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## Scottsdale Fashion Square is First Expansion Location for Acclaimed Coastal Italian Hotspot Éléphante

**W**ish You Were Here Group, the renowned, multi-concept hospitality company focused on creating unforgettable dining experiences inspired by global travel, and Macerich, one of the nation's leading owners, operators and developers of one-of-a-kind retail and mixed-use properties in top markets, recently announced upscale, experiential Éléphante for the south wing at Scottsdale Fashion Square, which is now undergoing redevelopment.

Spanning 12,000 square feet, this first location expansion for Éléphante outside Los Angeles is designed to deliver a multidimensional experience to the Scottsdale community. It will boast a lavish indoor-outdoor space, complemented by a sophisticated cocktail lounge within the restaurant – a unique feature exclusive to its Arizona location. Drawing inspiration from its new surroundings, the space will emanate the ambience of a jungle oasis, characterized by towering cacti, lush florals, natural travertine floors and bespoke furniture. While embracing an elevated take on the Santa Monica location, the Scottsdale venue will maintain the organic, breezy feel of Éléphante in Los Angeles.

In addition to its signature wood-fired pizzas, fresh pastas and the famed whipped eggplant dip, the menu will take on more expansive offerings including a new grill section with a curated selection of premium meats, consciously selected seafood, and larger family-style dishes. The beverage program will feature Éléphante's expertly crafted cocktails and an extensive wine selection of over 1,200 labels.

Éléphante is part of Macerich's current project to extend the property's luxury presentation into Scottsdale Fashion Square's south wing anchored by Nordstrom to meet market demand. The restaurant/lounge will be set in a high-profile location on one side of the newly created porte cochere with luxury valet service and other high-end amenities and design features.

"We are thrilled to bring Éléphante to Scottsdale, a city that boasts a stunning landscape and a thriving culinary scene," said Nick Mathers, Founder of Wish You Were Here Group. "With its vibrant community that appreciates elevated dining experiences, it's a favorable market for



restaurants, especially in Scottsdale Fashion Square. This year, we're celebrating five years since Éléphante opened its doors in Santa Monica, so we feel this is the perfect evolution of our brand. We have created an atmosphere that captures the essence of sophistication while preserving the organic, laid-back feel that defines our first location. With this unique blend, we invite guests to embark on a memorable journey that resonates with Scottsdale's captivating charm."

Macerich continues to draw record numbers of top-performing concepts in a wide variety of categories for its portfolio of outstanding Regional Town Centers. During Macerich's Q1 earnings call on May 4th, Doug Healey, Senior Executive Vice President of Leasing, noted that Macerich signed 256 leases for approximately 950,000 square feet.

Macerich's retail real estate credentials in Arizona are unparalleled: The company dominates the retail landscape in Arizona with the most iconic and high-performing retail properties in the Phoenix metro area, including Biltmore Fashion Park, Kierland Commons, Arrowhead Towne Center, Chandler Fashion Center and SanTan Village, in addition to Scottsdale Fashion Square. ❖



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## From the Publisher...



September is here and we can finally look forward to the cooler temperatures and actually get outdoors! It is also a favorite time of year for foodies in the Valley of the Sun! It's time to enjoy the Fall Arizona Restaurant week Friday, September 8th through Sunday, September 17th.

If you enjoy dining out, this is an event that you won't want to miss. During the 2023 Fall Arizona Restaurant Week, diners can indulge in ten full days of culinary

exploration in which they are encouraged to discover the plethora of amazing food and beverage options available throughout the state at just a fraction of the usual cost. Most of the participating restaurants offer a three-course prix-fixe menu for just \$33, \$44 or \$55 per person. A great value that only comes along twice a year. So grab a friend or your mate and visit as many as you can; there are only ten days to take advantage of this dining opportunity!

If you are in the mood to take a little road trip, the 14th Annual Sedona Winefest is September 23rd and the 24th. This two-day, nationally recognized wine festival will feature 24 award-winning Arizona wineries, food trucks serving local cuisine, a variety of artisan vendors and live music.

Thank you for reading this month; I look forward to bringing you another exciting issue of *Biltmore Lifestyles* in October.

Until next month, *Susan*

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Publisher  
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Susan Aavang  
 Julie Nicholson

## 44th Annual Friends of Erma Bombeck Authors Luncheon

*Annual Event Features Literary Best-Sellers and Their Latest Works*

One of the most highly regarded philanthropic literary events in the country celebrates its 44th annual gathering on Saturday, October 28th, 2023, at the JW Marriott Phoenix Desert Ridge Resort & Spa. The 44th Annual Friends of Erma Bombeck Authors Luncheon, presented by the Arizona Women's Board, has an impressive line-up of best-selling authors. Inspired by the late Erma Bombeck, the event brings together nationally prominent and accomplished writers to discuss their latest releases and offer special commentary on their careers, lives and writing inspirations.

"We are thrilled to bring five talented and noteworthy authors to the Valley," said this year's Chairman Jennifer Carmer. "The Authors Luncheon provides a wonderful afternoon of literary entertainment while raising critical funds for Arizona kidney programs."

The authors and their books, available for purchase and autographing at the event, include:

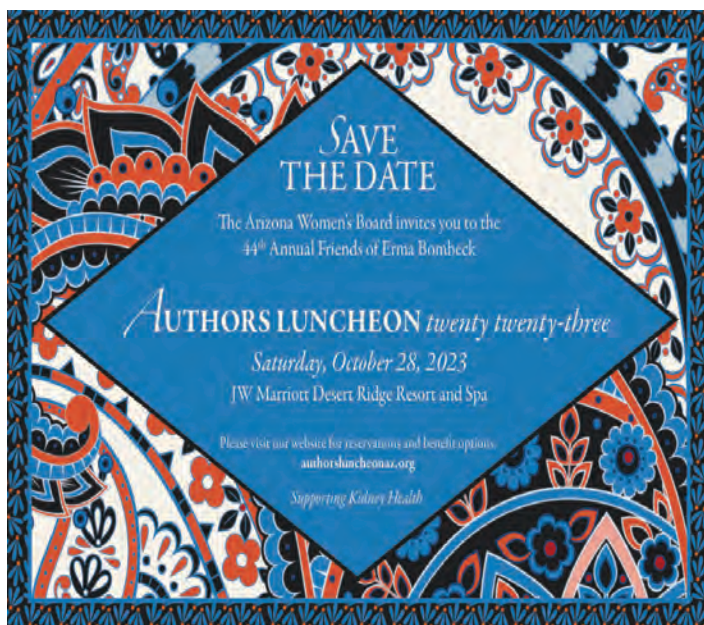
- ☞ David Baldacci, *Simply Lies*
- ☞ Susan Casey, *The Underworld*
- ☞ Bonnie Garmus, *Lesson in Chemistry*
- ☞ Sheila Johnson, *Walk Through Fire*
- ☞ Grace Lin, *Chinese Menu*

For the tenth consecutive year, author and humorist Adriana Trigiani will serve as Emcee for the event. She will be signing her children's book *The House of Love*, available for purchase at the event. The program begins at 12:00 p.m., and is both preceded and followed by book sales and author signing opportunities.

The Authors Luncheon was created as a unique way to raise funds for Arizona kidney patients and their families. Event proceeds support kidney disease prevention, education, research and patient care programs. Last year, the Arizona Women's Board granted funds to kidney programs at the National Kidney Foundation of Arizona, Phoenix Children's Hospital Foundation, St. Joseph's Foundation, TGen Foundation, Transplant Community Alliance and Valleywise Health Foundation. The annual sellout event has raised more than \$13 million to support Arizona kidney health since its inception. Visit [authorsluncheonaz.org](http://authorsluncheonaz.org) for more information and to make a luncheon reservation.

### About the Arizona Women's Board

The Arizona Women's Board was established in 1973 as the Women's Board of the Arizona Kidney Foundation to raise funds for kidney patient programs. In 2010, the Women's Board applied for and received its 501(c)3 non-profit status. Arizona Women's Board is now its own grant-making organization, committed to keeping 100% of event proceeds that they raise in Arizona. ❖





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## ~ Phoenix Sky Harbor Airport News ~ PHX has the Perfect Start for a Relaxing Escape

Each year, as summer progresses, many Arizonans make one last time-trip escaping the triple digit heat. What better way to start your relaxing getaway then on a massage table at the Airport? Travelers using Phoenix Sky Harbor International Airport can now start the rest and relaxation before even getting through security with the newest storefront in Terminal 4, Shell @ Sky Harbor.

Shell @ Sky Harbor opened a modern, relaxing space for chiropractic and massage therapies. Their menu of services includes, realignments, acupuncture and stretch therapy, to just name a few.

