



2-day Wellness Event & Retreat . Sat Nov 16th & Sun Nov 17th . Cranbrook, BC

ABUNDANCE FAIR 2024 4th ANNUAL WELLNESS WEEKEND

Saturday, November 16 & Sunday, November 17
Royal Alexandra Hall
Cranbrook BC



Sponsor Spotlight:

We would like to acknowledge & thank our amazing sponsor FLFE!

Sign up today for your 2 week free trial from **Focused Life-Force Energy** who are generously sponsoring **Abundance Fair 2024**. Check out their amazing service of raising consciousness levels and EMF mitigation services at www.flfe.net No credit card required.

Introducing our Immersive & Restorative Retreat Day Facilitators for Sunday, November 17th

(Advance Tickets Required):







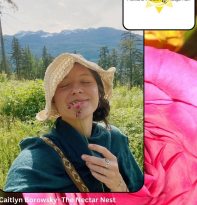

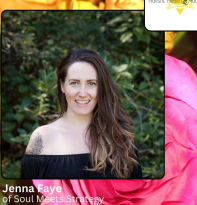

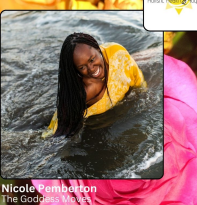
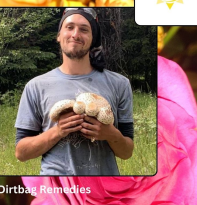





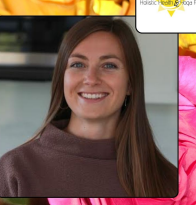

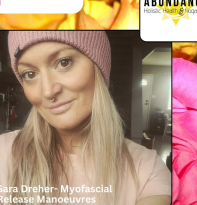
Heidi Bisgaard- Living Yoga with Heidi, **Nathan Taron** from Cocoon Sound Healing, **Nicole Pemberton** of the Goddess Moves, **Sharon Coombs** of Attune Wellness, special guest speaker & painter **Caprice Hogg**, **Sasha Bahador** of Sacred Kula Yoga, **Cristina Borgogelli** of Heart Circle, and **Leanne Davis** of Drift Yoga



Continued.....

4th Annual Abundance Fair
Saturday, November 16th (11am-5pm)
30+ Vendors & Exhibitors and 20 Speakers

Wellness Market & Soul Talk Sessions
FREE ADMISSION
Royal Alexandra Hall, Cranbrook, BC

<p>Exhibitor & Soul Talk Facilitator Spotlight</p>  <p>Karen McAlister - Clear Sky Meditation Centre Live in Abundance, Mindful Money</p>	<p>Wellness Market & Soul Talk Sessions Saturday, November 16 (11am-5pm) FREE ADMISSION</p>  <p>Delyne Shupe</p>	<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p> 	<p>Vendor/Exhibitor Spotlight Saturday, Nov 16 Wellness Market Day</p>  <p>OAK + EARTH Skincare Soy Candles Herbal Wellness Natural Products @oak_earth THE EARTH ELEVATED COMPANY OAK + EARTH Haley Fox</p>
<p>Wellness Market & Soul Talk Sessions Saturday, November 16 (11am-5pm) FREE ADMISSION</p>  <p>Stefanie Carlson - Apothelary Studios</p>	<p>Vendor & Soul Talk Facilitator Saturday, Nov 16 Wellness Market Day</p>  <p>Danette Pelzin Wild Woods Wellness</p>	<p>Wellness Market & Soul Talk Sessions Saturday, November 16 (11am-5pm) FREE ADMISSION</p>  <p>Caitlyn Winkler - The Nectar Nest</p>	<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p>  <p>Sarah Eedy Soul Talk Sessions, Reiki, & Facilitation</p>
<p>Vendor & Soul Talk Facilitator Spotlight Saturday, Nov 16 Wellness Market</p>  <p>Jenna Wye of Soul Talk & Soul Talk Abundance Alchemy Session</p>	<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p> 	<p>Alchemical Movement Facilitator Sunday, Nov 17 Immersive Retreat Day</p>  <p>Nicole Pemberton The Goodie, the Girl</p>	<p>Vendor Spotlight Saturday, Nov 16 Wellness Market</p>  <p>Dirtbag Remedies</p>
<p>Abundance Fair Coordinator Spotlight</p>  <p>Danielle Pilon Psychic Astrology & Intuition - The Happy Psychic</p>	<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Immersive & Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p>  <p>SOURCE ENERGY HEALING <i>Melanie Folk</i></p>	<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p>  <p>FOCUSED LIFE-FORCE ENERGY Immersive retreats only or 1-on-1 Try FLFE for free for 2 weeks. No credit card required Visit FLFE.net</p>	<p>Sunday Nov 17 Retreat Day Facilitator</p>  <p>Cristina Borgogelli Therapeutic Art/Heart Opening Session - Releasing Attachments, Expectations & Disappointment</p>
<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Immersive & Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p>  <p>Sharon Cook - Trena Wellness Vendor & Facilitator</p>	<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p> 	<p>Wellness Market & Soul Talks Saturday, Nov 16th - Free Admission Restorative Retreat Day Saturday, Nov 16th - Abundance Tickets Only</p> 	<p>Wellness Market & Soul Talk Sessions Saturday, November 16 (11am-5pm) FREE ADMISSION</p>  <p>Sara Dreher - Myofascial Release Manoeuvres</p>

