

Gynae / Obstetrics

DRAFT - Environmental Set-up Guide



Original resource developed by <https://operatingtheatreassistant.com>



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Surgical Setups

As of: 2026 January 30

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1. Bartholin's Abscess

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: A Bartholin's cyst is a fluid-filled lump near the vaginal opening

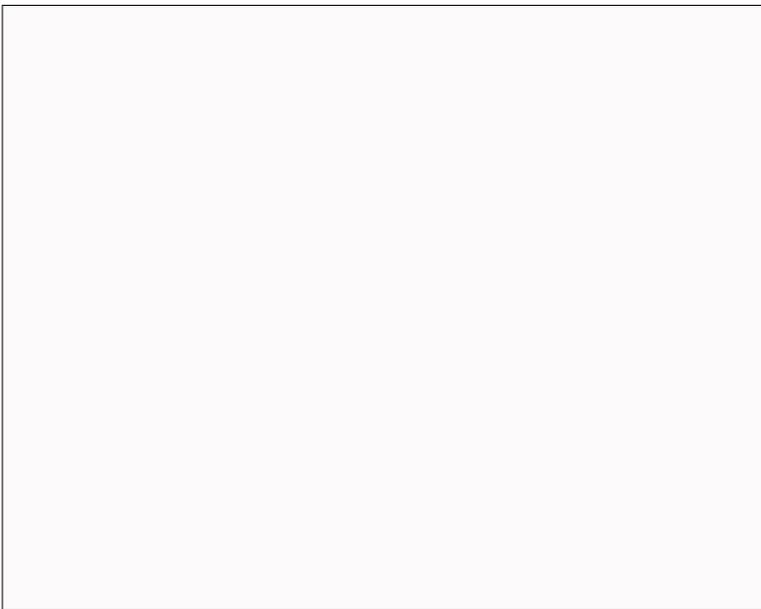


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: Overhead Lights / Bair Hugger / Diathermy / Suction Canaster Tree / Peri Table (Ask Surgeon) / Stool for Surgeon

Operating Table and patient positioning requirements



Setup Guide: Guide / Notes / Process on setup to be added here

Surgeon Preference:
Dr ?????: Add requirements here

2. Bilateral Salpingo-oophorectomy - B.S.O

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: A bilateral Salpingo-oophorectomy is a surgery to remove both fallopian tubes and both ovaries



Position v1: Lithotomy / Trenguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: Pendant Stack and Monitors / Overhead Lights / SCD's / Bair Hugger / Diathermy / Suction Canaster Tree / Ligature Machine / 3 Ltr Glycine

Setup Guide



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Surgeon Preference:
Dr ?????: Add requirements here

3. Cone Biopsy of the Cervix

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: This procedure removes a cone-shaped piece of tissue containing the abnormal cells from the cervix

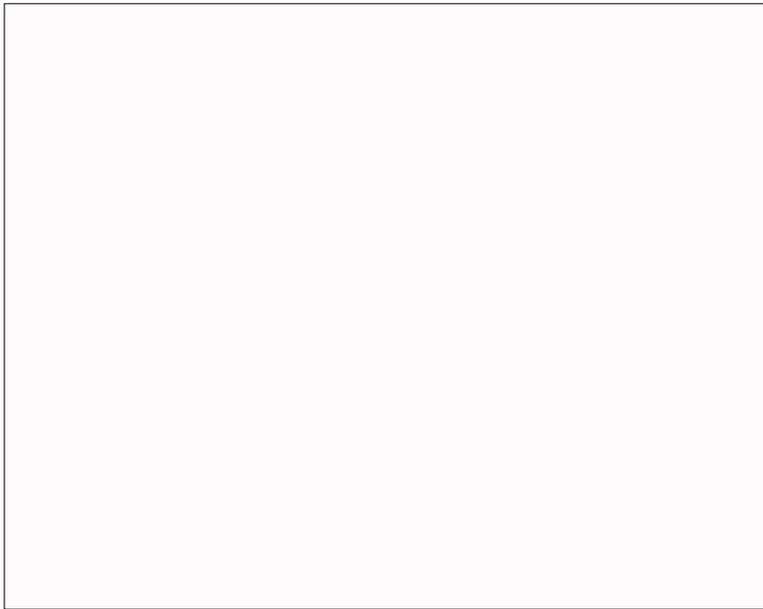


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

4. Dilatation and Curettage – D&C

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a procedure to remove tissue from inside the uterus

