

Candidates try to woo undecided voters

Dariya Baiguzhiyeva The Lake Report

An all-candidates meeting for Niagara Falls riding candidates held at the St. Davids Lions Club Tuesday still left some Niagara-onthe-Lake residents undecided for whom to vote in the Oct. 21 federal election.

NOTL resident Megan Gilchrist said she hadn't decided who she will support, so she came to the meeting to hear what local candidates had to say.

"I'm impressed candidates here have been talking about that more than being confrontational with each other," she told The Lake Report.

"I'm grateful they came to Niagara, that they were willing to come to St. Davids. I think it's important they're hearing from constituents across from all of the communities."

Afteward, Gilchrist said hearing the debate was "helpful" but she was still narrowing her choice among the Liberals, the Greens and the NDP.

Six of the seven candidates were present at the meeting, including Liberal Andrea Kaiser, Brian Barker from the New Democratic Party, the Green party's Sandra O'Connor, Conservative Tony Baldinelli, independent Mike Strange and Tricia O'Connor from the Christian Heritage Party of Canada. Alex Taylor from The People's Party of Canada was not there.

The St. Davids Ratepayers Association organized the debate, which was moderated by association vicepresident Mike Pearsall.

The evening kicked off with opening statements from all the candidates followed by five moderated questions prepared by the association. The questions touched on heritage, cannabis, climate change, amalgamation and support of seniors and youth in town.

All candidates, except Kaiser, agreed the cannabis legalization was rushed and the rollout wasn't done properly. O'Connor said Niagara has the best agricultural land and it needs to be used for food security. Kaiser said that as a member of the parliament, it would be her obligation to help municipalities with a transition as the process is



Conservative candidate Tony Baldinelli, NDPs Brian Barker and Green Party candidate Sandra O'Connor. DARIYA BAIGUZHIYEVA

moving forward.

In regard to climate change, Baldinelli said the carbon levy is a tax and not an environmental policy, and under his party's plan large industrial emitters will be taxed.

Barker said there should be a local food strategy so area farmers can send their products into stores and be supported. The Green party would also tax big polluters and strive to save Kaiser said she agreed with Barker, and mentioned how climate change has affected icewine production in Germany. Tricia O'Connor said her party takes a "think globally, act locally" approach to climate change and said more money needs to be invested into research in order to find solutions.

farmlands.

Strange said climate change shouldn't be a par-

tisan issue and all parties need to come together to tackle the problem.

"It's unbelievable some parties are juggling around like a political football like it's not going to happen," he said of climate change.

"We're losing our shorelines in Lake Ontario here in Niagara-on-the-Lake, Lake Erie, Fort Erie. And what's the government doing? They're not doing anything about it. They're not calling a state emergency." Gilchrist said one of the issues she was really interested in hearing about was climate change. She said her two children attended the climate change strike in St. Catharines two weeks ago and she agreed this topic shouldn't be just a partisan issue.

As one of the youngest people in the room, Gilchrist, 40, also said she was

Continued on Page 2

First Legion open mic brings musicians together

Dariya Baiguzhiyeva The Lake Report

For Niagara-on-the-Lake musicians like Keith great job." Williams said he's lived in town for 11 years and he's always been looking for someone he could perform with. Playing guitar has always been his hobby and it's "very rewarding," he added. About 40 people came out to support the legion for the debut of the monthly show, with about half a dozen performers taking the stage. Most of them played musical instruments, such as a guitar or a ukulele,

although one performer, Holmes Hooke, performed his own spoken word poetry.

"It's our first attempt at



Williams, Sunday's open mic show at the Royal Canadian Legion Branch 124 was a great way to meet people who share the same interest in performing.

"This is just what this town needs. I tried to get one (show) going myself, without any results," Williams said. "This is good, this is going to do a it," said legion president Paul Eramian. "We're having a lot of fun and a lot of people are here having a good time."

NOTL musician Randy Busbridge, aka Buzz Hummer, hosted the show and helped to back up other performers. Depending on how many

Continued on Page 9

Scott Davidson, Randy Busbridge and Scott Harris play at the open mic at the Legion Sunday. DARIYA BAIGUZHIYEVA



Page 2 October 10, 2019



Meeting lets federal candidates talk parties and platforms

Continued from Front Page

glad the candidates spoke not only about seniors, but about families as well.

"I'm glad they're thinking of the young generation coming into the community as well as the aging population."

NOTL resident Scott Colvin, who came to the meeting with his infant daughter Delilah, said the debate didn't affect his views much.

Although he said his "tendencies" have always been right-leaning, he said he wasn't fully decided yet and that's why he likes going to such meetings to get to know the candidates better.

"A lot of people I find just follow the leaders ... and they end up voting for fellow candidates they have never interacted with in-person. It's kind of sad a lot of people don't get engaged."

He said he agreed the cannabis legalization was rushed through and the carbon tax was the biggest issue for an agricultural community like NOTL.

"Considering the cost of fuel and heating greenhouses and running equipment, if that all starts going up, how does it affect people's ability to do business and stay competitive in North America where a lot of our products go?" Colvin said.

After a short break, candidates answered questions from the floor.

They touched on topics including addiction and mental illness, euthanasia and how environmental programs, like banning singleuse plastics, would affect people's lifestyle.

Old Town resident Brodie



Independent candidate Mike Strange, Tricia O'Connor from the Christian Heritage Party of Canada and Liberal candidate Andrea Kaiser. DARIYA BAIGUZHIYEVA

so who's going to speak up against their leader ... The only person on this whole floor who can keep in check is me because I'm an independent party," he said. "I'm the only one who can't get kicked out of the caucus."

Baldinelli said the Conservatives would balance the budget over a five-year period and said the fiscal house has to get in order.

Tricia O'Connor suggested bringing money spent overseas "back home," while Kaiser said if reelected, the Liberals would keep the debt to the gross domestic product ratio at 30 per cent.

"People always assume the Conservatives are the most fiscally responsible, but look it up," Kaiser said. "Check Statistics Canada. I did it myself and you can see how the economy has strengthened by the Liberal government over the last four years."

Sandra O'Connor then

go after Canadians "hiding their money" and impose transaction fees on international companies, such as Google or Netflix.

Barker said the NDP wants a fair tax system that would allow the government to get rid of tax loopholes.

"I don't have the ability to take the modest income I make as a school teacher and shelter it off-shore somewhere else like big companies," he said, adding the party would also end subsidies to large oil companies.

"We don't have a spending problem, we have a revenue problem. So we need to increase our revenues by closing these loopholes and making sure those corporations pay their fare."

After the meeting, Townley said Sandra O'Connor gave the best answer about whom the party is going to tax.

He said he's voted for both the Liberals and

Election Profile: Brian Barker NDP candidate

Serving Niagara Since 1977

Brittany Carter The Lake Report

Brian Barker says he will "work tirelessly" for the people of Niagara; the federal New Democratic Party candidate for the Niagara Falls riding says his 20 years of experience in education will be an asset while serving the community.

He represented more than 1,500 teachers as the vice president of the Elementary Teachers' Federation of Ontario for the last six years, and Barker says he plans to continue representing the community by running for public office.

"Politics has always fascinated me. One of my first political heroes was a guy like Peter Kormos. A very salt of the Earth guy, he connected with the community and fought for every person."

Barker was an educator for 14 years before serving the teachers in the federation and he says the experience and skills gained during that time prepared him for this challenge.

"I think there are a lot of skills that go along with being a teacher that would also go along with being a good member of parliament," he says.

He lists empathy and an ability to listen as some of his best qualities, as well not being afraid to roll up his sleeves and actually put the time in to get to know the people of the community and hear their concerns.

"Being in a classroom every single day you're



NDP candidate Brian Barker. BRITTANY CARTER

having to put out fires, deal with different personalities, come up with different solutions," he says, adding that sometimes solutions aren't one-size fits all.

Affordability is a concern for many, and one Barker says is important to him personally.

"I think the whole idea of folks being able to work hard and succeed, having an opportunity so things are within their reach. That's what is important to me and why I feel that the NDP platform aligns with how I personally feel," he says.

His two kids have been the biggest motivator pushing him into pursuing the leadership role, he says.

"I worry that when they're ready to get out there into the world that they won't be able to afford to," he added.

That's why the NDP's plans for affordability struck a chord with him. The NDP platform promises to create 500,000 units of quality, affordable housing in the next ten years, with half of that done within five years.

"That's really the driving motivation behind me running – I wanted to affect that change." Coming from a workingclass family, Barker says he can relate to, and fight for the general public.

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"The NDP wants to fight and help everybody. Some of the things we're fighting for – National Dental Care program, National Pharmacare program. These are things that I think would benefit everybody, not just a select few," he says.

Locally, Barker says he understands that development is a concern for many residents of Niagara-on-the-Lake.

"I think what makes Niagara-on-the-Lake so unique is the rich cultural history that is here. If you deviated from that it would change the face of the town ... This is the first capital of Canada; I think it's important to preserve that history," he says.

The biggest promise he can make, he says, is that we won't stop fighting for the people.

"I will work tirelessly for them; I will listen to their concerns. I plan to physically be in the constituency office as much as time permits me so I can actually meet with people and talk out their concerns."

Townley asked the candidates where they will find money to fulfill their goals. That idea seemed to resonate with the crowd, who applauded loudly.

Strange said because he's not affiliated with any political party, he will make sure to keep party leaders accountable.

"We know it's going to be a minority government, addressed the crowd, saying the country's economy might have strengthened but lower-class and middleclass Canadians are not better off.

She said the Greens would stop providing tax subsidies to international fossil fuel companies, would close tax loopholes, increase taxes on the top 1 per cent earners, would the Conservatives in his lifetime but was still undecided who he's going to support. Townley added the debate was "really well-run."

"I thought it was a credit to them all how behaved everybody was as opposed to the leaders' debate (Monday) night who are a bunch of children," he told The Lake Report.

Rotary club to discuss youth exchange program

The first NOTL Rotary Youth Conference will discuss the Rotary Youth Exchange Program.

The event is set to take place at the NOTL Community Centre on Saturday, Oct. 19, from 8 a.m. to 4 p.m. Anyone interested can register at youth7090.ca.

Niagara College to explore evolution of cannabis

Niagara College will hold a series of cannabis seminars in the Yerich Auditorium at the Niagara-on-the-Lake campus. The college will host The History and Evolution of Cannabis: From Prohibition to Legalization on Monday, Oct. 21 from 7 p.m. to 9 p.m

the village

Thank you for another fantastic season of the NOTL Farmer's Market! See you next year!



