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Flower Child Fully Blooms with **Newest Location Now Open!**

The Arizona-born healthy, fast-casual restaurant Flower Child has officially planted more roots in the Valley with its newest location now open as the inaugural tenant at the highly anticipated PV development.

One of the many beloved brands under the Fox Restaurant Concepts umbrella, Flower Child is known as a place where you can come and fill your soul (and belly) with goodness. With a simple, soul-satisfying mission to serve positively delicious vibes to the community, Flower Child's made-from-scratch menu caters to all lifestyles - vegetarian, vegan, gluten-free, and anything goes. Celebrating 10 years since opening its first location in Phoenix, the PV restaurant will mark the brand's 34th location nationwide.

"We're very excited to once again bring Flower Child to Phoenix, continuing to expand our roots in this vibrant community. The revitalization of the iconic former Paradise Valley Mall has been inspiring, and we're looking forward to offering a fresh, healthy dining experience that aligns with the values of this neighborhood," said Sam Fox, Founder of Fox Restaurant Concepts. "Flower Child has seen incredible growth over the past few years, and this new opening is a testament to the brand's momentum."

The customizable menu features fan-favorite dishes coupled with feelgood indulgences like the Mother Earth Bowl with ancient grains, sweet potato, portobello mushroom, avocado, cucumber, broccoli pesto, charred onion, leafy greens, red pepper miso vinaigrette, and hemp seed; the infamous oh-so-creamy Gluten-Free Mac & Cheese with aged white cheddar and parmesan; the Chicken Enchiladas with guajillo chile, smoked gouda, poblano cream, organic black bean, roasted corn, and avocado; The Rebel Wrap with grass-fed steak, charred onion, Port Salut cheese, arugula and horseradish yogurt; and the Brussels Sprouts & Organic Kale Salad with red grape, organic apple, pink grapefruit, white cheddar, smoked almond, and apple cider vinaigrette. Stop in to enjoy the good vibes, or order online or through the app for fast and easy takeout.

Flower Child PV is located at 12640 N. Tatum Blvd. in Phoenix and is open daily from 11:00 a.m. to 9:00 p.m. for lunch and dinner. For more about Flower Child, visit IAmaFlowerChild.com.







From the Publisher...



As November unfolds, we find ourselves enveloped in a season of warmth, joy, and reflection. The holidays are not just a time for festive decorations and delicious feasts, they are an opportunity to reconnect with family and honor the traditions that bind us together. This month, let's explore the significance of these cherished customs and how they enrich our lives.

Perhaps there is a special tradition that you share with your family and friends.

Traditions are the threads that weave our family stories together. Whether it's gathering around the dinner table for a special meal, decorating the tree while sharing memories, or participating in community events, these rituals create a sense of belonging and continuity. They remind us of our roots and the values we hold dear. For many families, November is a time to revisit beloved customs. Perhaps you bake cookies together, each person adding their unique touch to the recipe passed down through generations. Or maybe you have a special movie night where you watch classics that evoke nostalgia and laughter. These moments become treasures that we carry forward, enriching our lives and those of future generations. Whatever you choose to do this holiday season, Happy Holidays!

I look forward to bringing you another exciting issue of *Biltmore Lifestyles* in December.

Until next month, Susan

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Publisher Susan Aavang
Editor Julie Nicholson

Crisp Days & Cozy Autumn Treatments Await at W Scottsdale's AWAY Spa

Fall is finally upon us, and what better way to celebrate than with AWAY Spa's Autumn Day Spa Specials at W Scottsdale? Nestled in the heart of Scottsdale, the modern oasis invites guests to unwind and indulge in a sanctuary of relaxation. With steam baths and a range of rejuvenating wellness experiences, AWAY Spa offers the perfect escape for the changing season.

Available through November 16th, these luxurious autumn specials are designed to help guests embrace the season:

Pumpkin Spice Pedicure | 50 min - \$70

A treat for your toes! Step into the cozy season with the indulgent Pumpkin Spice Pedicure. Let the warm aromatic blend of pumpkin, cinnamon and nutmeg envelope your senses as AWAY Spa's expert technicians pamper your feet, including a soothing soak, exfoliating scrub, foot peel, hydrating foot mask and reviving foot massage. Finish off with your favorite fall color.

Harvest Hydration Facial | 50 min - \$165

Designed to replenish and rejuvenate your skin for the cooler months ahead. Reduce fine lines and achieve a bright, glowing complexion – all while you enjoy the seasonal aroma of pumpkin and turmeric! This treatment is packed with nutrients like antioxidants, polyphenols and vitamins. Enzymes and acids work together to deeply exfoliate your skin and remove impurities like dead skin and blackheads to leave the skin feeling smooth.

As an added bonus, each fall treatment booked receives a complimentary pumpkin spice latte, because what's autumn without a cozy drink? Additionally, AWAY Spa's curated selection of fall skincare products can nourish, hydrate and protect against the changing elements allowing guests to step into the season with confidence. Guests can fall in love with products like Sacred Nature Line, Hydramemory and Skin Regimen. For more information, or to book a treatment, visit www.awayspawscottsdale.com.







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Hometown Burrito Company Announces Delicious NIL Deal With ASU Running Back Cameron Skattebo

Burrito Express has been the Valley's local hometown burrito joint since 1995. This family-run establishment has a heavy hand in community efforts and is proud to announce its recent collaboration with Arizona

State University Sun Devils Running Back Cameron Skattebo.

Burrito Express Co-Owners, brothers and ASU alum Angel and Mark Marin presented Skattebo with his first-ever NIL (name, image and likeness) deal. Though additional lucrative opportunities have since come his way, Skattebo has turned down these offers.

"We are extremely excited to work with Cam and offer him his first NIL deal," said Angel. "And we're humbled by the fact that despite other companies' best efforts to lure him away from our contract, he has chosen to remain loyal to the Burrito Express family."

With that, Burrito Express is thrilled to present the Boorrito, Skattebo's own signature creation featuring a hearty combination of chicken, beans, cheese, potatoes, tomatoes, onions, sour cream, guacamole and rice. The Boorrito is available at Burrito Express locations around the Valley for \$11.88. So, scarf one down in support of Skattebo, the Sun Devils and simply to smash a burrito craving!

While this is not the first official NIL deal Burrito Express has extended, the Marin brothers will continue to grow this into a robust program to support more ASU athletes. The company, which is approaching its 30-year anniversary milestone, has long supported local sports, providing free burritos for countless sports programs throughout the Valley. This year alone, Burrito Express has donated thousands of burritos to local high school sports programs.

For more about Burrito Express and its many community efforts that positively impact Arizona residents and their locations, please visit www.theburritoexpress.com.



Chef Beau MacMillan & Chef Peter McQuaid Unveil New Menu The First Menu Showcases Sophisticated Dishes, Bold Flavors & Italian Flair

Chef Beau MacMillan, one of Arizona's most legendary chefs, and Chef Peter McQuaid, a celebrated culinary sensation, are unveiling their highly anticipated debut menu at The Americano, one of north Scottsdale's most coveted dinner hotspots.

