



# BILTMORE *Lifestyles*

A Community Service Publication

## Phoenix City Grille... Where Specials Are A Daily Thing

*Feature Pages 14 & 15*





**PHIL TIBI** MBA, GRI, ABR, CRS  
Associate Broker

**602.320.1000**

Phil@TheTibiGroup.com

www.ArizonaBiltmoreRealty.com



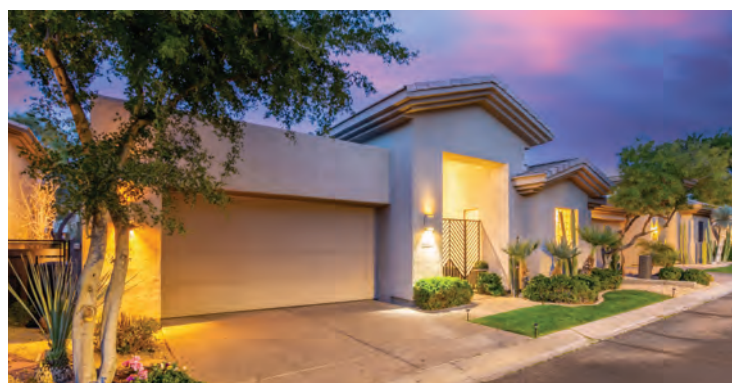
THE  
**Phil Tibi**  
GROUP

**NORTH&CO.**  
REAL ESTATE BY TRADE

*Professional marketing services  
exceeding your expectations*



**Biltmore Fairway Lodge**  
2 & 3 Bedroom Units Available NOW!  
Gorgeous Golf Course Views  
Furnished Offered at \$8,000~\$12,000/Mo



**Biltmore Hillside Villas**  
3Bd/2.5Ba Approx. 2,600SF  
Beautiful & Serene Views  
Single-Story Offered at \$1,495,000



**Biltmore Courts**  
2Bd/2.5Ba Approx. 1,500SF  
Lake View Townhome  
Offered at \$615,000



**Cuernavaca**  
2Bd/2.5Ba Approx. 3,200SF  
Beautiful Spanish-Style  
Excellent Location Offered at \$1,800,000

*Considering selling, moving up, downsizing or investing?  
Contact the Phil Tibi Group today for a private consultation and experience true satisfaction.*





## BILTMORE ESTATES 97 BILTMORE ESTATES, PHOENIX | \$3,500,000

Rare Opportunity to own a mid-century AZ Biltmore Estate masterpiece on one of the largest lots and desirable location of the Biltmore Circle! Situated on the 1st Fairway of the Biltmore Links Golf Course, this single-story 4,551SF 4 bedroom plus den/office & 3.5 bath home features natural redwood vaulted ceilings, beautiful mountain and golf course views, 3-car garage with private pool & lighted tennis court. Larger 1.6 acre "Biltmore Loop" lot with certainly room to expand.

**PHIL TIBI** MBA, GRI, ABR, CRS

Associate Broker

**602.320.1000**

[Phil@TheTibiGroup.com](mailto:Phil@TheTibiGroup.com)

[www.ArizonaBiltmoreRealty.com](http://www.ArizonaBiltmoreRealty.com)



## AJ's The Art of Wine and Tastes of Summer To Raise Funds for Scottsdale Arts



One of the tastiest annual traditions, AJ's The Art of Wine and Tastes of Summer, is returning this month to Scottsdale Center for the Performing Arts.

AJ's Fine Foods will present the fundraiser from noon to 3:00 p.m. May 20th, 2023, for Scottsdale Arts, the non-profit arts organization that operates the center. This annual affair is an opportunity to taste a curated list of wines along with epicurean pairings in an entertaining setting while supporting the arts.

The tasting list is hand-selected by AJ's Cellar Masters and features selections from the store's Summer Wine Spectacular and Love of Rosé selections. Between tastings, guests will be invited to partake in a silent auction offering fine wines, elaborate gift baskets, culinary accessories and other items from AJ's and its partners. Attendees planning to stock their wine cellars will save 25% on orders of six or more bottles at the event.

Proceeds from AJ's The Art of Wine and Tastes of Summer benefits programs offered by Scottsdale Arts and its branches: Scottsdale Center for the Performing Arts, Scottsdale Museum of Contemporary Art (SMoCA), Scottsdale Public Art, Scottsdale Arts Learning & Innovation, Canal Convergence and Civic Center Live!

"We're delighted to welcome AJ's Fine Foods back for another delectable serving of The Art of Wine and Tastes of Summer," said Erin Krivanek, Director of Development for Scottsdale Arts. "This annual celebration of the best wines and luxurious pairings is an important fundraiser for the diverse artistic and educational programs we offer throughout Scottsdale."

AJ's Fine Foods is a destination for upscale gourmet products throughout the greater Phoenix area. Its boutique-like atmosphere offers a wide range of unique food items, products and services.



"This is one of our favorite events of the year!" said Jayson Mead, AJ's Vice President. "It brings together our love of community, the arts and a celebration of our wide assortment of epicurean delicacies, from wine to one-of-a-kind giftables and everything culinary in between."

Tickets to AJ's The Art of Wine and Tastes of Summer are \$50 to \$75. VIP early entry begins at noon on May 20th while general entry begins at 1:00 p.m. Learn more at [ScottsdaleArts.org/events](http://ScottsdaleArts.org/events). For additional information, AJ's Fine Foods visit [AJsFineFoods.com](http://AJsFineFoods.com). ❖



**KEEGAN'S**

Full Order Flame Grilled  
BBQ Baby Back Ribs  
Seasoned Fries & Slaw

**SATURDAY NIGHT  
SPECIALS**

Maine Lobster Tail  
& Petite Filet  
Vegetable Medley and Special Potato

3114 East Camelback Road, Phoenix 602-955-6616

## From the Publisher...



May is here, which means it is time to bid farewell to all of our winter visitors. It is also the time of year that the temperatures start to soar into triple digits. Please remember to stay well-hydrated and wear plenty of sun screen during these hotter months; always carry water with you wherever you go.

Also, along with the month of May comes Mother's Day on May 14th. Stop by Biltmore Fashion Park to pick up a little something for either your mother or maybe

someone that you consider to be somewhat of a "mother figure" in your life. Another place I like to shop for the perfect gift is the Kiss Me Kate on the northeast corner of 44th Street and Camelback Road. They have all kinds of unique gifts for the lady in your life!

There are plenty of awesome Mother's Day brunches around the Valley to choose from if you don't want Mom to be slaving over the stove all day. Some of my favorite places for Sunday brunch are Keegan's, Camelback Inn, The Phoenician, the Hyatt Gainey Ranch, Scottsdale Conference Center, The Marriott Desert Ridge, The Wrigley Mansion and of course our own Arizona Biltmore Resort. Make sure to make reservations early, because they fill up fast!

Thank you for reading this month; I look forward to bringing you another exciting issue of *Biltmore Lifestyles* in June.

Until next month, *Susan*

Please feel free to write: P.O. Box 93244, Phoenix, AZ 85070

Phone: (480) 460-7779 or (602) 469-8484

email: [biltmorelifestyles@gmail.com](mailto:biltmorelifestyles@gmail.com) • [www.biltmorelifestyles.com](http://www.biltmorelifestyles.com)

Publisher

Susan Aavang

Editor

Julie Nicholson

## Jenny Bortman named President and CEO of Universal Insurance Programs

### Longtime UIP Executive to Steer Company Into New Era of Growth and Innovation

For over thirty years, Arizona-based Universal Insurance Programs (UIP) has optimized insurance solutions for its clients. The company has earned a reputation for being a leading provider of insurance programs for niche markets including the self-storage, tanning, salon, and day spa industries. Since joining UIP in 1995, President and CEO Randy Tipton has steered the company and its partners to new levels of success. As UIP looks to the future, the executive team is pleased to name Jenny Bortman the new President and CEO, with Tipton moving into a new role as Chairman of the Board, effective May 1st, 2023.

Over her 20-year career, Bortman has demonstrated effective leadership and innovative thinking. From her work in sales to her progressive marketing strategies, she has bolstered UIP's growth even during periods of economic uncertainty. As Chief Operating Officer, Bortman has been responsible for managing customer service, sales, business development and overseeing operations for the company's growing team. Prior to joining UIP, Bortman gained valuable sales experience at Nestle Purina.

"Jenny was bred for this," says Tipton. "She knows this business inside and out. My daughter embodies everything we stand for at Universal Insurance – collaboration, accountability, enthusiasm and relentless loyalty. She has forged incredibly strong relationships with our partners over the past 15+ years. I have every confidence in her."

Tipton says when the leadership team took on the executive search process, it was clear Bortman brought the skills, knowledge, and passion that made her the clear choice for the company's new President and CEO.

"The success of this company and the people we support are of the utmost importance to me," says Bortman. "As President, I'll do everything I can to build on the legacy my mom has created. We're not a small business any more, and the time is right for me to bring new ideas, and a fresh approach to our company's next phase. It's an honor to take on this role, and I'm looking forward to executing an exciting strategy for continued growth and innovation."

Bortman says she aims to emphasize sustainable growth while maintaining the values that built UIP. She will bring a renewed focus on systems and technology, streamlining processes to create a better experience for clients, brokers, carriers, and team members.

