

Vanessa Trujillo, LCSW
Intentional Living Counseling Services
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Education

September 2010 - June 2012	M.S. Social Work California State University, Los Angeles	GPA: 3.5/3.8
September 2007 - June 2010	B.A. Chicano/a Studies University of California, Santa Barbara	GPA: 3.7/4.0

Work Experience

Bilingual Psychotherapist Intentional living Counseling Services	2021-Present
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I founded my own practice with the purpose of providing a variety of clinical services including groups, individual therapy, psychological assessments for immigration cases, and co-parenting services. I provide psychological assessments for extreme hardship waiver, VAWA, U-Visa, and asylum determinations.

Bilingual Psychotherapist Central Counseling Services	2020-2022
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I provided psychological assessments and treatment for a full-time caseload, approximately 36 clients. I went from seeing everyone in person to providing services via telehealth. Continuously, providing care throughout the coronavirus pandemic. In addition to direct services to clients, I also wrote four blogs that were published on various social media platforms to assist others in the community.

Clinical Therapist Quality Life Group (Riverside)	2018-2020
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As part of a group practice, I was able to provide individual counseling services in collaboration with various mental health services. The experience allowed me to work in conjunction with TMS, Psychiatry, and psychological testing. I carried a caseload ranging from 35-40 clients. I was paneled with various medical insurances both as a group and individual provider.

Clinical Therapist II**2017-2018**

County of Riverside-Riverside University Health System

The clinical therapist of a whole person care treatment team in the Hemet Family Care Clinic, I was able to provide individual therapy to patients who possessed chronic medical conditions and mental health diagnosis. I was able to work effectively in my treatment team to manage a caseload of 150 patients. Through the use of Motivational Interviewing and Solution Focused Brief Therapy techniques, clients repeatedly demonstrated a decrease in standardized mental health measures and an overall improvement in their medical metrics.

Bilingual Clinical Therapist (outpatient)**2012-2016**

The Guidance Center (Compton)

As a therapist, I held a caseload ranging from 17-20 clients between the ages of 0-18. It was my responsibility to complete a biopsychosocial assessment, diagnose, develop a treatment plan, and provide individualized and/or family treatment. I repeatedly surpassed the 62% productivity rate and worked diligently to consistently meet DMH deadlines. As a member of the Compton team, I collaborated with my colleagues to create and co-facilitate a curriculum for a parenting group, volunteered for community events, and consistently volunteered to have new employees shadow my sessions.

Kaiser Permanente (Educational Outreach Program) Baldwin Park 2011-2012

Children's Social Worker Intern

EOP was a flexible internship placement that allowed me the opportunity to combine school-based work in the Baldwin Park School District, individual, and group clients. I was responsible for a caseload of eight psychotherapy clients. My time there was split between running psycho-educational groups with children, parenting groups, and macro-oriented work. This internship solidified my experience with the DSM-IV and the intake process. Through our macro efforts we were able to develop a professional relationship with the Health Deputy of Los Angeles County to improve the quality of services offered at the El Monte Comprehensive Health Center.

Social Worker Intern**2010-2011**

Department of Children and Family Services, Pasadena

My responsibilities were to provide continuous, confidential, and solution focused care with each client approximately once a week. I was responsible for a total of 3 cases, totaling 8 children. My goals were to assist the clients in complying with court orders or various presenting problems. Case management skills are required to discover potential resources and track client's progress. Lastly, I was a member in a group, comprised of four interns responsible for a macro project to create a resource guide for the entire Spa 3 Area.

Other Qualifications and Skills

Bilingual: Proficient in Spanish

Experience with interpretation services

Current malpractice insurance

Training

- MAP-Managing and Adapting Practice
- TF-CBT- Trauma Focused Cognitive Behavioral Therapy
- CPP – Child Parent Psychotherapy
- MI-Motivational Interviewing
- CBT- Cognitive Behavioral Therapy
- Completed Intensive Immigration Evaluation Training with the Immigration Evaluation Training Center
- Attend Various training provided by CAMFT IE Chapter
- Receive ongoing consultation for psychological evaluations for immigration cases