With sophisticated dishes showcasing their signature blend of bold flavors and refined techniques, the menu marks the first offering by the Food Network stars and longtime collaborators since taking the helm at the upscale Italian-inspired steakhouse, where MacMillan serves as Director of Culinary and McQuaid as Executive Chef.

The revamped menu encapsulates the core elements of The Americano's identity, including prime steaks, house-made pasta and Mediterranean seafood, with diverse offerings for Scottsdale's discerning palate. It features new showstopping touches to enhance the guest experience, like the immersive tableside mozzarella, where hand-stretched mozzarella is crafted into a beautiful starting dish from just a few high-quality ingredients. Guests can also expect a rotating selection of seasonal chef-driven features inspired by its signature wood-fired grill.

"Our primary goal with this menu was to keep the heart and soul of The Americano while elevating the culinary creativity," said MacMillan. "We're introducing new dishes that haven't been offered before while remaining true to the identity of the restaurant and what's made it such a beloved spot. I've been enamored with this place for years, and it was important to me that this evolution honored guests by continuing to offer a sense of familiarity with new, bold flavors."

For starters, the menu offers a variety of appetizers such as The Americano Tableside Mozzarella (\$46) with heirloom tomato, basil, balsamic glaze and sea salt; the instant-favorite House-Made Focaccia (\$15) with whipped ricotta, rosemary, roasted garlic oil and sea salt; Terra Heritage Wagyu Beef Carpaccio (\$28) with celery, walnut, truffle, pickled shallot and gorgonzola; Meatballs al Forno (\$22) with Pomodoro, Stracciatella and pecorino; Roasted Bone Marrow (\$32) with Fresno chili jam, parsley salad, caramelized onions, capers and grilled bread; Little Neck Clams (\$26) with fennel, chorizo and smoked tomato broth; Fire Roasted Oysters (\$30) with the choice of umami

Rockefeller or smoked tomato butter; Island Creek Oysters (\$24) with prosecco mignonette, cocktail sauce and lemon; Jumbo Shrimp Cocktail (\$36) with gulf whites, pickle spice and horseradish remoulade; Ahi Tuna Crudo (\$32) with butter olives, capers, petit herbs, pistachio and ruby red grapefruit; and the sumptuous "The Only" Oscietra Caviar (\$195) with caramelized onion dip and house-made potato chips.

A delectable selection of entrees and housemade daily pasta dishes are also featured, including Maine Lobster Risotto for Two (\$115) with lobster, maitake mushrooms, English peas and coral butter; Chilean Seabass (\$62) with blistered tomatoes, parsley, capers and citrus; Volcano Pork Shank (\$44) with parmesan and sage polenta, charred broccolini, pickled cherry peppers and pork jus; Smoked Eggplant Milanese (\$28) with Pomodoro sauce, pecorino, arugula and citrus; Spaghetti alla Nerano (\$28) with zucchini, pecorino romano, lemon and brown butter breadcrumbs; Bucatini al Pomodoro (\$26) with tomato, basil, confit garlic, chili and Parmigiano; Tagliatelle Wagyu Bolognese (\$36) with Terra Heritage wagyu beef, pork, veal and fontina Fonduta; King Crab Cavatelli (\$52) with tomato sofrito, chili flake, mascarpone and shellfish broth; and the Wood Roasted Feature of the Day (MP) with a rotating selection of fresh, seasonal proteins.

Completing the offerings are flavorful and hearty new sides including Chef MacMillan's personal favorite Hand Cut Fries (\$16) with barbecue spice, garlic, aioli and chive; Truffle Mac (\$24) with parmigiana, fontina and mascarpone; Mushrooms (\$17) with steak Diane and chive; Potato Puree (\$14) with chicken jus, chive and crispy shallot; and Broccolini (\$14) with garlic, chili and lemon.

Trendy and sophisticated, The Americano offers a chic, moody atmosphere adorned with striking custom art and sculptures. The modern supper club-style dining room, with cozy crescent-shaped booths, rich leather chairs and butcher-block tables, provides an inviting setting where guests can enjoy a front-row view of the open kitchen and wood-fired grill, showcasing a nightly display of culinary craftsmanship.

For more information or to book a reservation, visit www.TheAmericanoRestaurant.com.









Olivespa Opens New Storefront and Production Facility in Phoenix

Olivespa, the premier local purveyor of natural, olive-oilbased skincare and wellness products, is thrilled to announce the opening of its new storefront and production facility in Phoenix. This new space will allow Olivespa to expand its offerings while maintaining its commitment to high-quality, handcrafted products made with love and sustainability in mind.

Located at 2701 North 24th Street in Phoenix, the facility will serve as both a retail destination and a hub for Olivespa's artisanal production process. Customers can shop the full range of Olivespa's signature products, from luxurious body oils and butters to eco-friendly soaps and lip balms, all crafted using natural ingredients and local olive oil from Queen Creek Olive Mill. The expansion represents an exciting new chapter for the brand as it continues to serve the growing demand for clean, nourishing skincare solutions.

"We are excited to officially open our new store," said Brenda Rea, Founder of Olivespa. "This beautiful space will allow us to engage more directly with our customers, while also increasing our production capacity. It's truly a game-changer!"



Olivespa will host a grand opening celebration on Saturday, November 2nd from 10:00 a.m. to 5:00 p.m. with exclusive promotions, giveaways and product samples. The entire Phoenix community is invited to join in the festivities.

In addition to the new storefront, Olivespa products are available for purchase online, at the Queen Creek Olive Mill and the Kierland Marketplace. For more information, please on Olivespa, visit www.olivespa.com or follow Olivespa at @olivespa az.





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Debbie Frazelle



The North Pole Experience Returns to Flagstaff for Its 16th Magical Season and Santa's Keeping ONE BIG SECRET

This holiday season, The North Pole Experience (NPX), Arizona's most iconic and immersive Christmas adventure, returns for its 16th enchanting year. From November 15th to December 24th, families are invited to step aboard a magical trolley that transports them through a glowing portal straight inside Santa's Grand Workshop, a 400-year-old marvel at the heart of the North Pole.

Known for its immersive storytelling and whimsical charm, the family-owned and operated NPX offers a truly one-of-a-kind experience, taking guests inside Santa's world, with dazzling new experiences and cherished traditions. This adventure promises magical memories for both first-timers and returning visitors alike, setting it apart from other holiday events.

"We've been hard at work checking the 'Naughty & Nice' list and I can confirm, we're ready to welcome families to my official workshop," says Santa Claus. "There are many jolly changes that will bring lots of laughs to those who enter, but there's one surprise in particular that I can't wait to share."

