



Monthly Meetings

General meetings are normally held on the fourth Friday each month from 2pm to 4pm. **Doors open at 1.35pm**

Entry (including refreshments):

Members free, waiting list £1.50, guests £2

Friday 27th February
Highs and Lows of a Stunt

Woman

Speaker Lucy Allan

Friday 27th March
A Day in Court (Ex- Magistrate)
Speaker Mary Winder

Activity Sessions

Entry (including refreshments) Members £1, Waiting list £1.50, Guests £2

Sessions are held Fridays between 1.30 to 4.00pm
On dates below

February

Friday 6th, 13th, and 20th

Art Group/Cards/Games/Craft/Short Mat Bowl

March

Fridays 6th, 13th and 20th

Art Group/Cards/Games/Craft/Short Mat Bowls

Rambles

Our walk on the 28th December was to try and get some exercise in as I'm sure some of us had over eaten more than we required over Christmas. The weather was lovely and sunny although a tad cold and after the walk we headed to the café for refreshments. Here are our plans for the next couple of months.

Sunday 25th January – St Mary's Island/ The Kings Arms, Upper Upnor

Meet outside M&S at the Outlet Centre at 11.00am (fee payable) for a walk around St Mary's Island. Back to cars and on to The King's Arms, Upper Upnor, for lunch at around 12.45pm

Wednesday 4th February – Camer Park/Meopham

Meet in Camer Park car park at 11.00am for a circular walk through the park towards Meopham and back. Lunch at The George, Meopham (new lunch venue) at around 12.45pm

Wednesday 11th February – Lower Higham/Joes Café

Meet at Junction of Taylors Lane/Mountbatten Avenue at 11.00am for a walk towards Lower Higham, over the railway bridge and back up the Landway. Lunch at Joe's around 12.30pm

Sunday 22nd February – Trottisciffe /The George

Meet at 11.00am in The George car park for a circular walk on lanes and paths back to The George for lunch around 1pm

Non-walkers are very welcome to meet up with walkers for the pub lunch and prior notice would be appreciated. Please note that all ramblers walk at their own risk and non-members are reminded they are not covered by HiARA's third party insurance. If you have any queries about the walks please do not hesitate to give Janet a call on 01474 824221 or 0784988456

Upcoming Events

Saturday 14th March	Social evening with Big Boppa	£12
Tuesday 24th March	Lunch at Stone Lodge Bowls Club	£22
To be finalised	Trip to Gurdwara Temple	Free
Saturday 14th November	Social evening with Andy Badd	TBC

Please note that all trips must be paid for when being booked

Jan Morriss is arranging a visit to the Gurdwara Sikh Temple. The visit is free with refreshments to follow. This is dependent on numbers wishing to go and a date will be arranged.

London Lights – after a delayed start and an unexpected tea/coffee break our journey was good and we arrived in plenty of time in Greenwich for our boat trip. We visited the market and also found somewhere to have food. We then joined the boat for a good trip up the river to Westminster seeing the lights on all the buildings. We were collected by the coach and with the addition of a Blue Badge Lady we meandered round London to see the fabulous decorations across the roads and in the shops. Our final stop was at Kennedys in Goswell Road for fish and chips and then we returned to Higham around 10.00 pm. We were extremely lucky with the weather and we all had a great day.

Jan Morriss

Chairman's January Report

Here we are in 2026 and it was really good to see all those who braved the elements to attend our first activities afternoon on 2nd January, when we were able to swap Christmas and New Year tales with each other and shake off all the cobwebs of the festive period.

The Christmas Party was well attended and a special thank you must go to Jan and Peter Morriss for organising the event including ordering and collecting the sandwiches and drink, Phil Ridgeway for the sausage rolls and mince pies and Tessa Packer for the large Christmas cake. Also thank you to all those other people who helped set up the hall and clear up afterwards.

Going forward we have a Spring Social organised for the 14th March and a Spring Lunch on 24th March at Stone Lodge. More events will follow; keep looking at the notice board for the latest.

Regards Rod



HiARA Committee Members

Chairperson	Rod Stockford	01634 221956	Treasurer	Rita Hunter	07815 853444
Secretary	Joan Summers	01634 297414	Membership	Jenny Mount	01474 356785
Activities	Rod Stockford	01634 221956	Events	Jan Morriss	01474 822775
Newsletter	George Tharby	01634 221579	Committee Member	Peter Morriss	01474 822775
Committee Member	Trisha Stuart	01634 715629	Committee Member	Mick Mount	01474 356785

If you have any comments, please contact the relevant committee member.