Located pre-security in Terminal 4, Level 3 next to the Phoenix Airport Museum Gallery, Shell @ Sky Harbor is open daily from 9:00 a.m. to 7:00 p.m. They accept Cigna, Banner Aetna and BCBS of Arizona insurance. For appointments, call (602) 471-9590 or email shellatskyharbor@gmail.com. Look for online appointment booking in the coming weeks.

And once you finish your relaxing massage, use the PHX interactive map located on skyharbor.com to look for a place to eat or a shop or the route to your gate. The detailed interactive map shows passengers how to find anything at the airport, including restaurants, shops, restrooms, charging stations, airport lounges, ATMs and more. The map includes a search bar that allows passengers to enter key words like vegan or coffee to locate nearby options. Once a location is selected, the map offers directions with the most direct route. The directions are just like a GPS, with a step-by-step on how to get there, and it even shows how long the walk is expected to take.

And for more information on all the shops, restaurants, and services America's Friendliest Airport® has to offer, visit skyharbor.com.

~ Shell @ Sky Harbor ~

*Photo Courtesy of Phoenix Sky Harbor International Airport*





*Coming Soon ~ Bone Shaker!*



## **Mattel Adventure Park Opening Featuring First-Of-Its-Kind Hot Wheels Bone Shaker Rollercoaster**

Pulse-pounding Hot Wheels rollercoasters and a life-size Barbie Beach House™ are just a few of the attractions underway at Mattel Adventure Park™, which will become Arizona's first fully themed indoor/outdoor amusement park upon opening in 2024.

Set to open just south of State Farm Stadium in Glendale at VAI Resort, Mattel Adventure Park will welcome guests 365 days a year, serving as a year-round Arizona entertainment destination showcasing the full spectrum of the iconic toymaker's expansive portfolio of brands. The uniquely designed, massive, 9-acre park combines inspiration from Mattel, Epic Resort Destinations and other industry-leading partners in amusements and entertainment. Substantially indoors, the park's attractions load and unload inside a fully air-conditioned space, making the

park a comfortable, family-friendly destination at any time of year.

Mattel Adventure Park includes two fully themed Hot Wheels rollercoasters, Hot Wheels Bone Shaker™: The Ultimate Ride and the Hot Wheels Twin Mill™ Racer. Designed to delight kids and adults of all ages, the Hot Wheels Bone Shaker themed ride will be the first-ever family coaster to feature the famous hot rod's skull design that climbs 84 feet in the air, while the double-looping Hot Wheels Twin Mill Racer guarantees a serious adrenaline boost for guests seeking an even higher-octane experience. The Hot Wheels Twin Mill Racer features a double loop and two corkscrews, qualifying it as the first coaster of its kind in Arizona.

"Mattel Adventure Park is an amazing opportunity to bring our beloved brands to life," said Julie Freeland, Senior Director of Global Location Based Entertainment at Mattel. "Construction is underway, and substantial progress has been made on what will give fans of all ages a day of thrills and nostalgia. We're especially excited for families to experience the Hot Wheels Bone Shaker rollercoaster – a dream come true for any Hot Wheels fan."

"Mattel Adventure Park features a unique and strategic year-round indoor/outdoor design providing acres of air-conditioned space to ensure a cool guest experience all summer long here in the heat of Arizona," said Mark Cornell, President at Epic Resort Destinations. "Our Attractions Development team are simply redefining the entertainment channel by bringing Mattel's powerhouse, evergreen

brands to life like never before. This hand-picked, gifted team continues to find truly innovative ways to create pioneering attractions that are certain to bring continuous fun for the whole family."

While these and other Hot Wheels-themed attractions promise full-throttle fun for race enthusiasts of all ages, there is also plenty in store for park guests from other favorite Mattel brands, including:

Thomas & Friends: World of Sodor™, featuring seven family-friendly experiential attractions and rides including dedicated indoor play space for little adventurers.

A full-scale Barbie Beach House where Barbie fans can get a closer look inside Barbie's iconic closet in the Barbie Dream Closet Experience™, which uses hologram technology to bring Barbie to life before guests' eyes. The attraction also includes a rooftop bar and restaurant that hosts expansive views of the property.

Masters of the Universe™ fans can fight for Eternia in a massive, 4,500 square-foot laser tag arena in the likeness of the iconic Castle Grayskull fortress.

A mini golf experience featuring nine holes inspired by Magic 8 Ball™, Pictionary™ and other beloved Mattel games, as well as a larger-than-life custom climb UNO™ structure that delivers nostalgia and adventure for all ages.

"Watching the excitement build as these mega attractions are being installed in Glendale has been tremendous, and we promise, you've never seen a park quite like this one," continued Cornell. "Stay tuned for 2024 opening updates, and check out our live construction cam for a sneak peek at a few of our rollercoasters that all load in a cool air-conditioned space. You can actually see the Bone Shaker family rollercoaster lift climb through the roof, peaking at a height of 84 feet for a ride of a lifetime!"

For more information about Mattel Adventure Park, please visit [MattelAdventurePark.com](https://MattelAdventurePark.com). ❖





# *The Saguaros Announce 2023 Niteflite Fundraiser to Benefit Arizona Children's Charities*

The Saguaros are proud to announce the details of their upcoming 2023 Niteflite Golf Tournament and Gala, taking place November 10th and 11th. The event kicks off with a golf tournament on November 10th at McCormick Ranch Golf Club and continues the following evening with The Niteflite Gala at The W Scottsdale. This year's golf and gala events will feature a "World Tour" global theme, and all proceeds will benefit the Saguaros Children's Charities foundation.

"Niteflite is one of the most anticipated events of the season — and for good reason," says Niteflite Chairman Drew Butler. "The golf tournament sells out every year, and the gala draws a huge crowd because of the venue, the entertainment, the food and the overall vibe. We look forward to putting on another incredible event this year. If you haven't been, come find out what all the buzz is about! The best part of this huge volunteer effort is the impact we make on the lives of so many children right here in Arizona with the millions of dollars we raise. That's what drives us."

This year's Niteflite World Tour Million Dollar Shootout will kick off at 8:30am on November 10th at McCormick Ranch Golf Club. The event will follow the international theme by taking players to different countries throughout the course as they play the tournament in a 5-person scramble format.

The Niteflite Gala will be held at 6:00 p.m. November 11th on the Wet Deck of the W Scottsdale. The glitzy event will take guests on a culinary journey around the world, with themed areas that incorporate popular food and drinks from various regions of the globe.

Information on sponsorships, tickets and tables can be found at [saguaros.com/niteflite](http://saguaros.com/niteflite). ❖



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# Cave + Post Trading Co. Gearing Up for Fall With New Apparel for the Guys

Cave + Post Trading Co., which recently received *Phoenix Magazine's* Editor's Pick for Best Men's Clothing, is gearing up for fall. Owners Patrick and Mary Burch opened the original location of Cave + Post in June of 2021 because they saw a huge need for a cool place for men to shop in Phoenix.

"We would travel to different cities, and always scope out the cool men's boutiques," says Patrick, "It was clear there was a big hole in the Valley for a place for guys to have a place they could quality apparel and accessories – that wasn't a men's suit shop or the mall –where they would actually enjoy the experience of shopping!"

Before opening Cave + Post, Mary was a buyer for Patrick's mother's shop, Willows Fine Goods and Design, in Arcadia. Now she brings

her eye for design and talent for merchandising to the new location of Cave + Post in the former Easley's costume shop. It's a family affair with the Burches' kids, fifth generation Arizonans, working at the shop during summer breaks and holidays.

"We love our new spot," says Mary. "With about three times the space of our original location, we can showcase all the products guys don't know they need until they stop by. And right now, we're busy unpacking a great selection of fall products from our favorite American heritage brands – Free note Cloth, Red Wing, Filson, Schott NYC, Dehen, Howler Brothers, Marine Layer, and Rails, plus a curated collection of handpicked thrifted one-of-a-kind finds and a selection of guitars guests are encouraged

to pick up and try out."

In preparation for fall, The Burches spent the summer traveling to men's apparel markets and fashion hot spots on both coasts to get an early look at men's fall fashions and put in orders for the classic looks and trending styles they know their customers will want to wear as the weather cools. Among the new items Cave + Post will carry this fall will be a selection of apparel and accessories from Ralph Lauren's iconic RRL (pronounced "double RL") brand.