From the moment families step aboard the trolley, powered by the enchanting Aurora Borealis, they're whisked through a magical portal that opens up to the wonder of the North Pole. This year's experience is packed with fresh attractions, including an all-new Toy Factory Experience and exciting updates to Elf University.

"We're excited to bring new layers of magic to the North Pole Experience this year," says Scott Pace, Creator and Founder of the North Pole Experience. "The Toy Factory Experience has something brand-new for 2024 and Elf University has some new interactive elements as well. And as Santa mentioned, there's a big surprise waiting that we can't wait for families to discover!"

2024 Magical Highlights & New Attractions
All-New Toy Factory Experience –
Families will be the first to see Santa's latest surprise in his toy-making factory, with new interactive elements exclusive to 2024

Toy Hall of Fame – A heartwarming showcase of Santa's most iconic toys from the last century, loved by generations

Santa's Original Workshop – Travel back





to where it all began in Santa's first-ever workshop, where Christmas magic was born

Hands-On Toy Assembly – Become an honorary elf in Santa's Assembly Room and help create toys for children around the world

Festive Treats at Mrs. Claus's Bakery – Enjoy hot cocoa and Mrs. Claus's famous Yetti-O mini doughnuts while dancing with elves in the cozy bakery

Elf University (EU) – Learn the secrets of how Santa's sleigh flies, powered by the magic of belief, and see the power of Christmas Spirit bring toys to life

Santa's Mail Room – Write and send your Christmas wish list directly to Santa in the North Pole's magical mailroom

Area 47 Sleigh Hangar – Get a top-secret look at Santa's sleigh, Mission Control, and even meet Rudolph and some of Santa's reindeer

Personal Time with Santa – Each family will enjoy a private visit with Santa, complete with complimentary digital photos and a special gift for every child

Magical Trolley Ride – The adventure begins and ends at the Little America Hotel, where guests are transported through a magical portal aboard an enchanted trolley

As a cornerstone of Flagstaff's holiday season, the North Pole Experience draws thousands

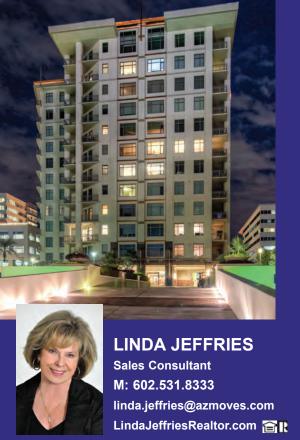
of families from all over the United States, many of whom return year after year to make this magical experience part of their Christmas tradition. Beyond the wonder it brings to families, the North Pole Experience also serves as an economic boost for Flagstaff, as visitors stay in local hotels, dine at nearby restaurants, shop, and explore additional northern Arizona attractions, including the Grand Canyon.

Tickets range from \$52 to \$76, and early reservations are encouraged as the event sells out annually. For more details and to purchase tickets, visit www.northpoleexperience.com. *









Luxury Hi-Rise Biltmore Living 2211 E Camelback Road, Unit 505 Listed by Linda Jeffries!





This stunning BILTMORE condo blends sophisticated design with practical living. As you step inside, expansive views of South Mountain greet you framed by large windows that bathe the great room in natural light. Picture crafting gourmet meals in the chef's kitchen, featuring top-tier appliances, granite countertops, and custom cabinetry. The master suite boasts a spacious walk-in closet and a spa-like bathroom with double vanities and a soaking tub. The building itself offers a wealth of amenities, including 24-hr Security, Valet, Clubroom, Fitness Center, and a breathtaking rooftop pool where you can enjoy panoramic city and mountain views. Welcome to 2211!











Call Linda Jeffries for All Your Real Estate Needs 602-531-8333



Buy \$100 Gift Card, Get \$30 Gift Card Free With Picazzo's Black Friday Special!



Back by popular demand, Picazzo's Healthy Italian Kitchen will once again offer its highly anticipated Black Friday gift card special. From Friday, November 29 through Sunday, December 1, 2024, guests can buy a \$100 gift card and receive a bonus \$30 gift card. Gift cards can be purchased at any Picazzo's location in Scottsdale, Tempe, Paradise Valley, Arrowhead, Gilbert and Sedona, or online at picazzos.com.

"Why not give a delicious gift to a friend while treating yourself too?" says Picazzo's Managing Partner Chris Disney. "Be sure to mark your calendar and take advantage of our

Black Friday Buy \$100, Get \$30 Gift Card Offer. available only during Black Friday weekend!"

Picazzo's is an Arizona-based, family-owned and operated restaurant, known for sourcing clean, whole foods rich in nutrients, blended with fantastic flavors. The locally owned restaurant offers a modern-Italian fusion cuisine, enhanced with bold flavors from Asian, Mediterranean, and Mexican ingredients. Their menu includes salads, entrées, pasta and pizza.

Picazzo's mission is to bring people together through food and compassion, offering quality, healthy dining options for individuals with dietary restrictions as well as their guests, creating a shared dining experience. The restaurant is committed to providing a wide selection of vegan, vegetarian, gluten-free, and allergyfriendly items, using the healthiest ingredients available. They source 95% organic produce and make sauces and dressings from scratch, using organic spices and non-GMO sunflower and imported olive oils.

In addition to the main menu, Picazzo's offers a separate 100% vegan menu featuring salads, entrées, pasta, pizza, and desserts, partnering with brands like Follow Your Heart, Daiya and Beyond Meat to support plant-based diets. Learn more at www.picazzos.com.







Photo Credit: Debby Wolvos

Arizona Costume Institute 2024 Holiday Luncheon to Feature Award-Winning Designer and Project Runway Icon Christian Siriano

tet ready for a fierce fashion affair. Arizona Costume Institute has announced that award-winning designer and Project Runway icon Christian Siriano, will be the keynote speaker for its annual Holiday Luncheon on December 9th, 2024, hosted at the Arizona Biltmore Resort. The Valley's most anticipated fashion fundraising event of the year will be chaired by Catherine Tuton and Barbara Lytle, with proceeds benefitting the fashion exhibitions, acquisitions and educational programs at Phoenix Art Museum. The event's honorary chair will be Jacquie Dorrance, longtime Museum and ACI supporter.

Award-winning CFDA designer Christian Siriano has established himself as a tour de force in the fashion world since launching his eponymous collection in 2008 following his studies in London under Vivienne Westwood and Alexander McQueen. Siriano's designs have been worn by today's biggest names, including current FLOTUS Dr. Jill Biden, former FLO-TUS Michelle Obama and VPOTUS Kamala Harris, Angelina Jolie, Oprah, Zendaya, Ariana Grande, Julianne Moore, Lady Gaga, Tiffany Haddish, Billy Porter, Cardi B, Whoopi Goldberg, Julia Roberts, and Jennifer Coolidge, to name but a few.