### About Universal Insurance Programs

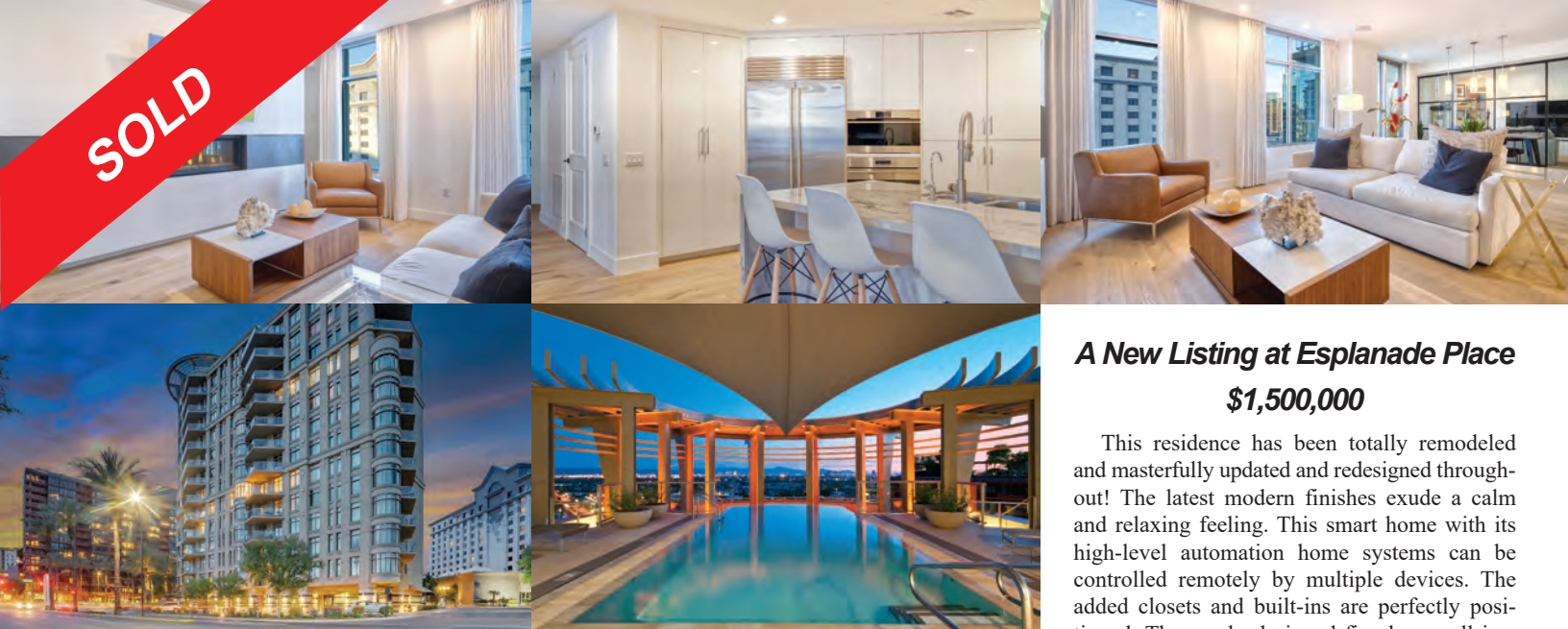
Universal Insurance Programs (UIP) provides comprehensive insurance coverage to business professionals across the United States. The Arizona based firm was established in 1992 with the vision of providing specialized insurance programs to niche markets, including the self-storage, tanning, salon, and day spa industries. To this day, UIP has a passion to help business owners by offering uniquely tailored insurance products. Too often, entrepreneurs are overpaying for insurance while having major gaps in coverage. The specific insurance needs for niche markets are better placed with customized programs. UIP has a commitment to education and development in the insurance field as well as the specialty markets they represent. The staff at UIP travels nationally to attend trade shows, hold seminars and assist with risk management techniques. Enthusiasm, collaboration, and relentless loyalty, and accountability provide the foundation for the success of UIP and its clients. Learn more at <https://uiprograms.com>.



Jenny Bortman



**SOLD**



### ***A New Listing at Esplanade Place***

**\$1,500,000**

This residence has been totally remodeled and masterfully updated and redesigned throughout! The latest modern finishes exude a calm and relaxing feeling. This smart home with its high-level automation home systems can be controlled remotely by multiple devices. The added closets and built-ins are perfectly positioned. The newly designed fireplace wall is a fine focal point as well as the glass-enclosed media room. The waterfall feature and the latest high-end Wolf and Sub-Zero appliances adorn the bright kitchen. This most desirable up-to-date turnkey home is a rare find and can only be found at Esplanade Place, the award-winning high-rise in the heart of the Biltmore and financial hub of Phoenix and convenient to all parts of the Valley! The ultimate high-rise address includes valet parking, full fitness center, 24hr staff, roof-top pool, and more. **Call Susan for details and to schedule an appointment.**



#### **Susan Polakof, CRS, ABR**

Associate Broker / International

President's Elite Hall of Fame

Proud Resident of Esplanade Place

Since 2003!

**602-738-5500**

[susan.polakof@azmoves.com](mailto:susan.polakof@azmoves.com)

[SusanPolakof.com](http://SusanPolakof.com)

[coldwellbankerluxury.com](http://coldwellbankerluxury.com)



**COLDWELL BANKER  
REALTY**

**EXECUTIVE  
SALES ASSOCIATE**



## ***May is About Mom at The Spas at Village Health Clubs***

Skip the flowers and select a more memorable and relaxing gift this year for Mother's Day. Treat mom to pampering packages from The Spa at the Village Health Clubs. The Spa offers personalized treatments based on individual needs, as the expert technicians work to improve tissue health, therapeutic recovery and optimal body spa services.

Treating mom to an experience of luxury has never been easier than with the Mother's Day Package, which includes a 60-minute Signature Massage and Monthly Facial Special for \$220.

The package can be purchased as a gift certificate for use at any time throughout the year, and treatments booked for May will include this month's facial special: a Mangosteen Lactic 10% Pro Peel including Dermaplane.

The Mangosteen Peel is made from a Superfruit that protects skin from environmental damage, with no irritation or downtime. The treatment will have mom feeling refreshed as the peel resurfaces the skin and refines pores for a luminous, even and youthful looking complexion.

Additionally, Microneedling can be added on for \$75.

Village Health Clubs and Spas will also be offering a \$10 bounce back coupon with the purchase of a \$100 gift card purchased from May 1st through the 14th.

Another great gift option is the Village Experience. The price includes a breakfast or lunch entrée and a choice of soft drink, glass of wine or beer. For three services, the cost is \$299 for members/\$359 for nonmembers. Guests can choose from: 60-minute Signature Massage, 60-minute Signature Facial, 60-minute Seasonal Body Treatment, Haircut, Deep Conditioning + Style, and Village Signature Manicure + Pedicure.

The Village Health Clubs & Spas have four locations around the Valley, including one in Phoenix, two in Scottsdale, and one in Chandler. For more information or to book an appointment for the deserving mom in your life, please visit the website at [www.villageclubs.com](http://www.villageclubs.com). ❖





# Staycation?



## The Hermosa Inn Announces Hot Summer Rates And Cool Dining Dates

The Hermosa Inn, a AAA Four Diamond hotel nestled in the heart of Paradise Valley, offers two options for a relaxing staycation at this boutique hideaway of 43 luxury casitas situated on six lushly-landscaped acres.

### Summer In Paradise Getaway

Available May 15th through August 31st, 2023

- Enjoy a discount off the best available room rate, not inclusive of tax or resort fee
- \$25 Food and Beverage credit for each night of stay
- Two welcome drink tickets at check-in
- Poolside treats

### Third Night Free!

Available May 29th through August 31st, 2023

- Book two nights in a Deluxe Casita and get a third night free

For room reservations, please call (844) 267-8738 or book online at Hermosa Inn offers.

### Cool Dining in Lon's Underground Wine Cellar

The return of 100+ degree temperatures in the greater Phoenix area also ushers in a cool reprieve in the form of a one-of-a-kind culinary experience in the underground wine cellar at LON's at the Hermosa. Beginning June 1st through September 10th, the hotel's signature restaurant will open its private subterranean wine cellar to offer guests and Valley residents a special five-course tasting menu (chef's selection) for \$125/person, not including tax and gratuity. Wine pairings are an additional \$75 per person.

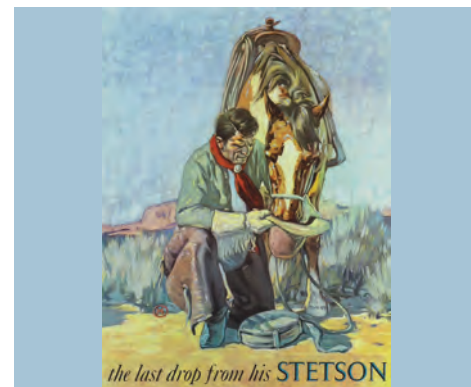
Cool (in every sense of the word), the cellar—kept at 57 degrees—is normally reserved exclusively for private events, but based on availability, it will be open for parties of two or more, Thursday through Sunday nights. Reservations for Cool Dining can be made by clicking the 'experiences are available' link on OpenTable, or by calling LON's at (602) 955-7878. Seating is limited to 12 guests.

### Lon's Last Drop Extended Summer Happy Hour

Options for mid-afternoon munchies or a bite in the bar just got bigger and better with some tantalizing additions, including Crab Cake Sliders, Denver Lamb Ribs, and the signature Stetson Burger. The Patagonian Shrimp Tacos, the Megargee Trio of corn chips, warm queso, guacamole and roasted salsa roja, and the ever-popular Cellar Board with a carafe of wine, are ideal for sharing, particularly during the extended summer happy hours, which are daily, from 3:00 p.m. to 7:00 p.m., June 1st through September 10th, 2023.

