

Curriculum Vitae

Mark J. Veenstra, M.A., R.P.

www.MarkVeenstra.ca

(c) 905-435-8551

e-mail: mjveenst@rogers.com

PERSONAL DATA:

Name: **Mark Jacob Bradimore Veenstra M.A., RP.**

EDUCATION:

1998 – 2001 **M.A. Marriage Family and Child Counselling**
Mennonite Brethren Biblical Seminary
Fresno, California, USA
Academic Honor Roll

1997 – 1998 **M.Div. Pastoral Counselling Program**
Tyndale Seminary
Toronto, Ontario Canada

1994 – 1997 **B.A. Psychology**
University of Waterloo
Waterloo, Ontario, Canada

WORK EXPERIENCE

Ap. '07 – Present **Intensive Support and Supervision Specialist at Durham Family Court Clinic.** A non-profit agency in the Durham Region that works with youth that are in conflict with the law and their families.

www.dfcc.org

Duties:

- Provide clinical treatment to at risk youth and their families in a community based setting
- Provide assessment and provide individualized treatment planning for youth and their families
- Collaborate with community partners to collaborate in the delivery of clinical interventions
- Advocate for the youth in a variety of setting (i.e. school, court, and other community partners)

Historic (paid and volunteer)

Jan. '09 – Apr. '09 **Instructor at Durham College Continuing Education.**
Instructing Adults in the *Development Across the Lifespan*
as a means of upgrading their diplomas or completing
required courses in there program.

Duties:

- Preparing weekly lessons
- Preparing evaluations in the form of quizzes, tests and assignments
- Monitoring attendance
- Grading quizzes, tests and assignments
- Compiling and submitting in a timely fashion grades to the school.

Jan. '08 – Mar. '10 **Contract Assessor for Durham Family Court Clinic**
compiling and authoring psychological assessments for
youth court under Section 34 of the Youth Criminal Justice
Act

Duties:

- To conduct individual and family assessments interviews;
- To collect and compile collateral information;
- Collaborate with consulting psychologist and psychiatrist;
- Author report in a timely manner for submission to court.

Oct. '03 – Mar. '04 & Contract for Social Competence Groups at **Catholic**
Oct. '05 – Nov. '05 **Family Services** in Oshawa, Ontario.

Duties:

- Provide group facilitation for “*Respect and Connect*” and “*Free to Be Me Boys*” social competence groups;
- Completion of required paperwork and group notes.

Summers '03 – '05 **Co-director and co-founder of South Oshawa Mini**
Camp a not for profit community based half day camp
program for the children living in South Oshawa.

Duties:

- Collaborate on the development of the program curriculum.
- Develop materials for camp activities
- Facilitate community relationships with key stakeholders
- Secure financial and in-kind donations to maintain camp programs
- Secure, support and instruct volunteer counselors for the program.

Jan. 07, 02 – Apr 13, 07 **Youth and Family Therapist at Frontenac Youth Services**, an accredited Children's Mental Health facility located in Oshawa, Ontario.

Duties:

- Provide individual, family and group counselling to adolescents on an outpatient basis, as well as with adolescents in the Residential Program and Day Treatment Program at Frontenac Youth Services;
- Provide family assessments;
- Provide case management;
- Report Writing;
- Site Trainer for the Child and Adolescent Functional Assessment Scale (CAFAS);
- Site Trainer for CAFAS software;
- Provide Ministry with outcome data from CAFAS;
- Advisory Committee (2003 – 2004);
- Develop and facilitate a Parent Group for Parents of Children with a Dual Diagnosis (2006);
- Agency representative on the Diversity Committee of Durham (2006).

Jan. '00 – May '01 **Volunteer Counsellor with On-Site Counselling**, a site based counselling program in Fresno, California.

Duties:

- Provide in school individual assessments, formulation of diagnostic impressions and counselling services with grade school children;
- Provide family counselling to families of students;
- Provide on site individual assessments, formulation of diagnostic impressions and counselling services for clients in local drug rehabilitation centers.

Oct. '99 – May '01 **Social Worker at Valley Teen Ranch**, a residential group home in Madera, California, for boys between the ages 10 and 14 with behavioral and emotional disturbances. Referrals made from both Social Services and Youth Corrections.

