

Exceptional Trainee Notes

A commendable example of making resources to assist in remembering what to do.

As an up-and-coming OTA, we realise that every person learns differently and has their own ways of trying to remember the job (It's a Big job).

We try exceptionally hard to understand the things each individual wants and needs in order to succeed, and we try to adjust our approach constantly to meet your needs.

As your qualified trainers, we really want the best for you. Unfortunately - Not everyone makes it through.

It's a Big Job that requires time critical commitment, Focus throughout training and a professional outlook. Commit to Learn & solid work ethic. (Big Job)

The following information is from our latest training intake (Name to be published upon formal approval)

Thank you (Name to be published soon / upon approval)



- C-MAC - DIFFICULT INTUBATION
 - DIFFERENT SIZES - IE D BLADE - AIR SIZE
 - IFC OR ~~ANTEN~~ MEDICINE DALL - ENT
 - BONE ORAL
- DUPLOATS SPRAY MIS - TOSEAL / FIBRE TISSUE AEROSOLIZES SEALANT FOR GYNAE - LAPROSCOPY (KEYHOLE)
- SURGICAL DRILL - ORTHO - NEURO - ENT OR TPI - BONE DRILL
- BODY JET - BIG SUCTION - BREAST REDUCTION
- NOVASURE - GYNAE
 - STRIKER CHAIR = FOOT PEDAL
 - THUNDER BOLT - SIMILAR TO DIATHERMY - USED BY UROLOGY + GEN
- WARM CLOUD - OVER 4 HOURS - NOT NEURO (~~HEAT~~)
- SPIDER / 2 - SITTING UP - SHOULDER
 - HARMONIC - GYNAE - UROLOGY - GENERAL
- DIATHERMY - MONO POLAR - NEED EARTH PAD - CUTTING
 - BIPOLAR - SEALING / PINCH / ~~CLIP~~ CLIP
 - LIGASURE
- BEAR HUGGER - BLANKET TO OK HEAT UNDER PAD
- AIR ~~MAT~~ HOVER MAT - OVER 120KG INSTEAD OF SLIDE HOVER MAT FOR TRENDLEBURG - ORANGE
- PINK MATT = HEAD DOWN
 - + LONG PROBE
 - + COMFORT SOMETIMES
- MASURE
 - WEIGHTS LIQUIDS?
 - GYNAE
- TOURNIQUET MACHINE
 - SOMETIMES STERILE
 - WOOL NO WEL
- COLPOSCOPE
 - EYE PIECES - SHAPE FOR GYNAE

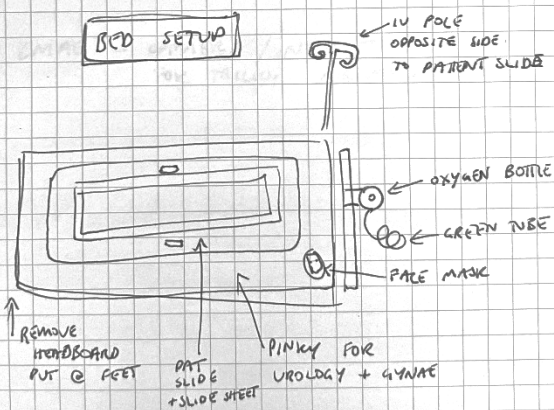
PAW

AREA 3 = KIDS

9 - 10 PAW - OBS

SIDE ROOM - DIFFICULT PATIENT

BLOCK ROOM - CRIOREAL ETC



- 1 OBS EMERGENCY 11 ORTHO
- 2 EMERGENCY 12 ORTHO - TRAUMA
- 3 GENERAL 13 OPHTHOLOGY - EYES
- 4 CARDIAC 14 ENT
- 5 ASU / NEURO (TUESDAY) 15 GYNAE
- 6 NEURO 16 GENERAL - MAX PAX - PLASTIC
- 7 CARDIAC - BACKUP 17 GYNAE DENTAL / ORTHO / GYNAE PLASTIC
- 8 PEDIATRICS / GYNAE / GEN 18 DENTAL GYNAE / GENERAL / TRAUMA / ORTHO / COMPLEX TRAUMA
- 9 RAPID 19 UROLOGY
- 10 OBS 20 UROLOGY / GENERAL
- HYBRID VASCULAR