### 100th Anniversary of 'The Last Drop' Painting By Lon Megargee

In 1923, the Stetson Hat Company commissioned what may be the most famous cowboy image of all time: *The Last Drop From His Stetson*, by Lon Megargee, which depicted a kindly cowboy kneeling to give his horse a drink of water from his upturned hat. It has become a hallmark of cowboy culture and an icon of the Stetson



brand, as it has been imprinted on the lining of its upscale hats for the past 100 years. While the original oil painting hangs in Stetson's New York City headquarters, a framed print adorns the hotel's bar, aptly named LON's Last Drop.

To commemorate the centennial, The Hermosa Inn will be celebrating with:

- 100th Anniversary Celebration Getaway: Book two nights in a deluxe casita and get a third night free. Valid through May 28th, 2023.
- Tip Your Stetson and savor a signature Last Drop or Stetson cocktail for just \$5, June 1 through September 10th, 2023.

For more information, visit [HermosaInn.com](https://www.HermosaInn.com) or call (602) 955-8614. ❖





## Bashas' Supermarkets Team Up With FirstFruits to Donate More than 20,000 lbs of Apples to Local Food Banks

Now that pandemic-related SNAP benefits have ended, more people are turning to their local food banks to help make ends meet. Thanks to a timely collaboration, families experiencing food insecurity in Arizona are receiving greater access to fresh produce this month.

Bashas' supermarkets, which operates grocery stores in Arizona and New Mexico, was again selected by FirstFruits to participate in this year's Take a Bite Out of Hunger initiative. The grocery chain is one of only three chosen to participate in the give-back collaboration this year.

Bashas' supermarkets donated 20,902 pounds of apples in one week to St. Mary's Food Bank and United Food Bank to help families in need throughout Central and Northern Arizona.

"Fruits and vegetables are important and irreplaceable items for food banks to provide nutritious menus for so many families in need," said CEO Tom Kertis, President of St. Mary's Food Bank, which received a 13-pallet donation of apples on April 4th. "This donation from our friends at FirstFruits and Bashas' is much needed and appreciated, especially now when inflation has hit so many families hard. We thank them for their generosity."

The mission of the annual Take a Bite Out of Hunger collaboration is simple: to feed the underserved while bringing attention to the problem of food insecurity in the United States. The grocery chain has a long history of participating in the give-back campaign; Bashas' has participated annually since 2018.

"Supporting local food banks is a natural way for us to ensure that families in need in the communities we serve have access to fresh, nutritious foods," said Ashley Shick, Director of Communications and Public Affairs for Bashas' Family of Stores. "Teaming up with organizations like FirstFruits allows us to extend our giving even further."

In Arizona, as many as one in nine people struggle with hunger, and the number of hungry children is higher yet. About one in six Arizona children – nearly 270,000 youth – experience hunger or do not have regular access to safe, affordable and nutritious foods.

Since Take a Bite Out of Hunger's inception in 2010, more than 2.8 million pounds of fresh apples have been donated in participating retailers' names to local food banks in their communities.

"Everyone should have access to fresh, nutritious produce as a part of a well-balanced diet, especially in this inflationary period, when growers, retailers and everyday consumers are facing challenges," said Aimee Peters, Business Development Manager of FirstFruits. "Thanks to the continued partnerships with Bashas' and the food banks, we're making apples accessible to those who need them the most." ❖



# got houses?

I have 7 different buyers  
looking for homes in Arcadia  
Lite, Arcadia, Biltmore or  
Camelback Corridor.

*Now is the time to sell!  
Please give me a call, text, or email.  
I can make the transaction easy for you.*



**Debbie Frazelle | CLHMS | ABR**

**602.399.8540**  
**debbiefrazelle.com**  
**dfrazelle@cox.net**

**PAST ARCADIA PTO VP**  
**PAST HOPI PTA PRESIDENT**  
**ARCADIA RESIDENT FOR OVER 30 YEARS**



**Debbie Frazelle**  
**REAL ESTATE**

*Top 1% of Coldwell Banker Agents*



**COLDWELL BANKER**  
**REALTY**



# Ryan House's Community Breakfast Grosses \$225,000

*Funds Raised will Provide Respite and Enrich The Quality of Life and Create Cherished Memories For Children and Their Families as They Navigate Life-Limiting or End-of-Life Journeys*

Nearly 600 guests attended Ryan House's Community Breakfast on Friday, March 31st at the beautiful JW Marriott Camelback Inn which raised over \$225,000 in support of its mission to enrich the quality of life and create cherished memories for children and families as well as provide a much-needed break from 24/7 caregiving, as they navigate life-limiting or end-of-life journeys.

Local sports personality Lindsey Smith was this year's emcee alongside Executive Director Tracy Leonard-Warner. This year's Co-Chairs were Ashley Crowell, Mary Thompson and Laura Tolson.

The Breakfast featured the inspiring work that Ryan House has done creating memories and building legacies including a firsthand perspective into Teen Life at Ryan House through a very special video debut, highlighting the Blair family's journey. Ryan House Teen, Hayden Blair, immediately followed the video with a live acoustical performance of the Beatles hit "All My Loving," which received a standing ovation. And Ryan House mom, Lisa Swanson, spoke in person and shared heartfelt details of the memories made during her son Derek's end-of-life journey with guests.

Plus, the Arizona Cardinals Cheerleaders helped spread cheer all morning along with guitarist/singer Joey Gutos. There were also raffle prizes including jewelry, staycation packages, a bourbon basket, sports tickets, autographed



*Barb Spitzcock, Ruby Farias, Lin Sue Flood, Lorraine Tallman, Robyn Carpenter-Gall*

sports memorabilia and more. New this year – there were 18 tickets available for the event's exclusive Bubbles & Bling raffle which included a mimosa, Tiffany & Co. champagne flute and Kendra Scott jewelry. One lucky winner was chosen and won a diamond necklace compliments of House of Diamonds. And, back by popular demand, the event also featured a limited supply of Ryan House's exclusive State Forty Eight t-shirts available for purchase.

"We are so grateful to be surrounded by so many supporters and showcase heartwarming stories," said Leonard-Warner. "Our guests' generosity makes all the difference in the world to our families bringing comfort and dignity to children and teens who are facing unimaginable challenges. Because of their support, we can continue to enrich the lives of the children with life-limiting conditions and families we serve." ❖

*Photo Credit Dream Photography Studio*



*Ashley Crowell, Jenni Flores & Jen Malone*



*Lisa Socie, Kellan & Ashley Crowell*



*Molly & Robert Nejbauer*



*Kevin McCabe with AZ Cardinals Cheerleaders*



*Hayden Blair enjoying post performance accolades*



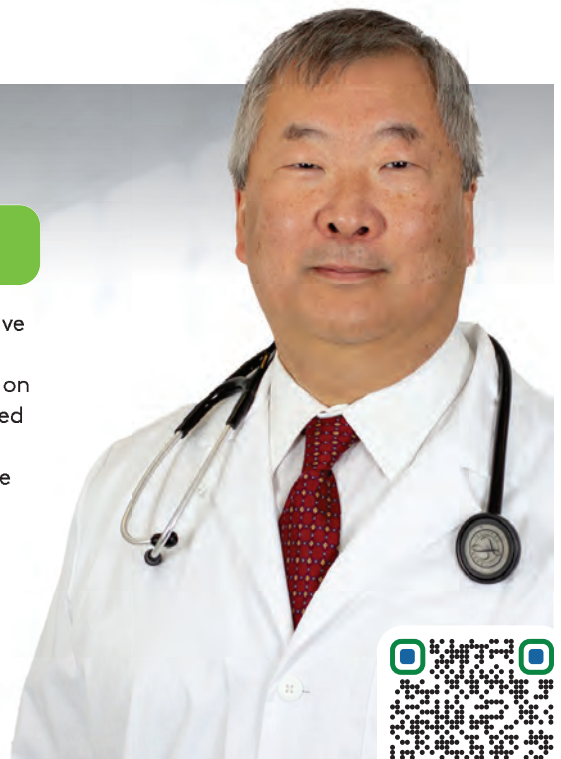
# HealthCare. Better Together.

## George Paik, MD | Interventional Cardiologist

Dr. George Paik is a board-certified interventional cardiologist with extensive experience and training in stenting. He has been performing emergency stenting for acute myocardial infarction (MI) for over 27 years and focuses on decreasing the risks of severe coronary artery disease. Dr. Paik has dedicated his career to providing evidence-based medicine that is both ethical and compassionate and finds great satisfaction in practicing medicine when he can make a critical difference in a patient's outcome.

### Conditions Treated/Procedures Performed

- Acute myocardial infarction
- Angioplasty
- Aortic valvular disease
- Atrial fibrillation and atrial flutter
- Cardiac arrhythmias
- Cardiovascular transcatheter procedures
- Conduction disorders
- Ischemic heart disease
- Mitral valvular disease



**Call 855-923-1710 to schedule an appointment**  
or visit [BiltmoreCardiology.com](https://BiltmoreCardiology.com)



*Event Volunteers from Imagine Prep*



*RH's Exclusive State Forty Eight T-Shirt*



*Lisa Swanson, Tracy Leonard-Warner & Lindsey Smith*



*Bob Serr & Tracy Leonard-Warner*



*Sabrina Norris, Betsey Griffin, Sean Rogers, Cammy Corken & Ellen Frezzi*



# Where to go to Spoil Mom this Mother's Day

## Dining Options to Treat Mom

By Molly Cerreta Smith

Moms deserve to be pampered every day, but especially on Mother's Day! And the entire Valley seems to agree as many restaurants and establishments are rolling out the red-carpet with specials and treats for Mom this Mother's Day. Check out some of the best ways to treat Mom to something special on May 14th:

**Chompie's** — Chompie's locations around the Valley are celebrating Mom with a free dessert! When dining in on Mother's Day, moms will receive a free mini slice of cake with entrée purchase and can select their choice of carrot, mousse, 7-layer or red velvet cake.



