and served with vanilla ice cream and salted caramel sauce. Seasonal craft cocktails will include the Modern Whiskey Sour and the Jalapeño Paloma Margarita as well as summer refreshers (non-alcoholic options) including the Blood Orange Ginger Iced Tea, Hibiscus Basil Lemonade and the Passion Fruit & Mango Agua Fresca. This seasonal menu will be available until Sunday, June 26th.

For more information, please visit the website at www.thirstyliongastropub.com. ❖





Elli K Essential Sincerity

After trying Elli K Essential Sincerity for just one month, I have seen noticeable improvement in my lines and wrinkles. The increase in moisture your skin retains can be felt even after the first few days. And mixing the skin care line with the relaxation of the music can complete the whole process. If you are looking for intense moisturizer, this is a product that you must try!

In a world where we can easily lose ourselves in the hustle and stress of everyday life, it is essential more than ever to take time to reconnect with our true selves. To help us do that, the revolutionary, multi-patented skincare system, Essential Sincerity by Elli K, has arrived. The three-part system includes: Elli K Essential Sincerity from AZ Time Reverse Cream; Elli K Essential Sincerity from AZ Time Reverse Double Ampoule; and the Elli K Essential Sincerity from AZ Time Reverse Mask.

As a frequent visitor of Sedona, Arizona, Elli K discovered how natural elements found in the earth and sea contain properties that can help heal and rejuvenate our minds and bodies. Through partnering with a research lab at the University of Arizona, Elli K found a way to harness the energy and healing properties of these elements, creating a skincare system that repairs and restores damaged, aging skin - as if "reversing time."

The three Elli K skincare products consist of four unique patented complexes with detoxifying properties made from Sedona Water and the rare *Turritopsis dohrnii*, also known as the "immortal jellyfish." Those complexes are:

AZ10-BIOME™ - designed using a special double-fermenting process that blends cactus honey, echinacea and banana yucca with Sedona Water to provide deep moisture to the skin.

AZ4-Rx™ - formulated with the most skin-friendly fermented oils to enhance the skin's natural protection against the external environment.

NEUROVITY™ - an anti-aging complex, the "secret" of the immortal jellyfish.

PROGELINE™ - makes the skin more elastic and smooth.

Also an accomplished musician, Elli K incorporated music into the skincare ritual as a way to also reinvigorate the spirit. The seven tracks of soothing symphonic music transport the listener on a sonic journey through the breathtaking landscapes of Arizona, while relaxing for 20 minutes after applying the Elli K Time Reverse Mask. Each track blends actual sounds of Arizona nature into the music, including the wind, birds and flowing water. Combining both skincare and music in a relaxing multi-sensory ritual, balance is restored both inside and out.

In addition to touch and sound, the luxurious fragrance of the Elli K skincare products reinvigorate the sense of smell. Created by experts based on over a century of research in Argeville, France, the natural fragrances within the products enhance the relaxation and restoration of balance in the body.

Argeville is in compliance with environmental standards and health-conscious business ethics, which further provides Essential Sincerity by Elli K customers with a natural and nurturing way of beauty. It's time to rediscover the true you with Elli K.

The new Elli K EP, The Journey of a Hummingbird will also be available exclusively to Elli K customers with their purchase of the Essential Sincerity skincare system.

For additional information and to purchase product, visit <https://ellikbeauty.com>. ❖



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Los Sombreros will serve their mouth-watering brunch menu from 11:00 a.m. to 2:00 p.m. on Mother's Day at all three locations. Brunch items include savory dishes like Pollo Fundido, the Papacito Omelet, Huevos Rancheros with Carnitas, Chilaquiles, and Papas & Chorizo. Make mom's meal extra special and add a flight of mimosas or margaritas, one of Los Sombreros' signature cocktails, or a bottomless mimosa.

Los Sombreros Uptown, 322 E. Camelback Road, Phoenix, AZ 85018, (602) 601-6390

Los Sombreros Old Town, 2534 N. Scottsdale Road, Scottsdale, AZ 85257, (480) 994-1799

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How to Hit the Hybrid Chip When YOU Need it!

By Tina Tombs, The Arizona Biltmore Golf Club



This hybrid chip is an easy way to reach front pins or those hard to reach back pins – especially, during the next few months when we are all going through turf changes and the challenging lies that are presented to us.

There is nothing worse than being just short in two on a par 4 and making a 6 because you bladed a chip over the green. The hybrid chip can be a lifesaver, especially when you have no green to work with or a

lot of green to work with. One thing to keep in mind: The ball comes off a hybrid pretty hot, so it's just a little bump to get it going.