Town gives **\$15,000** to NOTL chamber for Royal Winter Fair costs

Dariya Baiguzhiyeva The Lake Report

The Town of Niagaraon-the-Lake has granted \$15,000 to the NOTL Chamber of Commerce to help cover its expenses for the chamber's participation at the annual Royal Agricultural Winter Fair in Toronto.

Chamber president Eduardo Lafforgue made a presentation to council's committee of the whole on Monday night explaining what the fair is about and how NOTL's exposure would benefit the town.

The Royal is the largest indoor agricultural fair and equestrian competition in the world and is held over two weeks in November.

The media coverage of the fair is "very, very impressive," Lafforgue said, and the demographics at the fair are close to what the chamber is trying to attract. Forty-seven per cent of attendees are families and adults with children, 60 per cent of whom are female visitors, he said.

"Visitors to the Royal represent the most interesting demographic for NOTL," Lafforgue told councillors.

The chamber is planning to be at the fair for 10 days. It will set up a 40-by-10-foot booth in the Heritage Hall's high-traffic area, promoting winter activities in NOTL. Some of the planned winter events in town include the Candlelight Stroll, Fabulicious, NOTL Christmas Parade, Ice Wine Festival and ice skating at Fort George.

The chamber is hoping to attract 30,000 visitors to the booth.

To get the best of NOTL's participation at the Royal, the chamber's booth will distribute samples of icewine, food and beer, offer small giveaways, tasting vouchers, contests and feature performances by chefs and culinary professionals. The chamber will also be collecting emails to increase its database and boost the attendance of "qualified visitors" to NOTL.

"Instead of just being there, we are going to be there with experiences," Lafforgue said.

Expenses would be \$33,966 and would include brochure design and printing, staff expenses, utilities, equipment rental, parking passes, and more. The chamber asked the town to cover \$20,000 of these expenses. That would have left the chamber with an operational deficit of about \$14,000, which the organization will cover. The town only agreed to contribute \$15,000 toward expenses.

"This event is an opportunity that wasn't in anybody's budget. The turn the Royal is taking on tourism with a spotlight on local is new, so



Eduardo Lafforgue, NOTL Chamber of Commerce president. FILE PHOTO/DARIYA BAIGUZHIYEVA

that's why we're participating for the first time," Lafforgue told councillors.

He said he wasn't asking the town to cover marketing costs but rather its expenses.

There was some confusion about whether the chamber was asking for an advance from the town's 2020 budget or if the request came as an addition to the annual funding. Lafforgue said he'd prefer it was a grant or incremental funding on top of what the chamber receives annually.

Interim CAO Sheldon Randall also said his understanding was the chamber was asking for an addition to the budget.

Some councillors, like Wendy Cheropita and Stuart McCormack, objected, saying when the request was brought up at the last council's meeting in September, they believed the chamber was asking for an advance.

Coun. Erwin Wiens added the council should say No because the town doesn't have "any money." "The hard thing is to say No and we have to say No here. There are other ways for them to get their funding, too," Wiens said. "We can't be everything to everybody."

Coun. Gary Burroughs said the town needs to have a workshop with the chamber and the board to better understand their relationship.

"And what they think it is, and what we think it is. And come out of it understanding what they should be funding and what they shouldn't," Burroughs told councillors.

Councillors passed a motion from Coun. Clare Cameron to reduce the amount to \$15,000 from the requested \$20,000, and to ask an agricultural committee member and Grape King John Fedorkow to attend the fair. Another motion was passed to hold a workshop with the chamber to discuss the roles of that organization and the town in tourism.

The decisions still need formal approval from council at its next meeting Monday, Oct. 21.

Niagara College brews award-winning beer

Brittany Carter The Lake Report

Niagara College students are garnering a reputation for crafting quality beers – last month one fourth seStudents were tasked with creating beers according to industry standards and submitting them for evaluation by Canadian Brewing Association judges.

"It was the first recipe I

a Niagara College brewmaster student for a winning competition brew.

The Beer 101 Bitter and Beer 101 Strong were announced during the September event celebrating ing Awards, the Ontario Brewing Awards, the Dublin Beer Cup and the World Beer Cup in previous years.

The Beer 101 Strong was brewed as a seasonal Christmas ale and has taken home



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GUEST SPEAKER

James Livingston, CEO of Ardenton Capital

mester brewmaster student claimed the Golden Boot Award, and two brews from the Teaching Brewery took home silver medals at the 2019 Golden Tap and Ontario Brewing Awards.

Aaron Duff's German wheat beer, called Roll the Weiss, was created for his third term Canadian Brewing Association Target Brew project. have ever written up so it was very surprising that I won. Winning this award was a good confidence boost," Duff said in a Niagara College media release. He will receive a \$2,598 cash award as part of Taps Media's Golden Boot Scholarship for Niagara College students.

This is the sixth annual award Taps has presented to

.

Ontario's best beers. Each beer has claimed several awards already.

The Beer 101 Bitter is an English-style bitter crafted to commemorate the bicentennial of the War of 1812. It was named in the United States Open Beer Championships for five previous years.

The beer also gained favour at the Canadian Brewprizes from the Canadian Brewing Awards, Ontario Brewing Awards and has placed at the United States Open Beer Championships as well.

"This really does showcase the consistency and quality of our brewmaster students, as different classes brewed each of these batches," said brewmaster professor Jon Downing. Wednesday October 30th noon to 1pm

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The Lake Report X

EDITORIAL & OPINION

The sun shines between the trees in St. Davids. DARIYA BAIGUZHIYEVA

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Green Tip of the Week

Contributed by Norm Arsenault:

Eliminate single use plastic water bottles from your lives. One million plastic bottles are bought every minute around the world – and that number will top half a trillion by 2021. Less than half of those bottles end up getting recycled. In Ontario less than a third are recycled. Eight million metric tons of plastic winds up in our oceans each year. (Earth day.org)

Positive Power +

with Patty Garriock

Shoot for the moon. Even if you miss, you will land among the stars. - Les Brown.

HOW TO GET IN TOUCH

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Editorial

We're flattered by resident responses

Richard Harley Editor

The Lake Report would like to thank everyone who took the time to fill out our readership survey during the past two weeks. The information provided will help us to continue to improve the paper, so we can continue to ensure we are producing the best news content available to our community.

We were delighted that the numbers clearly show that you, the residents of our community, feel that we already produce the best newspaper in town.

We found out that of Niagara-onthe-Lake residents surveyed, more than 80 per cent of people prefer The Lake Report to any other publication producing NOTL news.

We heard things like: Keep it up, love the look and feel, and thanks for bringing a paper back to our community when nobody else was stepping up to the plate. We heard from people who commended us for our non-partisanship and willingness to present a multitude of opinions.

We learned that of our content, our readers truly enjoy our news articles the most, with close seconds being letters to the editor, editorials, stories about local individuals, and stories about NOTL history.

We were absolutely thrilled to find out that most people read the paper every week, and most also read all or virtually all of the articles.

While are very proud of the work we do each and every week, we couldn't have predicted such an overwhelmingly positive response from our town. We're flattered.

We can tell you, in a fast-paced industry, which can often be tiresome and thankless, it means everything to hear how much people appreciate the work we do. We put countless hours into research, writing and design, and it was wonderful to see so many people from the community leaving their feedback for us.

Of course, there were some suggestions on how we can continue to improve, which was something we were also seeking. We learned a great deal about the concerns of our community, not just about the paper, and we learned of ways we might be able to help tackle some of those issues.

There is a saying that goes: If you love what you do, it's not work.

Now, I'm not sure if we'd go that far. But it's certainly a rewarding feeling to know, with hard numbers, that The Lake Report is the go-to choice to find out what's happening in our town.

editor@niagaranow.com

LETTERS TO THE EDITOR

It's not possible to defend actions of PM Trudeau

Dear editor:

I would like to respond to my critic, (letter, Oct. 3, "I trust Trudeau to deal with climate crisis, wage gap").

I totally understand your frustration, Elizabeth Oliver-Malone.

If Justin Trudeau was an honest person he would never have run for prime minister. He had no experience or knowledge of running a country.

After all, he was a snowboard instructor and a partrecreational use has caused a surge in black market sales and we don't know the effect it will have on future generations and what social problems it may lead to.

I don't think it is possible to defend this corrupt prime minister, who has shown it is OK to lie to the Canadian people. And, may I add, he is a phony feminist, groper and narcissist with no integrity. Painting your face black and dancing around making fun of black people is far different

More good things happen here in Niagara-on-the-Lake

Dear editor:

I was driving home down York Road when a pick-up pulled over in front of me and was blocking a bit of the road.

First I felt some minor annoyance at the stoppage and then I realized what the younger man driving the truck was doing.

He had picked up an older dog that was on the road and carried it off to safety.

I watched and held traffic back for a bit as he was checking its collar at the side of the road.

I am sure he was planning on notifying the dog's owners or Ken Reid of canine control.

His caring behaviour brought tears to my eyes and touched my heart.

Good things do happen here in Niagara. Jane Calver



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time drama teacher.

He was only elected because of the Trudeau name from his father, who was an over-rated leader fascinated with communism and world dictators.

Also, legalization of marijuana helped Justin get elected.

I believe medical marijuana has benefits, but from simple face-painting and Halloween parties, as you suggested.

Before defending Trudeau, I wish people would do some research instead of just watching CBC, which seems to have become the political arm of the Trudeau government.

George Warkentin Virgil







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NEWS

Councillors want cold storage plant to move noisy AC unit

Dariya Baiguzhiyeva The Lake Report

After town councillors rejected staff recommendations to allow a controversial air conditioning unit to remain outside the St. David's Cold Storage facility, Cannery Park residents who have been dealing with noise and vibration problems said they were "relieved."

Angelo and Chiara Recine, whose home is less than 50 metres away from the warehouse, spoke at the committee of the whole meeting Monday and described how the large industrial air conditioning unit at the warehouse has affected their daily life. They asked councillors not to approve site plan amendments recommended by staff.

"Our life has been disrupted. We can't enjoy our backyard. You sit out there, and this unit runs 24/7," Angelo Recine said.

After a sometimes contentious debate, councillors ordered the facility to move the noisy unit elsewhere on the property within 60 days. The decision still has to be formally adopted by council at its next meeting.

The cold storage facility at 365 Four Mile Creek Rd., owned by Alfred Dyck, provides freezing and cold storage services to businesses across Niagara region. The outdoor industrial AC unit is used for refrigeration purposes as well as for cooling the facility.