Chompies 7 Layer Cake

**Keeler's Neighborhood Steakhouse** — A drive up to beautiful Carefree followed by an amazing brunch spread is the perfect way to celebrate Mom! Keeler's cuts no corners when honoring mom with its exclusive brunch Mother's Day offerings including made-to-order omelets, a prime rib carving station, crustation station and so much more.



Keeler's Steakhouse Prime Rib

**LDV Winery** — Sip, sip hooray for Mother's Day! From 11:00 a.m. to 7:00 p.m., Mom can enjoy a glass or rosé for just \$5 as well as 20 percent off bottles of rosé.

**Ocean Prime** — Diners can enjoy an incredible brunch from 11:00 a.m. to 3:00 p.m. in honor of Mom with dishes such as Brioche French Toast with cinnamon sugar whipped mascarpone, sausage and maple syrup (\$24); Smoked Salmon Latke with tomato, hard-boiled egg, arugula, caviar and chive sour cream (\$29); Crabcake Eggs Benedict with toasted English Muffin, Maryland crab, poached eggs and hollandaise (\$33); Short Rib Surf & turf with lobster, gouda potato cake, poached egg and hollandaise (\$32) and more.

**Original Breakfast House** — Rise and shine with Mom at Original Breakfast House which is featuring breakfast and lunch specials on Mother's Day including Guadalajara Benedict (\$17), Dutch Baby Pancakes with Fresh Berries (\$14.50), Pacific Snapper Tampico and Eggs (\$17) and Balsamic-Glazed Salmon with garlic mashed potatoes and grilled vegetables (\$24)

**Park West** — Many tenants at Park West, the west Valley's premier lifestyle center, are celebrating Mom with specials including Cabin Whiskey & Grill, where moms can enjoy a "Mom-mosa" for just one penny, or a receive a free dessert with entrée purchase; Face FOUNDRIÉ, which is offering a gift card bonus



Brioche French Toast from Ocean Prime

as well as the new H2Glow: Hydradermabrasion via aqua technology service for just \$149; Rides N Motions, which is featuring a "rent one, get one free" special, up to two hours for Mom Friday May 12th through Sunday, May 14th; and See's Candies, which is offering a variety of specials on exclusive Mother's Day gift boxes.

**Phoenix City Grille** — The restaurant is featuring two exclusive specials in honor of Mom including Filet Oscar, Wood-grilled beef tenderloin filet served with caramelized onion smashed Yukon potatoes, lump crab meat, organic asparagus and tarragon beurre rouge (\$54) and Pan-Roasted Chula Seafood Wild Alaskan Halibut with roasted local beets, sweet pea puree, McClendon Farms citrus wheels, balsamic reduction and pistachios (\$36). Plus all moms will receive a free flower when dining.

There is no shortage of establishments around the Valley in which Mom will be treated like a queen this Mother's Day. Don't forget to make reservations!



Ocean Prime Smoked Salmon Latke



# HealthCare. Better Together.

## Abrazo Digestive Specialists

At Abrazo Digestive Specialists, our board-certified gastroenterologists are dedicated to providing exceptional healthcare services for all your digestive health needs. We offer a compassionate and personalized approach to care, using some of the latest medical techniques and technology to diagnose and treat a wide range of digestive disorders. Our services include routine screenings, advanced treatments and patient-centered programs. We stand ready to support you throughout your journey to optimal digestive health.



Call 888-761-8043 to make an appointment  
or visit [AbrazoDigestive.com](http://AbrazoDigestive.com)

## Take Mom to New Heights this Mother's Day

Mother's Day is fast approaching, and like many, you might be wondering what to get the mother in your life. After years of loving cards, stuffed teddy bears, and handmade vouchers for breakfast in bed, it might be time to treat Mom to an experience she won't forget.

This Mother's Day, treat the adventurous moms in your life to the thrill of a lifetime at iFLY Indoor Skydiving. iFLY Indoor Skydiving is a sports and recreation company whose mission is to deliver the dream of flight for all without the need for a parachute or a plane. Though iFLY might seem like an activity for older children, it is fun for the whole family, and everyone ages three and up can participate. For those unfamiliar, iFLY gives their guests the opportunity to feel the rush of freefall typically experienced in skydiving but in state-of-the-art wind tunnels designed to provide a safe flight experience. You get the adventure of skydiving in a controlled environment with experienced flyers. All flights are guided by instructors, ensuring that fliers get the best of their experience, creating memories that will last a lifetime. And, of course, giving Mom a Mother's Day story that will surely stand out among her friends.

A common misconception is that fliers need to have some athletic ability to enjoy iFLY, but that is not the case at all. All athletic levels are able to fly with iFLY. They are able to accommodate the entire family, whether they are 3 or 103.



iFLY Indoor Skydiving opened its first wind tunnel in 1998 to empower humans to experience the freedom and thrill of flying. Since then, iFLY's vertical wind tunnels have hosted more than 9,000,000 people in a dozen countries and at sea – imagine indoor skydiving on the open sea while dolphins, whales, and millions of fish swim underneath you. Though the first tunnel was created in 1998, the tunnels have evolved to incorporate the latest technology, keeping flyers safe. When the facility opened its first location in Orlando, its very first wind tunnel, the "Generation 1," made it possible for humans to fly for the first time without a plane. iFLY is currently working on its "Generation 9," making its tunnels more eco-friendly – current iFLY tunnels require less than a third of the power of a horizontal wind tunnel running at equal speed.

So, skip the traditional gifts this Mother's Day and take Mom to new heights. She's had more than enough stuffed animals, it's time to give her something that will truly blow her away.

iFLY is located at 9206 East Talking Stick Way in Scottsdale, and flight vouchers can be purchased online at [www.iflyworld.com](http://www.iflyworld.com).







## Summer in the City: The Westin Tempe Offers Stays Starting From \$179/Night & New Weekly Event Series

The Westin Tempe, a vibrant, contemporary hotel centrally located in the city's downtown district, is celebrating the warmer months with a staycation package curated for those looking to explore all that Tempe has to offer alongside a brand-new event series hosted at its three signature concepts.

For locals and travelers looking to book a summer retreat in the heart of the city, The Westin Tempe is offering its Stay and Play package, available to book now through Monday, September 4th.

### Stay and Play Package (Rates Starting From \$179/Night)

- A daily \$25 food and beverage credit for use at any of the hotel's signature outlets, including Cup of Joe Market Café, Terra Tempe Kitchen & Spirits and Skysill Rooftop Lounge
- One complimentary drip coffee at Cup of Joe Market Café for up to two guests
- One complimentary tequila flight tasting in Terra Tempe Kitchen & Spirits (available from 4:00 p.m. to 5:00 p.m.)
- Complimentary two-hour bike rental for two guests (based on availability)
- Daily enhanced high speed Wi-Fi internet access

Hosted at Terra Tempe Kitchen & Spirits, Cup of Joe Market Café and Skysill Rooftop Lounge, the hotel is also launching a series of summer events that will occur every weekend through the coming months. From Tequila Tasting to pool parties, rooftop yoga and sneaker pop-ups, the seasonal lineup includes:

### We Be Brunch'n at Terra

- Every Friday, Saturday and Sunday from 10:00 a.m. to 2:00 p.m.
- Weekend warriors will enjoy "almost bottomless" mimosas, a live DJ, a specialty brunch menu and a variety of cocktails featuring Tres Generaciones Tequila, Truly Vodka, Knob Creek Bourbon Whiskey and more.

### Sneaker Sundays

- Every Sunday from 10:00 a.m. to 2:00 p.m.
- Guests can get ready to kick it every Sneaker Sunday at Cup of Joe Market Café as The Westin Tempe partners with AZ Local Kubzickz to provide sneakerheads with the opportunity to shop the most sought-after shoe releases. Guests will also enjoy the chance to win sneaker giveaways with a purchase of CoCo5 Water along with drink and apparel specials.

### Throwback Thursdays

- Every Thursday from 5:00 p.m. to 10:00 p.m.
- Guests will enjoy a live DJ playing throwback hits along Espolon Tequila drink specials and Corona Premier buckets at Skysill Rooftop Lounge.

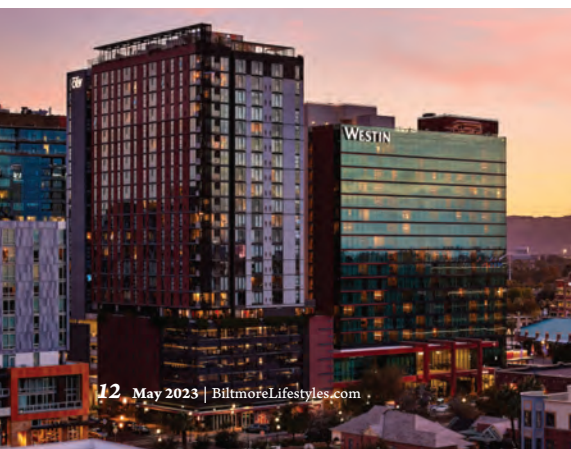
### Feel The Beat Not The Heat

- Every Saturday and Sunday from 7:00 p.m. to midnight
- As the sun retires behind the horizon, guests will enjoy a live DJ along with drink specials and a bottle service menu at Skysill Rooftop Lounge.

