



TRAINING
GROUNDS

TRAUMA-INFORMED
LEADERSHIP
CERTIFICATE
PROGRAM

FOR MID-LEVEL &
FRONTLINE LEADERS



www.training-grounds.net



**Imagine the most critical
leaders in your organization
showing up empowered to
engage the workforce**

without self-doubt or overwhelm,
even in times of conflict or change



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**12-WEEK
PROGRAM**

Weekly
Instruction
& Application



Weekly
Live
Discussion



Strength
Deployment
Inventory 2.0



One-on-one
Coaching

3-STEP TRANSFORMATION

1
Expand capacity as a self-aware, empowered leader

2
Deepen insight into dynamics of a trauma intense setting

3
Strengthen relational leadership skills to engage the workforce



Mid-level and frontline leaders supervise the largest number of employees, oversee day-to-day operations, and are closest to the client-facing activities of your organization.

Delaying their development costs unnecessary time, resources, and even the loss of your best people.



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PROGRAM OPTIONS



INDIVIDUAL

Private, individualized with flexible start/end dates

\$4,800 per person



COHORT

Join group on preset dates

\$3,600 per person



ORGANIZATION

Private group for your organization

\$2,800 per person



ABOUT THE FACILITATOR

James Freeman (MA, CYC-P) is the founder of Training Grounds and has 30+ years of experience working with youth and families and those who help them. He holds a master's degree in organizational leadership and is a recipient of the president's award from the Association for Child and Youth Care Practice and career achievement award from the National Staff Development and Training Association. He has trained around the world and served in leadership roles on national and international boards. His focus on the interpersonal process and integration of organizational psychology offers a unique and valuable experience for growing leaders.



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