Residents said they have been dealing with noise and vibration issues since the cooling unit was installed in 2018. In response to residents' complaints, Ministry of the Environment's staff visited the site last year to assess the noise.

Sound barriers around the unit went up this year but they haven't helped much with noise mitigation, Cannery Park residents said.

Residents of 11 other households say they, too, have been affected by the noise, Chiara Recine added. Some of them wrote letters to council and the Recines said they were speaking on the residents' behalf.

"He (Dyck) just put the unit in place and now you're subject to approving an amendment for something that shouldn't have gotten approved," Angelo Recine told councillors.

The owner hired a consultant to complete a noise assessment for the facility. The town also hired a different consultant to conduct a peer review of the assessment, which confirmed "conclusions and recommendations of the report (noise assessment) are sound, and if implemented should result in compliance with the applicable noise guidelines."

Angelo Recine pointed out there are eight condensers on the roof, seven of which have been decommissioned. He questioned why the owner couldn't install the existing unit on the roof instead of placing it on the ground.

He said they knew they were moving into a house

CHAIR COUNCILLOR JOHN WIENS

Coun. John Wiens chairs the committee of the whole meeting Monday. DARIYA BAIGUZHIYEVA

near the cold storage facility, however, the cooling unit wasn't on the original site plan.

Coun. Allan Bisback, who has been addressing residents' complaints, said he appreciated the staff's work but he couldn't support the recommendations.

He said he is "very, very concerned" that this is an instance in which the town cannot permit "bad behaviour."

Coun. Erwin Wiens said he took some offence to Bisback labelling it "bad behaviour."

"Every business needs to expand. That's the sad reality because they've got to pay taxes, they've got to keep employing people," he said. "Are we supposed to shut him down? But how do we know there's gonna be less noise on the roof? This is not necessarily bad behaviour."

Coun. Norm Arsenault disagreed, saying he doesn't buy Wiens' argument and said the owner installed the unit without authorization.

"I have no problem with expanding a business. In fact, I encourage it. But when you do that, you've got to play by the rules," Arsenault said. "When you do this type of behaviour this applicant has shown, it shows disrespect to council. I have a problem with that."

His comments were echoed by Bisback who said Wiens' statement was unfair and there was no attempt by

the town staff nor council to shut down the operation.

Bisback suggested amending the staff report by asking that the existing AC unit, located on the east side of the facility, be moved to the south side or up on the roof within 60 days, that all noise attenuation acoustics be implemented and any future condensers should be restricted to the south side or the roof.

Bisback also requested that the owner speak at the council meeting about the potential impact the amendments would have on his business.

The amended report was approved, and council is expected to make a final decision at its next council meeting, Oct. 21.

Niagara Angel Network aiming to lead NOTL enterprises into 21st century



Terry Mactaggart Special to The Lake Report

We are now a year into the new council's mandate and a number of issues are clarifying.

Among them are obvious concerns about heritage.

amalgamated with other parts of Niagara.

One issue of particular importance involves how the pattern of out migration of young people might be tempered by convincing more of them and their families to remain in or relocate back to the community.

Our demographic is growing older, suggesting that greater balance is warranted.

Tackling this effectively implies creating more highpaying job opportunities as well as ensuring that related educational, housing and technology infrastructures are in place to support them. Stimulating innovative, 21st century-styled enterprises in NOTL to propel such opportunities forward is an important element for our future economic development. and leveraging traditional industries like agriculture, history and culture, food and wine, along with engaging other available resources – capabilities at Niagara College and Brock University, for example, utilizing accessible buildings and pockets of land throughout the community as well as tapping into the talents offered by our residents.

Anecdotal evidence suggests that many of our citizens (including those relatively new to the community who have just retired from or are winding down successful business careers) are interested in enterprise development and would consider getting more involved helping to create this future. extending their businesses. Stimulating and connecting such resources can make a significant difference.

An event scheduled later this month will appeal to those interested in venture creation and business development for the town and region. Preliminary recommendations of the Community Economic Development Task Force will be highlighted along with the results of its survey now underway.

Prospects for promoting a "Creative Common" will be outlined, designed to attract 21st-century capabilities and companies aimed at generating the benefits of effective economic development and higher-paying jobs. Over the years, several organizations have been formed to promote this cause, an important one being the Niagara Angel Network (NAN), a group of angel investors who have financed over \$13.7 million in early-stage companies.

After experiencing considerable success, the network now wishes to expand its reach to include more members from Niagara-onthe-Lake. Meeting monthly, the Niagara Angels entertain pitches and investments in young, innovative companies primed for growth – visit www.niagaraangels. com for more information.

The event will be held on Tuesday, Oct. 22 (the day ates while a new jobcreating Niagara AI-driven health tech hearing company seeking a modest amount of growth capital will be presented as a case study.

The event will be a 4 to 6 p.m. affair with hospitality provided following the presentations. A regular NAN dinner meeting will follow on Oct. 30 at the Old Winery Restaurant for those who may be interested in joining this dynamic group. Please contact Terry Kadwell at 905-380-5802

traffic, better management of tourism as well as how future development can be spread throughout our community in order to benefit NOTL as a whole.

Creating strategies that have the best chance of producing a sustainable tax base is an overarching concern regardless of whether Niagara-on-the-Lake remains independent or is

Such a strategy should include taking advantage

Obvious ways could include providing mentorship, consulting and finance to promising entrepreneurs who are starting up or after the federal election) at the NOTL Community Centre Simpson's Room. Elements of the Economic Development Plan will be introduced and the case made for engagement in venture creation and development.

Terry Kadwell, executive director of the Niagara Angel Network, will discuss how an Angel group operor tkadwell@niagaraangels. com to secure your spot.

Those interested in attending on Oct. 22 should contact Terry Mactaggart at terry.mactaggart@bell. net or by phone 905-988-8905. I am organizing the event as well as being involved with NAN, the town's economic development strategy and the subject company.

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Page 6 October 10, 2019



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Co-ordinated strategy needed Ideas for improving cycling to deal with tourism traffic

Dear editor:

I am writing regarding my letter to the editor printed in the Sept. 26 edition of The Lake Report, "It's Old Town, not the QEW."

I implied in my letter that the accident scene in the accompanying picture involved tourists who were visiting the town.

In fact, I subsequently learned that the unfortunate victims of the collision were not visitors.

However, I remain of the view that there are too many unco-ordinated efforts to attract a limitless number of visitors to the town without anything resembling a coherent or targeted strategy or plan to address how to deal with the thousands of cars, buses, bicycles, electric and otherwise, that continuously enter and exit and flow through NOTL.

As I said in that letter, what could possibly go wrong? Michael Howe

NOTL

Utopian political promises abound – we can't afford them

Dear editor:

The Canadian credit card is maxed out.

There are only two realistic ways to achieve any of the Utopian promises made by all political parties: either cut services somewhere or increase taxes (a lot).

Since any politician who voices this undeniable fact will be immediately cast aside by a public in deep denial we are forever doomed to exploding amounts of interest payments to the banks.

Despite Liberal spin to the contrary, Pierre Trudeau took us down the primrose path of debt in giant steps and Justin Trudeau has doubled down on this folly by constantly promising goodies to every gender, age group, culture and interest group.

Consequently his opponents are forced to make equally inadvisable bribes to the taxpayer.

How wonderful if all parties would agree to a unified debt repayment policy that would one day unchain us from the billions of dollars of interest payments, which consume any major Canadian progress.

Now there is a fantasy equal to all the others the politicians weave.

Ann Handels NOTL

safety on the roads of NOTL

Dear editor:

I would like to agree and disagree with the writer of the letter in the Sept. 12 issue which says the town and Region of Niagara are letting us down on road and cycling infrastructure.

I certainly agree that there should be more and stronger streetlights.

While King and Queen streets are well-lit, other major thoroughfares such as Mississaugua (note I am using the Niagara-on-the-Lake spelling) and Charlotte are not. Perhaps the many ghosts in town enjoy this, but live people do not.

However, I disagree with the need for elaborate "Complete Streets" and the the writer's suggestion that there be sidewalks on both sides of Mississagua/Niagara Stone Road (Highway 55).

I don't know if the author was in town when the Bob Howse Trail was built. It took years of negotiation with all the property owners whose driveways would be crossed before it was built.

I can't imagine going through that on the west side of the road which has many more houses and businesses.

What is needed, though, are signs on the west side of Highway 55, with arrows pointing to the pedestrian/bicycle trail on the other side.

The Lake Report's article this summer about bicycle rental shops and the guidance they give was informative.

Some suggest that cyclists ride several feet from the edge of the road, others on the side of the road, some suggest that cyclists ride several abreast, while others suggest going single file. This is an area where town council should step in and pass regulations.

Each summer, I marvel at the way tourists in this town behave and I think, "I have seen it all," only to be amazed once again.

Not long ago, on a Saturday, I saw two people riding tricycles single file on the Stone Road near the Virgil Valu-Mart, just feet from the Bob Howse Trail.

Cars patiently crept behind them until they could pass when there was a gap in the nearly steady traffic in the southbound lane.

Did the two tricyclists know there was a cycling trail in Virgil or did they choose to ignore it?

I'd like to think if there were a sign pointing to the trail, they would have used it and not endangered their lives as well as creating a challenging traffic problem.

Elizabeth Masson NOTL

Achieving zero emissions is a complex process

Dear editor:

Before all the kids and their parents go back to sleep after the "one day climate strike," I would like to interject some reality.

First of all, if the kids are serious, here are a few things they can start doing now.

Demand their schools not run the air conditioning every day in the summer, no more water bottles, install fountains in schools again (like I remember), ride their bike year-round to school, instead of mom or dad driving them in the family SUV, have only one TV in the house (and not one the size of Ontario), give up the cellphones/computers for everyone in the house, etc.

Now, regarding the idea of zero emissions by 2050, come on in close everyone, reality check time!

Remembering that at the moment fossil fuels account for about 80 per cent of world energy consumption, achieving zero emissions by 2050 would require that some 2,000 nuclear reactors be functional by 2050. This amounts to building one reactor a week for the next 30 years and renewables move from 20 per cent to more than 60 per cent of global electricity supply.

The intermittent nature of wind and solar makes both those options unreliable. They also require large amounts of land and considering the UN has projected that we must increase food production by 50 per cent by 2030 to feed the ever-increasing world population, wind and solar are not a good use of land.

How about carbon capture? Capturing one gigatonne of carbon is equivalent to displacing some 320 coalfired plants with zero-emissions electricity.