ANXIO SEPARATE

X2

1 + 2

- = EMERGENCY / (ALL IN HOT END) (RESET AFTER LAST CASE)

AIRWAYS / ANESTHETIC

- LMA - LARYNGEAL MASK AIRWAY
 - STAYS ABOVE VOCAL CHORDS
 - SHORT SURGERY + ORTHO

- INTUBATION - TUBE GOES PAST VOCAL CHORDS
 - BALLOON INFLATES TO SECURE
 - ALWAYS ABDOMINAL + TRICKY AIRWAY

- C-MAC - CAMERA / INTUBATION FOR TRICKY AIRWAYS

TRENDELENBURG - LITHOTOMY

BARIATRIC OR LONG PROCEDURE - LAPROSCOPY

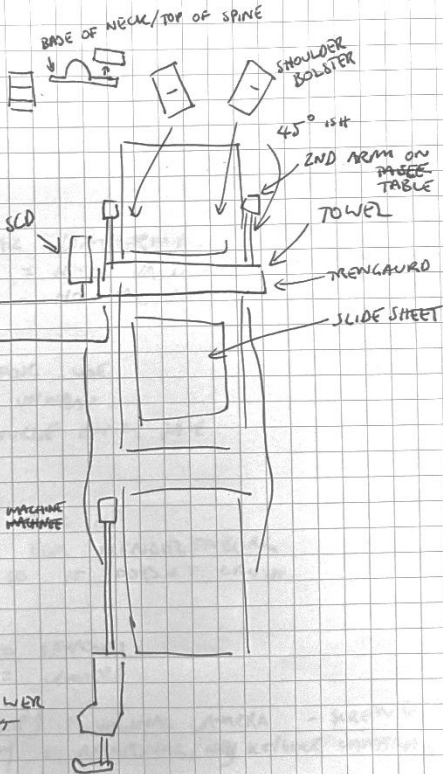
CAN USE
YELLOW GEL
IF WANTED

IN THE ROOM

- 2 X PILLOW CASE
- TOWEL
- SCD

WORK FROM FEET
TO SHOULDERS
APPROX LINE
UP BUM

- SHOULDER BOLSTER
- NECK SUPPORT FORM



REMEMBER!

- LAPROSCOPY SET UP
- SCREEN
- ARM GELS + YELLOW FOAM
- MOVE REMOTE PLUG IN LOWER SO IT DOESN'T CRUSH

* REMEMBER!

- HEAD NEAR DOOR FOR ENT/HEAD/FACE OP
- MORE ROOM FOR SURGEON AWAY FROM ANAESTHETIC

- PRINCESS MAT → ANTI FATIGUE MAT

MONO POLAR DIATHERMY

- GREEN = NEEDS VACUUM
 - BLUE = NO VACUUM
- VACUUM CLEARS SMOKE
- PLUGS IN UNDER DIATHERMY (VACUUM EVALUATOR)