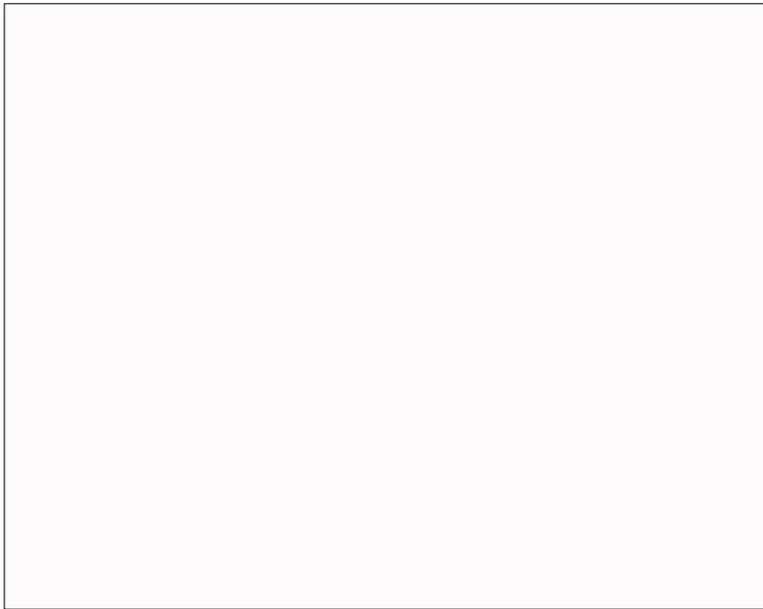


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

5. Ectopic Pregnancy - Laparoscopically

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: Salpingostomy and salpingectomy are two laparoscopic surgeries used to treat some ectopic pregnancies



Position v1: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Treguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v3: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: Pendant Camera Stack / SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

6. Hysteroscopy

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a procedure used to examine the inside of the womb (uterus)



Position v1: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Treguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v3: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: Pendant Camera Stack / SCD's / Bair Hugger / Diathermy / Suction Canaster

Operating Table and patient positioning requirements



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7. Hysterectomy / Total Abdominal Hysterectomy - T.A.H

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: A partial hysterectomy removes the uterus. A total hysterectomy removes the uterus and the cervix



Position v1: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

8. Hysterectomy / Laparoscopic

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a procedure to remove the uterus through an incision in the vagina



Position v1: Lithotomy / Trenguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: Pendant Camera Stack / SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

9. Large Loop Excision of Transformation Zone - L.L.E.T.Z

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is an operation done to remove abnormal cells from the cervix or the neck of the womb

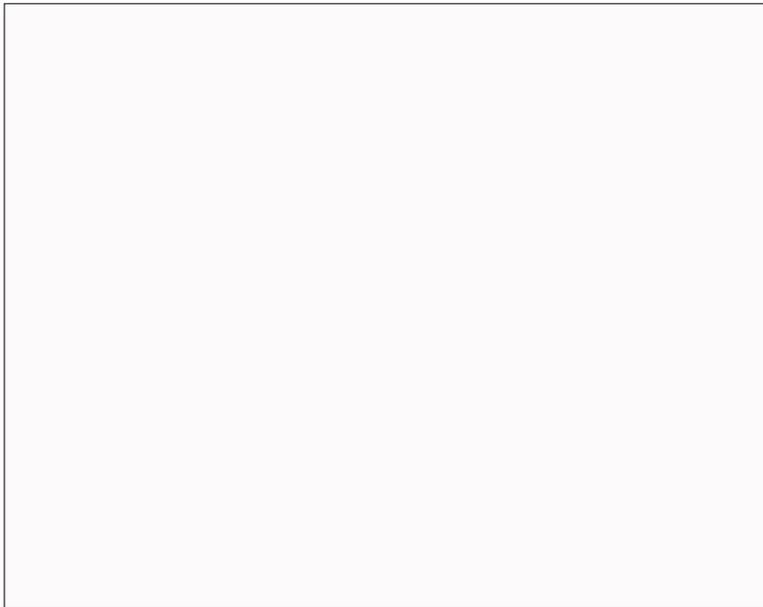


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's Machine / Bair Hugger machine / Diathermy machine / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

10. Lower Uterine Segment Caesarean Section – L.U.C.C.S

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is the most used type of Caesarean section.



Position: Supine / Arms Out

Setup: Diathermy Plate / Arm Boards x 2 Sheet on Table / Sahara (Absorbent Trauma Mat on) on top of sheet / Bair Hugger / Warm Blanket / Heal Gels under feet

In Room Equipment: SCD's Machine / Bair Hugger machine / Diathermy machine (Pad on right) / Suction Canister Tree / J Boards for leg support / Seat Belt on hand if / needed / Heal gels / Foam for catheter bag contact

Operating Table and patient positioning requirements



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Dr ?????: Add requirements here

11. Lower Uterine Segment Caesarean Section + Salpingostomy

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is the most used type of Caesarean section.