The problem is high costs, lack of infrastructure (such as pipelines), difficulties preventing leakage, and complex legal and regulatory issues. To meet zero emissions, we would have to double or quadruple the burning of biomass for electricity or heating to cover the loss of fossil fuels.

Many scientists believe that seeking to replace fossil fuels with biomass actually risks making matters worse.

In view of these realities, let's focus on a pro-active approach to adaptation, to protect communities from whatever changes are coming.

And no, boys and girls, it will not be the end of the world in 12 years, so go and have fun and be kids.

> Earle Vance NOTL

Have an opinion you want heard?

Send a letter to the editor to editor@niagaranow.com





The Lake Report welcomes your letters to the editor. Please, write early and often.

Letters ideally should be under 400 words long. Occasionally, longer letters may be published. All letters may be edited for conciseness, accuracy, libel and defamation.

Please include your full name, street address and a daytime telephone number so that authorship can be authenticated.

Only names and general addresses (eg. Virgil, St. Davids, NOTL) will be published.

Send your letters to editor@niagaranow.com or drop them by our office at 724 Mississauga St., NOTL. The Lake Report



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Page 7 October 10, 2019



Bikes for Farmworkers on the hunt for more volunteers

Richard Harley Editor

Bikes for Farmworkers is looking for some help, and to give some help.

The Niagara-on-the-Lake organization, which provides refurbished bikes for migrant farmworkers, is having trouble keeping up with an increased demand, say founders Terry Weiner and Mark Gaudet – so they're thinking of creative ways to solve the problem.

"BFF's success has become known beyond Niagara-onthe-Lake," says Weiner. "Demand for bicycles for migrant workers from areas outside of NOTL has increased and (we) simply cannot meet this demand."

Weiner says group volunteers have a couple of creative solutions up their sleeves. The first is to not only seek, but train more volunteers within the community. The other is a start-up manual to assist other organizations that want to start similar programs in other areas.

An information about both topics will be held Wednesday Oct. 16 at 7 p.m. at Gate-



Terry Weiner of Bikes for Farmworkers. DARIYA BAIGUZHIYEVA

way Community Church, 1665 Four Mile Creek Road in Virgil (the former Virgil Public School), where BFF operates.

"Because of this increased workload and the steadily increasing demand for (our) services, additional help in refurbishing and repairing bicycles is needed. BFF would like to meet anyone who might be interested in assisting with this program and BFF will supply all the necessary tools and training for those wanting to participate."

Weiner says he's delight-

ed things have come so far with the organization, and that so many people have benefitted.

It began with just him and Gaudet refurbishing donated bicycles for use by migrant farmworkers who come to Niagara-on-the Lake each year. The first year, 2015, they did 50 bikes. As community knowledge of the program increased, four additional volunteers came on board working one or two days per week to meet the rapidly increasing demand. In the past two years, over 500 bicycles were distributed and 375 were repaired each year for migrant worker bicycle owners.

"There are in the vicinity of 2,000 workers residing on the numerous farms in the area for up to eight months each year and who, for the vast majority, have no personal transportation other than bicycles," says Weiner.

"The ability to go out for weekly grocery shopping, transportation for recreation or other personal interests becomes extremely important, thus the formation of BFF."

Until next year: NOTLers can't get enough of Farmers' Market

Dariya Baiguzhiyeva The Lake Report

Farmers' Market concluded its season last Saturday, and some Niagara-on-the-Lake residents say they couldn't get enough of it.

NOTL resident Ed Galutan said he came to the products like squash, sweet potatoes and Thanksgiving herb butter. With every purchase, customers could also enter into a draw to win a gift basket with items donated by local vendors.

selling a variety of seasons

Cory Cruise provided live entertainment.





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market every Saturday to buy vegetables, especially microgreens. He said he doesn't usually do grocery shopping at big food stores, such as Walmart, but prefers shopping at local markets.

"Some of them (vegetables) are organic and I try to stay healthy," he said. "And people here are so friendly." For the last day of the 13th season, vendors were

Another local resident Maria Andreatta praised NOTL's farmers' market that offers great music and has "good local workers." But, "for what they're selling, it's not enough publicity," she said. "People should enclose this and keep it all-year-round like in St. Jacobs."

Milton resident Arnold Anderson said he and his Farmers' Market wrapped up for the season last week. DARIYA BAIGUZHIYEVA

wife Susan came to NOTL's farmer's market every weekend to buy some fresh vegetables, fruit, treats and jams. Now, that the market has wrapped up for the season, Anderson said they will try to find another

market to buy produce. "It's fresh and most of the time it's produced locally. We support local market," he said, explaining why he likes shopping at local markets. "And people are very friendly."



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NOTL firefighters launch safety measures to limit exposure to cancer-causing contaminants

Brittany Carter The Lake Report

Niagara-on-the-Lake firefighters are working to limit their own exposure to cancer-causing contaminants by adopting a new program to decontaminate themselves and their equipment.

A growing body of research has linked firefighting-related exposures to chronic illnesses such as cancer and heart disease, the town noted in a news release about the new practice.

The announcement coincides with Fire Prevention Week, Oct. 6 to 12.

Some members of the 110-member volunteer department have been diagnosed with and succumbed to cancers directly related to their work, said Town of NOTL spokesperson Lauren Kruitbosch.

"We are unable to provide specific numbers at this time," she said.

The Fire & Emergency Services department's new decontamination and hygiene program outlines steps for reducing firefighters' exposure, both in the field and back at the station. Using soap, water, and brushes on scene can reduce cancer-causing contamination on protective clothing and equipment by 85 per cent, the town said.

"Firefighters now have access to industrial washing machines and forcedair gear dryers.

"This enhancement al-

lows for bunker gear to be cleaned and returned to service in only a couple hours," the release said.

"Our goal is to make the decontamination and hygiene process as simple and convenient as possible," said fire chief Nick Ruller.

"Over time we hope that the on-scene decontamination process will become a natural step, no different than hooking up to a fire hydrant."

Throughout Fire Prevention Week, the NOTL fire department has been educating the community about fire safety and prevention measures.

On Monday, firefighters spent the morning at McDonald's on Niagara Stone Road for Coffee with a Firefighter.



Tony Sapielak with Ken Hernder during Coffee with a Firefighter on at McDonald's on Monday. BRITTANY CARTER



Volunteer firefighter Ken Hernder with Rosanna Pickford. BRITTANY CARTER



Volunteer firefighter Rob MacLeod. BRITTANY CARTER



Volunteer firefighter Natasha Murphy. BRITTANY CARTER

St. Davids Lions donate \$10,000 for new pool

Dariya Baiguzhiyeva The Lake Report

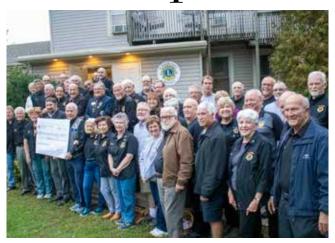
The fundraiser for a new St. Davids Community Pool has gotten a major kickstart thanks to a \$10,000 donation from the St. Davids and District Lions Club. tions," Snider told The Lake Report. "The community supports all the functions we do, so it's only fair to give back to the community."

The existing swimming pool on York Road was built by the Lions club in the late 1960s. Both the St. Davids Park and the pool were later turned over to the Town of NOTL. The Lions have since donated money for new pool heaters and supported pool day at the end of each swim season. In July, Niagara-on-the-Lake council directed town staff to engage its consultant and ask the public about the proposed pool designs.

After the first public meeting was held on July 31 and comments had been received through Join The Conversation website, the town came back with a new pool design at a public meeting on Sept. 24.

The design of the new

was initially on the north side of the building, has been relocated to the west side of the pool. There will also be an outdoor waterfilling station and solar panels will still be included for the heating of the water, James Hettinger of jh Architecture told The Lake Report. Some residents also suggested having washrooms accessible from the park, so two exterior entrances have been added to the east side of the building. The depth of the pool has been increased to eight feet from the initial seven feet. "We've had great feedback and I think the com-



The cheque presentation took place last Thursday at the club. The town's manager of parks and recreation, Kevin Turcotte, was on hand to accept the donation.

Lions member Allen Snider said proceeds were raised from the club's annual St. Davids Family Carnival.

"We had an excellent carnival and great contribu-

pool has been revised, with two more swimming lanes added to the original four proposed lanes.

The pool will be built near the back of the park. The project's cost will range from \$2.5 million to \$3 million and construction is expected to start after the summer season ends in 2020.

The parking lot, which

Members of the St. Davids and District Lions Club donated \$10,000 to the Town of NOTL to kick off the St. Davids pool fundraiser. DARIYA BAIGUZHIYEVA

munity is really on board with what we're presenting," Turcotte told The Lake Report. "We're hopefully

looking to get the funding in place. We're presenting it for the 2020 capital budget for the council's approval."





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Page 9 October 10, 2019



St. Davids public school students get serious about community safety

Dariya Baiguzhiyeva The Lake Report

A new community safety zone at St. Davids Public School has already helped with protecting children on the roads, says St. Davids school principal Tracey Leemet.

A celebration recognizing community safety zone was held at St. Davids school last Thursday morning. Several town and regional officials, including Lord Mayor Betty Disero and regional councillor Gary Zalepa, attended the event to make short remarks about the importance of road safety.

Joined by St. Davids school staff and students, representatives from Niagara Regional Police, District School Board of Niagara and Niagara Student Transportation Services were also on hand.

The event also recognized October as an International Walk to School Month, which is an annual celebration promoting active transportation.

Leemet said she is thrilled to have a safety zone implemented in the school area.

"We definitely have seen a difference," Leemet told The Lake Report. "Anything that enhances the school safety, we're all for (it), so we're absolutely thrilled."

Earlier in July, Niagara Region approved the cre-

> pubs there. She said she saw a story in the newspaper about the open mic



St. Davids' school students listen to speeches made by town and regional officials Thursday. DARIYA BAIGUZHIYEVA

ation of two community safety zones on regional roads.

The first location is at St. Davids Public School. The signs for the 1.10-kilometre zone, stretching from York and Queenston roads to Concession 3 Road, were installed on the first day of school in September. The enforcement started mid-September after police had held an educational campaign informing the public about the new changes.

Another safety zone is located at Twenty Valley Public School in Vineland. The 1.20-kilometre zone stretches from Victoria and Frederick avenues to King Street and Regional Road 81.