Having just celebrated the brand's 15-year anniversary, the Siriano design studio continues to celebrate beauty and diversity in this ever-changing fashion industry. As a result, Christian's work has been featured in a multitude of prestigious museum exhibitions, including his first ever solo work retrospective titled Christian Siriano: People Are People at SCAD in Savannah and Atlanta, respectively, as well as The Memphis Brooks

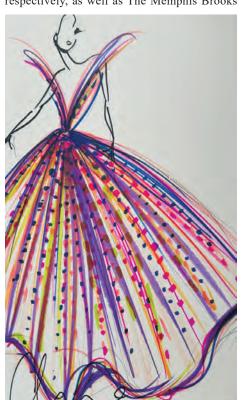
Museum of Art. He's also contributed pieces to Kensington Palace's largest exhibition to date titled Crown to Couture: the Fashioning Masculinities: The Art of Menswear exhibition at the V&A; Grit to Glamour at the Crystal Bridges Museum of American Art, and The MET Costume Institute, where he broke a Met Gala record for having three separate looks featured in the 2021 exhibition In America: A Lexicon of Fashion. Christian himself was also named among Time's 100 Most Influential People in 2018 for his leading contributions to body diversity on the runway and red carpet, was a member of Forbes' 30 Under 30 class of 2015, and was the youngest person to ever appear on Crain's 40 Under 40 list at age 24.

Apart from his thriving fashion empire, Christian has been the host and mentor for Bravo's hit series Project Runway and recently added best-selling author (Dresses to Dream About and Dresses to Dream About: Deluxe Edition) and interior designer (Siriano Interiors) to his impressive list of credits. This past spring, he launched the second collection of his furniture line, and this fall, he'll release a new book called CHRISTIAN SIRIANO: THE NEW RED CARPET.

In addition to a fashion presentation from Christian Siriano, attendees of the 2024 ACI Holiday Luncheon will enjoy a champagne reception, luxury item raffle and lunch. Single ticket purchasers at the \$1,500 VIP level, will receive (1) one invitation to a private VIP event prior to the luncheon.

Seating for the 2024 ACI Holiday Luncheon is limited. Tickets are available online at www.arizonacostumeinstitute.org.











Celebrate the Holiday Season At Uptown Plaza!

Get into the holiday spirit with a festive day for the whole family at Uptown Plaza on Sunday, December 8th, 2024, from 11:00 a.m. to 12:30 p.m.! This charming Phoenix destination invites you to enjoy a special Photos with Santa experience, where you can capture the perfect holiday memory with the jolliest man of the season.

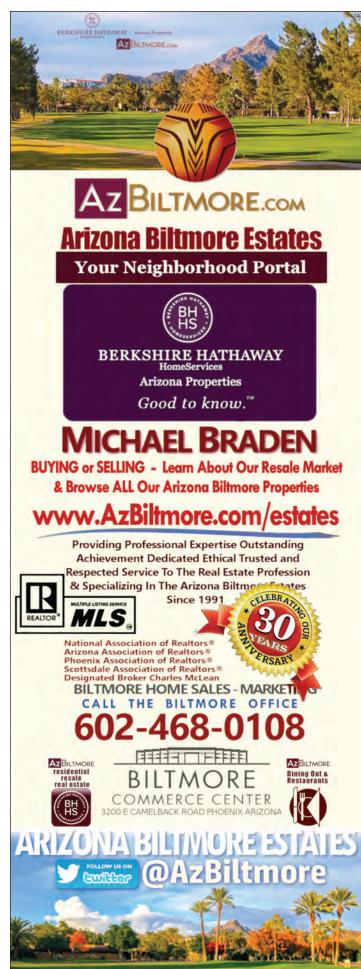
While you're here, soak in the sounds of lively holiday music and live performances, adding a joyful touch to your shopping experience. Don't forget to stop by the seasonal craft station, where you and your little ones can create a magical holiday keepsake to take home.

It's the perfect way to celebrate the season with your loved ones, all while exploring Uptown Plaza's fantastic shops and restaurants.

Shopping at Uptown Plaza

Get ready to check off everyone on your list this holiday season at Uptown Plaza, your one-stop shopping destination! From stylish fashion finds and unique local gifts to gourmet treats, you'll discover something for everyone. Enjoy the festive atmosphere, grab a bite at one of our amazing restaurants and find the perfect presents all in one place.

For more information, visit www.uptownplazaphx.com. Uptown Plaza is located at the Northeast corner of Central & Camelback Road at 100 E Camelback Rd in Phoenix. ❖





Cameron Custom Homes & Renovations: Award-winning Builder Delivering Dream Homes Across the Valley

One of the few female-led full-service homebuilding companies in Arizona, Cameron Custom Homes & Renovations proudly carries on a family legacy. In 1969, Cameron Custom founder Cammie Beckert's grandfather became one of the first licensed contractors in the state of Arizona, and her grandmother broke down barriers as one of the first female executives in the local construction industry. The two passed on the legacy to Cammie's parents, Julie and Mark Hancock of Camelot Homes, and today she carries on this multi-generational tradition of handcrafting iconic homes rooted in the community and focused on family.

Surrounded by a team of industry pros, Cammie collaborates with award-winning architects, interior designers, and landscape visionaries, drawing on long-term relationships, construction savvy and a deep local knowledge to guide customers on their journey to create or revitalize their ideal home.

Specializing in custom builds starting at \$5 million, Cameron Custom has quickly established a reputation for bringing the design and architecture DNA of Camelot Homes to the custom home industry.

"In some instances, we have customers tour model homes at our Camelot communities and reach out to let us know they





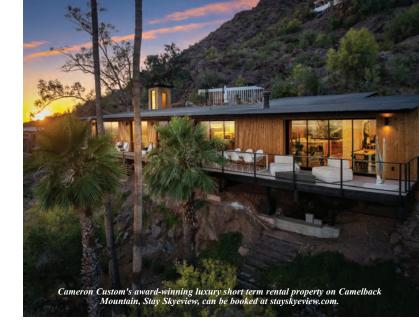
would like to build that model on their land or renovate their current home to reflect the design of those homes," says Cammie. "More and more, we are working with clients to design and build a unique home that is a perfect match for their tastes and the way they live."

One of Cameron Custom's showpiece homes is Stay Skyeview, a renovated 1970s home on the South side of Camelback Mountain. Cammie's brother Trent Hancock collaborated with designer Joel Contreras to reimagine the home with an updated design, natural materials, and modern elements. In September, the home took home 19 design awards for interior design, architecture, and landscaping, at the inaugural Iconic Design Awards event. Located behind a gated private street, this resort-like home is now available through Stay Camelot as a luxury short-term rental. The home can be booked at stayskyeview.com.

