

All life forms on planet Earth emit vibrations. These vibrations radiate in varying strengths on several levels. Each being's life span can be compared to a song. That song is added to their cosmic record collection. There are several variants that throughout the span of your listening pleasure change and morph. There are components of different beats, instruments, voices, lyrics, pitches, patterns, singers. How is that song projected into the World? With what medium? Certainly, a live concert has a different feel than the radio recording. The variables of the same components change and so does the experience of listening to the song. When an individual presents themselves, they are giving their Opus. Does their song soothe you? Does it make you angry? Does it start quietly and end with an Epic breakdown? What kind of song is it? Is it acapella? Can you, or others listen to it on repeat all day? Are you a guilty pleasure? Is your song classic or contemporary? The factors are limitless. Then we get down to the nitty gritty..... do you like the song? Do others? Certainly, one should not use other's opinions as their deciding factor, but it's important to be objective and open, even if it means rejection of your Opus. Knowing who your target audience is and what weight you carry their approval is important and takes honesty.

One might say a being's vibrations are "good" or "bad". In fact, people often do use this polar judgement. Where they perhaps fail, is in the comprehension of what they are saying. This generally halts growth in the spiritual and acknowledges the tribal nature of living beings. What if we venture to say that Vibrations are neither good nor bad. They are different. Humans are either afraid or intrigued by novelty. Jealousy is generally love and hate in a lovely stew. When you reject others, and claim they have bad vibrations, does that mean yours are good? To whom? To you. Otherwise, you wouldn't emit them, you would change the melody. Perhaps, instead of complete rejection and skipping the track, one could find something they appreciate about the song. Perhaps it has a chorus with a sample to a throw back song they like. Perhaps the lyrics are good, just not sung by a voice that you find soothing, exciting or melodious. This is the job, of all integrative beings. Those seeking a Harmony that exist on a less dense plane. If you reject outright a song based on it's genre, lead singer, or lyrics alone you are denying yourself the ability to see the light of another's creation. You are closing your ears and eyes (particularly your third eye, quite literally). Usually, our rejections of any being, is based on fear. We generally reject with fear as a survival technique. It is genetically coded from our senses when something alters our vibrational receptors in a way that reflects an earlier memory. For instance, should one hear a song at their mother's funeral, they may not enjoy listening to that song in the future. It may bring on feelings of sentiment, loss and grief. For others, perhaps they feel positive when they hear the song. Maybe it reminds them, that mother is present in the collective consciousness. Perhaps it triggers positive memories. Fear is important to acknowledge, but not good to be subservient to. What we defend ourselves against, we generally empower. When one says that vibrational energy is bad or good, one is acknowledging that they are sensitive to that energy, and it can overpower them. That's okay. Beings are sensitive, beings are supposed to acknowledge what is best for them and what is not. Just be careful of how this is executed and to what extent. It is getting increasingly difficult for some to hold any vibration with so much interference. Let's not fail to mention how important the protection of your harmonic vibratory emission is. Letting one's song be heard in the medium they desire; with the response they anticipate is no small feat. Especially when there is a great deal of loud background noise. You may be aggravated with the sound of sirens, children practicing saxophone, pots and pans in the kitchen, video games being played. You may be distracted by these sounds. Beings have options at this point: Block, Force or Integrate. We block by building a state-of-the-art soundproof booth. At this point,

one effectively blocks out anything that can obstruct our song. Great, now we have prevented any other sound, beautiful or not, from getting in the way. Even the song of our loved ones. What if we built our booth before our loved ones came into our lives? Then, we wouldn't have ever listened to another song we love. Perhaps never knowing a beautiful sound that could influence the human Opus, so to speak. Only ours. Things we love build us and influence us. Who says we aren't going to want a little influence from another artist. At the least, you might get some good advice on better speakers or a producer that's amazing. We cut off all outside source of inspiration. On the other hand, one might Force their song to be the loudest. Now, a state-of-the-art sound system, that can be heard for miles has been erected. It matters not whether anyone approves. It can be said that it is beautiful to fearlessly present your song, your truth. Absolutely beautiful but, forcing it upon others is another story all together. What about the baby in the next house taking a nap? What about your loved ones in the house, trying to create their own beat, know their own melody in their reality. The choice to block their creation inevitably will filter to you. One must consider their choices and be careful of how to enact their will. The balance between society and one's environment maintains their homeostasis and adaptation rate. Power, Influence and Strength are a huge responsibility. It is not to be said that strength does not require muscle. Peace is only created in a lack there of. Peace, or the idea there of, is a utopia that is very personal to every human being. A human being's joy can be found in the process of making peace. Harmony and peace are not always interchangeable in a literal context. Peace does not indicate harmony to some and vice versa. The two are independent thoughts. The goal is harmony, the methods are sometimes peaceful. It depends on the medium in which the song is being projected. It is the responsibility of each human being to take those around them into consideration, whether the consideration allows for those in tandem to have their needs or desires met, is up to the artist and those that follow them.