Position: Supine / Arms Out

Setup: Diathermy Plate / Arm Boards x 2 Sheet on Table / Sahara (Absorbent Trauma Mat on) on top of sheet / Bair Hugger / Warm Blanket / Heal Gels under feet

In Room Equipment: SCD's Machine / Bair Hugger machine / Diathermy machine (Pad on right) / Suction Canaster Tree / J Boards for leg support / Seat Belt on hand if / needed / Heal gels / Foam for catheter bag contact

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

12. Pelvic Mass

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a growth that happens near or in the fallopian tubes, ovaries, uterus, and connecting tissues



Position v1: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Treguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v3: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's Machine / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

13. Post Partum Haemorrhage – P.P.H

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is repair of heavy bleeding after the birth



Position v1: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks / Bag lined bucket

Position v2: Lithotomy / Trenguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks / Bag lined bucket

Position v3: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks / Bag lined bucket

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's Machine / Bair Hugger / Diathermy / Suction Canaster Tree / Clinical bag lined bucket

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

14. Salpingostomy

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is the surgical removal of a fallopian tube



Position v1: Lithotomy / Trenguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's Machine / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

15. Total Abdominal Hysterectomy – T.A.H

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is the Surgical removal of the uterus along with the cervix through the abdomen



Position v1: Lithotomy / Trenguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

16. Trial By Forceps

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: Is an attempt to deliver a baby naturally before reverting to Caesarean Section

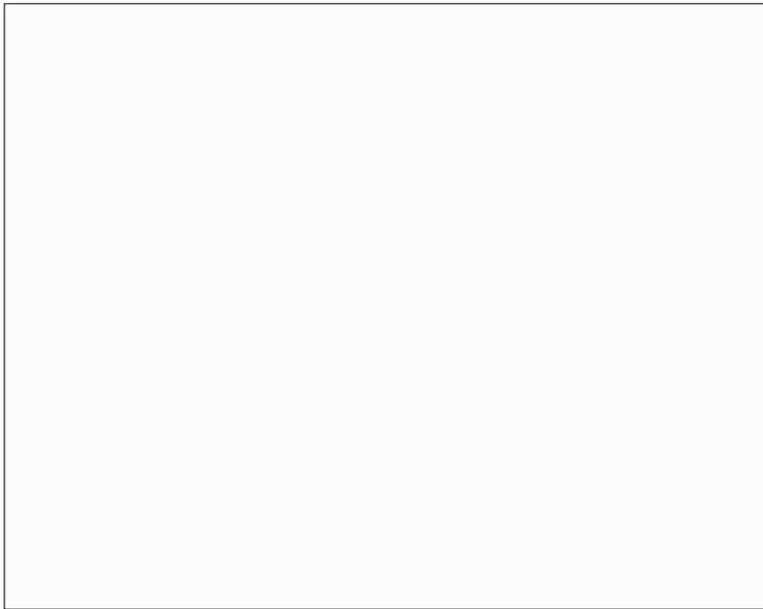


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



Setup Guide: Guide / Notes / Process on setup to be added here

Surgeon Preference:
Dr ?????: Add requirements here

17. Vaginal Hysterectomy

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a procedure to remove the uterus through an incision in the vagina



Position v1: Lithotomy / Trenguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



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Surgeon Preference:
Dr ?????: Add requirements here

18. Ventouse

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a method to assist delivery of a baby using a vacuum device

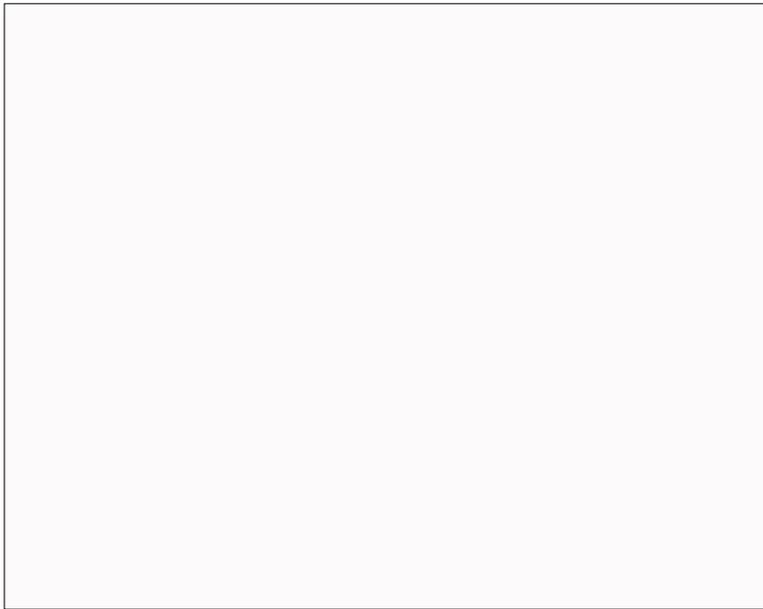


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



Setup Guide: Guide / Notes / Process on setup to be added here

Surgeon Preference:
Dr ?????: Add requirements here

19. Ventrosuspension

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is the surgical fixation of a displaced uterus to the anterior abdominal wall