The custom homebuilder has just listed its first spec home in the desert community of Whisper Rock, located at 8386 E. Leaning Rock Rd in the coveted Whisper Rock Estates gated community in North Scottsdale. Renowned for its seamless indoor-outdoor living spaces, this 5,673 sq. ft. stunning residence offers 4 spacious bedrooms, 5.5 luxurious baths, a private den, a versatile bonus room, and a separate casita for guests or multi-generational living. The new in-house interior design partner for Camelot Homes and Cameron Custom - Guided Home Design designed the home which will feature an array of high-end designer upgrades like an Athena Viola Marble fireplace and floor-to-ceiling automatic retractable doors on both sides of the great room.

"I have an incredible team of professionals, and each one of us are dedicated to providing a luxurious turn-key experience," says Cammie. "When our clients tell us they feel like part of the family, it's the best compliment ever."

Learn more about Cameron Custom at cameron-custom.com and on Instagram at @cameroncustomaz.







Abrazo Offers Low-Cost Health Screenings

Multiple Locations Planned for Popular Angioscreen Heart Health Risk Assessments

Abrazo Health announces low-cost AngioScreen heart and stroke risk screenings will be held at multiple locations throughout the Valley during the months of October and November. The screenings can identify potential artery blockages and other heart health issues.



AngioScreen exams take only about 10 minutes and

assess the circulatory system in neck and ankle arteries, heart rhythm, blood pressure and fitness. Cost for the screening is \$59 and includes:

- Quick Carotid Ultrasound to check pressure and look for blockage
- Simple EKG exam for Atrial Fibrillation
- Extremity circulation check for peripheral vascular disease
- Blood pressure check for hypertension
- Private consultation with clinician

"Potential artery blockages, atrial fibrillation and dangerously high blood pressure have been found in individuals during previous screening events," said Abrazo Health Outreach Manager Cindy Roberts, RN. "Every 30 seconds an American has a heart attack. Isn't ten minutes worth your time to see if you are at risk?" said Roberts.

AngioScreen information can be used by participants to share with their doctor and should not replace regular examinations and consultations with their personal physician, noted Roberts.

To register for one of Abrazo's AngioScreen events call (844) 721-4068 or visit www.AbrazoHealth.com/events.

Abrazo AngioScreen Dates and Locations:

- 10/14/2024 Abrazo West Campus, 13677 W. McDowell Rd., Goodyear, AZ 85395 (Near Cafeteria)
- 10/16/2024 Abrazo Scottsdale Campus, 3929 E. Bell Rd., Phoenix, AZ 85032 (Glass Conference Room)
- 10/22/2024 Abrazo AZ Heart Hospital, 1930 E. Thomas Rd., Phoenix, AZ 85016 (2nd Floor Classroom)
- 10/29/2024 Abrazo Arrowhead Campus, 18701 N. 67th Ave., Glendale, AZ 85308 (Lobby)
- 11/6/2024 Abrazo Peoria EC, 26900 N. Lake Pleasant Pkwy, Peoria, AZ 85383 (Off Lobby)
- 11/7/2024 Abrazo Central Campus, 2000 W. Bethany Home Rd., Phoenix, AZ 85015 (Wellness Center)
- 11/19/2024 Abrazo Surprise Hospital, 16815 W. Bell Rd., Surprise, AZ 85374 (Inpatient Lobby)
- 11/20/2024 Abrazo Cave Creek Hosp., 5227 E. Carefree Hwy., Cave Creek, AZ 85331 (Inpatient Lobby)
- 11/26/2024 Abrazo Buckeye EC, 525 S. Watson Rd., Buckeye, AZ 85326 (Off ER Waiting Area)



Looking for a Unique Gift Idea? New 5-Gallon Rolling Cooler

Looking for a unique gift item for the adventuresome person in your life? Primo® Water Corporation, a leading provider of sustainable hydration solutions, has added a convenient new selection to its portfolio of thirst quenchers: a 5-Gallon Rolling Cooler. The insulated bag and wheeled carrying cart keep hydration at hand at sporting events, pre-game tailgates, campsites, school functions, outdoor parties and more.

The cooler bag was created to hold a 5-gallon water bottle (sold separately), and up to five pounds of ice. Its lightweight cart makes it easy to transport and can also be rolled to water-bottle exchanges and refill stations to quickly refresh a supply.

Taking safe, quality bottled water to outdoor activities is a necessity any time of year, but especially amid soaring summer temperatures. Outdoor fun doesn't have to be sidelined for lack of drinking water, thanks to this ruggedly designed cooler packed with convenient features and benefits:



- Leak-resistant and easy to clean canvas bag with a polyester shell,
 PVC and EPE foam-insulated lining.
- Sturdy carrying handle to support up to a 60-pound load.
- Lightweight, foldable cart collapses for easy storage and transport.
- Heavy-duty zippers are designed for prolonged use.
- Convenient side pocket holds manual and optional dispenser.

Additional features (sold separately) include a pump and rechargeable water dispenser that make the cooler a transportable drink station to keep everyone refreshed. Available in black or blue, the Primo Water Rolling Cooler is sold online at Shop.Water.com, Target.com, HomeDepot.com and Lowes.com. This is the perfect gift item for someone who has everything!



PANDA Celebrates 25 Years of Pediatric Research



ANDA (People Acting Now Discover Answers), a local philanthropic organization dedicated to raising funds for pediatric research, is proud to announce its 25th Anniversary - A Celebration of Children Helping Children presented by Fox Restaurant Concepts. The 2025 theme "On the Wings of Dreams" pays homage to the 25 years of progress that PANDA's all-female board has made. This year's black-tie event will be held on March 29th, 2025, at Jet Linx in Scottsdale Airpark. The evening will be a departure from the historically daytime luncheon but you can still expect to see the sought after live and silent auction items and infamous "children helping children" fashion show.

For more than two decades PANDA has funded pilot projects and early-stage research that has resulted in millions of dollars in grant seed money for world-class physician-scientists at the Steele Children's Research Center to bring new treatments and cures to the world. "The amount of trial and error, time and money that goes into bringing any technology to the next level is astounding," says Megan Bert, who has been a board member since 2020 and is one of this year's event chairs. "Research is the cornerstone of what PANDA is fueling and I am inspired by that every day."

PANDA is a one hundred percent volunteer board of passionate women who have been working hard to advance pediatric research in Genomics, Development Pediatrics, Autoimmune Diseases and Pediatric Cancer, all of which are the primary focus at the Steele Children's Research Center. For more information, visit www.azpanda.org.

About PANDA

PANDA's mission is to support discovery processes that lead to improved treatments and cures for devastating childhood diseases. Founded in 1999, PANDA is a volunteer driven organization raising awareness and private funding for the Steele Children's Research Center at the University of Arizona.



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Popular 'Tis the Season Christmas Superstore Opens at New Scottsdale Location for 2024 Holidays

Arizona's most beloved retail Christmas superstore is open in a new expanded location for the 2024 holiday season. This year, 'Tis the Season has quadrupled its inventory and will welcome shoppers at The Pavilions Shopping Center off Loop 101 and Talking Stick Way in Scottsdale (north side of Talking Stick Way at 8960 E. Talking Stick Way, Suite C-1, Scottsdale, AZ 85250).