Chakra activation can occur when two living beings create an energetic covalent bonds based on their DNA , chosen path, past lives, soul contracts and splinter souls. However, if their path is not acknowledged, the activation can go unrealized. This also goes for DNA that has been blocked due to extrinsic factors. Extrinsic factors of the mind and body inevitably effect the spirit. It is important to harmonize all three by being present and conscious of: not only your intensions/actions but also those in your Soul Group(ie family). One must be their own vessel of scientific research. When in harmony with their mind, body, spirit and how all three works within their environment effects one's receptivity. There is a lot of factors that are all within our control. This is where all must act. Some have made choices to apply their skill and work in flow with their chosen path. We have lost some completely or activation has yet to manifest. To activate your path, you must seek it and acknowledge it. Because of misinformation and conspiracy, it is an uncomfortable situation for most humans. Acceptance of one's fate can make one feel as though they are alone. What if Napoleon never believed in "Destiny"? The consciousness within us can be likened in a personification of God. We chose our path and the manner of which you travel along it. It's a choice. Some choices may be limited depending on your chosen path. There are always multiple decisions that occur on a person's through- hike of this experience. Imagine being placed on a forest covered Mountain (Depending on your personality, we can go the stranded island in paradise scenario aswell....why not? It's your scenario) Imagine. So, are you scared? Of what? Are you excited? About what? What are you going to do? Some beings want to look around their drop spot and observe, or perhaps plan, maybe figure this place out. Some want to get a lay of the land, look around, forge ahead so to speak. Some are looking for a way out, and some are looking for a way to

survive. All depends on the goal of the human and their drop spot. Eventually, we start creating a comfort zone. What does comfort mean to you? Do you have a cave or are you a Swiss Family Tree House kind of person. Does your comfort zone exist in places in trees high enough to see the sun, or underground beneath the Earth? What makes you comfortable? Is it having lots of people around, is it being alone, is it having money, is it knowing you aren't alone, is it knowing you are physically safe? What do you need to know? What makes you comfortable? What is comfort? For people who like predictability comfort aligns coterminously with familiarity. For people who thrive in changes, familiarity smells like death. It all depends on your previous experiences and how that computer you call a brain processes the records of your MBS.

All beings have extremely complicated DNA strands, which goes without saying. At an elementary level, some traits are inherited by your X chromosome, some by your Y. As most people know, we certainly can add some letters of the alphabet to that, or possible variants. Suppose the traits of X are not realized because of the environmental and physical acknowledgement of an outside force. Like a muscle, if not exercised consciously and unconsciously, the spirit, the mind and of course the body are without essence. That will inevitably effect a family line for generations to come without intervention.

Being's Acknowledgement and final release of patterns destructive to their purpose is an interesting experience. Usually a beautiful, inspiring, mind-opening, healing, stoic moment of grace. This decision is the catalyst for the activation of chakras that can help one execute their higher intended purpose. Thus, further harmonizing one's genetic line as well. One might think of it as the good you apply to a Worldly purpose will heal the pattern's destruction of the past. This "butterflies" into cosmic effect. A new story begins, one has identified their path and transmuted darkness into their source of light. This is an energy source created by metaphoric dam, if you will. This will automatically create reactive energetic waves. Like when two waves collide. One might compare it to quitting an unfulfilling habit, person and/or life style. A vacuum of their energetic existence, if you will. At the point of their decision, they are generally at their weakened state. Admittedly so, otherwise they would not be looking for a pivotal choice to make at all. It is usually a difficult decision, life changing. A new reality. The daily cycle of which one has acclimated themselves has changed. Change on the physical, mental and spiritual plane. It requires fearless acknowledgement of the unknown, but knowing it is better than where you are. Which is in a state of emotional mental and physical disharmony, illness, discontent etc. For a lot of light beings, star seeds, indigo kiddos, hybrids, etc. there is acknowledgement of trauma, process, purpose and release. Throughout all these steps, beings grow in their strengths and abilities. At the final release, so that is released all that blocks their genetic potential for activation. One can also liken it to falling in love. Which indicates its own release. Its own truth. One may feel their purpose in Earth is acknowledged because they are acknowledged and appreciated. They feel activated, new, fresh and purpose driven. They are renewed, they are safe in the universe of their creation. They feel self-love and a need to project that love onto others. This love can exist platonically as well. Not all who love are necessarily lovers on Earth. Free love is a great term, be careful how you apply it. Many apply it to a situation that infers promiscuity. Unconditional love is the only "free" love and it exists whether or not physical interaction and/or reciprocation exist. Our lives are like puzzles, some of the pieces do not touch, but they create a whole picture nonetheless and are incomplete without one piece.