Plus: Nicole Gionette, Terra Andres, What a Bag!., Tranont Supplements, Therapies Sozo, The Humble Hermit, Therapeuo Sozo, Beloved Soul Coach Sarah Wakelin, Zum Garden, Yoga Alignment with Christina Rosso, Trena Wesche of Beyond RocksKootenay Glow Tallow, Stem Cell Therapy, Jennifer Moes, Kamu Sauna, TT Mobile Refillery, Amanita Herbs, Therapeutic heART with Cristina, The Happy Psychic, Nicole Greffard & more!

The women behind Abundance Fair:



Cristina Borgogelli is the founder of the **Abundance Holistic Health & Yoga Fair**. She is an intuitive artist and Rainbow Code activator bringing through energetic signatures to calibrate, attune and expand consciousness beyond current self and societal imposed limitations. These codes allow one to connect one's internal wisdom and higher consciousness and to open one up to expanded states of being. Cristina is also a Therapeutic Art Coach and a Belief Clearing Practitioner as well as a devoted heart guide assisting beautiful humans to connect to their spirit by exploring their heart centres. She holds sacred space for people to make meaningful connections allowing them to express what is in their hearts and to also break through old limiting beliefs and stories to activate nurturing, compassion, joy, beauty, gratitude, appreciation, & loving-kindness for oneself and be at peace allowing people to create their own inner harmony and to connect more deeply with their spirit and as well as with others. Cristina guides people to the wisdom of your heart showing you what is possible when you attune to and calibrate to your heart energy. As someone who suffered through lymphatic issues and surgery and also heavy period, Cristina looked to the assistance of holistic wellness to manage symptoms. Over the years Cristina learned to look at the big picture and not just focus on the pain or presenting symptom but to include social, emotional, mental wellbeing, ancestral trauma and epigenetics as part of her healing process. She knows healing and harmony are possible.



Danielle Paulson is the 2024 Abundance Fair Coordinator. She is the loving warm-hearted human behind the Happy Psychic brand. She is an intuitive and astrologer who guides people home to themselves by revealing empowering information hidden in our energetic fields and birth charts. Danielle lovingly councils and guides people during times of confusion, grief, and major transitions to help her clients find clarity to move forward and thrive. Danielle brings a wealth of event management experience and upliftment to all she meets.

Danielle's own healing journey has been profound and she approaches people with her kindness, generosity and helping spirit with compassion and understanding for others suffering revealing key insights to help others on their personal journeys.

Wellness Market & Soul Talks
Saturday, Nov 16th Free Admission

Restorative Retreat Day
Sunday, Nov 17th Advance Tickets Only

ABUNDANCE
Holistic Health & Yoga Fair

FOCUSED LIFE-FORCE ENERGY
SUPPORTING A HIGHER LEVEL OF CONSCIOUSNESS

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Royal Alexandra Hall, Cranbrook, BC. Get your tickets @ www.AbundanceFair.ca