

Patient Name _____ Past Medical History _____ Date _____

Please check any condition you have or have had. ☐ No medical history to report

☐ Allergies	☐ Lung disease	☐ Acid Reflux	☐ Stroke
☐ Anemia	☐ Meningitis	☐ Glaucoma	☐ Substance Abuse
☐ Anxiety	☐ Depression	☐ Gout	☐ Thyroid disease
☐ Arthritis	☐ HIV/AIDS	☐ Heart Attack	☐ Tuberculosis
☐ Asthma	☐ Kidney Disease	☐ High Cholesterol	☐ Ulcers
☐ Blood transfusion	☐ Diabetes mellitus	☐ Osteoporosis	☐ Anesthetic Complications
☐ Cancer	☐ Clotting Disorder (blood clot)	☐ Seizures	☐ Cataracts
☐ Congestive Heart Failure	☐ High Blood Pressure	☐ Sickle Cell Anemia	☐ Other: _____
☐ Nerve/Muscle Disease			

Past Surgical History

Please check any surgery you have had. ☐ Never had surgery

☐ Appendix	☐ Colon Surgery	☐ Hysterectomy	☐ Heart Valve Replacement
☐ Brain Surgery	☐ Fracture Surgery	☐ Joint Replacement	☐ Cosmetic Surgery
☐ Breast Surgery	☐ Hernia Repair	☐ Small Intestine Surgery	☐ Orthopaedic Surgery _____
☐ Open Heart or Bypass Surgery	☐ C-Section	☐ Spine Surgery	☐ Other: _____
☐ Gall Bladder	☐ Eye Surgery	☐ Tubes Tied	

Social History

Please check all that apply

☐ Current Every Day Smoker	☐ Never Smoker	☐ Alcohol: Drinks/week _____	☐ Drug use: Uses/week _____
☐ Current Some Day Smoker	☐ Passive Smoker (2 nd Hand Smoke)	_____ Glasses of wine	☐ Marijuana
☐ Former Smoker	☐ Vaping	_____ Cans of Beer	☐ Cocaine
Quit Date _____		_____ Shots of Liquor	☐ Methamphetamines
		_____ Drinks containing 0.5oz of alcohol	☐ IV

Family Medical History

Please write in any medical condition or disease that has been in your family

Disease	Family Member(s)	Disease	Family Member(s)

Current Medications ☐ No medications

Medication	Strength	How Often?

Medication Allergies ☐ No known medication allergies

Medication	Reaction	Medication	Reaction

Primary Care Provider: _____

Pharmacy: _____

Current Problem

Name: _____

Age: _____

Right Handed / Left Handed / Ambidextrous / Cross-dominant

Reason for today's visit: _____

Date of onset of symptoms: _____ Is this visit due to Injury or Accident? Yes / No If yes, did it happen at work? Yes / No

Please describe what happened: _____

Since onset the symptoms are: Improving / Worsening / Staying the same

Pain is: Sharp / Dull / Achy / Throbbing

Indicate where your pain is located on the diagram below.

Do not indicate areas of pain that are not related to your current problem

Pain Rating: On a scale of 0-10

0= No Pain 10= Worst pain imaginable

At best: ☐0 ☐1 ☐2 ☐3 ☐4 ☐5 ☐6 ☐7 ☐8 ☐9 ☐10

At worst: ☐0 ☐1 ☐2 ☐3 ☐4 ☐5 ☐6 ☐7 ☐8 ☐9 ☐10

What makes your pain better? _____

What makes your pain worse? _____

Does your pain wake you up at night? Y / N

Do you experience any ☐ clicking ☐ popping ☐ locking ☐ crunching

Do you experience any numbness/tingling in the effected extremity? Y / N

How far can you walk? _____ What stops you? _____

Have you been treated previously for this injury? Y / N Where? _____ Surgery on this extremity? Y / N If yes, describe _____

Non-surgical: ☐ Physical Therapy (How long? _____) ☐ Corticosteroid Injection (how many? _____) ☐ Spling/Brace ☐ Other _____

What pain medications are you taking for this problem? ☐ Anti-inflammatory (Ibuprofen/Motrin/Advil) ☐ Acetaminophen (Tylenol) ☐ Other _____

Prior Diagnostic tests: ☐ EMG ☐ X-rays ☐ CT Scan ☐ MRI ☐ Other Diagnostic Tests: _____

What activities is this injury preventing you from doing? _____

What do you do for work? _____ Do you smoke? Y / N Amount _____