Boasting 7,000 square feet (up from 1,100 in its previous location), 'Tis the Season is the holiday headquarters for all things Christmas. Building on a lifelong passion, Carolee Hoth, Owner, created 'Tis the Season to bring a highquality Christmas store to the Phoenix market. The woman-owned business, which started in 2023, offers a unique blend of Christmas décor, curated collectibles, exquisite accessories and

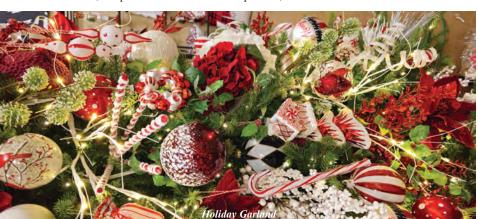
more, all with a highly personal touch that helps create holiday magic and memories.

This holiday season, a stunning collection of 13 fully custom-designed Christmas trees is on display, offering a wide variety of inspiration in different color combinations. Shoppers can purchase a fully decorated tree (including optional installation) or individual ornaments and sprays to complement their existing Christmas décor.

Other treasures include undecorated Christmas trees, including a wide variety of smaller trees to decorate even the smallest living space. Additional highlights include collectibles, glass ornaments, sprays, garlands and Santas of every size. The selection also encompasses Mark Roberts collectibles, nutcrackers and many unique tabletop items, such as sleighs, pillows, candleholders and more.

For those who love all of the options but need a little help pulling it all together to deck out their own homes and businesses, 'Tis the Season also offers Christmas decorating classes that offer instruction on everything from selecting ornaments and garlands to mastering the art of layering and balancing colors. The holiday superstore also offers corporate Christmas décor and installation.

To view the online gallery and learn more, visit www.tistheseasonscottsdale.com or contact them tistheseasonscottsdale@gmail.com.













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Camelback Studio Tour and Art Sale Announces 2024 Dates

The popular long-running Camelback Studio Tour and Art Sale is set to return to the Valley this fall. Taking place over the course of two days, Saturday, November 9th and Sunday, November 10th, the event highlights more than 40 local artists, invites guests to tour 14 home studios and offers a unique shopping opportunity with a vast array of art treasures.

Entering its 17th year, Camelback Studio and Art Sale continues to expand to further present art lovers with a wide array of mediums and handmade masterpieces by local artists who live and work in the area. Attendees will have the rare opportunity to meet and greet with these artists as they journey through this self-guided experience.

The 2024 tour features more than 40 renowned local artists and 14 home studios from 40th St. and Camelback Rd. to 44th St. and McDonald, to in and around mid-Phoenix, south Scottsdale and Paradise Valley.

Studio tour stops, as well as featured artists at each, include:

Studio 1 – 6809 E. Coronado Rd., Scottsdale

Artists: Watercolor, oil paintings and fine art prints by Andrea Merican Studio 2 – 5909 E. Edgemont Ave., Scottsdale

Artists: Metal art by Sally Borg, clay art and jewelry by Pam Harrison, jewelry and wearable art by Julie Rohlfing and beaded jewelry by Shelley Taylor

Studio 3 - 2620 N. 58th Pl., Scottsdale

Dayna Bigelow - Host

Artists: Ceramics and jewelry by Judith Amiel, oils by Nancy Dunwell and mixed media art by Kara Marshall

Studio 4 – 5702 E. Wilshire, Scottsdale

Artists: Fused glass art by Lynn Gustafson, ceramics by Mary Delmege, glass and metal jewelry by Anita Farrah, cards, prints, giclees and paintings by Jules Gissler, jewelry by Jan Stiles, functional ceramics by Paula Weiss and jewelry and filigree by Ruth A. Valencia

Studio 5 – 2320 N. 58th St., Scottsdale

Artists: Acrylic, monoprints and metal art by Joe Ray, handmade artistic soap by Shirley Knipp, silk paintings and wearable art by Cheri Reckers and small wood keepsake boxes by Matthew Wilkinson

Studio 6 – 5628 E. Vernon, Scottsdale

Artists: Hand-built sculpture and functional clay by Allison Shock, oil paintings by Devon Meyer and polymer clay works by Asi Panoutsopoulou

Studio 7 – 2626 N. 56th Pl., Scottsdale

Artists: Hand-thrown porcelain by Rick Panella

Studio 8 – 5454 E. Vernon, Phoenix

Artists: Acrylic and watercolor paintings by Bernard Nienaber

Studio 9 - 5002 E. Oak St., Phoenix

Artists: Bronze sculptures by John Tuomisto-Bell

Studio 10 - 4037 E. Oak St., Phoenix

Artists: Wood-turned sculpture works by Mark Caron, acrylics by Carol McDonald, ceramics by Robert Snyder and oils by Lorraine Williams

Studio 11 – 4327 E. Lewis Ave., Phoenix

Artists: Ceramic pottery and windbells by David Llyod Bradley, mixed media constructions and hand-built books by Tess Mosko Scherer, mixed media and steel works by Kristine Kollasch and oil paintings by Lisa Schwab

Studio 12 - 5516 N. Camelback Canyon Dr., Phoenix

Artists: Oil paintings by Ellen Leibow and photography by Bill Leibow

Studio 13 – 5844 N. 45th Pl., Phoenix

Artists: 2D and 3D abstract modern artwork by Laura Madden and oil, acrylic, watercolor and mixed media art by Cyn Silva

Studio 14 – 6535 N. 61st St., Paradise Valley

Artists: Ceramics by Deborah Garland, ceramics by Thuy Autrey, wood-fired ceramics by Karen Graham and ceramics by Colette

A printable map and additional details can be found at the website at www.camelbackstudiotour.com.

Vineyards in the Valley Charity Event Debuts in Scottsdale

Exclusive Wine Tasting and Auction to Support Health Initiatives in Haiti

Vineyards in the Valley, a premier wine-tasting event supporting healthcare initiatives in Haiti, will host its inaugural event in Scottsdale November 14th-16th, 2024. This three-day celebration will feature exclusive wine tastings, gourmet food pairings, VIP dinners at top Scottsdale restaurants, and a charity auction, all to raise funds for Hope for Haiti.

The event will showcase over 45 of California's finest boutique wineries alongside culinary pairings from top Scottsdale chefs. Proceeds will support Hope for Haiti, a highly-rated nonprofit with a 35-year legacy of providing critical services like cancer screenings, nutritional support and access to essential medicines in Haiti.

"We're excited to bring this one-of-a-kind wine experience to Scottsdale, blending amazing winemakers, curated dining and philanthropy," said Co-Organizer Ricky Palmer. "This event is set to become a new tradition."

Skyler Badenoch, CEO of Hope for Haiti, added, "This event combines incredible wine, great company, and a cause close to my heart. It's a meaningful way to raise awareness and support for Haiti's most vulnerable communities."

