

## CASA + June 2025

### CASA Event Update For the Month of June

CASA Successfully held the yard sale in the month of may. This yard sale will be held every three months. We are looking forward to holding our next yard sale, stay tuned for the next date. CASA has attended several other events this month such as the Here To Help Event, Teen Night in Citrus Springs and the Sizzlin' Summer Bash.

#### Self Care Corner

Start your day with intention

Get plenty of sleep

unplug from your electronics

Spend time in

Treat yourself with kindness

Practice gratitude

# Community Happenings For the Month of June

- June 1st Inverness Blues Revue at the Valerie Theater
- June 6<sup>th</sup> First Friday in Downtown Crystal River
- June 7<sup>th</sup> Market at the Depot is 9AM-12PM and The Storm Distillery is Celebrating their anniversary 12PM-4PM
- June 8<sup>th</sup> Full Moon River Cruise 7:15 PM - 9:15 PM Captain Jodi (352)422-1122
- June 10<sup>th</sup> Full Moon Kayaking Tour 7:30 PM - 9:30 PM Rachel meeting location 8600 W Miss Maggie Drive Homosassa FI (352)462-1377
- June 14<sup>th</sup> Small Town Saturday Night Downtown inverness
- June 20<sup>th</sup> Art on the avenue Crystal River 4PM-8PM
- June 21<sup>st</sup> Market at the Depot 9AM-12PM
- June 28<sup>th</sup> The 27<sup>th</sup> Annual Homosassa Firework Festival 11AM-10PM
- June 29<sup>th</sup> Inverness Oddities Market 12PM-4PM 3600 S Florida Ave, Inverness FL 34450

### DV Fact of The Month

In Florida, nearly 40% of all homicides are related to domestic violence.



### Community \*\* Partner Spotlight

WIC is a federally funded nutrition program for women, infants, and children. WIC provides the following at no cost: healthy foods, nutrition education and counseling, breastfeeding support, and referrals for health care and community services.

This program provides:

- WIC participants receive food packages to supplement their diets, which can include items like milk, cereal, cheese, eggs, fruits, vegetables, and more.
   WIC provides information and support on healthy eating habits, including breastfeeding promotion and support.
   WIC offers education, peer counseling,
- and resources to help breastfeeding mothers.
   WIC helps connect participants with
- WIC helps connect participants with healthcare, social services, and other community resources.

Pictured from left to right: Kim Beistline, Joleny Leon, Felicia Deluca, Crystena Phillips, Sarah Stetson, Robin Chisman, Nery Rivera, Delany Zarbo, Grace Raynes, Sally Felix, Dannielle Palmer, and Maret Wachira