### Weekend #VibeCheck Pool Parties

- Every Saturday and Sunday from 2:00 p.m. to 7:00 p.m.
- Set the summertime vibes with Skysill Rooftop Lounge's #VibeCheck pool party. Guests will enjoy six-pack bucket specials with the choice of High Noon Hard Seltzers, Truly Seltzers, Corona Premier and more.

The Westin Tempe is situated in downtown Tempe's bustling downtown district. For more information about The Westin Tempe or to book your summer stay, visit [www.marriott.com/en-us/hotels/phxwt-the-westin-tempe/overview/](http://www.marriott.com/en-us/hotels/phxwt-the-westin-tempe/overview/). ❖





Looking for a Realtor who can handle ALL your Real Estate needs?  
**Wendy MacKenzie • 602-617-3280**  
 ~ Global Real Estate Advisor ~  
 Luxury Residential, Commercial Services & Investments



Russ  
Lyon

Sotheby's  
INTERNATIONAL REALTY



**Wendy MacKenzie | GRI, CNE, ABR, e-PRO**

Luxury REALTOR® Residential Commercial & Investments

Russ Lyon | Sotheby's International Realty

**602-617-3280**

wendymackenzierealtor@gmail.com

wendymackenzierealtor.com



***The Gladly Announces the Launch of Its Summer Pig Roast Series, Inspired by Chef Bernie Kantak and Jacob Cutino's Double Gold Winning Feast***

Get ready to pig out this summer! The Gladly, one of Phoenix's favorite dining and drinking destinations, is excited to announce the launch of its Summer Pig Roast Series, a sizzling-hot culinary event that promises to be the highlight of the season. Inspired by the Double Gold winning Pig Roast hosted by Chef Bernie Kantak and Jacob Cutino at this year's Devour Culinary Classic, the series kicks off on May 7th at noon and happens on the first Sunday of each month through summer.

The Summer Pig Roast Series is a celebration of all things pig, served family-style by Chef Bernie Kantak and his talented team. The centerpiece of each feast is a succulent whole-roasted pig, slow-cooked to perfection and infused with unique flavors, with each event inspired by different cuisines. At the kick off, you'll enjoy a variety of Latin-American forward plates, such as Hongos Rellenos, Elote, Salads, Rice and Beans and more.



*Jacob Cutino Shows off Pork Chop*

But the food isn't the only highlight of the day. The Gladly's Summer Pig Roast Series will feature a range of exciting beverages that pair perfectly with the feast. Crafted cocktails will be designed to enhance the flavors of the meal and complement the warm summer weather.

"We're really excited to bring our Summer Pig Roast Series to the people of Phoenix. It's a great opportunity to enjoy



*Hard at Work at the Grill*

seriously good food and drinks with great company, and to do something unique this summer," says Chef Bernie Kantak. "And, I'm equally excited to work with whole pigs."

The Summer Pig Roast Series will take place on the first Sunday of each month, starting May 7th at Noon. Reservations are required and space is extremely limited. Bookings can be made by on OpenTable. ❖



*Chef Bernie Kantak and Crew*



# What Makes Phoenix City Grille Such a Special Place?

Nestled in the heart of Central Phoenix, Phoenix City Grille has become a local favorite for its inventive cuisine and welcoming atmosphere. The restaurant's culinary team, led by Executive Chef Micah Wyzlic, is dedicated to creating daily specials that showcase the flavors of the Southwest while using fresh ingredients from local sources. We'll examine Phoenix City Grille's focus on creativity and freshness and its vibrant bar scene that has become an integral part of the Central Phoenix community.

One key factor that sets Phoenix City Grille apart from other restaurants is its commitment to using fresh, locally sourced ingredients. The restaurant sources produce, meat, and dairy from local farms and purveyors, ensuring that every dish has the highest quality ingredients. This commitment to freshness is evident in the daily specials that Phoenix City Grille offers. Each day, the culinary team creates a new special that highlights seasonal ingredients and innovative flavor combinations.

Phoenix City Grille has a great partnership with another Central Phoenix staple, Chula Seafood. Chula provides fresh seafood to PCG daily, which is then elevated to the next level with PCG's culinary magicians. These daily specials are featured at lunch and dinner seven days a week.

For example, some recent specials were Pork Tenderloin Skewers with parsnip purée, apple & fennel slaw, and jalapeño jam; and Pistachio Crusted Alaskan Halibut with sweet pea purée, risotto cakes, ginger lemon gastrique, and purple sprouts.



sweet pea purée, risotto cakes, ginger lemon gastrique, and purple sprouts.

After enjoying a delicious meal at Phoenix City Grille, save room for dessert. The restaurant's dessert menu features a range of decadent and creative options, including their famous Buttermilk Pie and Bread Pudding.

Aside from its dedication to fresh and innovative cuisine, Phoenix City Grille is also a popular destination for those looking to unwind and socialize in a lively and welcoming environment. The restaurant's bar scene has become a hub for locals and visitors alike, with an extensive wine list, craft cocktails, and a rotating selection of local beers on tap.





One of the standout features of the bar at Phoenix City Grille is its impressive selection of bourbons. The restaurant boasts a collection of over 150 different bourbons, ranging from classic Kentucky bourbons to small-batch and limited-edition offerings from around the country. Bourbon enthusiasts will find plenty to explore at Phoenix City Grille, with knowledgeable bar staff to provide recommendations and insight into the different flavors and distilleries featured on their extensive list.

Whether you're a seasoned bourbon connoisseur or just starting to explore the world of whiskey, the bourbon selection at Phoenix City Grille is not to be missed. ❖



**PCG**

5816 N 16th St.  
SW Corner of Bethany Home & 16th St.

[phoenixcitygrille.com](http://phoenixcitygrille.com)



*PCG Pasta - Sautéed all natural chicken, penne pasta, Mount Hope sun-dried tomatoes and broccoli tossed in a roasted garlic and Chardonnay cream sauce garnished with Romano cheese*



*Carne Asada Tacos - Citrus marinated steak, Mama Lola's tortillas and roasted tomato salsa*



*Ahi Tuna Poké - sesame and soy sauce marinated with avocado, roasted peppers, peas, onions, pickled ginger & sriracha aioli*



*Grilled Faroe Island Salmon Skewer\* (GF) - Arugula, organic apples, aged sherry vinaigrette, lemon aioli*



*Buttermilk Pie - Sweet buttermilk custard and caramel sauce*





## The Board of Visitors 108th Annual Charity Ball

The Board of Visitors hosted nearly 800 guests at the 108th Annual Charity Ball on April 1st, 2023. The highlight of the evening was the presentation of forty-one Flower Girls under the beautiful night sky at the JW Marriott Scottsdale Camelback Inn Resort & Spa. The presentation was followed by dinner and dancing in the ballroom.

Molly Bland, Chairman of The Board of Visitors, stated, "Support of our Annual Charity Ball allows us to award grants to healthcare pro-

grams in the Phoenix area that are chronically underfunded. This year alone, the BOV granted over one million dollars to organizations that follow our mission of serving the healthcare needs of women, children and the elderly."

"I am so proud to carry on the tradition of our organization's cherished signature fundraiser. This beautiful event is treasured by our Flower Girl families and guests who value our commitment to the needs of our community," said Annual Charity Ball Chairman, Laura Westfall.

### About The Board of Visitors

Established in 1908, The Board of Visitors is the oldest women's charitable organization in the state of Arizona. Since its inception, The Board of Visitors has granted over \$25 million to local nonprofit organizations in the greater Phoenix community serving the healthcare needs of women, children and the elderly.

For more information about the Board of Visitors, visit [www.boardofvisitors.org](http://www.boardofvisitors.org). ❖



Allison Wright, Sara Sabow, Kim Sabow, Flower Girl Elena Sabow, Ellie Stark



Whitney Heglie and Brooke Kopp



David Mullard and Elle Mullard



Bryn Murphy and her Father Presenter Rich Murphy  
Noelle Peterson and her Father Presenter Erik Peterson



Flower Girl Isabella Tuss and her Father Presenter Darren Tuss





*Cindy Good, Lana Holmes, 108th Annual Charity Ball Chair Laura Westfall, Molly Bland*



*Gracie Chester and Todd Chester, Molly Markam and Andy Markham, John Wentworth and Maggie Wentworth*



*Flower Girl Morgan Ulrich and her Father Presenter Chris Ulrich*



*Tanner Tremaine, Greysen Tass, Grifan Fair, Jake Francis, Logan Wilson, Brooke Fair, Isabella Tass, Brittany Tremaine, Alexandra Wilson, Chase Jones, Brayden Tass*





*Abrazo Arizona Heart Hospital EXPAND II study Co-Principal Investigators Dr. Timothy Byrne (left) and Dr. Merick Kirshner (right) with Abrazo Clinical Cardiovascular Care Director Tammy Querrey, NP in the hospital's cardiac catheterization lab.*

## Abrazo Arizona Heart Hospital Among First Hospitals in Clinical Study of TAVR for New Patient Population

Abrazo Arizona Heart Hospital is now participating in the EXPAND II Pivotal Trial, the first randomized clinical study evaluating the Evolut™ transcatheter aortic valve replacement (TAVR) platform in patients with moderate, symptomatic aortic stenosis.

Abrazo Arizona Heart Hospital is one of the select sites worldwide to participate in the study. More than two million patients live with moderate aortic stenosis in the U.S. TAVR is not currently included in the guidelines for treating these patients.

Aortic stenosis occurs when the heart's aortic valve narrows due to calcium buildup. It is a progressive disease, meaning it gets worse over time, and can be debilitating, costly and deadly. TAVR is a minimally invasive procedure to reopen the diseased aortic valve by inserting a prosthetic valve.