Fines are increased in community safety zones, which are meant to let drivers know they're in the area of special public concern. Such zones may include roads near schools, daycare centres, hospitals, senior residences, parks and playgrounds.

Lord Mayor Betty Disero thanked the Region, the Town of NOTL, St. Davids' residents and police for working together on making public streets safer.

"This is the beginning for the whole area of St. Davids," Disero told a crowd of about two dozen people gathered at school. "For children walking back and forth to school, walking to the pool in the summer at the Lions Club, they now will be able to walk a little safer. And that was most important to all of us."

Since police launched the enforcement on York Road, 18 provincial offence notices and three warnings have been issued in total. Violations ranged from speeding to expired license plates, said Niagara Regional Police District 2 Commander and Insp. James McCaffery.

"The reception from the community members has been supportive of the safety zone, however not everyone's happy to be pulled over," McCaffery said. "But for the general part, we're getting the reception back."

By the end of this year, the regional staff is expected to report back to council with recommendations on the possibility of adding more community safety zones throughout the region.

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each of the performers may be limited to three to five songs, Busbridge said.

Continued from Front Page

people sign up to perform.

"You don't want people waiting forever for their turn," he said. "If not too many people come, then they're stuck with me."

One performer, Ann Goff, was in town visiting her sister. Goff is a busker from Newcastle, England, and she often performs at

event and decided to come in to listen and perform.

"It was good," Goff said of her experience singing and playing guitar at the legion. "Once I saw people enjoying it, it helps you."

Open mics at the legion will be held from 2 to 6 p.m. on the first Sunday of each month. Everyone is welcome to attend or perform.

Scott Davidson, Randy Busbridge and Scott Harris jam some tunes at the Legion's open mic night on Sunday. DARIYA BAIGUZHIYEVA

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Page 12 October 10, 2019



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In 2017, as an Officer of the Order of Canada, Donna Scott was invited to attend a special celebration of the country's 150thbirthday at Rideau Hall, in Ottawa. Pictured with Scott are Nadja Lepere, left, a great friend from town, and Gov. Gen. Julie Payette. SUPPLIED PHOTO

Donna Scott: Bringing a lifetime of experience to our town

Order of Canada recipient has served both her country and her community

Tim Taylor The Lake Report

Donna Scott has flare, just like the magazine she founded 40 years ago. Her eyes sparkle. She's quick to smile, a constant chuckle in her voice.

Flaremagazine was Scott's brainchild, the first major publication serving Canada's national fashion scene.

At the time, Scott was a rising star in the publishing world. She was the first woman to reach the senior echelons of publishing giant, MacLean-Hunter. She was what her Order of Canada citation called "a successful entrepreneur and an astute businesswoman."

She received the Order of Canada almost 20 years ago. Today, Scott lives quietly in Niagara-on-the-Lake, largely retired from her ... literally. "She'd invited us to town for the theatre" says Scott

for the theatre," says Scott. "I fell in love with the place."

Appel, a well-known philanthropist, patron of the arts and avid supporter of Niagara, told Scott: "I've found you a house and you're going to buy it. I'll just put a hold on it." "So, we did."

Donna Scott was born in Toronto, raised in Saskatoon and educated at Queen's University, in the thenfledging industrial relations faculty.

Her mother was a church organist and choir leader in Saskatoon; her father a pharmacist turned Rexall executive. His company sent the Erin, Ont., native, and his family, to open the west for the growing pharmaceutical retailer.

As a student, "I didn't

took her along while he did his banking. Perched on the high counter, Scott carefully watched her father's transactions. It's obviously a very warm memory, one that shaped her future.

"I was an only child. My parents made damn sure I was never spoiled." held increasingly senior positions in what was then called personnel at Eaton's, Tip Top Tailors and later at MacLean-Hunter. She became vice-president of the publishing company and member of the management committee, responsible for all worldwide operations.

66 Nobody gave a damn whether I was a man or a woman, as long as I got the magazine to the printers on time."

DONNA SCOTT Notl resident and order of canada recipient

Her father told her: "Donna, you're going to go to a university where you can learn how to be in management, where you have many options. I don't want you taking a course where you will get stuck in one thing. You don't know enough at this stage in life to know what to choose." "That made sense to me." Scott came east in the 1950s, to attend Queen's University. "I became one of the first graduates in industrial relations. I was most interested in it because it had to do with people at work. Industrial relations was kind of a new thing." After graduation, Scott

Throughout her career she remembers she was just about the first woman in everything she turned to. "I was the first woman president of the Personnel Association of Canada."

Scott hesitates when she's asked what it was like In the mid-1990s, Scott retired from Flaremagazine and almost immediately received a call from Prime Minister Jean Chretien's office asking her to become chair of the Canada Council for the Arts, a position she held for four years. She then moved on to become executive director of the Ontario Arts Council.

In 2000, Scott left Toronto behind and moved full-time to their newly renovated home in Niagara-on-the-Lake.

But retirement didn't mean retiring. She took to her new community with all the vitality of her working career.

Her list of local endeavours is long and varied. She co-chaired the fundraising committee for the new St. Catharines hospital. She had many years on the Brock University board of trustees, founded the Historic Sites Alliance and served as vicepresident of the Niagara Historical Society. believe it had bells, but they didn't work properly. I said, 'We need to do something about this.' "

Scott not only raised money; she sourced the company in Ohio where the work could be completed.

In 2017, the love of her life, Hugh Roderick Farrell, died just short of his 90thbirthday. Like Scott, Farrell had been a career labour relations specialist and consultant. They met at a national personnel conference. The couple raised his three children from a former marriage.

She admits, she's lonely without Hugh. She tears up a little when she talks about Hugh's Cape Breton sense of humour. "He made us all laugh," Scott's smile returns.

"He loved it here in town. He loved the people and he loved the life."

hectic working and volunteer careers.

She and Hugh Farrell, her husband of over 40 years, moved to Niagara on the Lake 33 years ago. First as weekenders, then 20 years or so ago, as full-time residents.

She remembers they moved to town because an old friend from Toronto, Bluma Appel, told them to care about mathematics. I liked English and I liked the theatre. I was just a typical girl."

Unlike her mother, Scott never took to music: "I never really played. I was too busy with boys and everything."

Scott recalls an early childhood story. At the age of three or four, every Saturday morning her father being the first woman in what was a man's world. "It didn't seem to matter to me, one little bit. When I got a promotion, sure there were people who felt badly they didn't get it. But I don't think it was a man-woman thing." "Nobody gave a damn whether I was a man or a woman, as long as I got the magazine to the printers on

But she becomes most animated when asked about the 2006 campaign she spearheaded to raise money to refurbish the bells of St. Mark's Church and purchase six more.

"Can you imagine this beautiful church? I couldn't Donna Scott's career path was never a straight line. "I was always ready for the next job. But I had to feel wherever I was working, there would be an opportunity for me."

"I never had a job I didn't enjoy. And I believe I made a difference in every job I had."

She is still making a difference.



time."

Page 13 October 10, 2019



Wine Country with Victoria Gilbert Terroir

Victoria Gilbert Special to The Lake Report

Was that a snake slipping off behind that gnarly vine? Your walking shoes are covered with dense weeds as you meander the rows of grapes, searching for what exactly? The path to enlightenment? A great picnic spot? The meaning of life?

You're in the right place for it all; the soil beneath you is thriving and alive, the juicy grapes hang swollen on the cusp of picking; it must be an organic vineyard during harvest you've stumbled upon.

"When you're doing organic farming, you have to go out daily and you have to really see what the vines are telling you," says Lydia Tomek, head winemaker at Ravine Estate Winery.

"The fact that we are an organic site, we're letting nature balance itself out. We're letting that bio-diversity play a part in the interactions that the vines have, how the nutrients are being taken up, how the soil is



Wine writer Victoria Gilbert with Ravine's head winemaker Lydia Tomek. SUPPLIED

preserved, the energy of the soil. Those are the things that we try to cradle."

"Terroir" is a defined area in which the physical and chemical conditions of the natural environment, the geography, the location and the climate give rise to specific products. That snake or those bugs

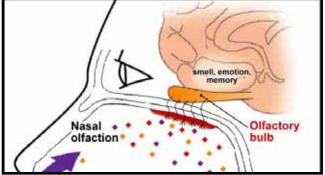
ating those of those bugs eating those other bugs between the vines, the "life" of the soil, the way the sun hits that hillside you're making your way up – they are all part of what those grapes will ultimately taste like in your glass. If what wine author André Dominé says is true, "that the same grape planted in different terroirs results in wines which differ greatly in structure and style," what is known as the "terroir effect," then the Ravine vineyards in St. Davids, with their rolling hillsides and sandy loam, are all part of this special terroir.

"The advantage and exciting part is we're at one of the warmest spots in the Niagara Region and are one of the first to experience bud burst and our growing season is a lot warmer and a little bit longer and that makes us more resilient to those colder nights Niagara experiences once in a while," says Tomek.

Your boots are muddy but your spirits are high as you reach the end of the row of vines, thirsty for something to drink – you're in the right place and don't worry about dragging mud into the tasting room. It isn't just mud, it's terroir.

NOTL resident Victoria Gilbert has been telling the stories of wine people in Canada and abroad through print and video for 15 years.

It's a Wine Thang



Each week, the staff of Ravine Winery share their expertise and offer a brief explanation about an aspect of wine. So, whether you're an expert oenophile or a newbie just finding your way around wine country, we trust you'll enjoy. Cheers!

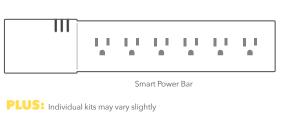
This week's definition: Olfactory bulb

Our sense of smell is the most memory triggering sense we have and the olfactory bulb is to thank for that. Located at the front of the brain just above the nose, its main purpose is to differentiate among similar odours. This is the key to picking out the most subtle aromas in a wine. The sense of smell can tell the difference between thousands of different aromas, while the tongue is limited to primary tastes perceived by taste receptors (sweet, salty, bitter, sour and umami). The olfactory sense plays a fundamental role in the perception of both aroma and flavour. Without it wines would appear to be uninteresting alcoholic solutions of acid and sugar. So, when you pour yourself a glass of wine, leave some room in your glass to swirl it around and allow the vapours to rise and visit your olfactory bulb. The wine will intensify on the nose, making for a better tasting experience. After all, the anticipation is what wine tasting is all about.