Duties:

- Leading and designing Therapeutic Group Sessions;
- Participate in Treatment Planning;
- Provide training to front line staff (child development, behaviour management, building professional and nurturing relationships with the residents, etc.);
- Crisis intervention;
- Intakes (interview, report reviews and case presentations);

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- Administrative Duties (quarterly reports, discharge reports, incident reports, etc.).

Sept. '99 – Jan. '00 **Volunteer Counsellor at Salvation Army Adult Rehabilitation Center** in Fresno, California.

Duties:

- Individual counselling with adult men in a residential treatment program for alcohol and substance dependency;
- Completion of required paperwork.

Mar. '99 – May '99 **Pre-placement Volunteer Mentor at Valley Teen Ranch**, a residential group home in Madera, California, in a house for boys between the ages of 15 and 18 with behavioral and emotional disturbances. The majority of the referrals came from Youth Corrections, with some from Social Services.

Duties:

- Assisting front line staff with their duties;
- Co-facilitating and leading group therapy sessions.

June '99 – Aug. '99 **Child Care Worker at Youth Connections**, a residential group home for boys between the ages of 9 and 12 with behavioral and emotional disturbances located in Port Perry, Ontario. All the referrals came from Social Services.

Duties:

- Provide general childcare to all residents;
- Provide on one to one care for specific residents.

Sept. '98 – Apr. '01 **Volunteer Staff with Central California Mennonite Residential Services (CCMRS)**, a supportive living program for developmentally delayed adult men and women and a residential group home for more severely developmentally delayed adult men in Fresno, California.

Duties:

- Aid in daily living tasks when needed in the supportive living program (budgeting, house keeping, advocacy, emotional support, etc.);
- Provide security (nightly check of the grounds);
- Cooking for and with the residents;
- Overnight sleep shifts in the residential group home;
- Medication administration in the residential group home;
- Required paperwork.

June '97 – Aug. '97 **Summer Student Intern at Trulls Road Free Methodist Church** in Coutrice, Ontario.

Duties:

- Co-director of summer Vacation Bible School;
- Director of Summer Sunday School Program;
- Other Church Duties (preaching, working with the youth, and accountability to the Senior Pastor).

Sept. '97 – June '99 **Relief Staff at Christian Horizons** in a residential group home for developmentally delayed adults with behavioral disturbances located in Ajax, Ontario.

Duties:

- Aiding in residents daily routines (hygiene, behaviour management, medication administration, etc.);
- Cooking meals and house keeping duties;
- Required paperwork.

1983 – 1990 **Volunteer** with my family at **Whitby Psychiatric Hospital** (now known as Ontario Shores Centre for Mental Health Sciences) located in Whitby, Ontario.

Duties:

- Escorting clients to and from chapel on a biweekly basis;
- Hosting social time following the chapel services.

PROFESSIONAL MEMBERSHIPS

- Registered member in good standing with the Association for the Treatment of Sexual Abusers (2014 – Present)
- Registered Member of the College of Registered Psychotherapists in Ontario (2015-present)

**OTHER INTERESTS, ACHIEVEMENTS, WORKSHOPS AND AWARDS
SUMMARY (a more complete list is available upon request)**

- Trauma-Informed Approaches to Working with Youth with Mental Health Needs (2 days) CPRI February 2020
- Disrupting Anti-Black Racism September 17, 2019
- Applying Bridges Concepts April 15, 2019
- VTRA Level 1 April 3&4, 2019
- Advanced Cognitive Behavioural Training (2 day) February 2019

