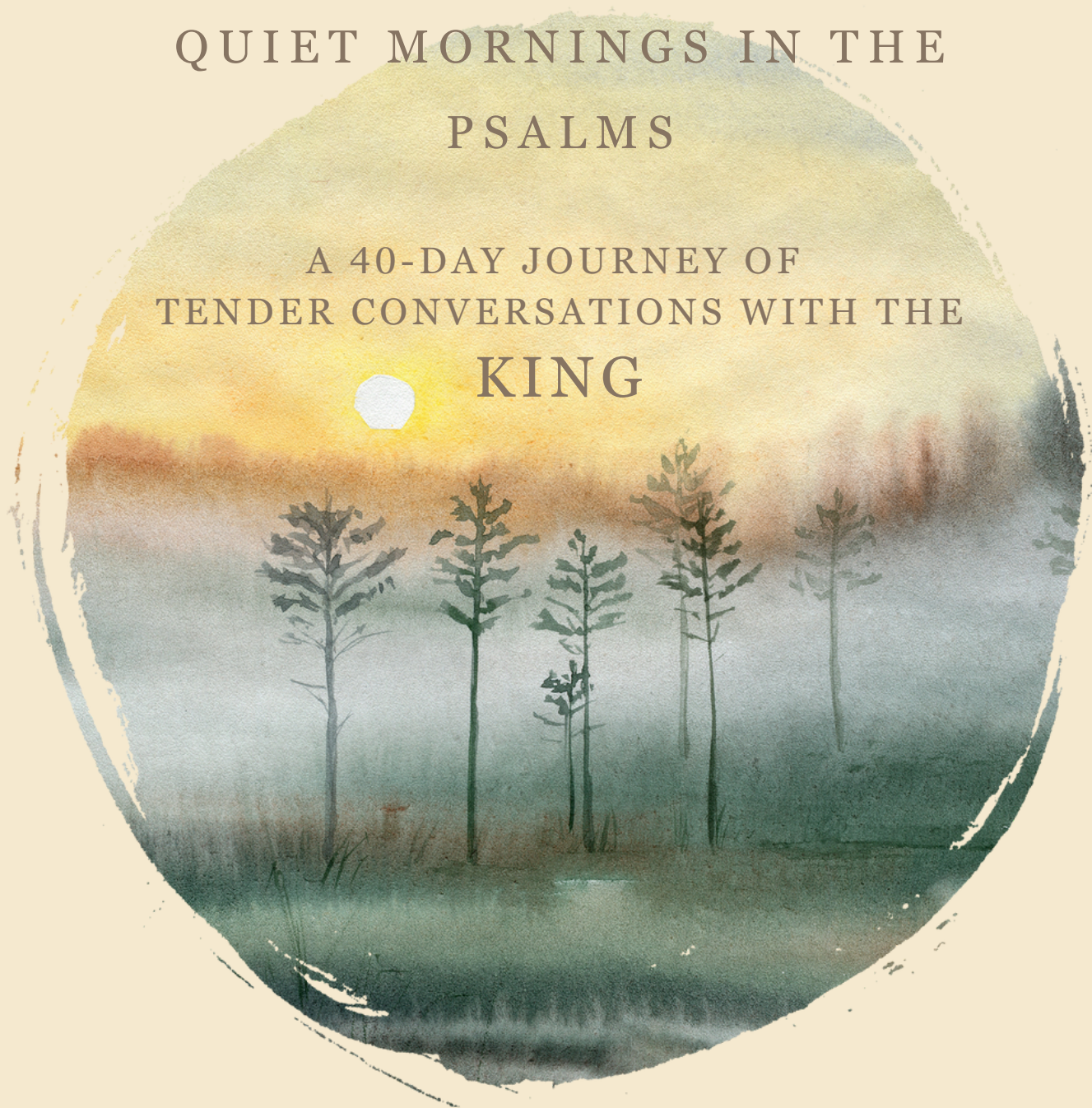


QUIET MORNINGS IN THE  
PSALMS

A 40-DAY JOURNEY OF  
TENDER CONVERSATIONS WITH THE  
KING

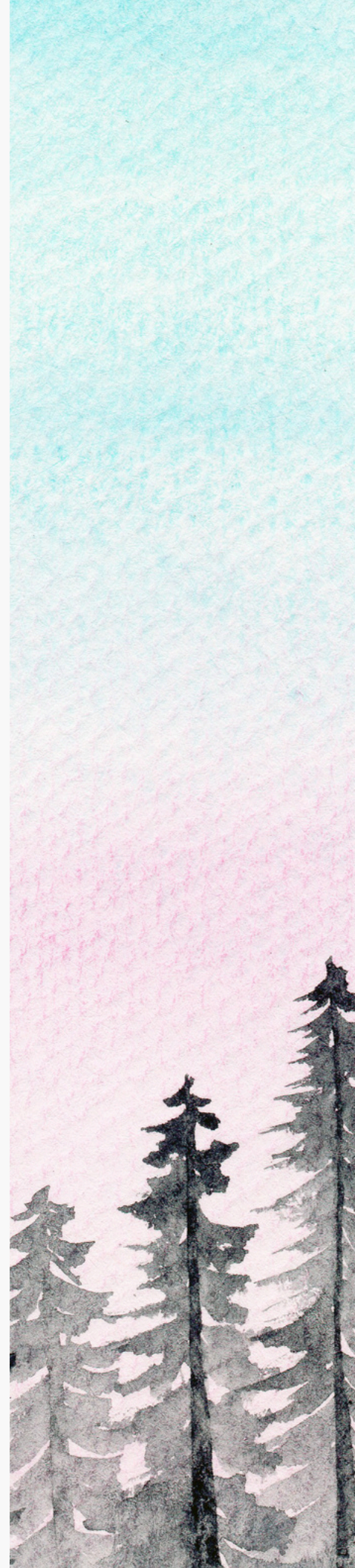


by Kimba Christian  
[www.Kimba4Christ.com](http://www.Kimba4Christ.com)

**PSALM 13:5–6, NIV**

But I trust in your unfailing  
love; my heart rejoices in your  
salvation.

I will sing the Lord's praise,  
for he has been good to me.





## DAY 5 – SING WHILE YOU WAIT

**Read:** Psalm 5, Psalm 13, Psalm 40, Psalm 70

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**Theme:** Waiting in Hope, Singing in Faith

### **Prepare Your Heart**

Begin by worshiping with one or more of the following songs:

- “I Will Wait for You (Psalm 130)” – Shane & Shane
- “Even When It Hurts (Praise Song)” – Hillsong UNITED
- “Wait on You” – Maverick City Music
- “Faithful Still” – Sarah Kroger
- “Take Courage” – Kristene DiMarco

### **Reflect**

The wait can stretch long, and the silence can feel sharp. Still, the psalmist sings.

In one breath, “How long, O Lord?” In the next, “I will trust in Your unfailing love.” This is not denial. It is a kind of holy defiance, faith that refuses to go quiet.

There are cries in the darkness, prayers whispered on uncertain mornings. There are songs that don’t resolve neatly, but they still rise. To wait is not to do nothing. To wait in faith is to worship in the tension.

Sometimes the truest song is the one we offer before the answer comes.

### **Study**

1. What emotions rise in the early verses of Psalm 13, and how does the tone shift by the end?
2. In Psalm 40, God gives a “new song.” What is the cause of this renewal?
3. Psalm 70 is brief but urgent. What anchors the psalmist even while waiting?

### **Pray**

Lord, teach me to sing before the answer comes.

Let my worship not depend on what I see, but on who You are.

Put a new song in my mouth, even if it begins in tears.

### **Journal**

What are you waiting for right now?

Describe the tension between hope and silence.

What might it mean to let praise rise even here?