

SOUPS AND SALADS



Spring Beet Salad

Farmhouse chevre, fresh orange, dry mustard vinaigrette dressing.

Greek Salad

Tomato, cucumber, red onion and feta cheese, drizzle with oregano vinaigrette.

Tricnic Fresh Green Salad

Tomato, cucumber and lettuce, drizzle with honey basil lime dressing.

Tricnic Coleslaw Salad

Finely shredded raw cabbage and carrot drizzle with Tricnic vinaigrette dressing.

Vegetable Beef Soup

Full of tender beef, lots of veggies and delicious flavour.

Cream of Pumpkin Soup

Velvety smooth and delicious, Finished with Roasted pumpkin Seed and shavings of parmesan.

Vegetable Corn soup

This soup is perfect all year around warm, healthy and satisfying.

Chicken Noodle Soup

Fresh seasonal vegetable, Leeks carrot, celery and potatoes.

