

Faith-Based Family Activity: Peace Garden

Theme: Cultivating Peace Together

Objective: Help families reflect on peace by creating a symbolic garden of prayers and peaceful intentions.

Activity Overview (Indoor – Paper Garden):

Families will create a colorful paper garden using cut-out flowers, leaves, and pots. On each piece, they'll write a prayer or action that helps “plant peace” in their hearts and home.

Materials Needed:

- Printable Peace Garden templates (flower heads, leaves, stems, pots)
- Crayons, markers, or colored pencils
- Scissors
- Glue or tape
- Large sheet of construction paper or cardboard (for mounting garden)
- Optional: string for hanging or standing display



PEACE GARDEN



Steps:

Start with Scripture & Intentional Space:

Read aloud: “And the fruit of the Spirit is... peace.” – Galatians 5:22 Say:

“Today we’re going to plant a Peace Garden—not with seeds and soil, but with our hearts and prayers.”

Color & Decorate:

Use the printable templates to color in flowers, leaves, stems, and pots. (Encourage each person to create at least one flower or leaf.)

Write a Peace Message or Prayer:

On each flower or leaf, write:

- A prayer for peace
- A peaceful action (e.g., “I will use kind words,” “Help me be patient with my sister,” “God, help me feel calm today.”)
- A verse or word like love, calm, or grace

Assemble the Garden:

Glue or tape the pieces onto a large backing. Arrange it like a blooming garden.

Bonus: Create a “sun” with the word God’s Peace in the center.

Display It:

Hang the garden in a central place (like the fridge or playroom). Use it as a daily reminder or prayer space throughout the week.







