

Family-Friendly Media Guide: Shows, Books & Music You Can Trust

Recommended by The Family Table Podcast to fill your home with peace, joy, and truth.

TV Shows & Series:

- Bluey (Disney+)
- Little House on the Prairie
- Wild Kratts (PBS Kids)
- The Chosen (streaming app)
- Signed, Sealed, Delivered (Hallmark)

Podcasts:

- Paws & Tales (Christian kids' adventure stories)
- The Bible Recap (for adults and teens)
- Focus on the Family Podcast
- Brighter Media Group podcasts

Music:

- JJ Heller
- Seeds Family Worship (scripture songs for kids)
- Phil Wickham
- Ben Rector
- Ellie Holcomb
- Spotify playlists: Peaceful Worship, Calm Christian

The Family Table Podcast - Peaceful Rhythms Checklist

Books for Kids:

- The Jesus Storybook Bible
- The Wingfeather Saga by Andrew Peterson
- Anne of Green Gables

Books for Parents:

- Risen Motherhood
- Habits of the Household by Justin Whitmel Earley

Helpful Apps & Resources:

- Minno Kids (Christian streaming)
- Dwell (Scripture audio app)
- Yoto Player (screen-free audio stories for kids)

Encouragement:

The media we let into our homes shapes hearts. You don't need to be perfect-just intentional. Let these safe, uplifting resources help you create a peaceful atmosphere where faith can flourish.