

## Upcoming Events

CASA PRESENTS

# STEP UP FOR SURVIVORS

DOMESTIC VIOLENCE AWARENESS WALK

**SATURDAY  
OCT 1**

212 West Main  
Street Inverness,  
FL 34450

Pre-Event Checkin:  
10:30am  
Walk: 11:00-11:45

October is Domestic Violence Awareness Month. Join us as we unite to step up and speak out against domestic violence in our community.

This family-friendly event is free and open to the public. We will meet at the City of Inverness building and walk through downtown ending at the Depot. Children and pets are welcome!

All pre-registered attendees will receive a free CASA Citrus t-shirt and a free ice cream from the Train Station.

PRE-REGISTER TODAY: [CLICK HERE](#)

PRESENTED BY:   
Citrus County's Certified Domestic Violence Center

### Step Up For Survivors

Please join us for the 1st Annual Step Up For Survivors domestic violence awareness walk.

All pre-registered attendees receive a free t-shirt and a free ice cream. Register at the link below. Deadline to pre-register is September 16th.

[Pre-Registration](#)

## Purple Thursday

### Save the Date

October is Domestic Violence Awareness Month, and Thursday, October 20th is "Purple Thursday". Purple Thursday is a national day of action each October during Domestic Violence Awareness Month. It is an opportunity to raise awareness about domestic violence and an easy way for people to show their commitment to promoting healthy relationships. Please join us on October 20th, wear purple, be a voice, and start a conversation about domestic violence!



## Back to School - Relationships



As school begins, kids and teens will be faced with new and different peer relationships. How will they know healthy from unhealthy behaviors? Healthy relationships share certain characteristics that kids and teens should be taught to expect. Some of these characteristics are listed below:

- **Compromise** - One partner does not always get their way. Acknowledge different points of view and be willing to give and take.
- **Honesty** - Builds trust and strengthens relationships.
- **Trust** - Place trust in each other and give each other the benefit of the doubt.
- **Mutual Respect** - Each person values who the other is and understands each other's boundaries.

Kids and teens also need to know how to recognize when they are in an "**Unhealthy Relationship**". Some of these characteristics are listed below:

- **Sexual Violence** - One partner pressures or forces the other into sexual activity against their will and without consent.
- **Physical Violence** - One partner uses force to get his or her way. (hitting, slapping, shoving, etc.)
- **Intimidation** - One partner tries to control aspects of the other's life by making the other fearful or timid. One may try to keep the other from friends and family by threatening force or a break-up.
- **Dependence** - One partner feels they cannot live without the other and threatens to do something drastic if the relationship ends.
- **Disrespect** - One partner makes fun of the opinions and interests of the other. They may destroy things that belong to the other.
- **Dishonesty** - One partner lies or keeps information from the other and may steal from the other.
- **Hostility** - One partner may pick fights or antagonize the other to the point of the other changing their behavior to avoid upsetting the other.

- **Control** - One partner makes all the decisions and tells the other what to do, what to wear and who to spend time with.

Make sure you check in on your kids and teens relationships from time to time to ensure their relationships are healthy. You may want to review these characteristics with them to make sure they understand the difference between a healthy and unhealthy relationship.

## Survivors Speak



"I was afraid that I would miss steps, but my advocate comforted me and made sure I had EVERYTHING I needed"

"They gave me respect and said it was OK to have my feelings. They provided me information, showed respect, were caring and supportive. They even helped to get me help with my pet. They showed me kindness, I am so very grateful that I was able to come to the shelter. They have great resources and are great advocates!"



"The advocates are very helpful and made me feel really comfortable talking about what has been happening with myself and my children."

"My advocate is very knowledgeable on many things. She was comforting and very helpful."

"The advocates are very thorough, very pleasant, and related to me very well. I am very impressed with CASA."

## We Love Our Community!!!

### Two Good Soles

The Nature Coast Volunteer Center, in remembrance of 9/11, held a shoes and socks drive, "Two Good Soles" to benefit children in need throughout Citrus County. In all, they collected 2080 pairs of socks and shoes that were shared with six organizations, CASA was grateful to be one of those organizations.

Pictured: Marilyn Tuten, Program Assistant for  
CASA with the donation.



## Donors August 2022

We would like to extend our sincerest thank you to our individual donors for the month of August 2022. Without your donations, we would not be able to do the work that we do in the community:

Jerry Castor, Joanne Jenuleson, Ronald Vaughan, Shawn Wood, Michael Kraft, Robert Kruger, James & Theodora Davies, Citrus Area Doubles League, Inverness United Methodist Women, MasterMark182 Productions.

If you would like to donate to CASA now, you can go to our website [www.casaf1.org](http://www.casaf1.org).

[Donate Now](#)



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