FLUIDS FOR USE

- DON'T UNWRAP
- SHOW NURSE EXPIRY DATE

REMOTE PLUG IN

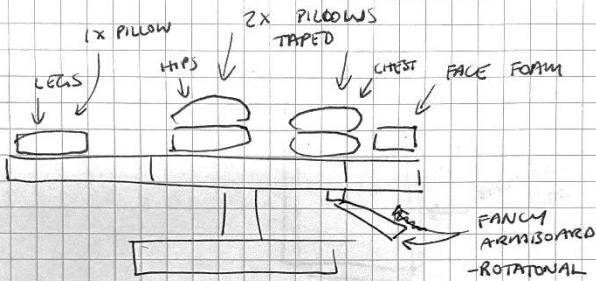
- MOVE FOR TRENDELENBURG SO IT DOESN'T CRUSH

- ECTOMY = REMOVAL
- OSCOPY = CAMERA

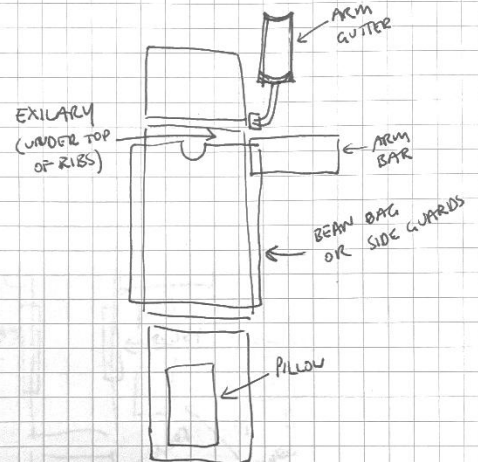
HYSTEROSCOPY = VAGINAL CAMERA - SCREEN @ HEAD

LAPROSCOPY = ABDOMINAL/KIDNEY CAMERA
SCREEN @ FEET

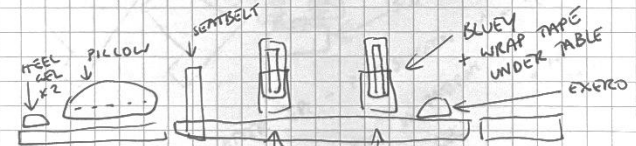
• PRONE POSITION



• LATERAL POSITION

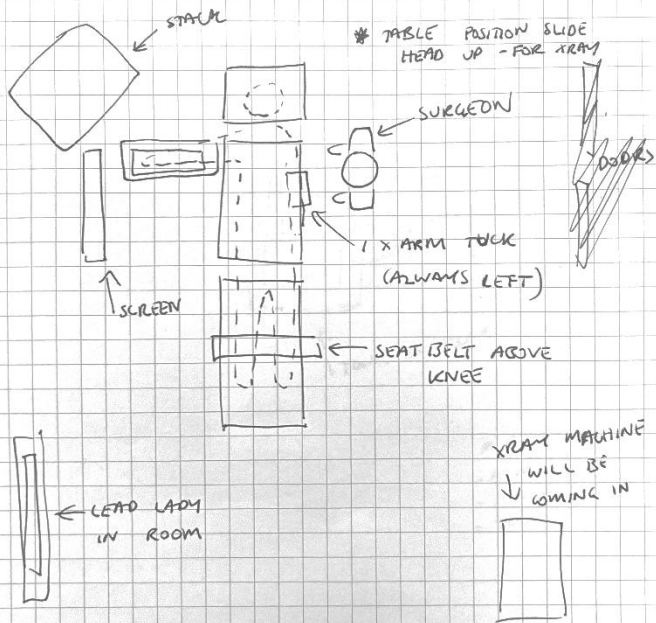


NEFRECTOMY - KIDNEY REMOVAL - LEAN MORE TO BACK - DOUBLE



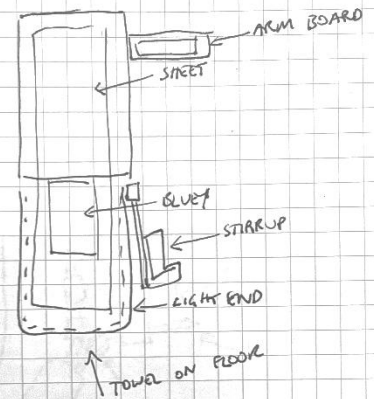
- SEATBELT
- FANCY ARM BOARD!
- ARM GUTTER + ARM GEL
- SCD MACHINE
- SIDE SUPPORT
- 6 X TOWEL (NICE FOLD)
- 2 X LASTOPLAST TAPE/BANDAGE
- 2 X BLUEY