"We're super excited to be the first men's boutique in the entire state of Arizona to carry Double RL menswear," says Patrick. "Inspired by Ralph Lauren's sprawling Colorado Ranch, RRL highlights Western workwear and vintage American style. The line, which was first launched in 1993, is a modern interpretation of styles worn by gold miners and ranch hands in the 1800s. They offer lots of leather, denim, durable knitwear and distressed materials — done the way only Ralph Lauren can do it."

The popular shop has quickly become a Valley favorite, drawing customers from the nearby Willo and Encanto neighborhoods and across the Valley. In addition to their selection of men's goods, they recently added a small women's section. Patrick and Mary and their manager Anne say their regulars sometimes just stop in to hang out even if they're not shopping for anything in particular. And that's exactly the way they want it. Check out Cave + Post Trading Co. at 511 W. McDowell Road or shop online at [caveandpost.com](http://caveandpost.com). ❖



*Filson Short Lined Cruiser*



*Marine Layer Boise Cord Sherpa Jacket*



*Marine Layer Max Broken In Cord Shirt Jacket*



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*RL-Denim Newsboy Cap*



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## Neighborly Public House Debuts Lunch Service for the First Time

Christopher Collins, chef/owner of Valley-based Common Ground Culinary, is excited to announce Neighborly Public House will be introducing lunch service starting at 11:00 a.m. on September 14th. Neighborly Public House is situated along the 7th Street dining district of Uptown Phoenix inside The Colony, a 1950's era mixed-use development. The 8th concept from Common Ground Culinary, Neighborly Public House is a comfortable, neighborhood-centric destination focused on quality seafood, pristine cuts of meat, and vegetables.

"Our guests have been expressing interest, and a need for more upscale lunch options in Uptown Phoenix, and we are answering that call! Lunch service coming to Neighborly Public House is something that we've always had in the cards, so to be able to make it happen is something I am proud to do" says Christopher Collins.

Chef Christopher will be introducing an all-day menu that features dishes like the famous Charred Brussels Sprouts, Collins Bros Burger, Rotisserie Chicken or the Braised Short Ribs, plus the perfect kids' menu, things to share and sweet finishes. The bar delivers one of the restaurant group's most adventurous cocktail lists, featuring twists on classics like the Central Manhattan crafted with Del Bac Rye, yellow chartreuse, Aperol and a lemon squeeze. Neighborly Public House is located at 5538 N. 7th Street in Phoenix



and will now be open Monday through Wednesday from 11:00 a.m. to 9:00 p.m., Thursday through Saturday 11:00 a.m. to 10:00 p.m. and closed on Sunday. Social Hour is also available from 3:00 p.m. to 6:00 p.m. daily. To stay up to date on all things Neighborly Public House, follow them on social media @neighborlypublichouse, or check out their website at [www.neighborlypublichouse.com](https://www.neighborlypublichouse.com). ❖



# Distinguished Costume Designers Ruth E. Carter (Black Panther) and Patricia Field (Sex and the City) to be Honored at 2nd Annual FashFilmFete™ on September 23rd at Phoenix Art Museum

FashFilmFete™, the premiere film festival with a mission of providing a platform for historically underrepresented voices in film and television, is proud to announce the 2nd Annual FashFilmFete will be returning to Phoenix Art Museum on Saturday, September 23rd at 11:00 a.m., and will be honoring the works of two of the most distinguished costume designers in the nation. The day-long festival will celebrate fashion storytelling and will feature presentations and films where fashion plays a pivotal role in the film's narrative.

"Our goal is always to bring together a global community of fashion and film aficionados to explore style in cinema and its influence on pop culture, fashion design, contemporary art and beauty standards," said Founder Mignon Gould. "This year it is particularly special because we will be honoring two icons with the inaugural Costume Design Career Achievement Award."

The 2023 honorees are Ruth E. Carter and Patricia Field, receiving the 2023 Costume Design Career Achievement Award in Film and Television, respectively.

As one of the most prolific costume designers of the 21st Century and with more than 40 years of fashioning costumes for stage, television and film, Ruth E. Carter has stitched her niche amongst the elite in her field. The Oscar award-winning costume designer has collaborated with Hollywood glitterati running the gamut from directors Spike Lee, Ryan Coogler and Ava DuVernay to actors such as Angela Bassett, Whitney Houston and Chadwick Boseman.

She costumed more than 40 films including critically acclaimed and award-winning movies such as "Malcolm X" and "What's Love Got to Do with It," and period films with narratives woven in the fabric of American history such as "Amistad" and "Selma." She also made history twice with the iconic Black Panther franchise when in 2018 she became the first Black person to win an Oscar for Best Costume Design, and in 2023 at the 95th Academy Awards she became the only Black woman to win two Oscars, with her second win for the Black Panther sequel.

Carter's penchant for cultivating Afrocentric costuming, both historical and fantastical, has made an indelible impression on the film industry as well as filmgoers. She not only elevated the art of costume design on the silver screen, but has also had a profound impact on representation and diversity in film.

tation and diversity in film.

"Thank you to FashFilmFete for honoring a career that enriched the black experience on screen and allowed audiences to understand us through the powerful storytelling medium of costume design," said Ruth E. Carter. "Over my career, every historical film or biopic I costume designed set the stage to introduce Afrofuturism in the Black Panther films. With this career achievement award, I'm proud that Afrofuturism continues to be celebrated."

FashFilmFete is also honoring Patricia Field for her outstanding contributions to the industry. Her career began in the 1980s and her boundary-pushing style quickly became synonymous with the "it" crowds in New York City. Her 30-plus-year costuming TV shows not only included HBO's "Sex and the City," but TV Land's "Younger" and Netflix's "Emily in Paris" as well.

Field's meticulous attention to detail and unabashedly bold aesthetic brought characters to life and showcased unapologetically feminine and strong women on TV. Her design prowess was also seen on the big screen in films such as "The Devil Wears Prada" and "Second Act."

Field created costumes that captured the essence of the characters, while enhancing the storytelling and shaping the narrative. Her legacy will continue to inspire costume designers and fashion enthusiasts for generations to come.

"It feels good to be honored for the role my work has played in engaging viewers and helping shape a narrative that showcases a woman's individuality through the lens of fashion. My theory is that fashion is an art form that depicts the story and the mood of the time. I'm grateful to have been a contributor to the art form, and I thank FashFilmFete for this recognition," said Patricia Field.

"Happy Clothes: A film about Patricia Field," which premiered at Tribeca Film Festival, is the showcase film. The director Michael Selditch will be in attendance for a Q&A.

Other films being screened and in consideration for FashFilmFete awards include:

- "American Made" directed by Dana Nies
- "CityCenterDC--Celebrating You" directed by Dean Alexander
- "Finissage" directed by Pabli Stein and Sebastian Muro
- "Franciacorta - A Golden Feeling" directed by Enea Colombi



- "House Of Mystic Magic" directed by Alexander Miguel
- "How to Deal With Fame" directed by Tiffany Ike
- "The Missing Piece" directed by Hitaali Dharamshi
- "The Power is Yours" directed by Urivaldo Lopes
- "Time is Eternal" directed by Daniel M Lir and Bayou Bennett

There will also be an encore presentation of select award winners from the 2022 festival.

Early bird passes went on sale July 24th, \$35-\$75, exclusively through phxart.org.

## About FashFilmFete™

FashFilmFete™ is a premiere film festival celebrating the history, and future, of fashion storytelling. The mission is to curate a selection of Hollywood, indie, experimental and documentary films to showcase the significance of fashion in filmmaking. FFF will bring together a global community of fashion and film aficionados to explore style in cinema and its influence on pop culture, fashion design, contemporary art and beauty standards. To learn more about FashFilmFete™, visit [www.fashfilmfete.com](http://www.fashfilmfete.com). ❖



FashFilmFete Carly Giffeland, Mignon Gould, Robin Bramman and Jessica Wenger McPhaul



FashFilmFete Filmmakers Karim Staine, Abigail Segerstrom, Ryan Rivard and Ilina Kapoor



Time is Eternal





## Armer Foundation Raising Money for 8-Year-Old Phoenix Girl Battling Cystic Fibrosis and Chronic Pancreatitis

A Phoenix family has partnered with the Armer Foundation and is asking the community for help as their 8-year-old battles Cystic Fibrosis and Chronic Pancreatitis.

It started in February of 2021, that's when 8-year-old Kennedy Headlee was hospitalized at Phoenix Children's Hospital with her first bout of severe pancreatitis.

Having been diagnosed with cystic fibrosis at one-week-old, Kennedy was no stranger to Phoenix Children's Hospital. Over the next year the young girl appeared to be doing better, but in April of 2022 things changed again for worst.

