



CMHACY 2024 CONTINUING EDUCATION INFO

Wednesday, May 15 - Friday, May 17, 2024

CMHACY has partnered with Training Grounds LLC to make continuing education credit available for licensed providers attending the conference.

Get your 10 CE hours in three easy steps...

1. Sign up and pay \$149 certificate fee (separate from registration/lodging)
2. Attend sessions and complete CE evaluation at end of conference
3. Certificate will be delivered via email within three business days

Sign up at www.training-grounds.net or with James Freeman on-site at the conference.

For questions contact:

James Freeman

james@training-grounds.net

805-368-1481 mobile

California Association of Marriage and Family Therapists (CAMFT)

This conference meets the qualifications for 10 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Training Grounds LLC is approved by CAMFT to sponsor continuing education for: Licensed Marriage Family Therapists (LMFT), Licensed Clinical Social Workers (LCSW), Licensed Professional Clinical Counselors (LPCC), and Licensed Educational Psychologists (LEP). Training Grounds LLC maintains responsibility for this program and its content. CAMFT Authorized Provider ID 10005971.

Certified Medi-Cal Peer Support Specialists (CMPSS)

A certificate of completion will be provided to any CMPSS on request at no charge. However, please note the approval process for continuing education providers is still in development as described at www.capepercertainment.org. Training Grounds plans to apply for provider status once the process is opened by CalMHSA. Participants are encouraged to verify eligibility for continuing education with California Mental Health Services Authority, which is the certifying entity for Medi-Cal Peer Support Specialists in California.

CONFERENCE DESCRIPTION

The 2024 CMHACY conference represents a diverse association of stakeholders who promote high-quality behavioral health services for children, youth, and families. Composed of parents, youth, public and private sector providers, educators, county agency leaders, state department officials, policymakers, and professional advocates. The purpose of the conference is to advance the social, emotional, and behavioral well-being of children and families and promote inclusion, racial equity, and social justice for all through convening, education, and advocacy.

EDUCATIONAL GOALS

The educational theme for this conference is “Mental Health is Everyone’s Business: Inclusive Conversations for Changing Times”. This conference is designed to facilitate interactive dialogue on topics crucial to the mental wellness of youth and families. Policymakers and public/private providers will educate participants on changes in the mental and behavioral healthcare system in California so that they are prepared to support the best interests of their clients. By featuring the voice of youth and families with lived experiences, participants will be educated on strategies to empower and promote mental wellness with their clients.

MEASURABLE LEARNING OBJECTIVES

At the conclusion of this conference, participants will be able to:

1. Identify three ways in which diverse perspectives and lived experiences contribute to the effectiveness of mental health initiatives and interventions.
2. List five factors that significantly impact the mental wellness of youth and families in today's society.
3. Describe three benefits of promoting voice and choice for youth and families in the mental healthcare system.
4. Outline three strategies to prepare for and adapt to changes in the mental and behavioral healthcare system.
5. State two strategies for creating and sustaining spaces where youth, parents, and advocates can actively participate in shaping mental healthcare policies and services.

CONFERENCE SYLLABUS AND OUTLINE

Total credit hours: 10 hours. Deep dive sessions, meal breaks, and wellness track (although recommended) are not included in continuing education credit hours.

Wednesday, May 15 (1 credit hour)

5:00 pm - 6:30 pm

Plenary

Keynote Speaker: Jojo Murdock has lived experience as a former foster youth. Jojo has a bachelors in sociology from University of California, Santa Barbara and is the Founder and Executive Director of Awakening Giantz (supporting individuals transitioning from foster care).

Thursday, May 16 (6 credit hours)

8:00 am - 12:00 pm; 1:30 pm - 3:30 pm

Plenary + Sessions A & B

Keynote Speaker: Gaelin Elmore has lived experience as a former foster youth and is a former NFL athlete. Gaelin is a board member of the Association for Training on Trauma and Attachment in Children.

Friday, May 17 (3 credit hours)

9:00 am - 12:00 pm

Plenary + Session C

Keynote Speaker: Loren Michaels Harris, Ph.D. has lived experience as a former foster youth and is a foster care/adoption advocate. Dr. Harris is a board member of Journey's Dream/Hattas Shay International Foundation.

KNOWLEDGE BASE CITATIONS

Bilač, S., Öztop, F., Kutuk, Y. & Karadag, M. (2024). Cultural narratives and their impact on family mental health. *Journal of Psychosociological Research in Family and Culture*, 2, 18-24. 10.61838/kman.jprfc.2.2.4.

Goicolea, I., Richter-Sundberg, L., Wiklund, M., Gotfredsen, A. & Christianson, M. (2024). Widening the scope of mental health with a 'youth centred' approach: A qualitative study involving health care professionals in Sweden's youth clinics. *International Journal of Qualitative Studies on Health and Well-being*, 19, 2348879. 10.1080/17482631.2024.2348879.

Hawke, L., Rockburne, F., Hiebert, M., Putterman, C. & Sheikhan, N. (2024). Discussing the gaps in the science and practice of lived experience engagement in mental health and substance use research: Results of knowledge mobilization activities. *Research Involvement and Engagement*, 10. 10.1186/s40900-024-00554-6.

Smith, K., Acevedo-Duran, R., Lovell, J., Castillo, A. & Cardenas P. (2024). Youth are the experts! Youth participatory action research to address the adolescent mental health crisis. *Healthcare*, 12(5), 592. 10.3390/healthcare12050592.

Weems, C., Melby, J., Behrer, C., Wolfe, D. & Scozzafava, M. (2024). Statewide aftercare services program for youth transitioning from foster care: Five-year trends in participation, services, and participant characteristics. *Children and Youth Services Review*, 160. 107551. 10.1016/j.childyouth.2024.107551.

ADDITIONAL PROGRAM INFORMATION

FEE: \$149 (CE fee is separate from conference registration/lodging)

TARGET AUDIENCE: Public and private sector mental health providers and stakeholders working to advance the social, emotional, and behavioral well-being of children and families

REFUND/CANCELLATION POLICY: Continuing education fees are payable to Training Grounds LLC and are non-refundable.

ACCOMODATIONS: To request accommodations for special needs, please contact CMHACY at info@cmhacy.org or (831) 200-3679.

GRIEVANCES: To report a grievance please email james@training-grounds.net. Full policies may be accessed at www.training-grounds.net.

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