GENERAL (ABDOMINAL)
LAPOLY
GALLBLADDER REMOVAL
- LAPAROSCOPIC CHOLECYSTECTOMY



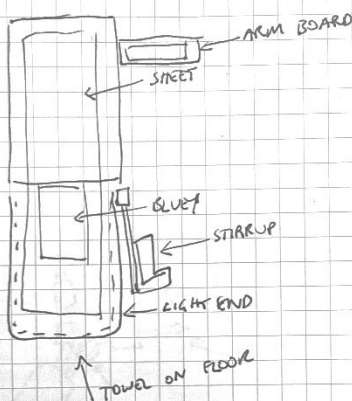
* WILL TILT TOWARDS SURGEON

• STANDARD LITHOTOMY
- NON BARIATRIC - SHORT PROCEDURE



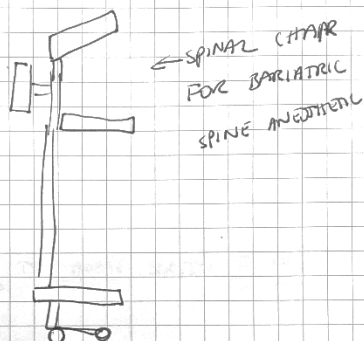
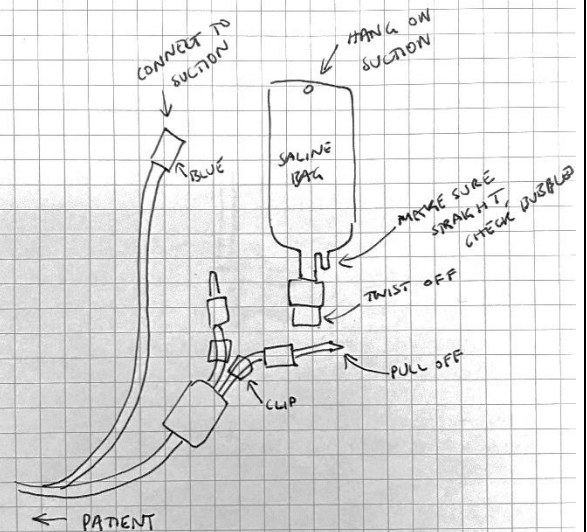
IN ROOM
- ARM BOARD
- FOAM
- TOWEL

• STANDARD LITHOTOMY
- NON BARIATRIC - SHORT PROCEDURE



IN ROOM
- ARM BOARD
- FOAM
- TOWEL

WHEN ASKED FOR SALINE BAG
~~GLUE~~ IRRIGATION PUMP?



* REMEMBER!

FALLOPIAN OVARIES REMOVE
- SALPINGO-OOPHORECTOMY
= REMOVAL OF FALLOPIAN TUBES + OVARIES

- HDC = HYSTEROSCOPY DIAUATION + WATERPAGE (VAGINA CAMERA) (CLEAN OUT UTERUS)