Kennedy had to be admitted to Children's Hospital in Chicago for another bout of pancreatitis while she was visiting family in Illinois. This time her situation was critical and after a 10-day hospital stay in Chicago doctors were able to get her levels under control and she was brought back to Phoenix. But sadly, in May of 2022, Kennedy was back at Phoenix Children's Hospital for another bout of pancreatitis. She would go on to have three more bouts of the disease over the next year which all led to hospitalizations.

Wanting to find answers, Kennedy's family started exploring various pancreatic programs throughout the United States and found the pancreas care center at Cincinnati Children's Hospital. The Phoenix girl was assessed by the Cincinnati Children's Hospital Pancreatic Center in April of 2023 where numerous tests were run, including genetic testing.

Kennedy was found to have a genetic marker (CPA1) that predisposes her to an early onset pancreatitis, along with having cystic fibrosis, which can cause complications within the pancreas. The little girl has been diagnosed with chronic pancreatitis but doctors at Cincinnati Children's Hospital have determined she is candidate for total pancreatectomy which would remove her pancreas, spleen, appendix and gallbladder.

The surgery is scheduled for September and will require her to stay in the hospital in Cincinnati for 8 to 12 weeks.

But even with good insurance, the medical bills are still piling up. The family fortunately heard about the Armer Foundation and how it helps families pay the medical bills of sick children. Kennedy's parents are now working hand in hand with Armer Foundation to get help get their mounting medical bills paid.

"You never expect it's going to be your child that gets sick, and when you find yourself in that situation, it's incredibly scary," said Kirstin Headlee, Kennedy's mom. "We call the Armer Foundation our Angel right now because without them helping us and guiding through these emotionally and financially draining moments, I don't know where we would be."

To contribute to Kennedy Headlee, please visit <https://www.armerfoundation.org/kennedy-h>. Please call (480) 257-3254 to donate today or to get more information visit [armerfoundation@gmail.com](mailto:armerfoundation@gmail.com). ❖

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 **Abrazo Health™**

*Dr. Emun Abdu, a Neurosurgeon and Neurointerventionalist with Abrazo Brain and Spine, during a procedure in an Abrazo hospital surgical suite.*

## ***Abrazo Health is Advancing Brain and Spine Care in the Valley***

We often take our brain and spine for granted. That is, until the day something goes wrong. It could be a stroke or brain aneurysm, a tumor, neurological disorder, herniated disk, scoliosis, spinal cord injury or fracture, for example.

The body's neurological system represents vastly complex and interconnected pathways that can be a challenge to both identify and treat when diseased. Abrazo Health is investing in talent, technology and support for treating these conditions in its facilities across the Valley.

Access to a diverse talent pool for specialized care for brain and spine care is a goal that Abrazo strives to provide. Clinicians at Abrazo Brain and Spine have made it their goal to offer some of the most advanced neurological treatments complemented by compassionate support for the individual needs of each patient.

"I think that from the brain tumor and spine perspective, collaborating and giving the patient a general idea of surgical options versus nonsurgical options is very important to helping the patient understand and decide on the course of treatment," explained Neurosurgeon and Neurointerventionalist Dr. Emun Abdu.

"Part of it is you have to align with other specialties to be sure the patients are well-informed. I want all my patients to feel like today, we're here for you."

Abrazo Brain and Spine physicians and advanced practice providers offer services for patients seeking care in disciplines that are grouped into the following areas: Neurology, Cranial Neurosurgery, Spine and Cerebrovascular. Many conditions can be treated medically, others may require surgical intervention.

"There have been huge advancements in spine surgery over the past decade, and one of the things that excites me the most is the ability to integrate new technology that improves operative efficiency, increases accuracy and ultimately leads to improved patient outcomes," noted Spine Surgeon Dr. Kenneth Hood.

"One of my roles as a spine surgeon is to make sure when I'm seeing a patient is that they understand what's going on with their spine. I understand the pain, what they're going through, and I can guide them through the process on a personal level," he explained.



Dr. Venita Simpson, a Neurosurgeon who concentrates on complex spine conditions, emphasized the breadth of services available to patients in the community as what attracted her to Abrazo after she left military service.

"I chose Abrazo because they were so excited about the Neuroscience program where we can offer many facets of neurosurgery. We'll be able to tackle your cerebrovascular disease, your aneurysms, your arteriovenous malformations, your tumors, and spine problems," she said.

"I've had anterior cervical fusion myself and can relate to my patients and their pain and their fears. It gives me a completely different focus when I explain what I'm going to do."

Diagnostic testing is an important component of treating brain and spine disorders. Stroke patients, for example, require timely diagnosis and treatment for improved outcomes. Abrazo Health hospitals are equipped with some of the latest technologies including interventional radiology suites.

Surgical capabilities include advanced minimally invasive techniques, such as endovascular procedures, robotics, and image-guided surgical systems. Technology aside, the personal touch is just as important.

"I try to get to know each person and what drives them to not only seek help, but to find a common ground in terms of how we work together. They're afraid they may have a life-threatening problem or a nerve degenerative problem. It's my job to recognize whether or not that is the case, and to reassure them and give hope and encouragement to continue to live a healthy life," said Dr. Susan Pansing, who focuses on Adult General Neurology.

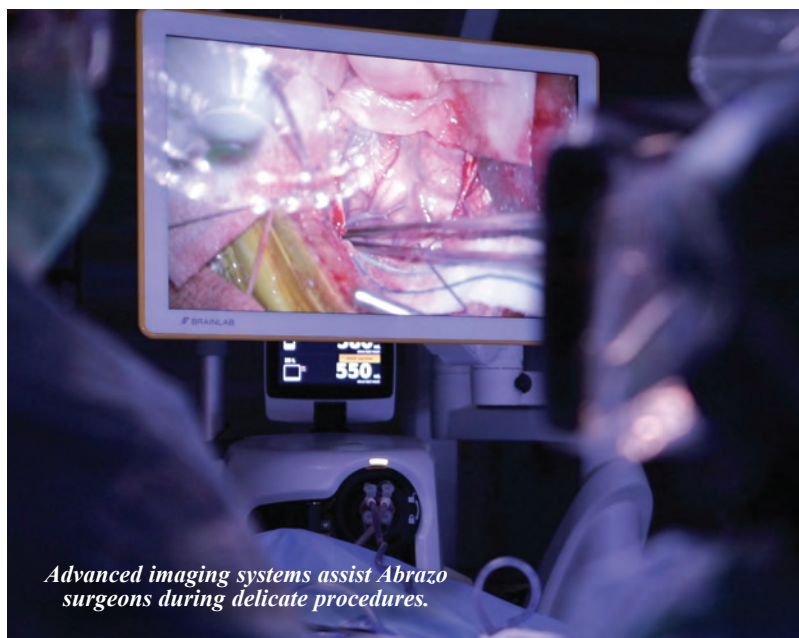
"We're not only using high technology to diagnose and to treat, but also to communicate back and forth with our patients and with their providers."

"A neurologic diagnosis and journey is very personal. Going beyond the surface level symptoms, what affects one patient may not be the same as somebody else," added Dr. Sami Kaldawi, who focuses on Adult General Neurology and Neuromuscular Disorders. "It can make a big difference if they can regain even just a little bit of function that they previously had."

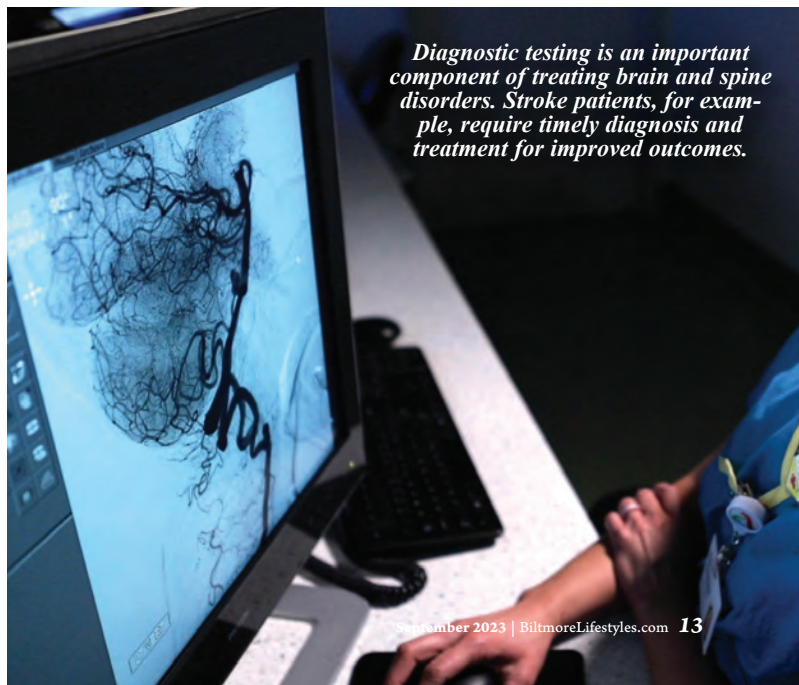
For more information about Abrazo Health hospitals, take a free health risk assessment or to find a doctor, visit [AbrazoHealth.com](https://AbrazoHealth.com).