Position v1: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Position v2: Lithotomy / Treguard / Arms tucked using pillowcases/ Slide sheet used to move patient into position, then removed / Towel on floor / Bluey under buttocks

Position v3: Lithotomy / Tilt Mat / Arms tucked / Slide sheet used to move patient into position, then remove / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



Setup Guide: Guide / Notes / Process on setup to be added here

Surgeon Preference:
Dr ?????: Add requirements here

20. Vulvectomy

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a procedure where a surgeon removes all or part of the vulva

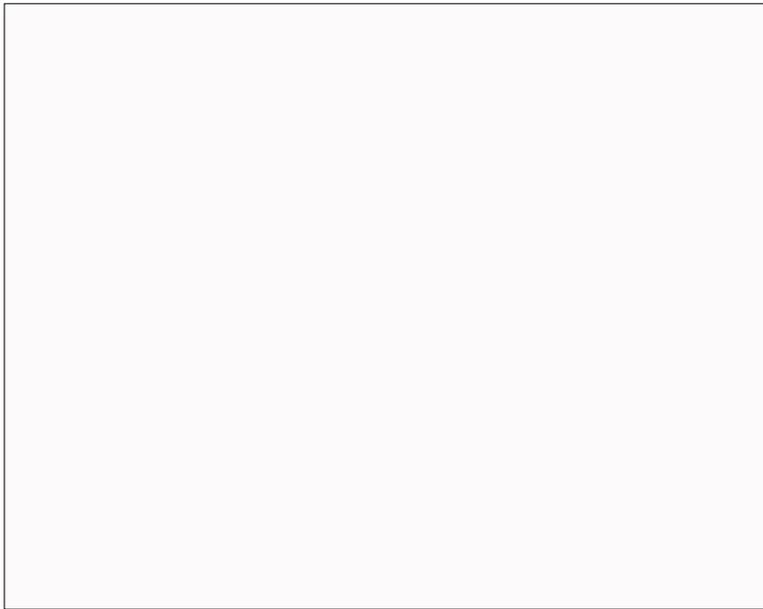


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canaster Tree

Operating Table and patient positioning requirements



Setup Guide: Guide / Notes / Process on setup to be added here

Surgeon Preference:
Dr ?????: Add requirements here

21. 3rd Degree Tear

(Home) Important: Confirm all requirements with surgical team prior to setup. This includes Theatre table orientation, patient positioning and theatre equipment requirements.

Description: is a tear that extends into the muscle that controls the anus (the anal sphincter)

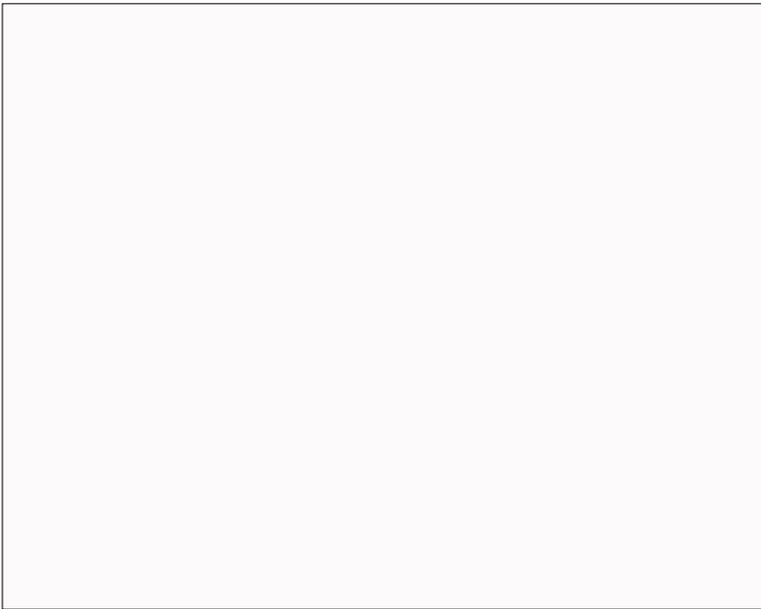


Position: Lithotomy / Arms Out / Sheet Under Patient / Towel on floor / Bluey under buttocks

Setup: Arm boards x 2 / Table head end removed / Table light end attached / Stirrups for legs / Warm blanket / Clinical bag lined bucket floor below

In Room Equipment: SCD's / Bair Hugger / Diathermy / Suction Canister Tree / Clinical bag lined bucket

Operating Table and patient positioning requirements



Setup Guide: Guide / Notes / Process on setup to be added here

Surgeon Preference:
Dr ?????: Add requirements here