



Prepackaged (Bus) Options:

Balanced, athlete focused meals prepared fresh and packaged for travel.

Meatballs and Pasta

Beef Meatballs in our slow
simmered Marinara Sauce
Penne Pasta
Caesar Salad
Garlic Bread

Chicken Parmesan

Grilled Chicken
Homemade Marinara Sauce
Pasta
Green Beans
Caesar Salad

Performance Plate

Grilled Chicken Breast
Roasted Potatoes and
Seasonal Veggies
Caesar Salad

Teriyaki Stirfry

Grilled Chicken
Broccoli, Carrots, and Snap peas
Long Grain Rice
Green Onions
Sesame Seeds



ADD THE OFFICAL GAME DAY COOKIE

Game Day Doubles by Jules

2 fresh baked, bakery style cookies per athlete

\$3.00 per player





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Grilled Chicken Burger

Grilled Chicken Breast with
Cheese, Lettuce and onion
Fresh Veggies and Pickles
Greek Pasta Salad

BBQ Favourites

Grilled Chicken Breast or Smoked
Pulled Pork
Creamy Mac and Cheese
Mixed veggies and Buns

Chicken Quesadas

Grilled Chicken Breast
with cheese and veggies
Seasoned Rice
Mexican Street Corn



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