

CONTINUING EDUCATION INFORMATION



California Mental Health Advocates for Children and Youth 42nd Annual Conference

Wednesday, April 27 – Friday, April 29, 2022



CAMFT Approved Continuing
Education Provider 10005971

How to get your Continuing Education certificate

CMHACY has partnered with Training Grounds to offer continuing education (CE) credit for professionals at the 2022 conference.

Training Grounds will be on-site at the conference and instructions are included below for participants attending remotely.

- 1 Register and attend the conference (registration fees are in addition to the CE fee). Visit www.cmhacy.org to register.
- 2 Pay the CE certificate fee (\$130 for conference; \$30 for preconference). You may pay the fee anytime before or during the conference. Check or credit card accepted.
 -  Venmo @traininggroundsLLC
 - Online www.training-grounds.net
 - In-person at the conference (visit Training Grounds exhibit table)
 - By phone 805-368-1481
- 3 Complete the CE evaluation form at the end of the conference. You may complete the form in person at the conference or online at www.training-grounds.net

Proof of attendance (in-person and virtual) will be verified before certificate is provided.

Evaluation forms will be accepted through May 5. Certificate will be provided no later than May 7.



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CONFERENCE DESCRIPTION

The 42nd California Mental Health Advocates for Children and Youth conference is the most recognized and longest-standing conference in the state of California focused upon the social, emotional and behavioral health of children, youth and their families. It is one of the state's most powerful events for those interested in advocating and promoting the policies, programs, and practices that enhance the well-being of vulnerable children, youth and families.

CMHACY's past two conferences called out systemic racism head-on at a moment when America was forced to address how institutional racism is pervasive throughout our healthcare and our mental health systems. We were challenged to make and implement real change, to check ourselves to see how we make the table bigger, and how we root racism out of the systems in our daily lives. We have seen the very best and the very worst of humankind over the past two years. The world has grappled with immense trauma, grief and loss on a scale unimagined, while the struggle to achieve well-being for children and families across all communities goes on. The absence of true diversity, equity, inclusion, and social justice continues to disproportionately impact communities of color. We have made some progress, but so much more remains to be accomplished. We have been challenged to change our ways and innovate, to keep what is working, eliminate what is harmful, and build upon what can be improved.

In an effort to create a more accessible and inclusive learning experience, the conference will be held in a hybrid in-person and virtual hybrid format. Both virtual and onsite audiences will have opportunities to interact with each other and our presenters in real-time throughout the conference.



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CONFERENCE SYLLABUS AND OUTLINE

EDUCATIONAL GOALS

This conference will explore how recent events including the COVID-19 pandemic and social justice issues have impacted the well-being of children and families, particularly in communities of color, and to come away with a plan to improve access to resources and to promote diversity, equity, inclusion and social justice so that all children and families can live safe, healthy, and productive lives. Conference participants will participate in sessions that include presenters and attendees from across child and family service sectors and will leave the conference with resources and actionable steps they may implement within their own communities.

MEASURABLE LEARNING OBJECTIVES

At the end of this conference participants will be able to: (1) Identify three ways current events have impacted the well-being of children and families; (2) List three action steps to promote diversity, inclusion, and social justice within own mental health practice and/or community; (3) Describe three strategies to reduce systemic barriers to equity and access to mental health services.

PRECONFERENCE (3 HOURS)

Wednesday, April 27

9:00 – 12:00

- Education (Veronica Coates, Elizabeth Engelken, and Anjanette Pelletier)
- Parents and Caregivers (Tanya McCullom)
- Provider and County Staff (Kari Sisson and Lisette Burton)

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CONFERENCE (13 HOURS)

Wednesday, April 27 (4 hours)

2:00 – 5:00 Youth Hope for Tomorrow and Youth/Parent Panels (Sriya Chilla, Nghia Do, Juan Acosta, and Maya Smith)

[Reception not part of CE credit]

7:15 – 8:15 Vulnerability is Strength (Juan Acosta)

Thursday, April 28 (6 hours)

8:30 – 10:00 I Won't Go Speechless (Jessica Chandler)

10:30 – 12:00 Session A – All options

1:30 – 3:00 Session B – All options

3:30 – 5:00 Session C – All options

[Concert and campfire not part of CE credit]

Friday, April 29 (3 hours)

8:30 – 12:00 Plenary Session and Well-Being and Equity Policy Panel (Ebony Chambers, Sriya Chilla, Nghia Do, and Jolene Treadaway)

Facilitator bios are available on the conference registration page at www.cmhacy.org



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KNOWLEDGE BASE CITATIONS

Graaf, G., Baiden, P., Keyes, L., & Boyd, G. (2022). Barriers to mental health services for parents and siblings of children with special health care needs. *Journal of Child and Family Studies, 31*(3), 881-895.

Merkel-Holguin, L., Drury, I., Gibley-Reed, C., Lara, A., Jihad, M., Grint, K., & Marlowe, K. (2022). Structures of oppression in the U.S. child welfare system: Reflections on administrative barriers to equity. *Societies, 12*, 26.

Nayak, S., Tobias, C., Wolfe, J., Roper, K., Méndez-Peñate, L., Moulin, C., Arty, M., Scoglio, A., Kelleher, A. Rue, J., Brigham, M., Bradshaw, T., Byars, N., Camacho, A., Douglas, S., & Molnar, B. (2022). Engaging and supporting young children and their families in early childhood mental health services: The role of the family partner. *Community Mental Health Journal, 58*, 87-98.

Roos, L., Salisbury, M., Penner-Goeke, L., Cameron, E., Protudjer, J., Giuliano, R., Afifi, T., & Reynolds, K. (2021). Supporting families to protect child health: Parenting quality and household needs during the COVID-19 pandemic. *PLoS ONE, 16*(5).

Sullivan, A. L., Harris, B., Miller, F. G., Fallon, L. M., Weeks, M. R., Malone, C. M., Kulkarni, T., Proctor, S. L., Johnson, A. H., Rossen, E., Nguyen, T., & Shaver, E. (2021). A call to action for school psychology to address COVID-19 health disparities and advance social justice. *School Psychology, 36*(5), 410-421.

CONTINUING EDUCATION PROGRAM INFORMATION

FEES: Continuing education certificate fee for conference is \$130; Continuing education certificate fee for preconference is \$30.

Conference registration and lodging is in addition to CE fee (see www.cmhacy.org for conference registration).

TARGET AUDIENCE: Mental health, child welfare, social work, and education professionals working with children, youth, and families in public and private systems

CE CREDIT: Conference meets the qualifications for 13 hours (3 hours for preconference) of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Training Grounds LLC is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Training Grounds LLC maintains responsibility for this program/course and its content. Provider # 10005971.

CERTIFICATES: Certificates of completion will be distributed at end of conference after submission of course evaluation and confirmation of attendance.

REFUND/CANCELLATION POLICY: Continuing education fees are payable to Training Grounds LLC and are non-refundable.

ACCOMODATIONS: To request accommodations for special needs, please contact CMHACY at info@cmhacy.org or (831) 200-3679.

GRIEVANCES: To report a grievance please email james@training-grounds.net. Grievance policy may be accessed at www.training-grounds.net.