Experience itself, does not infer growth. It is how one applies what they learned from the experience and how they apply it to future opportunities. What one learns is how to best serve their purpose for

results they desire. The development of a human being requires consideration on various levels in order to grow. From the inception of one's fate driven reality, one's mission is to identify their chosen purpose and subsequently execute that purpose into their chosen environment. What choice every human has in common is Earth as it's starting point in this incarnation, this experience. Thus, a service to Earth is a service to self, mankind and all extensions thereupon. Earth's creation and/or existence alone has evidence of a greater existence and harmonic balance. As of yet, there is no one human being that has the power in one lifetime to create the planet Earth. All creations and inhabitants affecting one another. Symbiotic relationships that rely on duplicity expanding exponentially. One might compare this thought to nature's extension and connection to the butterfly effect concept of time lines and dimensional awareness. The main encompassing theme throughout all Natural, Earth, Space Sciences is harmonic relationships and volatile relationships. What results from either is generally considered scientific law. There are varying shades of grey matter between the different layers of the Scientific Cake.

There is a great concern with younger generations trying to find balance between Scientific based discovery and Self Discovery. Both paths in their ideal course require periods of time and proper analysis. Although there exists a great deal of resources available to humans in the 21st century to do adequate research, those resources come from a place of practical knowledge, depending on the source. One must be careful of not interpreting anything out of context. Application of knowledge in obtuse ways to justify human behaviors is backwards. Flowers do not complain while they are blooming, they take in their nutrients and get to work growing. One might assume Google has all the answers. Let us think of search engines as librarians. Your librarian is not perfect and does not know where every book is. Your librarian has not been to medical school. Nor does she have every correct answer. Depending on the search Engine, your librarian may be bribed not to show you some books. She may also have a drinking problem and go on benders for days at a time. She could be an author, and push books by herself and her friends. We cannot expect our librarian to be our brain. She is not a doctor, lawyer or Indian chief. She is paid merely to point inquiring minds in the direction of where one can find information that someone else collected that contains some or all the words you said. Be careful of mistaking a river for the ocean. Try to find a variety of librarians, sources, worm holes for knowledge. What is a reputable source? Humans can be mistaken by things that happen right in front of them. People also put a factual narrative, on a finite human perspective. This leaves younger generations walking around with the confidence of ignorance. Even worse if you put weapons, drugs or money in their keyboard callused hands. The confidence of ignorance rarely does sustain the winds of change. It's sail slack, it's no longer Yar. It capsizes faster than a toy boat in a hurricane. It's a scary place to be when the wind blows. With so much information, so readily available what does one do to protect their mind? When an attorney in a jury trial asks an objectionable question, the jury is asked to forget it ever happened. Is this what civilization is expected to do all day, every day? It's an inundation nation my friends. You are being sold a book of business every second of every day via: Telephone, Text, Email, Billboard, Snail Mail, Social Media, Internet Targeted Advertising, TV, Radio, Podcasts, Banners, Lawn Ticker, Vehicle Signs, Coupons, Clubs, Spiritual and Metaphysical Gurus, Politicians, Celebrities, psychic leading et al. They love your money so much, there are algorithms developed just based off your personal purchasing and browsing/viewing habits. Aren't they nice? They even sell all your consumable products to you "cheaper" (at competitive prices) if you provide them with your phone and/or email. That allows them to pinpoint not only what, but also where and when you purchase. Not to mention how much you spend. They can also sell your information, so it's an asset to them and their corporation.

Did you know you are an asset? Woah, you are super special. Makes it kind of feel like everyone is trying to make your life easier. One must look carefully at the Kool Aid. What you are drinking might be spiked with intentions that do not necessarily serve your needs, purpose or desires. It's good for an Economy to consume. It's good to have competition in a capitalistic system. It is good for humans to want and have things, it creates desire and physical impetus. It is not proper for a human being to be stagnated by a beehive that is running diversionary tactics that are enviable of any NFL offensive line. Not to mention carbon trails, plastic waste, trees it goes on forever. Our Earth and it's inhabitants suffer when foresight is abandoned for the sake of the individual dream. We all deserve a dream and the opportunity for actualization. But, is the same to be said for a serial murderer. Pablo Escobar had dreams. Osama Bin Laden had dreams. Stalin had dreams. Henry VIII had dreams. The Capitalistic Dream, the "American Dream", is it a rowboat in a hurricane? What becomes of that rowboat is defendant upon the crew, the boat itself, the Earth's Magical Storm. That is where some focus needs to return: The people and the earth.