Data from the study may be used to support future applications to expand use of the TAVR procedure in a greater number of patients. The EXPAND II Pivotal Trial will enroll up to 650 patients globally to study the safety and efficacy of the procedure in patients with moderate, symptomatic aortic stenosis.

"It's really a privilege and an honor for Abrazo Arizona Heart Hospital to be a part of many pioneering advances in cardiovascular medicine," said Dr. Timothy Byrne, Co-Principal Investigator at Abrazo Arizona Heart Hospital. "Most importantly, we are proud to participate in a clinical trial to study potential benefits of TAVR among a broader patient population."

Abrazo Arizona Heart Hospital has a long history of advancing cardiovascular research and bringing innovations in care to Arizona, noted hospital CEO Stephen Garner. Abrazo physicians have participated in numerous clinical studies including early research on transcatheter aortic valve replacement.

"We are pleased to participate in the EXPAND II Pivotal Trial as part of our ongoing commitment to providing advanced care to the thousands of patients in our community living with aortic stenosis," added Co-Principal Investigator Dr. Merick Kirshner.

The Evolut TAVR platform is currently approved for the treatment of symptomatic severe aortic stenosis patients across all risk categories (extreme, high, intermediate, and low) in the U.S.

The study will evaluate for the first time the Medtronic Evolut™ FX TAVR System and guideline-directed management and therapy (GDMT) compared to GDMT alone in patients with moderate, symptomatic aortic stenosis. The data may be used to support future regulatory submissions to expand the current indications for the Evolut TAVR platform.

For more information on the study design, visit [ClinicalTrials.gov \(NCT05149755\)](https://ClinicalTrials.gov/NCT05149755).

For more information about Abrazo Health hospitals, take a free heart health risk assessment or to find a doctor, visit [AbrazoHealth.com](https://AbrazoHealth.com). ❖

## All Night, All Summer Happy Hour Returns to Roaring Fork Restaurant

The much anticipated, All Night, All Summer Happy Hour returns to Scottsdale's local favorite, Roaring Fork restaurant Memorial Day, Monday, May 29th through Labor Day, Monday, September 4th. From 4:00 p.m. to 9:00 p.m., Sunday through Thursday, guests can receive happy hour pricing in the bar and Saloon on the following menu items:

- **Mixed Market Greens \$6.50** with Candied Walnuts, and Feta in a Cranberry Vinaigrette
- **Iceberg BLT \$6.50** served with Blue Cheese, Bacon, Tomato and Ranch Dressing
- **Fresh Guacamole \$9.00** with Crispy Tortilla Chips, Cotija Cheese and Flour Tortilla
- **Green Chili Pork \$9.00** served with Pepper Jack and Warm Flour Tortillas
- **Queso Con Puerco \$9.00** with Pepper Jack Cheese, Green Chili Pork, & Crispy Tortilla Chips
- **Crispy Chicken Bites \$9.00** served spicy or not spicy with Ranch Dressing
- **Rotisserie Chicken Flat Bread \$11.00** with Basil Pesto, Roasted Chilis, Tomato & Pepper Jack Cheese
- **Smoked Chicken Wings \$11.00** served with Celery and Ranch
- **Roaring Fork Big Ass Burger \$13.00** with Lettuce, Tomato, Onion, Pickle, Poblano Pepper, Bacon, Cheddar and French Fries

In addition, \$6.00 Wines by the Glass will be offered as well as \$7.00 "Roaring Cocktails" including the famous Huckleberry Frozen Margarita, Raging Rita, Adult Arnold Palmer, Spicy Jalapeño Margarita, the Peach Margarita, the Classic Martini & Manhattan.

### About Roaring Fork

Roaring Fork's Wood Fired Cooking captures the spirit of bold American cuisine, creating flavors that crackle with a rugged edge. In the Old West, the best food was prepared on a simple wood fire. This same spirit, freshness and flavor are at the heart of every dish served at Roaring Fork. Select from lamb, chicken, beef, pork and fresh fish entrees all perfectly prepared by wood fire rotisserie, open flame grill or wood oven roasting. Roaring Fork is located at 4800 North Scottsdale Road in Scottsdale Arizona. For more information call (480) 947-0795 or visit the website at [www.roaringfork.com](https://www.roaringfork.com). ❖







**Faucets and Fixtures  
Showroom**

**Family owned since 1968**



**CENTRAL  
ARIZONA  
SUPPLY**

**PLUMBING  
SHOWROOM  
COMMERCIAL  
HVAC**



**Plumbing Parts and  
Supplies**



4750 N. 16th Street  
Phoenix - 602.943.3488

16431 N. 90th Street  
Scottsdale - 480.922.9191

**centralazsupply.com**



## Mother's Day Brunch at Anheló

Treat mom to a luxurious brunch to celebrate her special day. 2022 *Wine Spectator* "Best of Award of Excellence" winner, Anheló restaurant is introducing Mother's Day brunch with an all-new menu featuring Caviar Deviled Eggs, Steak & Eggs, Brie & Truffle Omelet, Wagyu Burger, Ricotta Pancake served with fresh fruit and more. Plus, specialty cocktails and world-class wine selections will be available. Reservations can be made through OpenTable and are available starting at 10:00 a.m. up until 3:00 p.m.

Anheló is redefining the downtown Phoenix dining scene with its modern twist on traditional fine dining, now paired with one of Arizona's most prestigious, well-priced wine programs. The restaurant is led by Chef/Owner, Ivan Jacobo, and recently relocated from its original location at Heritage Square into a beautiful, custom-designed space on the ground floor of the 1930s-era Orpheum Lofts. Anheló's wine program has reinvented the traditional wine-paired fine-dining experience, exclusively

offering only the finest vintages from Napa and Sonoma Valley, Oregon, Burgundy, Bordeaux and Italy, and rewarding wine lovers with rare bottles not available anywhere else in the state. Even more, their winner dinners provide guests the opportunity to drink alongside some of these legendary producers in an intimate setting.

Most important, Anheló and Chef Jacobo are also committed to giving back to the local community and recently launched the Anheló Restaurant Scholarship Foundation which will award three full-ride scholarships this academic year alone to the Associate in Applied Science (AAS) in Culinary Arts program at Estrella Mountain Community College. They are covering costs including tuition, materials, books and toolkits for three (3) students, totaling \$18k.

Anheló is housed inside a stylish 60-seat space at 114 W. Adams St., Suite C103, in Phoenix. Anheló is open for dinner, Tuesday through Saturday from 5:00 p.m. to 10:00 p.m. For more information, call (602) 596-7745 or visit [www.anhelorestaurant.com](http://www.anhelorestaurant.com).



Looking for a Realtor with  
**BILTMORE EXPERIENCE?**

**Rebecca  
Heath**

**Multi-Million  
Dollar Producer  
Executive Marketing  
Network**

Off. (480) 998-0676  
Mob. (602) 330-1860



- Biltmore Greens 4 resident 36 years
- Real estate professional 40 years
- Consistent "Multi-Million Dollar Producer"
- Realty Executives #1 in Valley for 46 years!
- Committed to personal service and your success!





# Lifestyles Service Directory

## AIR CONDITIONING

Desert Rose A/C & Heating (480) 206-1082

## ASSISTED LIVING/INDEPENDENT

Clarendale Arcadia (480) 637-2768

## DRY CLEANERS

Park Avenue Cleaners (602) 957-9277

## CARPET/TILE CLEANING

Epic Carpet & Tile Care (602) 300-3918

Extreme Clean (602) 616-2143

## FLOORING/CABINETS/REMODELS

Tbar Flooring (480) 204-0183

## GROOMING

The Uptown Hound (602) 266-dogs

## HOME RENOVATIONS

Renovation Sells (602) 812-2068

## INSURANCE

Farmer Woods Group (602) 845-5557

## INTERIOR DESIGN

Hauser Designs (602) 376-8824

## JEWELRY

Joseph Schubach (480) 946-6000

## MAILING/PACKING/SHIPPING

Biltmore Pro Print (602) 954-6517

The UPS Store (602) 952-8830

## MASSAGE

Linda Becker, LMT, B.S. (602) 502-7118

## PAINTING

Gary Barr (480) 945-4617

## PICTURE FRAMING

Express Art & Frame (602) 218-6379

## PLUMBING SHOWROOM/SUPPLY

Central Arizona Supply (602) 943-3488

## PRINTING

Biltmore Pro Print (602) 954-6517

## PSYCHOTHERAPIST

Road to Therapy (602) 935-7070

## REAL ESTATE

Tucker Blalock (602) 561-0445

Michael Braden (602) 468-0108

Oleg Bortman (602) 402-2296

Kinh C. DeMaree, M.A. (480) 869-4353

Debbie Frazelle (602) 399-8540

William Hawking (602) 363-1836

Rebecca Heath (602) 330-1860

Wendy MacKenzie (602) 617-3280

Cherie Malkoff (602) 677-8973

Pam Peacock (602) 505-0257

Susan Polakof (602) 738-5500

Tom "BIG T" Ross (602) 368-1904

Phil Tibi (602) 692-0780

## RESTAURANTS

Keegan's on Camelback (602) 955-6616

Phoenix City Grille (602) 266-3001

## STORAGE

Armored Storage (602) 274-8011



**SUSAN POLAKOF, CRS, ABR, E-PRO**  
Associate Broker, Hall of Fame  
International President's Circle  
(602) 738-5500 MOBILE  
(602) 954-6888 OFFICE  
(480) 422-3789 FAX  
susan.polakof@azmoves.com

**COLDWELL BANKER**  
RESIDENTIAL BROKERAGE  
1113 E. Lincoln Drive  
Phoenix, AZ 85018  
susanpolakof.com

Credited by a subsidiary of NRT LLC

**CUSTOM JEWELRY DESIGN**  
**JOSEPH SCHUBACH**  
JEWELERS

7150 E. Camelback Rd.  
Suite 250 Scottsdale,  
AZ 85251  
480.946.6000  
www.schubach.com  
by appointment



**LUXE**

1,000 DECISIONS and we have  
194,000 viewers on our boards!