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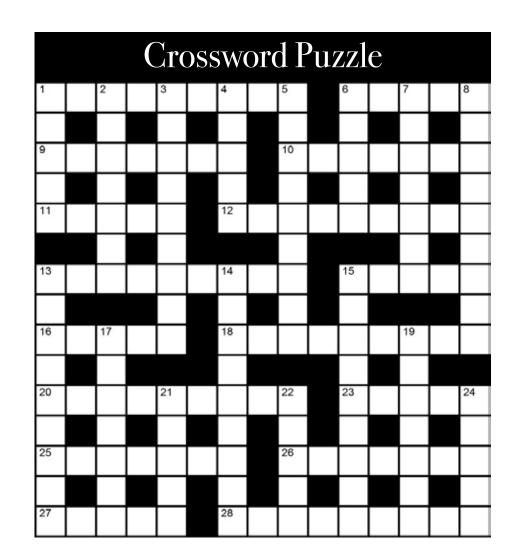
The Lake Report is looking for puzzle makers who would like to help develop this page. We are seeking both standard and cryptic crossword writers. editor@niagaranow.com

Across

- 1. E.g. a ketch (3-6)
- 6. Copper and zinc alloy (5)
- 9. Item (7)
- 10. Not friendly (7) 11. Nail-like fastener (5)
- 12. Carry (9)
- 13. Bony structures (9)
- 15. Burning gas (5)
- 16. Forbiddingly (5)
- 18. Environmental fouling agent (9)
- 20. Deadlock (9)
- 23. Lukewarm (5)
- 25. Arabian Nights hero (3,4)
- 26. Mythical creature (7)
- 27. Expel (5)
- 28. Northern Canadian island (9)

Down

- 1. Melts (5)
- 2. Exterior (7)
- 3. Satan (9)
- 4. Larceny (5)
- 5. Practice session (9)
- 6. Defeats (5)
- 7. Grand Canyon state (7)
- 8. Confection (9)
- 13. In good order (9)
- 14. Home for abandoned children (9)15. Ornamental water jets (9)
- 15. Ornamental water
- 17. Conceive (7) 19. Sanction (7)
- 21. Make law (5)
- 22. Peer (5)
- 24. Move rhythmically (5)



Last issue's answers



Sudoku								
3	4	9	2				7	8
	5	6	2 3 4				4	
	1							
			8	1		3		4
9		4				7		4 2
1		4 7		2	4			
					8		2	
	7				5	1	2 8	
8	9				2	5	3	6



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60 NIAGARA STREET , NIAGARA-ON-THE-LAKE - \$1,689,000 REYNOLDSREGIER.COM



8 UPPER CANADA DRIVE, NIAGARA-ON-THE-LAKE - \$725,000 REYNOLDSREGIER.COM



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Page 15

October 10, 2019



Cooking with Collin : Thanksgiving stuffing

Collin Goodine/Special to The Lake Report

For me, stuffing is the main attraction of any holiday meal that includes the traditional turkey. There are so many different family variations and different ways to enhance, change and manipulate the flavours of stuffing that I am always excited about it.

This Cornbread Stuffing recipe was a way for me to combine my love of the traditional stuffing that grandma made and my passion for southern foods and flavours. The end result is a sweet, salty and spicy stuffing that is delightful and addictive.

I hope you enjoy it as much as I do. Here is a two-step recipe.

Step 1: Ingredients:

1/2 cup corn flour
1/2 all-purpose flour
1 cup corn meal
1/2 tsp baking soda
Pinch sea salt
1/2 cup sugar
2 eggs
1 cup buttermilk
1 tbsp maple syrup
1/2 cup unsalted butter, melted
Jalapeno, optional to taste
Cheddar, optional to taste

Step 2:

Once you have prepared the Cornbread, you are ready to tackle the stuffing.

Ingredients:

2 lb cornbread (or as much or as little as you like)

- 1 large carrot
- 2 stalks celery
- 1 small onion
- 1/2 lb double smoked bacon
- 2 tbsp parsley
- 1 tbsp sage
- 1/4 cup butter
- Olive oil
- 1 tsp pureed garlic 2 oz n'duja
- 1 cup turkey or chicken stock
- Salt and pepper to taste

Directions:

Mix all the dry ingredients together in a large bowl.

Mix eggs, buttermilk, maple syrup and melted butter in another bowl.

Pour the wet over the dry and mix with a wire whisk until homogenized.

Pour the mixture into a oven-proof casserole dish large enough to hold the ingredients.

Bake in conventional oven at 325F for 25 minutes or until a wooden toothpick will go into and slid out clean.

Note that cooking times may vary depending on the depth of the casserole dish.

Remove from the oven and cool.

Directions:

Start by setting up your prep (mise en place). Dice the cornbread into cubes a little bit bigger than a dice.

Small dice the carrots, celery and onion. Keep separate.

Chop the bacon.

Chop the parsley and sage. Combine together.

Now you're ready to cook. In a thick-bottomed pot on high heat, warm the butter and a dribble of olive oil.

Add the onion and sweat for 2 minutes. Add the garlic, celery, carrots and bacon. Sautee until the vegetables start to break down and onions are starting to caramelize.

Add the n'duja. Add the stock to deglaze the pan a bit. Once the stock is simmering, add the cornbread and stir gently so the cornbread is coated by the stock, but does not break up too much. Cook for 3-5 minutes, stirring occasionally.

Add the herbs.

Place into an oven-safe container and warm in oven until needed. Garnish with candied pecans if you like. And enjoy.

Stay Fit NOTL: Fat burn circuit

The Lake Report

Let's face it, sometimes we just can't get to the gym for a workout. Maybe you have a small one at home, or a tight schedule, or you just don't want to deal with the ercise try 25 seconds on and 20 seconds rest before going to the next exercise. Repeat the whole circuit 3- 5 times through. If you're looking to get sweaty and burn fat try 45 seconds of each exercise and 15 seconds rest. Fat-Burning No Equip-



and and singers

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Rising Spirits Creative Writing Contest

Ontario residents are invited to submit short stories and poetry -great prizes--publication in anthology-Deadline - October 31st

Rising Spirits Awards Celebration Sunday, Feb. 23rd Niagara-on-the-Lake

hustle and bustle of a busy gym. If this is the case for you, you should consider adding circuit training to your at-home routine!

Circuit training is a great way to work out at home while building lean muscle, lose weight, get that heart rate up, and work your whole body. All you'll need is a timer or stopwatch (you can use the one on your phone). If you're new to exment Circuit Circuit:

1) Bench Squats – tap your glutes to a chair

2) Stationary Lunge –

Right leg

3) Stationary Lunge – Left leg

4) Plank on hands with alternating elbow taps

5) Dead bug

6) Mountain climbers

7) Glute bridges8) Side plank



Jaclyn Willms demonstrates part of the "dead bug."

Details and Entry form at www.notlwriterscircle.com

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Page 16 October 10, 2019



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NOTL Writers' Circle: Moonlight with Tom Thomson



Sharon Fravne NOTL Writers' Circle

Part Two

After she was widowed, Marla's family tried to encourage her to sell her home in Muskoka and move into a retirement home. Earlier in the day, she'd had a strange encounter with a statue of Tom Thomson while visiting Huntsville. In the evening, she sat on her dock and watched the stars come out.

The sounds of coming nightfall were close. A horned owl hooted. A wolf howled. A frog on the shore harrumphed and in front of her, a fish splashed.

As the sun dropped, the sky flooded with violet streaks. Incredible! Marla grabbed her phone and took a photo.

She caught a whiff of sweet pipe tobacco and turned her head. Tom Thompson sat on the dock beside her, paint-box open on his lap, sketching the scene on a wooden board. He hummed as his palette knife mixed aquamarine and crimson into a rich purple hue. He took out a

wide paintbrush and filled in the trees. "I'm amazed to see you

here," Marla said. "I thought you were dead."

He shrugged, lifted his painting and tilted it towards her.

"Like it?" he said. "Love it." She tipped her head thoughtfully and crossed her arms. "I'd give anything to have one of your paintings."

"Want a drink?" He grinned and winked, and held up her half-empty wine bottle.

"Sure. Pour me a glass." They finished the bottle. She lit an oil lantern and placed it in a corner. Tom squeezed a blob of white paint onto his palette, took a clean brush and swirled in the clouds.

Marla asked him a question that had bothered her in Huntsville.

"The drowning on Canoe Lake... was it an accident.... or were you murdered?"

Tom pointed to a boat puttering across the lake. "See that guy? Just caught a fish. Likely a bass."

"You're avoiding me. Which one's the answer?" He shrugged. "What difference does it make. It's over. Time to move on."

He whirled a golden blaze of light around the sun. The colours in the sky faded to a deep indigo, and the wind died. A full moon rose above them, like a great white spotlight.

"Do you miss it?" she said. "Being alive, I mean." "Of course... I was only 39. There was a hell of a lot more I wanted to do."

He took her hand and twisted her diamond wedding ring. "How long's it been?"

"Too long." She pulled her hand back and bit her lip. They watched the stars turn on, one by one.

"There's the Big Dipper and the North Star."

Marla yawned and rubbed her eyes. He pointed at the moon's reflection shimmering on the water. "Could you swim out to catch it?"

"I loved to swim when Brady was alive. He didn't, but he waited for me on the dock. I can swim for hours; I just don't like to swim alone."

"You're not alone." He set his paint-box and palette down onto her towel. "Go ahead, I'll keep watch. Take your clothes off and jump in."

She looked around the lake. There were no lights anywhere.

"Promise not to look. I've never done this before."

"Of course, I'm gonna look," he said. "I said I'd keep watch. Don't worry. I'm not gonna tell anybody. I painted landscapes, not nudes."

Marla stripped and shivered. The air was chilly. She perched at the edge of the dock and dangled her feet. Then she slipped in.



Moonlight with Tom Thomson painting. SUPPLIED

The water came up to her waist, and she gasped and splashed it on her arms. Then she splashed Tom. He ducked and laughed. "Are you watching me?"

she said.

"It's mighty dark, but I can see you all right. Go ahead, swim to the moon."

Marla felt the water flow over her. It was like silk, skimming over her skin. Her arms beat a steady rhythm of reach and pull and her legs flutter-kicked below the surface.

She glanced back to see if Tom was watching, and saw him wave.

He called, "Go on. You can do it."

Marla held her breath, ducked under the water and glided. A dark shape was floating beside her when she lifted her head. Marla stopped swimming and tread water. It was small, and it had red eyes.

"The female." Marla whispered, her mouth slightly above the water. The bird swam closer and cocked her head.