Hope and Light are often related. What one hopes for, dreams of, desires, longs for, wishes for; creates an initiative of action and thought. The results of those actions can be immediate or delayed, tangible or intangible, gratified or not, regardless there exists results. Humans analyze actions and results based on their knowledge (usually incomplete knowledge). The only person who knows the full spectrum of one's desires is the subconscious and conscious of the initial executor. We are not all meant to provide an inner dialogue. The new generation seems to communicate with single word references and visual reference, rather than verbal. A lot is left up to interpretation, like minds seem to always find one another. A reference point must be used in order to understand one another. The same could be said in a literary sense to past generations. "Did you hear about this....." One says, and a dialogue ensues. Reference points, opinions, ideas and perspectives all play a role. If the reference point and perspective are seemingly viewed in a less than becoming light, so shall be the dialogues, thoughts and opinions. So, who do you tell your story to? To those that appreciate it. To those that see your actions, understand your thoughts and support your vision, dream and hopes. Those are your teammates, friends and family. Also known as your soul group. Soul groups change, they morph as all humans do in time. A change in a soul group is one of the most difficult experiences a human can experience. Change, loss and absence all create voids. Voids are decidedly dangerous. They take time to fill, to pivot, to navigate. How do you fill a hole without the dirt you dug out? That is with hope. Hope helps you seek soil, so you can fill the hole and plant flower or perhaps a tree. A tree that will harvest life, provide shelter, possibly provide sustenance will stand soon where that hole was, with a little bit of hope. Hope helps you climb out of the hole, search for better soil and seeds. Seeds that will grow when the sun shines and the rain falls. That tree doesn't even know that there used to be a hole where it once stood. But, it's mere existence depends on the hope that it would one day be there instead. Hope is powerful. Know how your hope is a survival instinct. It is a creative force as strong as life and death. It can supersede either, it can move mountains and part seas. It creates and breaks. It tells you that you can have light, love and what you seek. Hope transcends timelines. Hope is faith in oneself and their environment. Without hope, we are without blood, air and water. We suffocate, become lifeless we dehydrate and wither. Do not sneer at hope. Treasure it, value it, analyze it. But never try to kill it. You certainly have the right to reflect on hope and whether one's hopes are realistic, healthy and/or "well intended". Be willing to expect that the hopes of other's may be for your hopes to fail. That is human nature. Your neighbors may bring powerful insight on the potential for failure. They may say you will be unsuccessful in growing

a tree and planting some flowers. All they see, is a hole in the ground. But, you see the tree. So, perhaps their anticipation of failure is a tangible executory perspective with which you can troubleshoot potential points of failure. The land doesn't get a lot of sun, be mindful of picking which tree to plant. You don't have a sprinkler system in place, analyzing the rainfall of your regional planting point (wait.....we're out of our hole?, we're analyzing with our brains instead of drowning in our emotions...YES!). Along the way, we use our resources to finalize our vision. Resources we knew we needed in advance, because we were seemingly doubted. A practical mind aloud us to execute. Some people refer to any objection as hate. Perhaps it's just a flashlight directing us to the proper seeds for planting. At the end of the day, the rudimentary idea is magical. You had a picture in your mind, a vision, and your hope and faith (intangible nonexistent existential bits of mindfulness) and fostered the growth of a living creature and all extensions thereon. That is what is meant when they say God granted humans with "free will".