Furniture  
Luxury Construction Materials

Sherry@LuxeSpecs.com


*Specs.com*

**Kinh C. DeMaree, M.A.**  
Realtor® | Investor | Advisor

(480) 869-4353  
www.kcdemaree.com

www.facebook.com/kcdemaree

**crg collaborative REALTY GROUP** **exp** **40** **50** **TOP**

**Cherie Malkoff**  
Associate Broker, REALTOR®, GRI, SRS, CRS  
DREB BR63626000

m 602.677.8973  
e cheriemalkoff@gmail.com  
w http://www.cherielisrealstate.com/

**HomeSmart**  
5225 N. Central Avenue, Suite 104  
Phoenix, AZ 85012  
Each brokerage independently owned and operated

**Pam Peacock - Realtor**  
Cell: (602) 505 - 0257  
Email: Pam@PamPeacock.com  
Website: www.PamPeacock.com

4 Decades - 5 Stars Service  
HomeSmart - Associate Broker  
Certified Residential Specialist

*"Call Pam & Start Packin'!"*



**Presale Updates in Just 3 Weeks**  
DESIGN | CONSTRUCTION | FINANCING

**Keith Stanton**  
Renovation Sells Scottsdale  
800.337.7171




**Advertise Here**  
**Special Rate**  
**\$35**  
**602-469-8484**  
(6 month min)



**OLEG BORTMAN**  
ASSOCIATE BROKER  
B CO-FOUNDER

Oleg@TheBrokery.com  
602.402.2296  
www.TheBrokery.com

**THE BROKERY**  
REAL ESTATE



**ANDRA HANSEN**  
REALTOR® - NORTH CENTRAL  
BRANCH MANAGER

Andra@TheBrokery.com  
602.757.6355  
www.TheBrokery.com

**THE BROKERY**  
REAL ESTATE



**MATTHEW KELLY**  
REALTOR®

Matthew@TheBrokery.com  
602.738.2425  
MattKellyEstates.com

mdkrealtor mdkelly21

**THE BROKERY**  
REAL ESTATE

**Advertise Here**  
**Special Rate**  
**\$35**  
**602-469-8484**  
(6 month min)

**FarmerWoodsGroup**  
Private Client Insurance Services

**Greg Sobocha**  
Account Executive

(602) 845-5557  
greg-sobocha@leavitt.com  
919 N. 1st Street Phoenix, AZ 85004



**EXPRESS**  
Art & Frame

**KATE MATSLER**  
Owner

3112 E Camelback Rd  
Phoenix, AZ 85016  
(602) 218-6379  
expressartandframe@cox.net  
www.expressartandframe.com

**Advertise Here**  
**Special Rate**  
**\$35**  
**602-469-8484**  
(6 month min)



**IrishEyes**  
REAL ESTATE  
REAL ESTATE STRESS FREE...CALL BIG T

RESIDENTIAL / LAND / MULTIFAMILY / COMMERCIAL

**Tom "BIG T" Ross**  
Sales Agent / REALTOR

1113 E. Lincoln Dr., Phoenix, AZ 85018  
bigross@az.com / IrishEyesGroup.com

**CALL or TEXT to:**  
**602-368-1904**

**COLDWELL BANKER**



**TUCKER BLALOCK**  
MANAGING BROKER  
B CO-FOUNDER

Tucker@TheBrokery.com  
602.561.0445  
www.TheBrokery.com

**THE BROKERY**  
REAL ESTATE



**RONALD WADSWORTH**  
REALTOR® - SCOTTSDALE  
BRANCH MANAGER

Ronn@TheBrokery.com  
202.436.0677  
www.TheBrokery.com

**THE BROKERY**  
REAL ESTATE



**TIMOTHY MENGHINI**  
DESIGNATED BROKER

Tim@TheBrokery.com  
602.391.3571  
www.TheBrokery.com

**THE BROKERY**  
REAL ESTATE

**ROAD TO THERAPY**  
- PSYCHOTHERAPISTS -

ANXIETY-DEPRESSION-GRIEF-  
SUBSTANCE USE - RELATIONSHIPS

IN-PERSON & TELEHEALTH OPTIONS  
CONVENIENTLY LOCATED NEAR THE BILTMORE  
(602) 935-7070  
WWW.ROADTOTHERAPY.COM

**PAINTING**

Kitchen Cabinets, Vanities  
Doors, Interior & Exterior & Furniture  
Color Advisor: Faux, Murals  
See Web Samples  
No Spraying  
Arizona Residential Painting  
Gary: 480 945 4617

**WWW.AZRESPAINTING.COM**



**Aaron Quartullo**  
3108 East Camelback Road  
Phoenix Arizona 85016  
t 602.954.6517  
c 602.791.6661  
f 602.224.5590  
design@biltmoreproprint.com  
www.BiltmoreProPrint.com

**BILTMORE PRO PRINT**

**Artistic Dental**  
at the biltmore

**John P. Dougherty, DDS, MAGD**  
**Prabidhi Adhikari, DDS, FAGD**

2333 E. Campbell Ave.  
Phoenix, AZ 85016 (602) 840-5400  
artisticd.com

**William Hawking**  
REALTOR®  
602.363.1836  
whawking@outlook.com

Contact me for a free Biltmore  
neighborhood analysis.

**kw** KELLERWILLIAMS REALTY  
SONORAN LIVING



**GLOBAL LUXURY**

**DEBBIE FRAZELLE, ABR**  
INTL. PRESIDENT'S CIRCLE  
LUXURY PROPERTY SPECIALIST

(602) 399-8540 CELL  
(602) 954-6888 OFFICE  
(800) 237-9010 TOLL FREE  
dfrazelle@cox.net  
debbiefrazelle.com

Coldwell Banker  
Residential Brokerage  
1113 E. Lincoln Drive  
Phoenix, AZ 85018

Credited by a subsidiary of NRT LLC



# ~ Real Estate Update ~

## Housing Market Update

By Debbie Frazelle, Coldwell Banker Realty



Everywhere I go someone asks me about the Real Estate market. Let me put everyone's concerns to rest. In Maricopa County the Market is thriving. Everything we read nationally written by the big investment houses and banks is not based on numbers/statistics and is not what is really happening here in Maricopa County. The market here continues to improve.

Thinking about selling your house? If you've been waiting for the right time, it could be now, while the supply of homes for sale is so low.

The big question is whether we are finally starting to see the seasonal increase in inventory. The answer is no, because active listings are at a 14-year low! The National Association of Realtors (NAR) confirms today's housing inventory is low by looking at the months' supply of homes on the market. In a balanced market, about a six-month supply is needed. Anything lower is a sellers' market. And today, in Maricopa County, the number is much lower!

### Why Does Low Inventory Make It a Good Time To Sell?

The less inventory there is on the market when you sell, the less competition you're likely to face from other sellers. That means your house will get more attention from the buyers looking for a home this spring. And since there are significantly more buyers in the market than there are homes for sale, you could even receive more than one offer on your house. Multiple offers are definitely on the rise again!

If you get more than one offer on your house, it becomes a bidding war between buyers, and that means you have greater leverage to sell on your terms. But if you want to maximize the opportunity for a bidding war to spark, be sure to lean on your expert real estate advisor. While we're still in a strong market, it isn't the frenzy we saw a couple of years ago, and today's buyers are focused on the houses with the greatest appeal.

Clare Trapasso, Executive News Editor at Realtor.com explains, "Well-priced, move-in ready homes with curb appeal in desirable areas are receiving multiple offers and selling for over the asking price. So, it's especially important for sellers to make their homes as attractive as possible to appeal to as many buyers as possible."

### Bottom Line

If you've been waiting for the right time to sell your house, low inventory sets you up with a big advantage. Let's connect today to make sure your house is ready to sell. You may contact Debbie Frazelle at (602) 399-8540 or [Debbie@DebbieFrazelle.com](mailto:Debbie@DebbieFrazelle.com).