A pearl necklace was coiled around the loon's neck, and white diamonds were scattered across her black-velvet back. Marla stared at her; she stared back, and moonlight danced on the water around them. Marla relaxed and lay back, effortlessly floating and gazed into the heavens. Overhead, the star-spangled Milky Way spread out like drifting smoke. A meteorite flashed by, on a burning path to the Elysian Fields.

Was Brady up there? Across the lake, Marla heard the male's yodel. Beside her, the loon lifted her head and wailed. She stretched her neck and body until her feet were exposed. Her wings extended, and she ran across the water's surface, crying, "Wait for me, I'm coming."

Then the loon was gone. A sudden wind stirred

up the waves, and clouds blocked the moonlight. The water was frigid and Marla felt numb. She couldn't see the shore and choked on a mouthful of water. Her legs

were heavy, as if something below was dragging her below. She closed her eyes, and started to sink.

Tom's voice called from the dock.

"Come this way," he said. "Your painting's finished." She smelt his pipe tobacco and saw its glow.

"I'm coming."

Her heart was strong and she began to swim.

Moonlight with Tom Thomson, by Sharon Frayne, won the 2019 South Simcoe Arts Festival Short Story Contest and the 2019 Phyllis Smallman Award for Great Storytelling. Frayne is a member of the NOTL Writers Circle and the Canadian Author's Association. Her debut novel, 'Caught Between the Walls: Tales from the Old Niagara Courthouse and Gaol' is based on historical research in Niagara-onthe-Lake. She has two more novels in progress. For more information about Frayne's writing and her artwork go to, www.fraynesharon.com.

Writing contest open to youth in the community

Brittany Carter

fiction, poetry and youth. nity prizes and cash will be

The Lake Report

Aspiring novelists, young writers and striving poets can submit their work for the Niagara-on-the-Lake Writers' Circle Rising Spirits Writing Contest until Oct. 31.

Pieces must be under 2,500 words and can fall under one of the four categories: short story, non-

The Writers' Circle will accept multiple entries, as long as they are submitted by the original author. Sponsored by the Old Winery Restaurant, Crabtree Publishing and the Niagara Historical Society, the contest gives writers a chance to showcase their latest work. Winners will be published in an anthology, and awards, commuawarded.

Hopeful writers can enter their submissions by visiting the NOTL Writers' Circle website at http://www. notlwriterscircle.com.

The entry fee is \$15 for non-members, \$10 for members of the Writers' Circle, and free for youth from 14 to 18 years old.

Only permanent residents of Ontario are eligible.





Page 17 October 10, 2019

FEATURED



Exploring Photos: with Jim Smith

Exclusive to The Lake Report



1946 painting by Betty Lane

In the early 1940s, a small group of artists painted many scenes of our town. A good number of the paintings were done by Betty Lane and were in possession of Dr. Bruce Rigg, who was one of the artists. This painting of Queen Street, done by Betty Lane in 1946, shows Canada's old flag, the Union Jack, at the cenotaph clock tower. Also, a gas station sign can be seen where Shaw's corner is today.

SUPPLIED PHOTO/JIM SMITH

ARCHITEXT

Design review guidelines II

Brian Marshall Featured

It is extremely important to understand and embrace the notion that guidelines are not created to produce uniformity, but rather to ensure across-the-board application of requirements developed to produce a balanced, harmonious overall



Streetscape with Intuitive Respect for Neighbours. BRIAN MARSHALL

style can (and do) create some drastically different presentations. Consider two distinctly different but equally fine examples of the early 19th century Neoclassical style in NOTL: the McDougal House at 165 Queen St. and the Breakenridge-Hawley House at 392 Mississauga St. In the last Arch-i-text column we touched on the guidelines from a town in New England. This week, I'd like to jump the border and visit the residential, resort and recreation community of Qualicum Beach, British Columbia, which after decades of fighting the gradual erosion of the

town's character, instituted design review guidelines in 1993.

Their battle began in the 1970s with a vision statement that focused on preserving the village character while encouraging compatible commercial growth. Inevitably the growth occurred, but without architectural controls the "character" suffered. This was particularly true since their historic district is literally shoulder-to-shoulder with the extension of the village core which developed between 1960 and 1990. Design guidelines appeared to be "best practice" for maintaining their vision of

the town's built environment.

They began by dividing the town into "areas" — e.g. Area 1: Historic Main Street, Area 2: Contemporary Qualicum Beach, and so on. This was followed by the development of design criteria and a review process based on general hierarchical principles which state: "restore heritage buildings; renovate existing buildings; and, compatible design for all new and in-fill buildings."

The guidelines that resulted are simple, thorough, detailed, and only 34 pages long (with lots of white space, diagrams and photos). Not a tough read and very typical of most successful guidelines. The challenges facing NOTL are not unique. They have been faced and overcome in thousands of other towns who wished to maintain the attributes of their special community. It's time we did the same.

Läke Report

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The Lake Report encourages readers to support the businesses that advertise with us. These businesses allow us to operate and keep the paper free and independent.

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The Lake Report would also like to acknowlege and thank those who have made financial contributions to the paper. Your donations and contributions help support young, local journalists, as well as student interns, local charities, and so much more.

We encourages all residents to support The Lake Report through an annual "voluntary" subscription. We suggest just \$50/year (less than \$1 per issue) per household. **That's less than most people spend on coffee.**

Larger donations are also greatly appreciated.

Donations can be make online at www.lakereport.ca, or cheques can me mailed to the NOTL Post Office, L0S1J0, PO Box 724.

Please make cheques to The Lake Report.

- Richard Harley

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aesthetic composition of a street, neighbourhood or district.

Even in jurisdictions which have architectural themes, unless a single builder/developer dominates the area, the general effect has been a surge in design creativity rather than the opposite. Talented architects adhering to the key design principles of even one single

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Tales from the graves of St. Andrew's



Denise Ascenzo Exclusive/The Lake Report

Two hundred and twentyfive years ago St. Andrew's Presbyterian church was founded. In 1829, the Presbyterians were given permission by the government of Upper Canada to use the grounds around the church as a graveyard. Since then stories of stolen bodies, a possible murder and secrets abound in St. Andrew's Graveyard.

CONTROVERSIAL COUPLE:

Mr. and Mrs. Charles Camidge were a difficult couple to know. They were staunch church supporters, involved in the education of children, but something about them was a little off.

Mr. Camidge was the headmaster of the Grammar School in St. Catharines. In 1864, he took the school from just 13 students to 40. When he asked for a raise four years later the school trustees declined his request. Mr. Camidge left the school in St. Catharines and started his own school, the Niagara Grammar school in 1874 here in NOTL. All was not rosy for him and he was dismissed after harsh accusations of being an inefficient teacher with a vindictiveness toward people.

Later in 1875, both he and his wife were brought up on charges of cruelty and ill treatment of Agnes Rankin, a servant in their dent that occurred on Mr. Camidge's 71st birthday that really had the town abuzz.

On the morning of her husband's birthday Mrs. Camidge stated that she was in the kitchen when she heard a gunshot from the bedroom upstairs. Upon investigating, she found her husband, on the floor, lying on his back, dead from a single gunshot wound to the left side of his head. The gun, she said, was in his right hand.

Dr. Anderson was called in to confirm death and his report clearly stated that the gun was in Mr. Camidge's right hand. Just how he committed suicide in this manner was never answered satisfactorily upon examination of the evidence.

So the question begs to be answered: did Mr. Camidge kill himself, or did Mrs. Camidge do the deed and somehow got away with murder. The inquiry was inconclusive.

Mr. and Mrs. Charles Camidge are buried in St. Andrew's Presbyterian graveyard, but unfortunately their actual gravesite has been lost over time.

A SECRETIVE FAMILY:

Secrets and more secrets abound around Mr. and Mrs. John Young. John Young, another staunch supporter of St. Andrew's, was also an adventurous capitalist. His reputation and drive to purchase land and open businesses was well recognized throughout the community.

However, the first secret people often whispered about was why he never took his father's surname. Instead he took his mother's surname, Young, saying he just preferred the name.

Young loved the business opportunities on the American side of the Niagara River but kept all the details to himself. Another secret, causing whispers about him being a traitor to Upper Canada. And those businesses he opened were under suspicion as well. The first place he built on the American side was a small store in the "Bottoms." This was an area along the river just under



Graves at St. Andrew's church. SUPPLIED/STEVE STEELE

trips. Upon their return to

Niagara she was told about

Young. On the return trip,

board and drowned. Mrs.

Young did not last much

suicide.

he had thrown himself over-

longer and she died soon af-

ter her husband committed

As for the small com-

munity where they had built

several hotels, it was named

Youngstown, N.Y., after Mr.

GRAVE ROBBERS:

deed of a strange cult, no

one knows for certain why

a body was stolen from St.

17-year-old John McClemont

was stolen from the grave. It

medical students had taken

the body, kept it for several

nights and then returned it

to the gravesite. More than

one person was thought to

be involved as there was a

six-foot fence surrounding

Then almost 40 years

later, in 1884, the body of

turbed. Blaine had died quite

young, in his early twenties,

on May 24, 1884. He had

died from tuberculosis.

Willie Blaine was dis-

the graveyard.

Andrew's graveyard.

In 1848, the body of

was believed that two

New science or a dastardly

and Mrs. John Young.

the tragic event of Mr.

Fort Niagara, a seedy area where no reputable business was established. Just what type of business would a staunch Presbyterian be involved with? Another secret.

From this first store, Young then moved south down the river and established three hotels. Many heads were shaking as to why he would build three in such small hamlet. He even built a home for his sister there, but Young himself would not live in the United States.

Then we have Mrs. Catherin Young, Caty to her friends. She loved visiting all their business interests across the river in the United States – so much so that the gossips in town had their tongues wagging that it was not just business visits she was making. Caty loved the stir she made in town and refused to dissuade the gossips. She too had her secrets.

As the Youngs got older, their health declined and like many people they decided to get their affairs in order. Mr. Young's sister in New York had gone "mad" so she was institutionalized. He donated her home to the Presbyterian Church of New York. Young then turned to St. Andrew's where he developed a Per-

This time though the grave robbers did not take the body. The coffin was dug up, the lid was opened and the shroud covering Blaine's face was pulled back. And then the robbers left. People speculated for weeks wondering just what was going on in St. Andrew's graveyard. One grave robbery and an attempted one, were simply unacceptable in a small town. The question, though, is why Willie Blaine's body was not taken. And there we have even more rumours: was it someone just wanting to make sure he was really dead, was his body too badly ravished by tuberculosis or were the robbers disturbed in their terrible deed? No one knows.