Set up: (Image 1)

1. Narrow up your stance.
2. Ball position is directly under your nose, center of your stance to make sure you catch the ball first.
3. I use my putting grip because the motion is a lot like a putting stroke, but I recommend that you use the grip that feels the best for you.
4. Stand close to the ball, and choke down on the grip a few inches to shorten the club. The shaft should be pretty upright at address. This will help you make a straight-back, straight-through stroke. If you stand too far from the ball, the stroke will be more rounded, which makes it tougher to make crisp contact.
5. The stroke is a simple back and through with firm wrists.



Why not just putt it? Because a putter has almost no loft, so you'll tend to hit the ball down into the turf and come up short. The hybrid launches it a few inches in the air, so the ball skips off the fringe and rolls like a putt.

You're gonna love this little shot! Sometimes when you are a little further off the green, and you have very little green to work with, and the pin is in the front of the green as shown here in Image 2, a hybrid chip is also a great choice. Set up the same way as described above, trust your shot, execute it, watch your score get lower and lower!

Tina Tombs is a 2020 Arizona Golf Hall of Fame Inductee, a *GOLF Magazine* TOP 100 Teacher in America, and two-time LPGA National Teacher of the Year. To schedule your next golf lesson, clinic session you can contact Tina or her staff at www.tinatombsgolf.com and sign on to book your next coaching session. ♦

School's Out for Summer Mini Golf At Uptown Plaza

Believe it or not, the school year has come to an end. What better way to celebrate the start of summer than free mini golf at Uptown Plaza? On Saturday, May 21st from 5:00 p.m. to 8:00 p.m., "putt" your golf skills to the test at the courtyard. Plus, enjoy delicious eats from local restaurants Chula Seafood, Sushi Vibe, Flower Child and more after practicing your swing.

Uptown Plaza will host various events throughout the year, including live music in the courtyard, drive-in concerts in the parking lot, family-friendly events and more. To stay up-to-date on the latest events happening, please visit www.uptownplazaphx.com/events.

Uptown Plaza is located on the northeast corner of Central Avenue and Camelback Road, in the heart of Phoenix's historic north-central neighborhood. The newly restored mid-century modern shopping center is a lively urban hotspot, boasting a wide selection of health, retail and restaurants. The Plaza has over 20 retailers; the full list can be found at www.uptownplazaphx.com. ♦



2022 Arizona Summer Troon Card Now On Sale

Play Courses Throughout Arizona While Helping Feed Less Fortunate

Troon®, the Scottsdale-based golf management firm, has launched its 2022 Arizona Summer Troon Card program, providing preferred rates to cardholders at 23 Troon-managed and brand-affiliated facilities, which include 30-plus golf courses throughout the Grand Canyon State. The 2022 Arizona Summer Troon Card is valid May 4th through September 30th and can be purchased for \$139 for a TwoSome Card or \$179 for a FourSome Card at www.TroonCard.com.



For the third consecutive year, Troon will donate funds to St. Mary's Food Bank for each Arizona Summer Troon Card sold. Previous St. Mary's Food Bank donations from Summer Troon Card sales have resulted in 310,000 meals in 2020 and 550,000 meals in 2021, helping to feed the less fortunate. In addition, golfers can make donations of non-perishable food items at six Troon-affiliated courses (noted below) with all food collected regularly sent to St. Mary's Food Bank. St. Mary's Food Bank, one of the largest food banks in the United States, provided food to more than 1,300,000 households and 3,400,000 individuals in 2021.

2022 Arizona Summer Troon Cardholders enjoy special Troon Card rates, up to five redemptions of "2 for 1" golf offers, Troon's "Best Rate Guarantee" and more at Troon-managed and brand-affiliated facilities throughout Arizona, including:

Ak-Chin Southern Dunes Golf Club in Maricopa
Antelope Hills Golf Courses in Prescott
Arizona National Golf Club in Tucson
Boulders Resort & Spa in Scottsdale
Copper Canyon Golf Club in Buckeye
Eagle Mountain Golf Club in Fountain Hills*
El Conquistador Golf & Tennis in Oro Valley
Golf Club of Estrella in Goodyear*
Laughlin Ranch Golf Club in Laughlin
Longbow Golf Club in Mesa*
Lookout Mountain Golf Club in Phoenix
Papago Golf Club in Phoenix*
Poston Butte Golf Club in Florence
Prescott Golf Club in Dewey
Quarry Pines in Marana
Quintero Golf Club in Peoria
Sedona Golf Resort in Sedona
Sterling Grove Golf and Country Club in Surprise
The Phoenician Golf Club in Scottsdale
The Westin Kierland Golf Club in Scottsdale
Troon North Golf Club in Scottsdale*
Whirlwind Golf Club in Chandler*
Wickenburg Ranch Golf & Social Club in Wickenburg

*indicates drop-off location for non-perishable food items

In addition to savings on golf throughout the summer, 2022 Arizona Summer Troon Cardholders will also receive a \$50 credit towards the purchase of any 2023 Arizona or National Troon Card. 2023 Troon Cards go on sale October 1st, 2022 and will be valid for use November 1st, 2022 through December 31st, 2023.