*Surgical robotics integrate technology to improve operative efficiency and increase accuracy, shown here during a spine fusion procedure with Dr. Kenneth Hood.*



*Advanced imaging systems assist Abrazo surgeons during delicate procedures.*



*Diagnostic testing is an important component of treating brain and spine disorders. Stroke patients, for example, require timely diagnosis and treatment for improved outcomes.*



## Introducing . . . Mozart Chocolate Liqueurs

There's a new liqueur in town! Mozart Chocolate Liqueur, a decadent portfolio of chocolate liqueurs from Salzburg, Austria, blends premium quality spirit with chocolate and is handcrafted using the highest quality, natural raw ingredients.

For more than 60 years, the Mozart Distillerie has created exceptional products in Salzburg, Austria – the birthplace of Wolfgang Amadeus Mozart. Like the music of Mozart, the composition of Mozart Chocolate Liqueur is characterized by masterful craftsmanship and love for detail. By macerating cocoa from West Africa and vanilla from Madagascar, Mozart Chocolate Liqueurs employ a natural process of gaining the essence and pure taste of these raw ingredients. Together with cream from the Netherlands, these ingredients form the basis for all Mozart Chocolate expressions. (Mozart Dark Chocolate does not include cream and is vegan). All Mozart Chocolate Liqueurs are gluten-free.

Available nationwide, Mozart Chocolate Liqueurs retail for a suggested retail price of \$29.99 (750ml, 15% - 17% ABV).

The Mozart Chocolate Liqueurs portfolio includes four permanent expressions and two annual limited editions. They can be enjoyed neat, on the rocks or (even better) in some amazing cocktails!

### Permanent Part of Portfolio:

#### Mozart CHOCOLATE CREAM Liqueur

The cornerstone of the Mozart Chocolate Liqueur portfolio and best-seller, this expression is a very creamy and full-bodied milk chocolate liqueur refined with Belgian chocolate. It offers aromatic notes of vanilla and cocoa. Gluten-free. (17% ABV)

#### Mozart DARK CHOCOLATE Liqueur

Dark chocolate liqueur ideal for mixing that showcases smoky herbal notes of cocoa beans with vanilla, caramel and a hint of toffee. Gluten-free. Lactose-free. Vegan. (17% ABV)

#### Mozart WHITE CHOCOLATE Liqueur

White chocolate liqueur with a light texture and elegantly incorporated notes of vanilla and caramel in fresh cream and rich cocoa butter. Gluten-free. (15% ABV)

#### Mozart CHOCOLATE COFFEE Liqueur

A balanced, full-bodied composition of the finest cocoa beans and Belgian chocolate in combination with Arabica coffee. Gluten-free. (17% ABV)

### Annual Limited Editions:

#### For Spring: Mozart STRAWBERRY WHITE CHOCOLATE Liqueur

Creamy strawberry chocolate liqueur with fruity strawberry flavor in white chocolate liqueur with elegant notes of vanilla. Gluten-free. (15% ABV)

#### For Fall: Mozart PUMPKIN SPICE CHOCOLATE Liqueur

Creamy chocolate pumpkin spice liqueur is a well-balanced symphony of milk chocolate, caramel, natural pumpkin juice, cinnamon, clove and a hint of vanilla. True pumpkin spice flavor with full-bodied liquid milk chocolate. Gluten-free. (17% ABV)

For more information please visit [mozartchocolateliqeurs.com](http://mozartchocolateliqeurs.com).



## Thirsty Lion Raises Funds for Valley Schools with Dine to Give Program Throughout September

Throughout the month of September, Thirsty Lion Gastropub (with four Valley locations), will be partnering with local schools to benefit their PTO/PTA Parent Teacher Organizations to raise money, with the return of their Dine-to-Give fundraising program. Schools throughout the state of Arizona will benefit, as a portion of proceeds from each check (dine-in purchases only) will be donated to their school at the end of the month. Schools signed on to participate include Copper Ridge K-8 in Scottsdale as well as Chandler Traditional Academy – Independence and Corona del Sol in Chandler, among others.

President and CEO of Thirsty Lion, John Plew says, “We want to support schools within our community that work so hard to create an optimal learning environment for our children. We hope to make an impact this year by giving back to these deserving organizations that enrich the educational experiences of our youth.”

The Dine-To-Give fundraiser will be available Monday through Thursdays September 4th through September 28th. Elementary, middle, and high schools will all be eligible to participate. Donation checks will be paid to the PTO/PTA for schools who have raised a minimum of \$100 or more through guests' contributions. The rebate is based on pre-tax prices, excluding gratuity, retail and gift cards. Tallies will be completed on Friday, October 6th and checks will be distributed the following week.

For more information, please call Tempe: (480) 968-2920; Santan Village: (480) 899-0119; Desert Ridge: (480) 419-5070; Chandler Viridian: (480) 786-5799.

## Chompie's Introduces New Limited-Time Only Menu Items

Chompie's locations around the Valley are offering an exclusive new menu item for a limited time only.

Through Monday, September 11th, guests can enjoy the hearty Southwest Breakfast Burger featuring a half-pound Kobe beef burger cooked to perfection then topped with a fried egg, chorizo, pepper jack cheese and fresh cilantro, sandwiched between a soft brioche bun and served with diners' choice of side for \$16.99. Available any time of day, this special can be complemented by a mimosa for just \$6.50.

For more, visit [chompies.com](http://chompies.com).





# Arizona Restaurant Association Announces Fall Restaurant Week

## 10-Day Dining Extravaganza Returns September 8th through the 17th

It's the most edible time of the year! The Arizona Restaurant Association, the organization which advocates for and supports the hospitality industry throughout the state, announces the return of its popular bi-annual event, Arizona Restaurant Week (ARW), taking place Friday, September 8th through Sunday, September 17th.

During 2023 Fall Arizona Restaurant Week, diners can indulge in 10 full days of culinary exploration in which they are encouraged to discover the breadth of amazing food and beverage options available throughout the state at just a fraction of the usual cost. Fall ARW features a variety of restaurants from small chef-driven, independently-owned establishments to five-star fine dining and represents a wide array of cuisines.

"We've been presenting Arizona Restaurant Week to our dining community for more than 15 years and each event proves better and more

exciting, — with new and returning restaurants that offer a comprehensive array of choices for diners," says Arizona Restaurant Association President and CEO Steve Chucuri. "We encourage you to enjoy your favorite restaurants, try new ones and most importantly, get out there and support our hospitality industry that continues to succeed largely due to customers' loyalty. We are so thankful to be part of such an enthusiastic dining community."

During Fall ARW, participating restaurants offer specific menus featuring hyper-seasonal or limited-availability ingredients and, oftentimes, dishes that are not generally on their regular menus, allowing diners to get a new taste of chefs' culinary talents and creativity. Through this unique opportunity, guests can enjoy a three-course prix-fixe menu for just \$33, \$44 or \$55 per person (and in some cases per couple!).

Wine or cocktail pairings are often also available to enhance the ARW dining experience at participating restaurants for an additional charge.

Typically, more than 150 restaurants around the state participate in ARW, giving diners a multitude of choices when it comes to cuisine, price point and range of experience. While the event is still several weeks out, more than 80 establishments have already signed up to participate in the 2023 Fall Arizona Restaurant Week.

New restaurants are always welcome to join the fun, and there is ample time to get involved in 2023 Fall ARW. Applications for new and returning restaurants can be completed online at [arizonarestaurantweek.com/restaurant-sign-up](http://arizonarestaurantweek.com/restaurant-sign-up); a restaurant participation package with complete details is also available here.