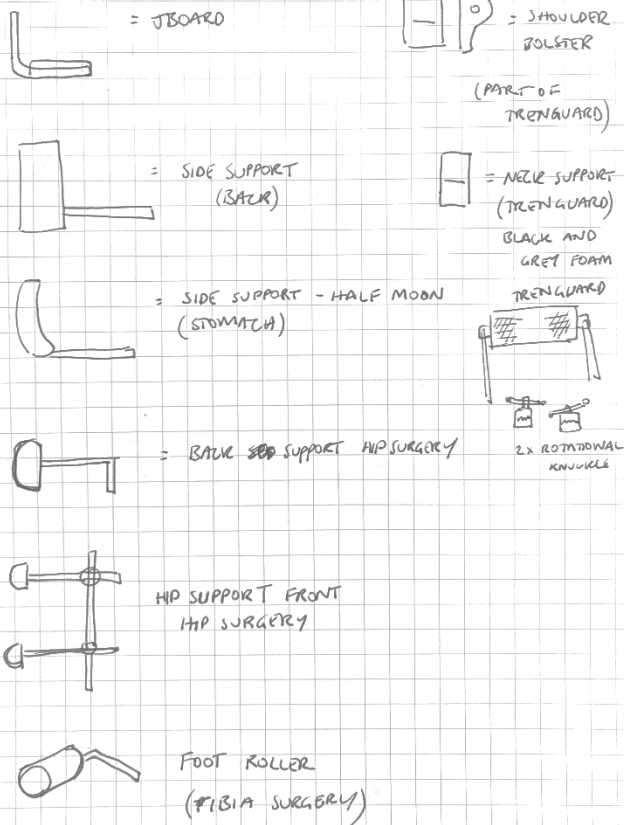
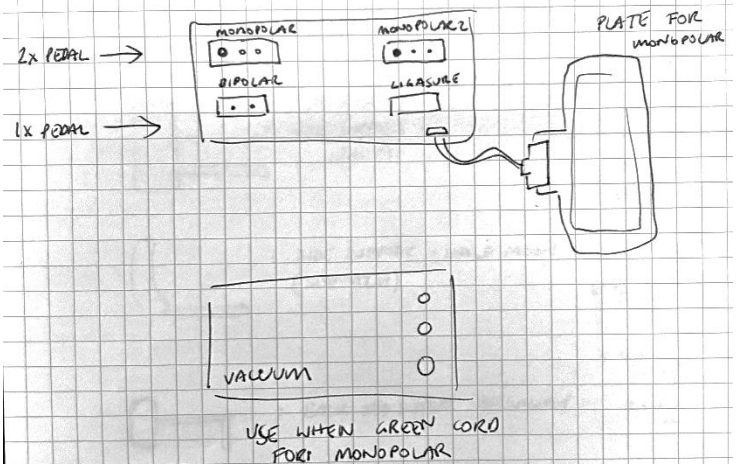
- RETURN COMPUTER TO HOME SCREEN BEFORE TURNING OFF

* REMEMBER!

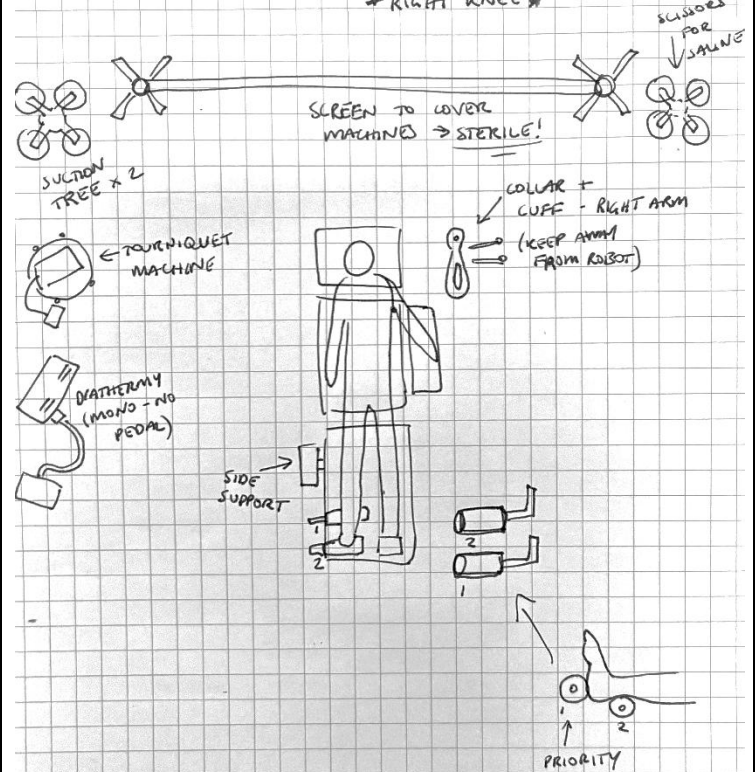
- FALLOPIAN → OVARIES → REMOVE

- SALPINGO-OOPHOR ECTOMY
= REMOVAL OF FALLOPIAN TUBES + OVARIES
- HDL = HYSTEROSCOPY DILATION + CURETTAGE
(VAGINA CAMERA) (CLEAN OUT UTERUS)
- RETURN COMPUTER TO HOME SCREEN BEFORE
TURNING OFF

DIAATHERMY MACHINE



KNEE REPLACEMENT * RIGHT KNEE *



- * SALINE IRRIGATION
- * LOTS OF STERILE!
KEEP STUFF OUT OF WAY