Systemic Auto-Healing is a process a human can master to an extent. Some scars will not regenerate so to speak. Healing is very specific to a human being and genetic line which is why intuitive empaths are very good at it. Regeneration requires again, applying Harmony on a Physical, Mental and Spiritual plane. Your Body is directly affected by the relationship between the three. This is important to acknowledge, you have control of your ship and where it goes: speed, distance, altitude and direction are all at your discretion if you are willing to accept and acknowledge this. If you are unwell, you are no victim, you played a hand in the manifestation somewhere along the line. Once you empower yourself you can heal yourself. Intention to heal must be physically executed in a logical manner and objectively. This inevitably requires gathering of knowledge and exercising one's resources: ie equipment, instructors, doctor's, guides, groceries, the kit and caboodle. This process will slowly reveal insights. Scientist and doctor's rarely heal overnight. Even in video games you are required to take time out to heal. If you integrate healing into your daily life and are observant of your incoming and outgoing genetic line you can easily spot patterns and weed out illnesses that are inherent. Our mind and Spirit have more power over our bodies than we are lazily unwilling to accept in the 21st Century. When facing physical struggle within a human body (or any challenge); if one anticipates failure, one will not try. If you never try, you never succeed. Anticipate failure you will create it. Perhaps pivoting to an anticipation of success after a series of challenges and setbacks is a realistic thought. Clarifying the bond between one's consciousness and one's physicality is sometimes easier when listening to the insights. You may think you are the healthiest eater, but you have health issues. Anything entering your body is your cellular determinate, it's fuel. That fuel may be cheaper, closer, easier, delicious, and overall, more attractive. That fuel may have a skull and crossbones, but a You Tuber relayed it as a "Super" food, so you throw it in the gas tank and rest assured, you might stall kiddo. Get wise to yourself, don't be lazy. Also understand boundaries and genetic predispositions. A large group of communities that exist outside of their ancestral homelands suffer when their diets change. The interesting angle of this is when an exodus occurs, but the diet does not differ, only the origin of the ingredients. Several Asian immigrants will not/cannot eat rice that is cultivated in the United States. Same food, different farmers and soil, different results. A more extreme thought is: No farmers add chemicals, hormones, a lab and some newly rich agricultural scientist seduced by Governmental Pockets.....that's a physical shock. Your body would only recognize that shock if you went from one extreme to another. A slow devisive infiltration of poisons entering mainstream American food is a reality everyone should acknowledge is real, because it is. Such is the nuance of one's body. Listen to

YOUR body. You know it better than anyone. It's flipping yours, do not hand over that power. Being subservient to dietary intricacies, doctors, books et al can be counterproductive to the evolution of the human body. I "cannot" eat that. I "cannot" drink that. Dangerous words. Gives too much power away. That "doesn't agree with me", or acknowledgement within ones self works well enough. But, don't be afraid of a hamburger. It doesn't hold a knife, it holds protein, iron and other important necessary nutrients. If there are other ingredients in said burger that can harm you, you are aware. You are also aware that cars crash as do planes, but if you don't ride in them once and a while, you're going to have to change your lifestyle in such a way that you are altering your entire course. Also, keep in mind that the best way to build a resilience to poison is with slow gradual inclusion. Same is said for viruses. Respect your body, listen to it, but make sure brain and spirit keep it in its place. An airship doesn't fly without a pilot and atmosphere. A sailboat doesn't sail without wind, water and captain. The sacred 3, the triangle, the pyramid.....the mind, the body and Spirit. Healing the MBS is a very personal journey. Humans want to exert individuality beginning in their youth, oft times their expression of individuality is truly an expression of conformity. Some may leap to evidence of brainwashing, but to some that would be considered an extreme interpretation. In a perhaps more superficial manifestation of the idea would be fashion and the fashion industry. Kids want new shoes; for rudimentary example. Are they the shoes that are the most comfortable, are they the most recent style, are they the classic version, are they rare, are they obscenely expensive, are they ergonomic, recyclable, or produced by a philanthropic purposed company, were they made in the US/ do you care where or who made them? These are patterned choices that develop over time that can exhibit the thought pattern of a human being; Should the pattern of choices come from the same motivation. (i.e. to purchase an item you want to use/ Or to exert yourself) Letting the popular media and trends guide you is very dangerous. Not being aware of the society around you and its motivations is very dangerous. So, where do you go? Your intuitive cycle. Your body receives a trigger, your brain interprets it, your spirit guides and oversees the process and then stores it. At this point, the spirit sends said trigger back to brain to direct human tangible execution of physical thought and analysis. There are amazing Medical Doctors and a lot of them are on websites and giving YouTube tutorials etc. that go viral and make them celebrities. An even larger number of Amazing Medical Doctors are out there doing the work, and not spending their talents trying to use their image to capitalize on their abilities. True heroes need No Worship, and rarely desire it. There is no denying the usefulness of an Internet Tutorial. That usefulness should be a product of consideration to the helpfulness of its content and how it will be used by those who view it. There are amazing shoes out there, which is right for you? You can figure that one out. You have an intuitive process; it's been developing since you were a kid. You think your taste has changed, but it's just a change in your intuitive process and patterns. The change in patterns is a pattern itself. Everyone shifts and learns at a different rate and according to different stimuli. Some wear the same style shoe for years, until it no longer works for them.