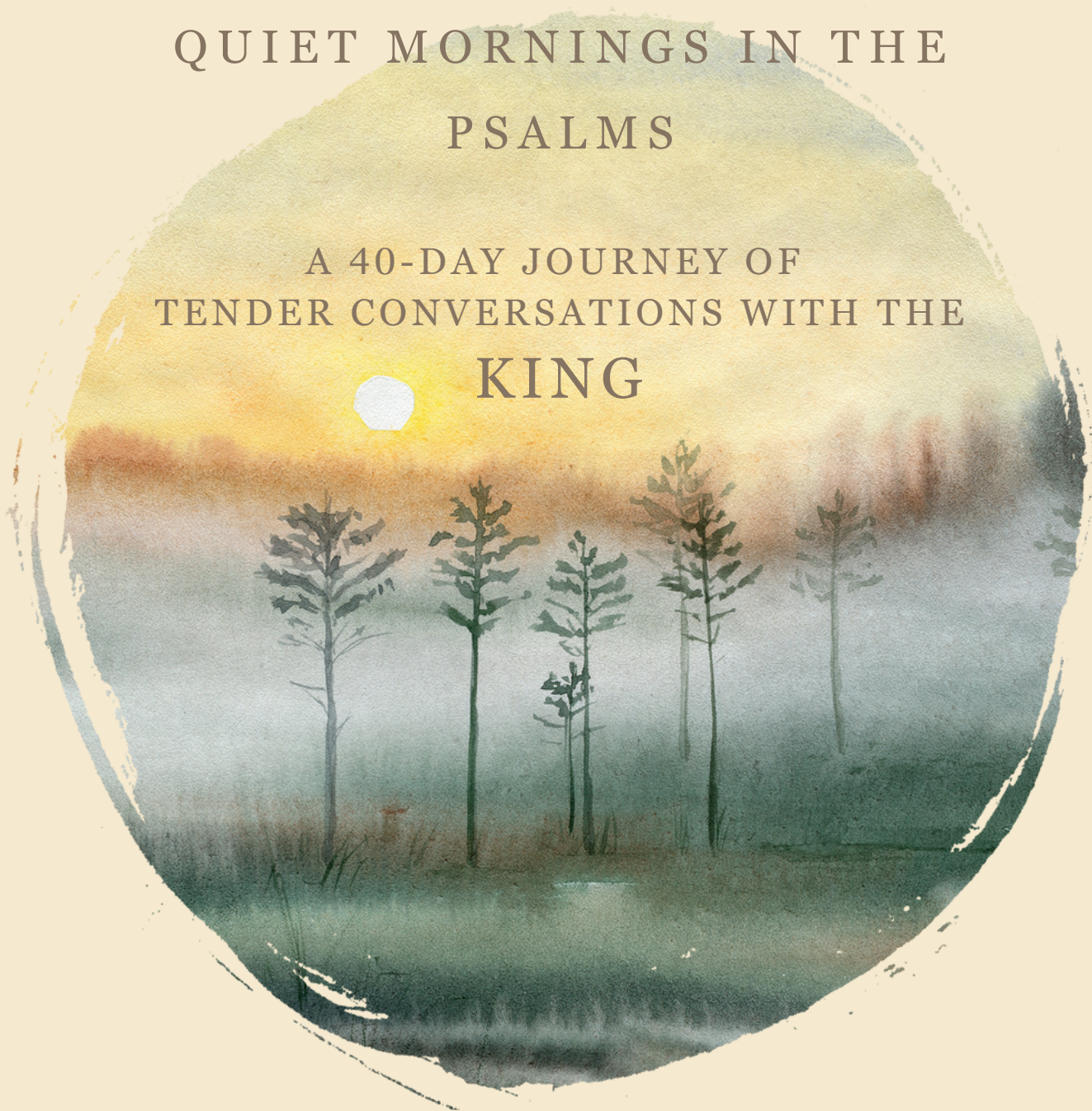


QUIET MORNINGS IN THE  
PSALMS

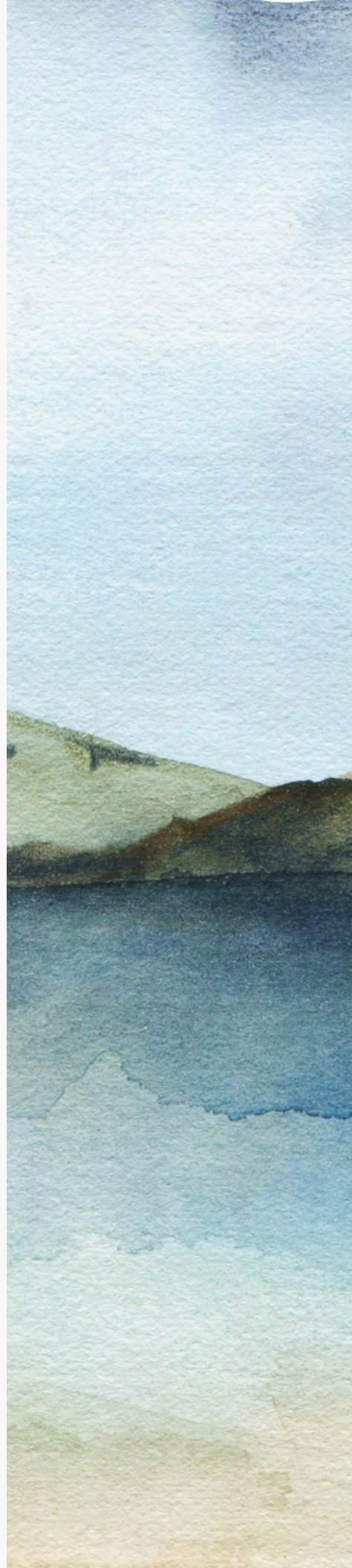
A 40-DAY JOURNEY OF  
TENDER CONVERSATIONS WITH THE  
KING



by Kimba Christian  
[www.Kimba4Christ.com](http://www.Kimba4Christ.com)

**PSALM 32:7, NIV**

You are my hiding place;  
you will protect me from trouble  
and surround me with songs of  
deliverance.



## DAY 6 – YOU ARE MY HIDING PLACE

**Read:** Psalm 11, Psalm 16, Psalm 31, Psalm 32

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**Theme:** Security and Forgiveness in the Shelter of God

### **Prepare Your Heart**

Begin by worshiping with one or more of the following songs:

- “You Are My Hiding Place” – Selah
- “Psalm 16 (Fullness of Joy)” – The Corner Room
- “Grace” – Laura Story
- “Rock of Ages (When the Day Seems Long)” – Sandra McCracken
- “I Looked Up” – Sons of Sunday

### **Reflect**

When life fractures, we look for shelter.

Not all hiding places are holy. Some offer escape, others numbness. But these psalms lead us into a different kind of refuge, the kind that doesn't just protect, but restores.

Trust grows in quiet spaces. Joy is rediscovered in the presence of the Lord. Even confession becomes a kind of safety, not a threat. Security is not the absence of struggle, but the nearness of God within it.

The soul finds rest when it remembers where to hide.

### **Study**

1. What image of safety stands out most to you in these psalms?
2. Psalm 32 describes the weight of unconfessed sin. How does the psalm describe the shift that happens through confession?
3. Psalm 16:11 says, “In Your presence there is fullness of joy.” What might that mean for someone seeking peace?

### **Prayer**

God, You are my refuge and hiding place.

Cover me in mercy, shelter me in Your grace, and let me rest in Your forgiveness.

Make Your presence my home.

### **Journal**

Where do you tend to run when life feels unstable?

Write honestly about your hiding places.

What would it mean to choose God as your first refuge instead of your last?