We posted an electronic newsletter in January to let the community know what we are doing here at CASA. We just want to keep the community in the loop about upcoming events and programs that we offer survivors here at CASA, and how you, as our supporters, can get involved. So as you visit the website and read our newsletters, we would like to know what type of information you would be interested in knowing about. This way we can provide a newsletter that is informative and you get a say in what we talk about. This newsletter will be coming out quarterly and we hope that it gives more insight of what CASA is all about and what we are doing here. If you have any suggestions or ideas for our newsletter, or if there is just something you would like to know more about, please send an email to carolb@casafl.org.

Teen Primary Prevention Program
CASA’s primary prevention program works with area schools to help students understand the dynamics of dating violence. Advocates go into classrooms to talk with students about dating violence, boundaries, communications skills, stereotypes, media influence and where to turn for help. These sessions take place in 1 hour session over an 8 week period. Throughout the year CASA advocates work with youth through Friday Night Done Right events as well as other youth based community events.

Every year the Florida Collation Against Domestic Violence (FCADV) host an annual Youth Summit to kick off Teen Dating Violence Awareness month. The Summit empowers youth from around the state to be leaders in making social change in their community. This year’s event was held at Boynton Beach Community High School and the theme was “What’s Your Commitment?” During the summit, youth heard from guest speakers from Break the Cycle and Paul Porter (a Program Director for the Orlando based radio station The Wire 98.5, author of Black Out and former BET Program Director). The afternoon was spent in Workshops that covered topics like Activism and Social Change 101, What’s Media got to do with it?, Respect in Relationships, Letter to my Ex, and Real Talk. Citrus County was represented during the Youth Summit by 6 Lecanto High school Colors for CASA students.

Below is an account from attendee, Christopher Schmidt, 11th grade:

The 10th Annual Youth Summit was, to say the least, an eye-opening, incredibly helpful learning experience. The events that were held were very informative and I found myself learning a multitude of applicable skills. Moreover, the event was well-organized and assembled. In general, the entire Summit was a great experience, and left me with a desire to attend a second time.

Information for Teens
Last quarter, our newsletter covered the Economic Empowerment Program that we provide to our clients here at CASA. This program addresses the economic conditions that create barriers to the long-term independence and safety of survivors and their children. This quarter, we would like to explain why this training is such an important part of the support we provide to our clients.

According to the Florida Coalition Against Domestic Violence, financial dependency is the primary reason that victims of domestic violence remain in abusive relationships. Financial abuse can cause almost as much stress and pain as physical harm or emotional abuse. Eighty-five percent of women who do leave an abusive relationship will return because of their inability to deal with their personal finances. Dependent children, not having a job outside the home, and no credit or bank accounts in their name are huge obstacles for victims to overcome when leaving an abusive relationship. As a result of these factors, our Economic Empowerment Program has become a must have tool to help our survivors, and their children, build a successful future.