



Dinner Options:

Pasta Bar

Meatballs in Marinara Sauce
Grilled Chicken in Alfredo Sauce
Penne Pasta
Caesar Salad
Garlic Bread

Mexican Fiesta

Seasoned Ground Beef
Mexican Rice
Black Beans
Jalepeno Corn
Lettuce, Tomatoes, Cheese,
Sour cream and Salsa

BBQ Favourites

Smoked Pulled Pork or
Grilled Chicken
Cheesy Potatoes and Veggies
Caesar Salad
Soft buns

Teriyaki Stirfry

Grilled Chicken
Broccoli, Carrots, and Snap peas
White Rice
Green Onions
Sesame Seeds





Shepperd's Pie

Seasoned Ground Beef with Veggies
Creamy Mashed Potatoes
Caesar Salad
Dinner Buns

Greek Night

Marinated Pork Skewers
Lemon Greek Rice
Caesar Salad
Tzatziki Sauce
Flat Bread

Lasagna

Baked lean ground beef lasagna with
layers of spinach and cheese
Caesar Salad
Garlic Toast

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Lunch Options:

Hamburger Soup

Homemade Hamburger Soup
Soft Buns
Veggie Cups with Dip

Tortellini Soup

Tomato Soup
with Cheese Tortellini

Chicken Caesar Wraps

BBQ Mac and Cheese

Creamy Mac and Cheese
with Smoked Pulled Pork
Caesar Salad
Veggie Cups

Hearty Beef Stew

Slow cooked beef with
Potatoes, Carrots, Celery,
Barley in a herb broth
Soft Dinner Buns

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