### Statistics from March 15th to April 14th, 2023

|                     |    |                   |    |
|---------------------|----|-------------------|----|
| Homes for Sale      | 24 | Homes Sold/Closed | 11 |
| Homes Sale Pending  | 11 | Rentals Furnished | 42 |
| Rentals Unfurnished | 9  |                   |    |

### For Sale

|                           |   |                          |
|---------------------------|---|--------------------------|
| Courts                    | 2 | \$585,000-\$698,000      |
| Estates                   | 3 | \$6,295,000-\$12,950,000 |
| Biltmore Mountain Villas  | 1 | \$1,600,000              |
| Biltmore Mountain Estates | 2 | \$2,779,000-\$3,695,000  |
| Fairway Lodge             | 1 | \$1,395,000              |
| Greens                    | 3 | \$1,595,000-\$2,150,000  |
| Hillside Villa            | 1 | \$1,495,000              |
| Meridian                  | 2 | \$435,000-\$439,900      |
| Terraces                  | 7 | \$325,000-\$549,000      |
| 2 Biltmore                | 1 | \$3,350,000              |
| Village on the Lakes      | 1 | \$1,495,000              |

### Pending Sales

|                |   |                 |   |
|----------------|---|-----------------|---|
| Biltmore Villa | 1 | Meridian        | 1 |
| Colony         | 1 | Courts          | 2 |
| Cloister       | 1 | Colony          | 1 |
| Greens         | 1 | Hillside Villas | 2 |
| Meridian       | 1 | Terraces        | 1 |
| 2 Biltmore     | 1 |                 |   |

### Closed Sales

|                 |   |                 |   |
|-----------------|---|-----------------|---|
| Biltmore Square | 2 | Cloister        | 2 |
| Colony          | 1 | Gates           | 1 |
| Heights         | 1 | Hillside Villas | 2 |
| Meridian        | 1 | Terraces        | 1 |

BERKSHIRE HATHAWAY Arizona Properties  
AzBiltmore.com

**AzBILTMORE.COM**  
**Arizona Biltmore Estates**  
**Your Neighborhood Portal**

**BERKSHIRE HATHAWAY**  
HomeServices  
Arizona Properties  
*Good to know.™*

**MICHAEL BRADEN**  
**BUYING or SELLING - Learn About Our Resale Market**  
**& Browse ALL Our Arizona Biltmore Properties**  
**[www.AzBiltmore.com/estates](http://www.AzBiltmore.com/estates)**

Providing Professional Expertise Outstanding  
Achievement Dedicated Ethical Trusted and  
Respected Service To The Real Estate Profession  
& Specializing In The Arizona Biltmore Estates  
Since 1991

National Association of Realtors®  
Arizona Association of Realtors®  
Phoenix Association of Realtors®  
Scottsdale Association of Realtors®  
Designated Broker Charles McLean

**BILTMORE HOME SALES - MARKETING**  
**CALL THE BILTMORE OFFICE**  
**602-468-0108**

**BILTMORE**  
COMMERCE CENTER  
3200 E CAMELBACK ROAD PHOENIX ARIZONA

**ARIZONA BILTMORE ESTATES**  
FOLLOW US ON **@AzBiltmore**





## Match Market & Bar Hosts Mother's Day Event for Dog Moms MAY 14th

Mother's Day (Sunday, May 14th) is going to the dogs at Match Market & Bar — the (human) dog moms, that is! Match Market & Bar is celebrating human moms with four-legged fur kids with a special brunch event featuring fun activities for them both.

**Match will be serving up the following brunch specialties in addition to its regular menu:**

**Bananas Foster Dutch Baby** — cast iron baked Dutch baby, roasted bananas, rum, caramel and powdered sugar, \$14

**Brûléed Monte Cristo** — pit-smoked ham, Gruyère, huckleberry leather, thick-sliced milk bread French toast and burnt sugar, \$16

**Arizona Style Frittata** — nopales, green chili cheddar, Spanish chorizo, sweet onion, sautéed kale, avocado and candied jalapeño, \$15

**Lobster Egg White Omelet** with roasted red pepper, spinach, Old Bay hollandaise, arugula salad and toast, \$26

**MATCH Breakfast** featuring two eggs any style, breakfast potatoes, bacon and toast, \$12

**Egg Sandwich** — soft scrambled eggs, American cheese, pork belly and house-made aioli on a brioche bun, \$12

**Ooey Goey Brunch Cheeseburger**, double smashed with fried egg, bacon, onions, Muenster cheese, American cheese, lettuce, tomato, pickle and chef's sauce on a milk bread bun, \$14

**Chilaquiles** featuring sunny side up egg, tortilla chips, guajillo salsa, chicken tinga, pico de gallo, cotija and cilantro crema, \$12

**Dogs can also enjoy a special meal with options just for them, including:**

**Woof Bowls** made with organic brown rice, sweet potato and choice of chicken or beef, \$10

**Doggie Dessert** — house-made banana and peanut butter ice cream with whipped cream and a pup cookie, \$6

**Complimentary activities for both mom and Fido include:**

**Dōga (Dog Yoga)** — Don't miss dōga designed for Mom and dog bonding, fun and laughs! This dōga class is taught by CorePower instructor Christina Mierzejewski. Doors open at 9:30 a.m.; class begins at 10 a.m.

**Dog Painting Session** — Dog children are invited to make a special gift for their moms during this painting session, available from 11:00 a.m. to 3:00 p.m.

**Astrology and Tarot Card Readings for Dogs from Cosmic Hour** — Astrology can explain a lot about dogs. Moms can find out if their pet is a lazy Taurus who loves to nap or a chatty Gemini who never stops barking. Moms can also receive a Tarot card reading to get insight on their fur baby. Available from 11:00 a.m. to 3:00 p.m.

In addition to four-legged children, human children are also welcome! The cost is \$20 per person plus tax and includes a welcome mimosa, Dōga, painting session with pup and an astrology/tarot card reading from Cosmic Hour. For more information or to purchase tickets, visit [foundrehotels.com](http://foundrehotels.com) or call (602) 875-8080. ❖



## ~ Golf Tip ~

### My Five Step Decision Making Strategy

By Tina Tombs, The Arizona Biltmore Golf Club



There are so many ways that golfers can improve without ever going to the range, gym or taking a lesson. Better understanding and decision making is the key to improved performance and lower scoring. As a result, I came up with my "Five Step Decision Making Strategy."

#### 1. The Five Yard Rule

Five yards is fifteen feet. If you hit any full swing shot to that distance from the hole, you've done well. My thought process is simple. If you have a front pin, try to hit your shot 5 yards long. If you have a back pin, try to hit your approach shot 5 yards short, and the same goes for left and right pins. The only time this is off is if there is a center pin and there are no "major" hazards around the green. However, if the pin is centered and there is a water hazard on the right edge of the green, you are back to the 5-yard rule kicking in and you must plan for 5 yards left of the centered pin. Make sense?

You might wonder why you need the Five Yard Rule. Some of the best players in the world try to keep their golf ball on the green at the par 3, 12th hole "Golden Bell" at Augusta National. The green is angled from front-left to back-right and so is Rae's Creek. Due to Amen Corner's swirling winds, the play is over the bunker even though the landing area is only about nine yards deep — and never directly at the pin!

#### 2. Stick to One Shot Shape

Yes, we all like to think that we can work the ball both ways, but all the data shows that we are "less good" at our atypical pattern than our regular shape. Play one shape on every tee and on every approach unless you have an obstacle in your direct path. Moral of the story is, play with who you are and what you got! And work on improving or upgrading your typical pattern on the range.

#### 3. Get Out of Trouble in One Stroke

You have a handicap for a reason. It's okay for you to make a bogey and still have a good day, but those BIG numbers can really taint your experience and score. Get the ball back in play safely and move on. Count on some great short game shots to help you out! You'll be okay, I promise. Better golf is about limiting the high numbers.

#### 4. Know Your CARRY Distances

It is mind boggling to me at how many golfers don't know how far they hit the golf ball with a certain club in the air. They think they do, but most often they're playing off TOTAL distance vs. CARRY distance. This is a huge advantage to know your carry distances so that you can pick the right club to carry over hazards and bunkers to hit more greens.

#### 5. Putt When You Can

Rule of thumb is to make your decisions based on your level of golf. If you can putt, you putt. Then the next option is to chip and finally pitch. Decisions are made in that order and based on the lie and situation you are in. You truly can limit the damage so easily by simply putting when you have the chance to do so. And please, practice a few putts from off the green every now and then. It will go a long way towards giving you feel and helping you develop confidence to play this shot.

Thanks for reading along and I hope you leave with something to help you shoot lower scores!

Tina Tombs is a 2020 Arizona Golf Hall of Fame Inductee, a *GOLF Magazine* Top 100 Teacher in America, and two-time LPGA National Teacher of the Year. To schedule your next golf lesson or clinic session, you can contact Tina or her staff via [www.TinaTombs.com](http://www.TinaTombs.com). ❖



*#1 in the Biltmore for 9 Years in a Row!*



JUST LISTED

3436 E Georgia Ave, Phoenix, AZ 85018  
4 Bed | 3 Bath | **BILTMORE HEIGHTS**



6265 N 31st Pl, Phoenix, AZ 85016  
3 Bed | 3.5 Bath | **BILTMORE GREENS**



JUST LISTED

3158 E Rose Ln, Phoenix, AZ 85016  
3 Bed | 2 Bath | **BILTMORE GREENS**



JUST LISTED

6601 N 31st St, Phoenix, AZ 85016  
4 Bed | 5.5 Bath | **BILTMORE MOUNTAIN ESTATES**



JUST LISTED

3106 E Georgia Ave, Phoenix, AZ 85016  
3 Bed | 3 Bath | **VILLAGE ON THE LAKES**



NEW BUILD

3213 E Roma Ave, Phoenix, AZ 85018  
5 Bed | 5.5 Bath | **ARCADIA LITE**

THE  
**BROKERY**

LOCAL REAL ESTATE BROKERS



Biltmore Publishing Company  
P.O. Box 93244  
Phoenix, AZ 85070

PRESORT STD  
US POSTAGE  
PAID  
PERMIT # 3333  
PHOENIX, AZ

Biltmore Residents  
ABEVA BRIEF  
INSIDE

# *NO ONE KNOWS THE BILTMORE LIKE WE DO.*

THE **#1 REAL ESTATE TEAM**  
**IN THE BILTMORE**  
FOR 9 YEARS IN A ROW



THE  
**BROKERY**  
LOCAL REAL ESTATE BROKERS

**TUCKER BLALOCK** Managing Broker, Co-Founder  
602.561.0445 | [Tucker@TheBrokery.com](mailto:Tucker@TheBrokery.com)

**OLEG BORTMAN** Associate Broker, Co-Founder  
602.402.2296 | [Oleg@TheBrokery.com](mailto:Oleg@TheBrokery.com)