For more information, visit the website at [www.arizonarestaurantweek.com](http://www.arizonarestaurantweek.com). ❖



*Citizen Public House*



*Ling's Wok Shop*



*San Tan - Brew Pub*



*Lings Wok Shop*



*The Gladdy*



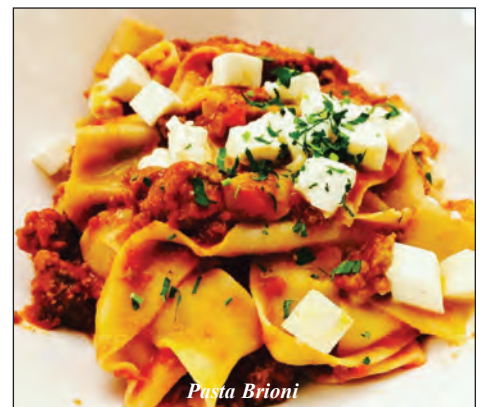
*Kona Grill*



*Los Sombreros*



*Match*



*Pasta Brioni*





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**M**OOV Convertible Catalyst bag is a life-changer. It seamlessly transitions from a backpack to a shoulder bag or crossbody bag and is perfect for the busy traveler on the go! This bag can easily store your laptop and all other travel essentials and keeps them organized and within reach!

Packed with features that include convertible straps, an exterior USB port, expandable exterior pockets, and transparent inside pockets with patented Xcheck® System for easy access to your belongings. Switch from backpack to shoulder bag to crossbody bag in just a few seconds with the MOOV Catalyst bag. The cost of the bag is \$149, and is available in space black, amber brown, or charcoal gray.

### Outside features:

- Genuine leather for a classic look for all business hustlers.
- 2 side pockets for water flask, wipes, or umbrellas
- USB port on the side for easy access for charging
- Trolley sleeve you can easily secure within your stroller
- Utility buckles for securing while on the run
- Gale pads for comfort when using as a backpack or shoulder bag

### Inside features:

- Inside pockets with patented Xcheck system for easy access to your belongings
- Padded laptop pocket
- Velcro straps to attach additional bag like make up pouch for more organized and compact look inside the bag.

For more information, or to purchase one, please visit the website at <https://moovforward.com>. ❖



## ~ Golf Tip ~

### Learning How Tee Heights Affect Accuracy & Driving Distance Is Key To Good Drives



By Tina Tombs, The Arizona Biltmore Golf Club

I try to get players to tee the ball where the middle of the ball is equal to the top of the driver. This way, as you catch the ball slightly on the upswing, the contact will be slightly higher on the clubface. More often than not, when someone comes to me for a lesson, their thoughts and desires turn to 'how can I hit my driver farther?' It doesn't help that every time they turn on the TV, they hear how far the professionals are hitting the ball.

I try to explain to my students that there are many factors as to how and why professional golfers are crushing their tee shots: They have better equipment, hotter balls, improved mechanics, they are more athletic players, and they play on faster turf conditions.

As far as equipment is concerned, the clubs are designed to get better launch conditions to optimize distance and the balls are designed to optimize spin rates, helping get a better launch without spinning up and reducing rolling distance.

Most of the new drivers are also designed to represent the sweet spot, meaning it will get higher launch with lower spin. Many players I see like to tee the ball much higher, and I've found that this makes them hit up more on the ball. On launch monitors, such as a Trackman or Flightscope the optimal angle of attack is +2 or +3 to hit the ball high and far.

But don't forget another piece of equipment that impacts your tee shots - the tee! Setting the tee in the ground at the optimal height for the tee shot you want is what is important! I watch people tee the ball up all the time in practice and on the course and it amazes me how so many players can tee it so many different heights without paying attention to their intentions.

Diagram 2 shows two different tee heights:

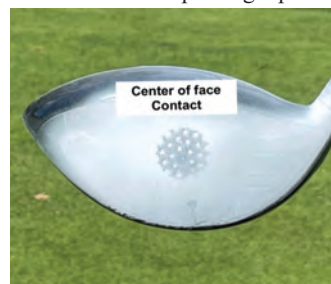
Teeing a ball high will optically make you want to hit up on it more, whereas a lower tee makes you want to hit down. Through launch monitors, we have learned that if you hit up on the ball, you're able to create more clubhead speed than if you hit down on it.

If you need more control, say on a tight fairway, tee the ball lower than normal, which will create a steeper angle of attack, more backspin and more control.

If you want more distance, tee the ball higher than normal, which creates more speed and less spin for distance.

So, "tee it high and let it fly" but remember that this speed and distance usually comes at the cost of some accuracy.

Tina Tombs in a 2020 Arizona Golf Hall of Fame Inductee, a GOLF Magazine Top 100 Teacher in America, and two-time LPGA National Teacher Of The Year. To schedule your next golf lesson or clinic session, you can contact Tina or her staff by downloading the app TinaTombsGolf on the app store. ❖





# Gabriel's Angels Announces "A Night of PAWsibilities"

## Vulnerable Arizona Children to Benefit from Funds Raised for Pet Therapy Services

Gabriel's Angels is excited to announce further details for their annual fundraising gala, A Night of PAWsibilities, which will be held on October 7th, 2023, at the Arizona Biltmore from 6:00 p.m. - 10:00 p.m. This year's event theme is "PAWparazzi" – A Red Carpet Affair which will feature a red carpet walk with photographers, 360 photo booth, live DJ, lively cocktail hour with open bar, libations pull for a chance to win an amazing spirit, upscale raffle, live auction, video program, and paddle raise led by the witty and extraordinary auctioneer Brett Higgins. The event will be emceed by Lin Sue Flood, one of the Most Influential Women in Arizona of 2022, known for her previous work as a 12 News Anchor and as the current Director of Community Engagement for Arizona Hospice of the Valley. AZPetVet has graciously joined A Night of PAWsibilities as the title sponsor. The event is chaired by the dedicated and thoughtful Tami Butcher and Cherie Malkoff.

Gabriel's Angels provides pet therapy visits to vulnerable Arizona children, helping them develop seven vital core behaviors: attachment, confidence, self-regulation, affiliation, empathy, tolerance and respect.

Gabriel's Angels relies entirely on support from the community and never charges the schools or other facilities they serve. The annual "A Night of PAWsibilities" gala is responsible for raising much-needed funding for the organization to continue providing pet therapy services to vulnerable children in the community.

Tickets for this year's red-carpet "PAWparazzi" themed gala start at \$225 and are expected to sell quickly, as the same event last year sold out weeks in advance. Supporters are encouraged to reserve tickets at <https://anop2023.givesmart.com/> as early as possible.

Melissa Steimer, CEO of Gabriel's Angels states that the need for pet therapy is only continuing to increase as the local population and economic challenges grow. "The schools, group homes, domestic violence shelters, and other community partners we serve are telling us how our free pet therapy services are making such a positive difference in these children's lives. We're scrambling to keep up with the constantly increasing demand and hope to expand services to include even more children in need," Steimer said.

Gabriel's Angels is a 501(c)(3) nonprofit organization whose mission is through the life-changing power of pet therapy to enhance the social and emotional development of vulnerable children. Driven by the passionate belief that the unconditional love of a therapy pet can heal a child, Registered Pet Therapy teams visit partner agencies serving at-risk children in Arizona to provide unconditional love and teach them core social behaviors.

To learn more about Gabriel's Angels, follow on social media or visit [GabrielsAngels.org](http://GabrielsAngels.org). ❖



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## Arcosanti Announces Fall Farm to Table Program

Arcosanti, located in Mayer, has announced dates for its fall Farm to Table program. This five-week experience takes guests on a journey of exploration surrounding where today's food comes from, understanding the real source and handling of food, eliminating transportation using a closed-loop food system and how to grow quality food crops with high nutritional value.

Participants will learn hands on techniques and practice the science of sustainable food production while becoming inspired to turn the fruits of their labors into memorable meals. Facilities include an array of growing styles such as greenhouse agriculture, hydroponics, raised beds, a fruit and nut orchard, field crops and a permaculture food forest. Participants will also build a community with experiences including running a store and making group meals together, the importance of respecting history and caring for its habitat, living, working and playing in shared space.

The program begins Monday, September 25th and runs through Tuesday, October 31st, spanning the end of the summer harvest and the beginning of fall planting. The cost is \$1,750 and includes tuition, breakfast and lunch, housing, facilities and field trips. Upon graduation, students will join the more than 8,000 alumni who have built the arcology of Arcosanti.

To register or visit [arcosanti.org](http://arcosanti.org). ❖



## ~ Real Estate Update ~



By Debbie Frazelle, Coldwell Banker Realty

Everywhere I go, whether it is to the grocery store or out to dinner, people ask me about the Real Estate market. I try to regularly listen to speakers, read articles and blogs to keep myself up to date on the latest facts, thoughts and predictions. Many times there is contradictory information which makes it difficult to wrap my arms around what is really happening in Real Estate.

As we enter the 4th quarter of 2023, here is what I can tell you:

There are fewer homes on the market in 2023. We are experiencing a 23-year low in the number of listings. Because of the drop in new listings, there may be increased competition among home buyers while putting upward pressure on house prices.