Event Highlights include:

- Exclusive Wine Tastings: Sample wines from 45+ boutique California wineries, curated by Co-Host Ricky Palmer.
- Gourmet Pairings: Enjoy food from local favorites like Amelia's by EAT.
- VIP Dinners: Special dining experiences at Scottsdale hotspots, including Francine, COURSE, and Amelia's by EAT.
- · Charity Auction: Bid on rare wines, luxury trips and more, with all proceeds benefiting healthcare programs in Haiti.
- Live Entertainment: Celebrate with live music in a stunning Scottsdale venue.

Tickets & Sponsorships:

Tickets are available now at give.hopeforhaiti.com/VITV24, with VIP and general admission options. Hope for Haiti has been working since 1989 to improve the lives of women and children in southern Haiti. It is a top-rated nonprofit, recognized for its transparency and impact.



The Shops Gainey Village Returns with Holiday Wine & Dine Event

This holiday season, the Shops Gainey Village is thrilled to announce the return of its annual Holiday Wine & Dine event, an exquisite evening of fine wines, and culinary delights. Guests are invited to the shopping center located in Paradise Valley on Scottsdale & Doubletree Roads, on Thursday, December 5th from 4:00 p.m. to 7:00 p.m. for delectable cuisine, juice and wine tastings at participating restaurants, and horse and carriage rides to enjoy the beautiful twinkling lights, Christmas Tree and night sky by Scottsdale Horse & Carriage. Live music will put attendees in the spirit by renowned artists including the Volcano Steel Drum Duo, Electric Violinist, Natasha, The Sahanas Brothers Guitar Duo and Miguel de Maria on Spanish Guitar. For those looking for a sweet, holiday treat, guests will adore the delicious hot chocolate by the Coffee Bean & Tea Leaf, and seasonal cookies from Panera Bread Company. Santa Claus will also be in attendance and available for photographs. The event is free to attend. Wine tastings will be available to those 21 years and older. For more information, please visit the website www.theshopsgaineyvillage.com.

About The Shops at Gainey Village

Located in Scottsdale, Gainey Village combines a distinctive blend of exceptional shops, boutiques, trendy eateries and fine dining destinations.



24th Annual Night for Sight Benefitting the Foundation for Blind Children Returns Saturday, November 2nd, 2024 to Dominick's Steakhouse

Make plans now to attend the 24th Annual Night for Sight, benefitting the Foundation for Blind Children on Saturday, November 2nd, 2024 starting at 6:00 PM at Dominick's Steakhouse.

The elegant evening raises valuable funds and awareness of the Foundation for Blind Children and its mission of supporting the blind and visually impaired community.

The evening will celebrate advocacy, philanthropy, and make a meaningful difference in the lives of individuals living with visual impairments.

"This evening is our biggest fundraiser of the year, and we couldn't do it without Dominick's Steakhouse and the support of our donors," said Max Ashton, FBC's Communications Specialist. Night for Sight directly impacts students of all ages who come to the Foundation for Blind Children. All the money raised will support our programs, including the largest preschool for the blind in the country, the largest braille library in the country, and employment programs which have led to the lowest blind unemployment rate in the country."

Nationally, blind adults have a 70% unemployment rate, but for FBC graduates Ashton says that number is only 9%.

To purchase a ticket or make a donation for the evening, please contact Brianna Makos at bmakos@seeitourway.org or call (602) 337-8268.

Dominick's Steakhouse is located at 15169 N. Scottsdale Road, Scottsdale, AZ 85254.

About FBC

The Foundation for Blind Children provides education, tools, and services to create opportunities for anyone with vision loss to achieve greater independence. FBC serves the blind and visually impaired of all ages, from birth to over 100-years-old. With three Valley locations (East, West and Central Phoenix), we strive to be "the" community resource for blind, visually impaired, and multiply disabled children, adults, and their families. We believe that vision loss is a diagnosis, not a barrier.

About Max Ashton

Max Ashton was born with a congenital condition leaving him mostly blind. At three months old, he began receiving services from the Foundation for Blind Children. He attended FBC's infant program and preschool, and when he returned to public school, FBC provided braille books and assistive technology. After graduating college, Max spent time teaching high school, working for the Arizona House of Representatives, and for a U.S. Senator. Max has been advocating for FBC and the blind community since he was a kid, and as part of that advocacy, he has climbed Mount Kilimanjaro in Africa, swam from Alcatraz to San Francisco, and thrown out the first pitch at an Arizona Diamondbacks game.





About Dominick's Steakhouse

Dominick's Steakhouse is an experience, a renewed Manhattan style American Steakhouse featuring world class steak, paired with unique and interesting side dishes and appetizers that go beyond the traditional steakhouse menu. Housed in a stunning and energetic atmosphere and located in the Scottsdale Quarter, Dominick's Steakhouse is the creation of Dennis, Michael and Jeff Mastro, along with partner Scott Troilo, who also own the popular Steak 44, and Ocean 44 restaurants in Arizona.

Often awarded Best Arizona Steakhouse by diners and critics alike, Dominick's offers an elegant fine dining experience with exceptional personal service and a luxurious menu created by Chief Executive Chef Marc Lupino and features the best quality steaks including USDA Prime and

American Wagyu and fresh seafood flown in daily. Dominick's also features an extensive wine selection, as well as signature cocktails including its famous Manhattan. Guests have a wide range of dining experiences from the chic dining rooms to dining poolside on the restaurant's rooftop dining room starlight. Dominick's is regularly featured on local television, and in local and national magazines and newspapers and has grown to be a favorite in the Scottsdale Quarter. Dominick's has also been awarded Trip Advisor's Certificate of Excellence for ranking in the top 10% worldwide for traveler feedback.



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Fab Delivery takes the stress out of hosting a lavish Thanksgiving feast this holiday season with an incredible menu that boasts the bounty of the seasonal harvest. In honor of Thanksgiving, Fab Delivery invites guests to gather around the table as family to enjoy a meal made with love.

The following Thanksgiving Dinner Menu is available for pick-up and delivery:

- Herb-Rubbed Whole Roasted Turkey (16 to 18 pounds) with traditional gravy herb stuffing
- Cranberry and Zinfandel Relish with cinnamon and citrus zest
- Green Beans Amandine
- Buttermilk and Herb Mashed Potatoes
- Sweet Potatoes with pecan crumble and

Fab Delivery's Thanksgiving dinner package starts at \$360 (plus tax, gratuity and delivery fees) and is designed to serve six to eight guests. Whole roasted turkey can be substituted with bone-in turkey breast (12 to 14 pounds) for \$385 (plus tax, gratuity and delivery fees).