Arizona Summer Troon Cardholders may reserve tee times within three-days of their desired date of play and enjoy special Troon Card rates. For those who can't wait until three days out to book their tee time, with Troon Card's Best Rate Guarantee, Troon Cardholders can book any online rate and still receive 15 percent off their golf fees at check in. Plus, Troon Cardholders can treat their friends, and themselves, with up to five redemptions of "2 for 1" golf offers. Additional Troon Card benefits include complimentary skills clinics; 10 percent off merchandise at participating golf shops and golf course restaurants; Troon Card E-News with monthly special offers; and the ability to book tee times online at www.TroonCardTeeTimes.com.

To view a list of participating courses, see Troon Card rates or to purchase a 2022 Arizona Summer Troon Card online, go to www.TroonCard.com. ♦

The State's Oldest Deli Wants to Make Someone's Super Hero Dreams Come True

Pow! Bam! Kerplunk! Valley residents can eat well while helping a great cause, the Colten Cowell Foundation, and its mission to help sick kids feel like superheroes. To celebrate the restaurant's 73rd anniversary, Miracle Mile Deli, located on 16th Street and Campbell in Central Phoenix, is donating a portion of the proceeds from all sales on Tuesday, May 10th, to this incredible nonprofit organization that creates a life changing experience for special children.

"The work done at the Colten Cowell Foundation holds a special place in my heart," said Josh Garcia, Vice President of Miracle Mile Deli. "My daughter enjoyed the superhero experience with the Foundation years ago and still talks about it to this day. To be able to help an acutely ill child forget about their illness – even if it's for just a few hours – means the world to me and our Miracle Mile Family."

Garcia is a third-generation operator of his family's restaurant. Miracle Mile Deli was founded by Garcia's grandfather, Jack Grodzinsky in 1949. The historic Valley restaurant prides itself on being an integral part of the community, treating customers like family and serving the best pastrami sandwiches in the Southwest. The New York-style delicatessen has been recognized for its award-winning pastrami sandwiches, brisket of beef sandwiches, corned beef sandwiches and other East Coast delicacies.

The Colten Cowell Foundation is a Valley nonprofit organization that makes giving fun and accessible by creating more smiles and laughter for kids and families. Every part of the organization's crime-fighting experience is tailor-made to make the nominated child feel special. Activities include superhero gadget interaction, one-of-a-kind vehicles to explore and ride, not to mention a tour of a real-life, underground Batcave!

"We designed the Superhero Experience to benefit the entire family," said Charles Keller, Colten Cowell Foundation Chairman and Founder. "For the children, they get to forget that they are sick and simply enjoy being a kid. For the parents, this is an evening to momentarily let go of their worries and share the pure joy with their children. In the end, memories are all we have, and the best are the ones that we get to share with the people that we love."

Monday, May 10th is Miracle Mile Deli Day. Celebrate the Deli's 1949 opening with a \$19.49 Special. Enjoy a pastrami, brisket or corned beef sandwich with a draft beer or slice of pie for just \$19.49. The restaurant will also give away \$100.00 gift cards every hour.

May is also Burger Month. Enjoy a different burger each week on special for \$11.00. It includes fries and a dill pickle. See www.miraclemiledeli.com for specific details.

Through June 18th, 2022, to honor moms, dads, grads and teachers, buy \$100 in Miracle Mile Deli gift cards and choose a bonus gift card free from the board. Bonus gift card are valued at anywhere from \$20-\$100.

Miracle Mile Deli is located at 4433 North 16th Street in Phoenix. ❖



Mane Attraction Salon Celebrates Teachers in May

In 1953, Eleanor Roosevelt persuaded the 81st Congress to proclaim a National Teacher Appreciation Day to honor teachers and recognize the lasting contributions they make in our lives. Teachers play a critical role in educating and shaping the future leaders of our country.

So, in honor of National Teacher Appreciation Day, which falls on Tuesday, May 3rd, Mane Attraction Salon is offering 20% off of haircuts and a complimentary in-salon masque to teachers throughout the month of May. School identification is required.

Teachers are invited to enjoy the beautifully remodeled salon that has a Zen-like feel including a shampoo room that has been transformed into a relaxing, spa-like atmosphere. Plus, each MAS stylist goes through an intensive internal training program to ensure the highest standards in the industry. The salon's retail shop has also been expanded, reflecting Mane Attraction's status as a dedicated Aveda salon. The retail space also includes a carefully curated collection of stylish housewares, collectables and lifestyle products hand-picked by owners Chris and Jenny Knudsen.

Mane Attraction Salon is located at 3156 E Camelback Road in Phoenix. For more information about Mane Attraction Salon or to book an appointment, please visit www.maneattractionssalon.com. ❖



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