

# CONTINUING EDUCATION INFORMATION

## California Mental Health Advocates for Children and Youth 43rd Annual Conference

Wednesday, May 10 - 12, 2023



CAMFT Approved Continuing Education  
Provider 10005971

CMHACY has partnered with Training Grounds to offer continuing education (CE) credit for professionals at the 2023 conference. Training Grounds will be on-site at the conference and instructions are included below.

### How to get your Continuing Education certificate

- 1 Register and attend the conference (registration fees are in addition to the CE fee). Visit [www.cmhacy.org](http://www.cmhacy.org) to register.
- 2 Pay the \$149 certificate fee. You may pay the fee anytime before or during the conference. Make your payment with the link at [www.training-grounds.net](http://www.training-grounds.net)
- 3 Complete the CE evaluation form at the end of the conference. You may complete the form in person at the conference or online at [www.training-grounds.net](http://www.training-grounds.net)

**Proof of attendance (in-person and virtual) will be verified before certificate is provided.**

**Evaluation forms will be accepted through May 15. Certificate will be provided no later than May 16.**

## CONFERENCE DESCRIPTION

The California Mental Health Advocates for Children & Youth conference is the most recognized and longest-standing conference in the state of California focused upon the social, emotional and behavioral health of children, youth and their families. Our annual conference is one of the state's most powerful events for those interested in advocating and promoting the policies, programs, and practices that enhance the well-being of vulnerable children, youth and families.

This year, more than ever, we are committed to actively promoting optimism, unity, and change, creating and maintaining partnerships, and bettering ourselves and our communities. We are actively focused on moving that energy from the conference into the world through CMHACY's mission. We want to give attendees a toolbox of information to takeaway when they leave the conference. Our goal to provide an action-driven, positive, community-focused gathering that refreshes and energizes us in our work.

## EDUCATIONAL GOALS

The theme of the 2023 conference is "Committing to mobilizing hope and advocacy for communities and youth: Elevating voices, influencing progress". The conference will explore how to actively promote optimism, unity, and change, creating and maintaining partnerships, and bettering ourselves and our communities. Conference participants will participate in sessions that include presenters and attendees from across child and family service sectors. Attendees will receive information to apply in their mental health advocacy and renew commitments to action-driven, positive, community-focused work.

## MEASURABLE LEARNING OBJECTIVES

At the end of this conference participants will be able to: (1) Identify three ways to promote the well-being of children, youth, and families; (2) List three ways to effectively advocate for children, youth, and families; and (3) Describe three strategies to reduce systemic barriers to equity and access to mental health services.



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# CONFERENCE SYLLABUS AND OUTLINE

Total Credit Hours: 11 hours

Pre-conference sessions, meal breaks, and wellness track (although highly recommended) are not included in continuing education hours.

## **WEDNESDAY, MAY 10 (1 CE hour)**

5:00 pm - 6:30 pm Plenary Session

Keynote Speaker: Sophie Szew, mental health activist and cofounder of Youth Latinx Leadership Conference

## **THURSDAY, MAY 11 (6 CE hours)**

8:00 am - 3:00 pm Plenary Session & Workshops  
(1 hour lunch break not included in CE hours)

Keynote Speaker: Michael Baldwin, founder of Legacy Alliance Outreach serving youth impacted by the juvenile justice and education systems

## **FRIDAY, MAY 12 (3 CE hours)**

9:00 am - 1:00 pm Workshops & Plenary Session

Keynote Speaker: Jayden Lim, Pomo activist and Stanford University student (Comparative Studies in Race and Ethnicity with a focus on politics, policy, and equity, and History with a focus on American Law)



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## KNOWLEDGE BASE CITATIONS

Ater, A., Kurella, S., Shah, G., & Waterfield, K. (2022). Local health department engagement in access to mental health services and mental health policy or advocacy activities. *Journal of public health management and practice*.

Graaf, G., Baiden, P., Keyes, L., & Boyd, G. (2022). Barriers to mental health services for parents and siblings of children with special health care needs. *Journal of Child and Family Studies*, 31(3), 881-895.

Nayak, S., Tobias, C., Wolfe, J., Roper, K., Méndez-Peñate, L., Moulin, C., Arty, M., Scoglio, A., Kelleher, A. Rue, J., Brigham, M., Bradshaw, T., Byars, N., Camacho, A., Douglas, S., & Molnar, B. (2022). Engaging and supporting young children and their families in early childhood mental health services: The role of the family partner. *Community Mental Health Journal*, 58, 87-98.

Pearrow, M., Hall, A., Ruggeri, K., Whitcomb, S. & Kurtz, K. (2022). Social justice and advocacy in the mental health field. In *Neuroscience and Biobehavioral Psychology*.

Rees, K., Thompson, A. & Whitney, E. (2023). Everyday opportunities for advocacy. In *Be the Change* (pp.C3-C3.0.P10)

## CONTINUING EDUCATION PROGRAM INFORMATION

**FEES:** Continuing education certificate fee for conference is \$149

Conference registration and lodging is in addition to CE fee (see [www.cmhacy.org](http://www.cmhacy.org) for conference registration).

**TARGET AUDIENCE:** Mental health, child welfare, social work, and education professionals working with children, youth, and families in public and private systems

**CE CREDIT:** Conference meets the qualifications for 10 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Training Grounds LLC is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Training Grounds LLC maintains responsibility for this program/course and its content. Provider # 10005971.

**CERTIFICATES:** Certificates of completion will be distributed at end of conference after submission of course evaluation and confirmation of attendance.

**REFUND/CANCELLATION POLICY:** Continuing education fees are payable to Training Grounds LLC and are non-refundable.

**ACCOMODATIONS:** To request accommodations for special needs, please contact CMHACY at [info@cmhacy.org](mailto:info@cmhacy.org) or (831) 200-3679.

**GRIEVANCES:** To report a grievance please email [james@training-grounds.net](mailto:james@training-grounds.net). Grievance policy may be accessed at [www.training-grounds.net](http://www.training-grounds.net).



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