In addition, the following menu items can be ordered a la carte:

- Bone-in Turkey Breast (12 to 14 pounds), \$179
- Whole Turkey (16 to 18 pounds), \$155
- Traditional Gravy (1 quart), \$22
- Herb Stuffing (2.5 pounds), \$44
- Cranberry and Zinfandel Relish with cinnamon and citrus zest (16 ounces), \$22
- Green Beans Amandine (2 pounds), \$34

- Sweet Potatoes with pecan crumble and marshmallows (2 pounds), \$34
- Roasted Brussels Sprouts with caramelized apples and bacon (2 pounds), \$29
- Dinner Rolls (10) and whipped butter, \$12
- Whole Pies: Pumpkin, Apple or Black Bottom Pecan, \$29 each

Orders must be received and confirmed by 4:00 p.m. on Wednesday, November 20th. Please call (602) 267-1818 or email them at info@fabulousfoodaz.com to place an order.

Thanksgiving feasts can be delivered or picked up on Wednesday, November 27th between 10:00 a.m. and 3:00 p.m. Pick-up location is at Fabulous Food, 2536 E. Madison Street in Phoenix. For more information, please visit www.fabulousfood.net.

The Wine Collective in Scottsdale Debuts New Partnership With Four Local Wineries

In an effort to help bolster the Arizona wine industry and support local wineries who don't currently have tasting rooms within the greater Phoenix area, Zoya Vora-Shah, the Owner of The Wine Collective of Scottsdale, has given four new wineries a space within her Old Town Scottsdale wine bar for wine tastings and glass/bottle purchases alongside their current menu, including 1764 Vineyards, Omphalos Winery, Soaring Wines and Vino Stache Winery.

"We opened our doors with a mission to support Arizona wine and are so proud to be partnering with four amazing local wineries who don't currently have a home within the greater Phoenix market," said Zoya Vora-Shah, Owner of The Wine Collective of Scottsdale.

Local wine lovers and visitors alike will now have the opportunity to enjoy four new wine flights – one from each of the participating wineries – in addition to the Collective's full menu of wines from across Arizona and around the globe.

"Having the Wine Collective as a satellite tasting room and now being a part of the Scottsdale Wine Trail is going to be a huge asset in not only helping boost in-person sales for our winery, but also allowing us to educate so many more people on the amazing things the Arizona Wine industry has to offer," said Brooke Lowry Ide, Owner and Winemaker of Vino Stache. The new partnership debuted at The Wine Collective of Scottsdale in October.

Hours of operation are Sunday through Thursday from 1:00 p.m. to 8:00 p.m. and Friday through Saturday from noon to 9:00 p.m. Happy hour is offered Monday through Friday from open to 5:00 p.m. and ALL DAY on Wednesdays. For any three bottles purchased from the four new wineries, a guest's wine tasting will be offered complimentary.

For more information on The Wine Collective of Scottsdale, located at 4020 N. Scottsdale Road, Suite 104, Scottsdale, AZ 85251, visit www.the-wine-collective.com or call (480) 912-1746.



~ Real Estate Update ~

Tips for Getting Your Home Ready for the Holidays

By Debbie Frazelle, Coldwell Banker Realty



- Declutter: Start early and declutter room by room to save time and reduce stress later.
- Deep clean: A deep clean is essential for the holidays and includes cleaning almost every part of
- Clean your refrigerator: Clean your fridge before the holidays to make room for extra ingredients, dishes and leftovers.
- Clean your kitchen: Deep clean your kitchen, including de-cluttering your pantry and drawers.
- Clean your windows: Clean your windows, especially after the monsoons, to make your holiday lights display look even better.
- Service your HVAC system: Service your HVAC system before the
- Clean your fireplace: Clean out your fireplace and flue so it's ready for cozy fires.
- Prepare for guests: If you're hosting guests, prepare guest rooms, stock the bathroom, tidy living areas, clear the entryway, and rearrange
- Decorate: Lay out your seasonal decor, toss damaged items, and replace any dead bulbs in your holiday lights.
- Make a playlist: Create a holiday playlist and buy festive scents

Hard to believe the holidays are just around the corner. This year has just flown by!

Wishing you and your families a happy and healthy Holiday season! If you or anyone you know if looking to buy or sell please give me a call! Debbie Frazelle, 602-399-8540, Debbie@DebbieFrazelle.com.

Statistics from September 15th to October 14th, 2024

Homes for Sale	49	Homes Sold/Closed	3
Homes Sale Pending	4	Rentals Furnished	30
Rentals Unfurnished	11		

For Sale

1	\$1,749,950
1	\$425,000
1	\$1,240,500
5	\$589,000-\$675,000
4	\$4,443,330-\$10,000,000
5	\$875,000-\$1,575,000
6	\$1,125,000-\$2,995,000
1	\$925,000
6	\$2,100,000-\$2,330,000
2	\$432,500-\$445,000
16	\$279,000-\$515,000
1	\$949,000
	1 1 5 4 5 6 1 6 2

Pending Sales

Cloisters	1
Fairway Lodge	1
Estates	1
Meridian	1

Closed Sales

Biltmore Mountain Villa Colony









~ Golf Tip ~

Why are So Many Professionals **Using the Putting Mirror?**

By Tina Tombs, The Arizona Biltmore Golf Club



Quite often you will see me using a putting mirror during one of my putting lessons and during our Short Game Golf Schools. And every day on the LPGA and PGA TOURs you will see the professionals practicing with the putting mirror.

The important feedback that you will achieve with a putting mirror are:

- 1. Set up
- 2. Your motion

How does a mirror help us develop a better putting stroke?

First, it will help with your alignment systems. Alignment with perpendicular lines for development of good putter face alignment to ensure square putter face alignment as set. This gives great feedback to develop better aim. Make slots for tees to create drills that train strike and guide the stroke path and slot widths to accommodate various stroke arc types. With ball down and in set up position, you will also get great feedback with your head position; this gives us feedback on eye alignment at set up as well as torso and shoulder alignment.

Second, it will help while you are making your stroke to see the putter rotation, plus head and body movements while you stroke your

A mirror is a great tool to use daily to calibrate your day-to-day set up to develop your consistent stroke and set up to make more putts just like the PROS!

Tina Tombs is a 2020 Arizona Golf Hall of Fame Inductee, a GOLF Magazine Top 100 Teacher in America, and a two-time LPGA National Teacher of the Year. To schedule your next golf lesson or clinic session, you can contact

Tina or her staff by downloading their app TinaTombsGolf on the app store or google app store.





TheraICE Sleep Mask + Cooling Gel

Need help getting a good night's sleep while traveling? TheraICE's new Sleep Mask has a 3D bucket blindfold design that ensures complete blackout, creating an ideal sleep environment free from distractions. This one-of-a-kind sleep mask offers both cooling relief and comforting warmth, enhancing your sleep experience based on your preference. It is also weighted to provide a gentle, soothing pressure that aids in faster sleep induction and better sleep quality. Made with premium materials, it provides a plush, soft feel and is priced at only \$29.95. You can find this unique item on Amazon.



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