

# **Mr. and Ms. Popularity - Counselor Discussion Guide**

## **Icebreaker (Get Them Talking)**

- What makes someone "popular" today?
- If you could go viral for something, what would it be?
- What's something people do just to fit in, even if they don't want to?

## **Bible Reflection (Based on Galatians 1)**

- What stood out to you in Galatians 1?
- How would you describe Paul's attitude toward pleasing people vs. pleasing God?
- Why do you think Paul said, "If I were still trying to please people, I would not be a servant of Christ"?

## **Personal Application**

- Do you feel pressure to be liked or accepted? Where does that pressure come from?
- Have you ever done something just to get someone's approval? How did it feel afterward?
- Is it possible to care what people think and still live for God? Why or why not?

## **Identity & God's Approval**

- What do you think God says about your value?
- What's one lie about yourself you've believed because of what others said or thought?
- What would it look like for you to live for God's approval instead of people's this week?

## **Wrap-Up Challenge**

- What's one thing you can do this week to choose God's approval over popularity?
- How can we encourage each other to care more about what God thinks?