- Bridges out of Poverty – Suzie Johnson September 14, 2018
- Advanced CBT Training August 9&10, 2018
- **Speaker at the Provincial Intensive Support and Supervision Program Annual Forum March 9, 2018.**
- **Presenter at the Provincial Conference for the Human Services Justice Coordinating Committee (November 2017).**
- High-Functioning Autism: Proven & Practical Interventions for Challenging Behaviours in Children & Adolescents with Dr. Meghan Barlow.
- Comprehensive DBT: Durham DBT Implementation Project with Dr. Michelle Galiette: March 29 – April 1, 2016; September 23, 2016; November 17-18, 2016; June 6 – 7, 2017.
- The Continuum of Services for Adolescents who have sexually offended annual conference May 8 & 9, 2017
- Diversity & Inclusion Training January 18, 2017
- Association for the Treatment of Sexual Abusers (ATSA) 2016 International Conference in Orlando, Fl three day conference
- Trauma Informed Approach November 29, 2016
- Understanding Oppression and Why it Matters in Human Services with Dr. Leeno Karumanchery. October 27 & 28, 2016.
- Human Trafficking Training September 22, 2016
- Mindfulness and Acceptance with Families: Focusing on Treating Trauma, ADHD and Depression in Children and Teens February 12, 2016
- Association for the Treatment of Sexual Abusers (ATSA) 2014 International Conference in San Diego, CA three day conference.
- Strength-based Strategies for Youth Justice Professionals: Relationship Based Strength Approach RBSA with Stephen de Groot, MSW (two days January 2011);
- CBT Boot Camp: Building Core Clinical Competencies with Dr. Christine Padesky (two days September 2010);
- The Continuum of Services for Adolescents Who have Sexually Offended (two days 2008, two days 2009, two days 2010, two days 2011, two days 2012, two days 2017, 2 days 2019);
- Cognitive Behavioural Therapy for Direct Service Workers: The essentials for Anxiety, Depression and PTSD with Dr. Eilenna Denisoff (11hrs, April 2010);
- Comprehensive Assessment & Treatment for Adolescents Who Have Offended Sexually with Dr. James Worling (four days ending: November 2009);
- Applied Suicide Intervention Skills Training ASSIST with Marlene Niskala and Lucia Lee (two days September 2009);
- Vicarious Trauma with Tom Walker (November 2008);
- Understanding and Responding to Self Injurious Behaviours, with Cheryl Drake, Marlene Niskala and Dana Joyce (October 2008);
- Concurrent Disorders Conference (April 2008);
- Assessment & Treatment for Adolescents Who Have Sexually Offended (2 day) with Vicky Visca (April 2008);
- Concurrent Disorders Training at Whitby Mental Health (March 2008);

- **Member of the Talking About Mental Illness Coalition of Durham (2008 to 2015);**
- Autism Spectrum Diagnosis Clinical and Service Issues (November 2007);
- Getting Started: The Foundation for Your Narrative Practice with Karen Young of the Hincks Dellcrest Centre (November 2007);
- Non Violent Crisis Intervention (September 2007);
- Applied Suicide Intervention Skills Training / A.S.I.S.T. (September 2007);
- Member of the Substance Abuse Council for Youth in Durham Region (May 2007 to September 2010 when the committee dissolved);
- Attended seminar by William Glasser (2006);
- **Member of the Diversity Advisory Committee in Durham (2006 to 2009);**
- Attended Diversity Awareness and Training workshop (2006);
- **Chairperson of the board for the FreeWay Free Methodist Church (2005);**
- **Elected to the board of the FreeWay Free Methodist Church (2004 - 2005);**
- Trainer for the Child and Adolescent Functional Assessment Scale (CAFAS) (2003);
- Reliability trained and passed with the Child and Adolescent Assessment Scale (CAFAS) (2002, 2003, 2004 and 2010);
- Associate member of the American Association of Marriage and Family Therapists / Ontario Association of Marriage and Family Therapists (AAMFT/OAMFT) (since 2002-2015 withdrew after with membership in the Ontario College of Registered Psychotherapists);
- Academic Honor Roll (2001);
- Certificate of Merit: Direct Support Professional (2001);
- Professional Assault Response Training (P.A.R.T.) trained (2001);
- V.O.R.P. (Victim Offender Reconciliation Program) Training (2000);
- Certificate of Appreciation from Salvation Army Adult Rehabilitation Center (2000);
- Crisis Prevention and Intervention (CPI) trained (1999);
- National Life Guard Service (NLS) certification (1997);
- First Aid and CPR trained;
- Resident of the Year at Renison College (1995);
- Floor Representative on Renison College Student Counsel (1995);
- Ontario Scholar (1994);
- Peer Teacher (1993).