Rising mortgage rates have contributed to the ongoing inventory decline. Sellers are reticent to sell, because they do not want to give up their low mortgage rates.

Forecasters for the Phoenix real estate market suggest that prices will begin to rise again later this year and in 2024.

To summarize, economists and housing analysts for the Phoenix area for 4th quarter 2023 and into 2024 predict there will be an upturn in home prices. A nationwide real estate cooldown brought on by higher mortgage rates caused prices to fall over the past year. But that downturn probably won't last much longer, due to steady population growth and buyer demand.

To quote that Census Bureau report:

"Maricopa County, Arizona, remained the largest-gaining county in the nation, adding 56,831 residents in 2022, a gain of 1.3% since 2021. Domestic migration was the component of population change (i.e., births, deaths and migration), which made the largest contribution to Maricopa County's growth."

Studies shows that the Valley of the Sun is one of the most popular destinations for relocating Americans. People relocate into the Phoenix area for a number of reasons: Cost of living, weather, job opportunities and retirement. In short, this population growth trend reduces supply, increases demand, and puts upward pressure on home values all across the Phoenix-area real estate market.

If you would like more information, give me a call or email me, Debbie Frazelle, at (602) 399-8540 or Debbie@DebbieFrazelle.com.

Look for my article in the November issue about how to get your home ready to sell. ❖

### Statistics from July 15th to August 14th, 2023

Homes for Sale	28	Homes Sold/Closed	4
Homes Sale Pending	10	Rentals Furnished	35
Rentals Unfurnished	9		

#### For Sale

Cloisters	2	\$425,000-\$439,000
Courts	2	\$628,000-\$690,000
Estates	3	\$4,900,000-\$11,950,000
Biltmore Mountain Villas	1	\$1,600,000
Biltmore Mountain Estates	2	\$2,595,000-\$3,495,000
Biltmore Square	1	\$990,000
Fairway Lodge	1	\$1,395,000
Greens	5	\$1,695,000-\$2,995,000
Heights	1	\$755,000
Hillside Villa	1	\$1,375,000
Lakes	1	\$1,990,000
Meridian	2	\$449,000-\$475,000
Terraces	6	\$294,000-\$569,000

#### Pending Sales

Cloisters	1	Taliverde	1
Courts	1	Villas	1
Heights	1	Hillside Villas	3
Meridian	1	Terraces	1
Villas	1		

#### Closed Sales

Cloisters	1	Courts	2
Heights	1		



The Brokery Co-founder Tucker Blalock

## The Brokery Co-founder Tucker Blalock Selected for Prestigious *Phoenix Business Journal* 40 Under 40 Class of 2023

The Brokery, a leading real estate brokerage firm in Phoenix, is proud to announce that Cofounder Tucker Blalock has been selected as one of the honorees for the Class of 2023 40 Under 40 by the *Phoenix Business Journal*.

The *Phoenix Business Journal*'s 40 Under 40 program recognizes outstanding individuals who have demonstrated exceptional leadership skills and made significant contributions to their industries and communities. Each year, a select group of professionals under the age of 40 are chosen from various sectors, including real estate, finance, technology and healthcare, among others.

Tucker Blalock's selection as one of the 40 Under 40 honorees is a testament to his remarkable achievements and dedication to the real estate industry. As a cofounder of The Brokery, Tucker has played a pivotal role in establishing the company as a trusted name in Phoenix's competitive real estate market and building the brokerage's reputation for being "relentlessly local" with a deep understanding of the neighborhoods they serve. His marketing acumen, innovative approach and commitment to providing exceptional service to clients have set him apart as a rising star in the industry.

"It's an incredible honor to be recognized by the *Phoenix Business Journal* as one of the 40 Under 40 honorees," said Tucker Blalock. "This prestigious accolade highlights the hard work and accomplishments of our entire team at The Brokery. I am privileged to work with a dedicated team of real estate professionals who strive for excellence in everything they do."

As a forward-thinking brokerage firm, The Brokery empowers its team members to pursue their passions, take on new challenges, and deliver exceptional results to clients. Through a mentorship and coaching program, The Brokery provides agents with the resources to approach their profession with not only the right mindset, but also the business plans that set them up for success.

The *Phoenix Business Journal* will honor the 40 Under 40 Class of 2023 at an awards event on Thursday, August 4th from 11:00 a.m. to 1:30 p.m. at the Scottsdale Center for the Performing Arts.

### About The Brokery

The Brokery is a local, boutique residential real estate brokerage that is relentlessly focused on serving residents in neighborhoods across the greater Phoenix metropolitan area. Founded in 2012, by co-founders Tucker Blalock and Oleg Bortman, the company's number one goal is to provide unparalleled service and extensive market insight to the residents of their local community. Unlike many brokerages tucked away in corporate centers, The Brokery has neighborhood-centered offices that offer high visibility for their clients' properties in state-of-the-art showcases and allows for neighbors to engage one-on-one with local real estate experts. For more information, visit thebrokery.com. ❖





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## ***LDV Winery Commemorates 15-Year Anniversary***

This September, LDV Winery, with its vineyard and estate in the Chiricahua Mountains of southeastern Arizona and the Tasting Room at 7134 E. Stetson Dr., #B110 in Old Town, celebrates 15 years of award-winning estate-grown and -produced winemaking in Arizona. Owners Peggy Fiandaca and Curt Dunham are celebrating this milestone with a series of events and specials all month long.

“Over the past 15 years, we have seen the Arizona wine industry explode growing six-fold. We’ve made some incredible friends in

the industry and we’ve learned a lot in the vineyard,” says Fiandaca. “In that time, we have celebrated 15 vintages producing more than 10,000 cases (120,000 bottles) of wine that are zero-residual sugar, vegan, gluten-free and produced with no added enhancements. We have stayed true to our mission of sustainably growing high-quality grapes while caring for the land, the vineyard and the environment, all while producing impeccable wines that bring people together for major milestones and everyday occasions.”

Throughout the month, guests can enjoy the following events and specials at the Tasting Room:

Half off 2019 Sky Island Viognier, From Friday, September 1st through Friday, September 15th, guests can purchase a bottle of LDV 2019 Sky Island Viognier for just \$15 (regular price: \$30).

Fiandaca and Dunham, cooking enthusiasts and wine pairing experts in their own right in addition to being winemakers, will present a free event every Sunday throughout the month from 11:00 a.m. to noon. Schedule is as follows, with additional details forthcoming:

- **Cooking Demonstration: Pairing with Wine** - Sunday, September 3rd
- **Wine Blending Basics with LDV Winemaker Curt Dunham** - Sunday, September 10th
- **Le Nez du Vin, Aromatherapy for Wine Lovers** - Sunday, September 17th
- **Opening the Cellar: Winemaker Wine Tasting** - Sunday, September 24th

Space is limited for these exclusive events. Guests must pre-register by calling (480) 664-4822. Those that attend all four events will receive a special LDV gift to commemorate the 15-year anniversary celebration. Every Sunday guests can also spin the “LDV Winery Deal Wheel” for a chance to receive prizes and discounts.

For more, visit [www.ldvwinery.com](http://www.ldvwinery.com).



*LDV Winery's New Patio*



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## Discover How to Bring Nature Indoors With Biophilic Design

By Austin Trautman, VALI Founder, Home Building Expert & Consultant

Home building experts and house designers have grown increasingly fond of biophilic design, a popular interior design trend that is scientifically proven to increase your mental and physical wellness. The design concept brings elements of nature such as plants, water or natural materials into indoor spaces. The result is a positive impact on your day-to-day wellness. The widespread trend has inspired homeowners and homebuilders around the Valley to make simple changes to their home environments.

The following tips from VALI, a Phoenix-based development company and sustainability consultancy group focused on creating healthier homes with a focus on modern design, shared simple tips to help how you can execute biophilic design in any home.

**Furniture Layout** – Asymmetrical design can reduce stress. Make sure your furniture layout is asymmetrical. For example, put a side table on one side of a couch. In nature, asymmetry is everywhere and using asymmetrical balance in a space can create a calm atmosphere while maximizing functionality.

**Natural Materials** – Think of all the materials in a home, plastic, metal, or glass may come to mind. Try replacing man-made materials with natural materials to strengthen mental and emotional wellness. For example, instead of a metal doorknob try a polished wood one.

**Plants** – Plants are a simple way to bring biophilic design into a home. They are great space fillers, provide oxygen and are proven to boost moods and increase productivity and creativity. Plants grew in popularity during the pandemic and can now be used to incorporate biophilic design.