Blaine was reburied and still rests there with his parents and siblings surrounding him.

LONGTIME

PHARMACIST: A First World War hero, a dedicated legionnaire and town pharmacist, Erland Field was all these.

Having graduated from the Ontario College of Pharmacists in 1913, he joined the Canadian Army Medical Corp on June 21, 1915, at the age of 25. He trained right here at Niagara Camp and five months later found himself overseas with the Fifth Canadian Field Ambulance Unit. Unfortunately he became quite ill over a period of months with diphtheria, then tonsillitis and then influenza. He was sent to Kent in England to recover and then he was returned to the war front.

Field was assigned to the First Canadian Casualty Clearing Station, which was behind the front lines, macy at King and Queen streets. Field ran that pharmacy for 42 years, from 1922 to 1964. He was the fourth pharmacist at that location. Field bought it from Arthur Coyne, who took over from John De Wolfe Randal, who bought it from Henry Paffard.

Paffard was the town's longest serving lord mayor, 26 years, but was also a great horticulturalist. It was through Paffard that we have so many huge old trees throughout town.

Field was very proud of the pharmacy with all the counters and cabinets made of butternut and black walnut wood. The dispensary counter at the back has a carrara marble top.

He also was one of the veterans who founded the town legion, Branch 124, in 1928. He said he felt something had to be done for all the veterans returning to civilian life.

Today the pharmacy is the Apothecary Museum, where one can still see original glass bottles and jugs, some dating back to the very first pharmacist.

St. Andrew's Presbyterian graveyard might be considered rather dull in landscape but its stories are full of intrigue, mysteries and secrets. Many thanks to the following who helped to research this work: Barbara (Babs) Worthy, the Niagara Historical Society and Museum, the congregation of St. Andrew's Presbyterian Church.

home. Rankin was a young girl who came to Upper Canada through Miss Maria Rye's mission. Mrs. Camidge claimed the girl had fits, was argumentative and needed to be dealt with in a severe manner. The evidence was so compelling that the case was sent to a higher court. Rankin was removed from the Camidges' home.

Howeve,r it is the inci-

petual Maintenance Bequest and paid for the construction of beautiful pulpit we see today.

Mr. and Mrs. Young then took a steamer to Montreal for medical advice. Toronto would have been much closer but, again, another secret perhaps. Mrs. Young was sick the entire way to and from Montreal, staying in her cabin during both just beyond the range of the guns. His job was to stabilize the wounded and get them ready for transport to hospitals farther away from the front. For being in action so close to the front lines Fields received a promotion to Lance Corporal and the Good Conduct Badge.

He returned to Niagaraon-the-Lake and in 1922 purchased the pharMore Niagara's History Unveiled articles about the past of Niagara-on-the-Lake are available at: www.niagaranow.com

Niagara Historical society 🛞 Museum



43 Castlereagh St. Niagara-on-the-Lake 905-468-3912



Page 19 October 10, 2019



COMMUNITY

We invite you to submit photos and stories for consideration in this section. Send your submissions to editor@niagaranow.com for a chance to be featured.



Press Pass Program is open!

Looking for local discounts? The Lake Report wants to help. We're now offering a local discount card. **Read more below.**

Richard Harley The Lake Report

The Lake Report is proud to announce we've officially launched our brand new local discount "Press Pass Program."

By signing up, Niagaraon-the-Lake residents will receive a Lake Report card which will get them discounts at a list of participating businesses.

All businesses will be listed at www.lakereport.ca.

The main goal of the program is to offer a way for our community businesses to easily offer a local discount during the fall/winter season, to help increase local business.

With our streamlined approach, participating businesses can, without hassle, benefit from more local business in the slower season. At the same time, locals benefit from knowing where to go for great discounts. It's a win-win.

How it Works for residents

Simply stop by and sign up. It's absolutely free.

Anyone participating in the program will receive a **PRESS PASS** card that verifies their membership in the program. Remember to bring photo ID so we know you're local.

The card is valid for an entire household, for one year from the time of signing up (or the time you paid your subscription). Only one card will be provided. Additional or replacement cards are \$5.

Simply present your card at local participating businesses, and enjoy great deals at a long list of shops in town.

How it Works for businesses

Simply call us at 905-359-2270 and register with the paper to be listed as a **participating business.**

Participating businesses can choose their own discount or promotion, which will be listed online at LakeReport.ca. A link to participating businesses will also be advertised in print twice per month. Businesses must agree to offer a local discount to Press Pass Program card holders, and place a "press pass program" sticker on their storefront.

Discounts can be changed during the season for a \$10 fee, but we encourage retailers to maintain the discount all season.

The Lake Report will verify the addresses of participants before they receive a press pass card.

The fee is just \$50, and every dollar of that supports local journalism and community news.



The Golden Plunger With Betty and Jane

Prince of Wales Drawing Room



Ayah Doumani accepts a Golden Plunger award for the Prince of Wales hotel. THE GOLDEN PLUNGER

We recently treated ourselves to a taste of Victorian elegance in the Drawing Room of the Prince of Wales hotel. Exported back in time with ornately decorated tea sets, tasty scones and over-the-top royal treatment, we enjoyed our pots of tea in an atmosphere of high taste in every sense of the word. From the adornment of rose chandeliers to floral tablecloths and teapots, the Prince of Wales brought our whimsical garden party indoors. This Victorian Tea Room is fit to be enjoyed by guests who appreciate regal dining with an imaginative twist. The attention to detail defined a more elegant era. Well, you can guess the details we were most interested in. The newly renovated main-floor washrooms are lovely. We preferred the elevator-accessible downstairs washrooms that complemented our drawing room experience. The porcelain sinks' beautiful blue and white pattern was actually similar to the china tea pot that served my Earl Grey. Clean bright and elegant, the Prince of Wales' washrooms rate 4.5/5 Golden Plungers.

4.5/5 Gold Plungers



RIDDLE ME THIS:

When does Christmas come before Thanksgiving?

Artifact of the Week

with the Niagara Historical Society & Museum

Exclusive to The Lake Report

Last week's artifact was a gravy boat and saucer dating to ca. 1805 that was used at the Moffatt Inn at Picton and Davy streets. The Moffatt Inn was constructed in 1835 by Richard Moffatt Jr., who purchased the land from James Crooks, and it became one of the 28 taverns in the town. Stagecoaches travelling from Hamilton to Fort Erie would often stop at this hotel, to allow its passengers to rest. The linn is still in operation today and the former stables is presently a pub named the Coach & Horses. This houseware was produced by the Davenport Pottery company in England.



This week's clue:

I make a grid-like pastry that can be shaped into a cone or enjoyed with fruit and whip cream.

Send answers, with your name, to editor@niagaranow.com.

Last week's correct: Sheryl Christensen, Scott Maxwell, Susan Pohorly, Renate Dyck, Elaine Landry, Richard Ott.



Last Week: I begin with T, I end with T, and I have T in me. What am I?

Answer: Teapot.

Answered first by: Lynne Stewart

Also answered correctly by: Cheryl House, Quinn Tiller, Peter Newman, Dinorah Centeno, Kevin Allison, Johanne Louise, Julia Klassen, Marion Briston, Elaine Landry, Brian Pyett, Margie Enns, Richard Ott, Wendy Bosela, Sadie Willms, Evan Ganski, Mark Turasz, Katie Reimer, Anne Litke, Natalie Early.

Email answers to editor@niagaranow.com for a chance to win a prize.





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Page 20 October 10, 2019

Lake Report 3

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FEATURED LOCAL STORY



Canadian author and mental health advocate Tracey Maxfield is on a mission to help children stand up to bullying. DARIYA BAIGUZHIYEVA

Canadian author visits Niagara to spread anti-bullying message

Dariya Baiguzhiyeva The Lake Report

Canadian award-winning author and mental health advocate Tracey Maxfield is on a mission to help children and youth stand up to bullying.

Students, schools and communities around the world were encouraged to wear something blue on Monday, annual World Bullying Prevention Day, also

Kelowna, B.C. and will be staying in Niagara for a few weeks, said she had reached out to all mayors in the region asking them to proclaim Monday as a World Day of Bullying Prevention.

Three mayors got back to her with a decision to make a proclamation this week: NOTL's Lord Mayor Betty Disero, Fort Erie's Mayor Wayne Redekop and Welland's Mayor

In Fort Erie, Redekop met up with the Greater Fort Erie Secondary School students at the Fort Erie city hall to read the proclamation. Students were also wearing blue T-shirts.

The proclamations are intended to raise awareness and ask all students to "cooperate by wearing blue and say No to bullying."

As a nurse with 37 years of experience. Maxfield first encountered workplace bullying in 2011 when she started a new job. She said she had been bullied by her supervisor for four years until there was a "horrific meeting" in 2015, after which she said she "fell down a rabbit hole."

"It was so bad, with the harassment, and intimidation, and threats," Maxfield said. "It just ripped my heart and soul out. It was so horrible, and mean, and nasty."

Maxfield said she had her first suicide attempt two nights after the incident.

Her experience battling depression prompted her to start a blog and later write a book titled Escaping the

bullying to speak up and to remember that it's not their fault.

"You have to tell someone. If you're a child or a teenager, confide into a trusted adult. Talk to your friends," Maxfield said. "It could be a school teacher or a councillor but it's someone that you trust and you could be very honest with."

She also advised using the so-called fogging technique when people who are bullied respond with neutral statements or as if in agreement with a bully instead of arguing back. The District School Board of Niagara recognizes two events in relation to bullying, said public

board's chief communications officer Kim Yielding. One event is a Bullying Awareness and Prevention Week which is marked during the week of Nov. 18 to 22.

Another occasion is a Pink Shirt Day celebrated on Feb. 26.

Some ways schools work with students on bullying prevention include creating anti-bullying T-Shirt designs, watching short videos about kindness and inclusion, participating in random Acts of Kindness Days and reading newspaper articles about sports teams that have celebrated Pink Shirt Day, Yielding said in an email response to The Lake Report.

known as Blue-Up Day.

This week also marked Mental Illness Awareness Week, established by the Canadian Psychiatric Association in 1992 to raise awareness for mental health.

Maxfield, who lives in

Frank Campion.

In a phone interview with The Lake Report last week, Disero said she will encourage town councillors to wear blue for the committee of the whole meeting Monday in support of the event.

Rabbit Hole: My Journey Through Depression.

Maxfield is a frequent guest at schools, universities and hospitals where she gives talks about mental health and bullying prevention. She encourages anyone experiencing



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