**Light** – Light is one of the easiest natural elements that can be manipulated for the use of biophilic design. Illuminate rooms naturally by moving curtains aside or opening blinds or using mirrors or other reflective objects to indirectly bounce light from windows into spaces. Skylights can also naturally bring light into a space.

**Patterns** – Natural coloring in addition to patterns seen in nature promotes relaxation and harmony and can contribute to faster healing. Natural colors and patterns can be implemented in space through wall paint, furniture choices, decorative items or artwork and flooring.

Following these tips can help you foster a connection with nature while creating an environment that puts wellness first. The tips are inspired by Phoenix's newest housing development, Vali Mews, a professionally designed biophilic home. The project was built by home-building experts, architects and scientists who worked together using scientific data collected from over 10,000 building projects. From energy efficiency to aesthetics, VALI designs and builds homes from combined expertise in architecture, science and nature while using a wide range and scientifically tested principles such as Biophilia, Biomimicry, Passive House and other sustainability-driven concepts. ❖



## Enjoy Sunset Yoga and a Beer Cool Down at Uptown Plaza

Channel your inner yogi on Thursday, September 14th and Thursday, October 5th with free Sunset Yoga classes at Uptown Plaza's courtyard starting at 6:30 p.m. Classes will be led by the pros at Sweatshop on Central and donations are encouraged, with proceeds going to the Arizona Humane Society.

Following class, participating yogis are invited to cool down with reverse happy hour until 9:00 p.m. at Huss Brewing Co. which will feature \$4 pints and \$6 happy hour food items including small rustic pretzels, chips & salsa and hummus & veggies.

Guests must reserve their spots for Sunset Yoga in the courtyard at [www.uptownplazaphx.com/events](http://www.uptownplazaphx.com/events). To take advantage of reverse happy hour pricing at Huss Brewing, guests can show their confirmation email for class.

Uptown Plaza will host various events throughout the year, including a spooky Halloween trick-or-treating event on October 28th, Holiday events in December and other family-friendly happenings. To stay up-to-date on the latest events, please visit [www.uptownplazaphx.com/events](http://www.uptownplazaphx.com/events).

Uptown Plaza is located on the northeast corner of Central Avenue and Camelback Road, in the heart of Phoenix's historic north-central neighborhood. The newly restored mid-century modern shopping center is a lively urban hotspot, boasting a wide selection of health, retail, and restaurants. The Plaza has over 20 retailers, and the full list can be found at [www.uptownplazaphx.com](http://www.uptownplazaphx.com). ❖





## 14th Annual Sedona Winefest Returns

**Two-Day Festival Among the Red Rocks to Feature 24 Award-Winning Arizona Wineries, Live Music, Local Breweries and Distilleries, Food Trucks + Artisan Vendors**

On September 23rd and 24th, 2023, the Sedona Winefest will be returning for its 14th annual celebration at the Sedona Posse Grounds Park (525 Posse Ground Rd., Sedona, Arizona 86336). Sponsored by the Arizona Office of Tourism and the Verde Valley Wine Consortium, the two-day, nationally recognized wine festival will feature 24 award-winning Arizona wineries, food trucks serving local cuisine, a variety of artisan vendors, live music featuring DJ Pablonious Funk and Moon Tsunami on Saturday, The Naughty Bits on Sunday, and – for the first-time ever – local breweries and distilleries.

“This festival continually brings in wine lovers from across the nation and is a huge draw for the city that celebrates a myriad of things that makes Sedona such a unique destination,” said Sedona Winefest Founder Sandy Moriarty. “We look forward to making this year better than ever and enjoying all that Sedona has to offer in a setting unlike any other.”

The famous two-day festival, held from 11:00 a.m. to 5:00 p.m. on Saturday, September 23rd and Sunday, September 24th, will feature a number of local food trucks, award-winning wines from the state’s best wineries, with winemakers in attendance from each of the state’s three wine growing regions, including:

- 🍷 1764 Vineyards
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- 🍷 Bodega Pierce
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- 🍷 Chateau Tumbleweed
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- 🍷 High Lonesome Vineyards
- 🍷 Grand Canyon Wine CO.
- 🍷 Javelina Leap
- 🍷 Laramita Cellars
- 🍷 Oak Creek Winery
- 🍷 Omphalos Winery
- 🍷 Page Springs Cellars
- 🍷 Southwest Wine Center
- 🍷 Su Vino Winery



In addition to the 24 wineries featured, That Brewery, Diamond Distillery, Elgin Distillery and Seedlip non-alcoholic cocktails will be pouring their offerings for the non-wine drinkers in attendance.

Local food trucks that will be on-site include Merkin Gelato, Merkin Kebab, Malta Joe’s Baked Goods, Batchelor’s Pad BBQ and Lobstar, complemented by food samplings from other vendors, including Maribel Cake Design, Virgin Cheese, Peace Love & Smoked Cheese, Sedona Divine Olive Oils & Vinegars and Carmella’s Joy.

Other local artisans and vendors include Eagle Eye Barrels, Bearded Makers, Choice Creative Culture, Sounds Bites Store, Room with a View, Oak Creek Apple Company and Tahoe Kitchen Co.

Early bird online tickets are available at [www.sedonawinefest.com](http://www.sedonawinefest.com) for \$35/person and include full festival access, a commemorative glass and eight wine tasting tickets. Day-of, at the door tickets will be available for \$45/person. Non-wine drinkers will be charged a general admission price of \$10/person kids under the age of 18 (accompanied by an adult) will receive complimentary access.

To attend the Kick Off Party at Sound Bites Grill on Friday, September 22nd – which is a fundraiser for the Verde Valley Wine Consortium – featuring musicians Will Donato, Blake Aaron and Michael Paul, visit [www.brownpapertickets.com/event/6108221?date=2390239](http://www.brownpapertickets.com/event/6108221?date=2390239).

For more information on the 14th Annual Sedona Winefest, visit [www.sedonawinefest.com](http://www.sedonawinefest.com) or email [sedonawinefest23@gmail.com](mailto:sedonawinefest23@gmail.com). ❖



## First Tees to Host 20th Anniversary Dinner at Ocean 44

Phoenix’s First Tee, a long-standing, nationally rooted non-profit that has been teaching underserved youth and Valley children critical life and social skills via golf lessons is proud to announce its 20th Anniversary Dinner.

The 20th Anniversary Dinner will be held on Monday, September 18th, 2023 at Ocean 44 in Scottsdale at 6:00 p.m. A special and festive red carpet featuring celebrities and some of golf’s biggest names will be held outside Ocean 44 starting 5:00 p.m. that evening.

Guests can choose from tables of 2 to 12 people. Tickets for the evening start at \$1,500 per plate and can be purchased at [www.FirstteePhoenix.org/20anniversary](http://www.FirstteePhoenix.org/20anniversary).

First Tee-Phoenix teaches more than 120,000 youth annually through programs delivered at on-course program locations, in schools and at youth centers across the Valley. The youth development organization enables kids to build the strength of character that empowers them through a lifetime of new challenges. By seamlessly integrating the game of golf with a life skills curriculum, First Tee – Phoenix creates active learning experiences that build inner strength, self-confidence, and resilience that kids can carry to everything they do.

Longtime supporters and First Tee-Phoenix Board Members Danny Calihan and Robbie Petty are co-hosting the evening.

“We are thrilled to be hosting the 20th Anniversary Dinner for First Tee-Phoenix at Ocean 44,” said Danny Calihan, co-host of the 20th Anniversary evening. “The junior golf programs that have been established through First Tee-Phoenix are game changers for these kids and we must continue to get as many kids in our underserved communities involved with golf as humanely possible.”

“We hope everyone will join the First Tee Phoenix Family as we celebrate two decades of making a difference in the lives of Valley children,” said Robbie Petty, co-host of the evening. “On this special night we will honor our special founders, The Thunderbirds and the local families we serve.”

To help raise even more money for the organization, all food and beverages for the evening will be underwritten by Dennis Mastro, Mike Mastro, Jeff Mastro and Scott Troilo, just as the group has done for many significant Valley charity events over the years.

“We could not be prouder to support First Tee and all that they do here in the Valley and across the country to help kids of all socio-economic backgrounds,” said Jeff Mastro. “The game of golf should be accessible to all kids, and the life skills that are learned from this fantastic game can carry over into so many facets of life.”

More details about the dinner will be announced in the coming weeks regarding VIP Attendees and celebrities.

For more information or to purchase tickets, please visit [www.FirstteePhoenix.org/20anniversary](http://www.FirstteePhoenix.org/20anniversary). ❖





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